

# Lecture 23: Hypothesis Tests for a Mean with a Unknown Standard Deviation

## Chapter 17

Tomer Altman

October 22, 2025

### Recap

- For the last few lectures, for instructions purposes, we have assumed that the population standard deviation ( $\sigma$ ) was known.
- We conducted the  $z$ -test and created CIs using this known  $\sigma$
- Today, we generalize to the more practical situation where  $\sigma$  is unknown and needs to be estimated by  $s$ , the sample standard deviation

### Reduced conditions for inference about a mean

- Data is an SRS from a much larger population, say 20 times (really important)
- Observations follow a Normal distribution (leeway thanks to the CLT if sample size large enough)

### Estimating the standard error based on the sample

- Previously, we learned that the standard error of the sampling distribution is equal to  $\frac{\sigma}{\sqrt{n}}$  and used this in our calculations
- When we don't know  $\sigma$  we can use the sample standard deviation,  $s$ , instead to estimate the standard error by

$$\frac{s}{\sqrt{n}}$$

### Standard Deviations: Sample vs. the sample mean distribution

$s$  vs.  $\frac{s}{\sqrt{n}}$

- Remember,  $s$  is our estimate for the population standard deviation. It estimates the variation between *individuals*
- In contrast,  $\frac{s}{\sqrt{n}}$  is our estimate for the standard error of the sample mean distribution,  $\bar{x}$
- $\frac{s}{\sqrt{n}}$  estimates how much sample *means* vary if we were to take many multiple samples

### Recall the $z$ -test!

$$z = \frac{\bar{x} - \mu}{\frac{\sigma}{\sqrt{n}}}$$

## Meet the $t$ -test!

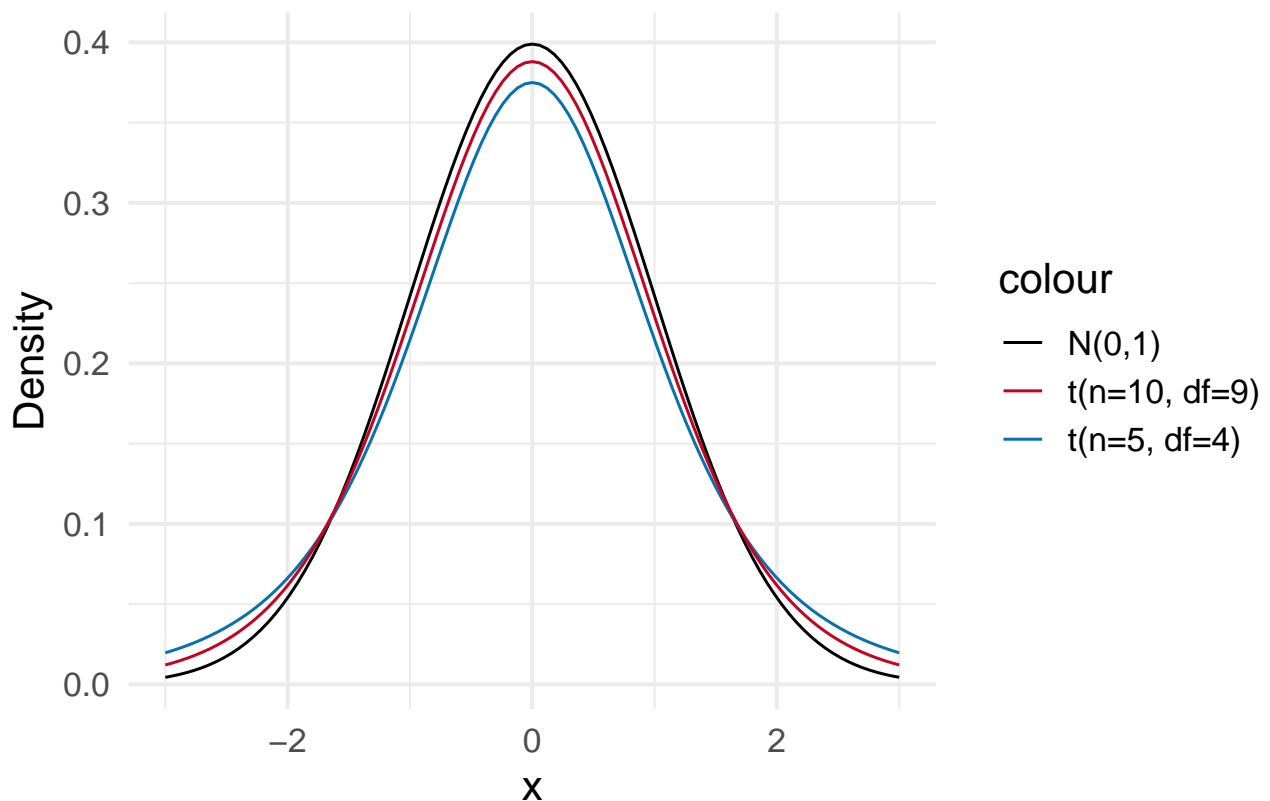
$$t = \frac{\bar{x} - \mu}{\frac{s}{\sqrt{n}}}$$

- What is the difference between  $z$  and  $t$ ?
- The  $t$ -test statistic is more variable, in small sample sizes, than the  $z$ -test statistic because we have to estimate  $\sigma$  using  $s$
- Because  $s$  is a statistic, it varies across samples
  - Recall  $\sigma$  is a population parameter, which implies it is a constant
- This substitution makes the  $t$ -test, in small samples, not follow the standard Normal distribution, *even if the original distribution is normal*
- Its distribution is *more* variable than the standard Normal.
  - For hypothesis testing and confidence intervals, when sample size is relatively small (say  $n < 40$ ) we need a distribution that is like the standard Normal but a little bit wider
  - More area in the tails of the distribution

## Introducing the $t$ -distribution

- The  $t$ -distribution is like the standard Normal distribution, but wider
- Its width depends on  $n$ , the sample size
- As  $n$  increases, our estimate  $s$  gets better and better, and approaches  $\sigma$
- As  $n$  increases the  $t$ -distribution approaches a standard Normal distribution

## Comparing $N(0,1)$ to $t$ -distributions



## Meet the $t$ -distribution!

$$t = \frac{\bar{x} - \mu_0}{\frac{s}{\sqrt{n}}}$$

The one-sample  $t$  statistic (comparing an average to a null value,  $\mu_0$ ) has a  $t$ -distribution with  $n - 1$  **degrees of freedom (df)**

- **What are degrees of freedom?**

- For this test, the degrees of freedom is equal to  $n - 1$
- It represents the number of variables that are free to change
- If  $\bar{x} = \frac{a+b+c}{3}$ , and we know the value of  $\bar{x}$ , and if we know the value of two variables, then we can calculate the value of the third
- The higher the degrees of freedom, the closer the shape of the  $t$ -distribution is to the Normal distribution

## Meet the $t$ -test!

Steps to conduct a  $t$ -test:

1. Determine whether the assumptions to conduct the  $t$ -test are met
2. Calculate the  $t$ -test statistic using:
  - $\bar{x}$  and  $s$  (estimated from your sample)
  - $n$  which is also a property of your sample
  - $\mu_0$  from the null hypothesis

$$t = \frac{\bar{x} - \mu_0}{\frac{s}{\sqrt{n}}}$$

3. Compute the probability of observing a test statistic that is equal to this  $t$  statistic or greater under the null hypothesis
  - This is the  $p$ -value
  - We use this using the R function `pt(q=t, df=n-1)`
4. Interpret the  $p$ -value:
  - Is the probability very small (and shows evidence against the null distribution in favor of the alternative)?
  - Sometimes, you will be asked to compare the  $p$ -value to a pre-defined significance level,  $\alpha$
  - $\alpha = 0.05$  most commonly (but we talked about why we don't always do this!)

## Guess the R functions

```
pt(q = , df = , lower.tail = TRUE)
qt(p = , df = , lower.tail = TRUE)
```

Which one would we use to calculate the  $p$ -value for a hypothesis test after we calculated the  $t$ -test statistic? `pt` or `qt`?

Suppose you calculated  $t = -2$  and you know that the sample size was 100. Write the code to calculate the  $p$ -value for a two-sided test:

```
pt(-2,df=99)*2
```

```
## [1] 0.04823969
```

## Calculating a confidence interval using the $t$ -statistic

Draw an SRS of size  $n$  from a large population having unknown mean  $\mu$  and unknown standard deviation  $\sigma$ . A level  $C$  **confidence interval for  $\mu$**  is:

$$\bar{x} \pm t^* \frac{s}{\sqrt{n}}$$

where  $t^*$  is the critical value for the  $t(df = n - 1)$  density curve with area  $C$  between  $-t^*$  and  $t^*$ .

Supposing we had  $n = 100$ , what is  $t^*$  for a 95% confidence interval?

**Answer to previous question**

```
qt(p = 0.975, df = 99)
```

```
## [1] 1.984217
```

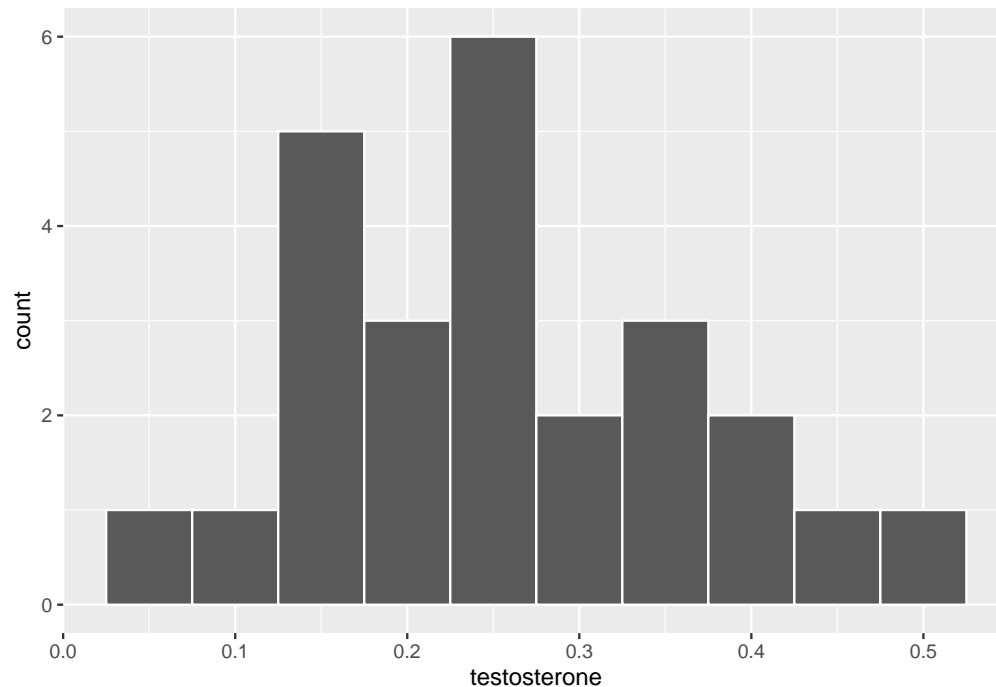
- The above answer should ring some bells!
- What does the  $t$ -distribution resemble when  $n$  gets large?
- What about the 68%-95%-99.7% rule?
- Wait, where did the 0.975 number come from?

**Example: Testosterone and obesity in adolescent males (pg 422 B&M Ed 4)**

Here are the data for  $n = 25$  adolescent males between the ages of 14 and 20:

```
library(tidyverse)
testosterone <- c(0.30, 0.24, 0.19, 0.17, 0.18, 0.23, 0.24, 0.06, 0.15,
                  0.17, 0.18, 0.17, 0.15, 0.12, 0.25, 0.25, 0.25, 0.32,
                  0.35, 0.37, 0.39, 0.46, 0.49, 0.42, 0.36)
dat_test <- data.frame(testosterone)
```

```
ggplot(dat_test, aes(x = testosterone)) +
  geom_histogram(binwidth = 0.05, col = "white")
```



**Example: Testosterone and obesity in adolescent males (pg 422 B&M Ed 4)**

Use R to calculate a 95% confidence interval for testosterone. We can do this using `summarize`

```
dat_test %>% summarize(sample_mean = mean(testosterone), #sample mean
                        sample_sd = sd(testosterone), #sample standard dev
                        sample_size = length(testosterone), #sample size n
                        sample_se = sample_sd/sqrt(sample_size)) #standard error of mean
```

```
##   sample_mean sample_sd sample_size sample_se
## 1      0.2584 0.1115303          25 0.02230605
```

We still need the  $t^*$  value:

```
t_star <- qt(p = 0.975, df = 24)
t_star
```

```
## [1] 2.063899
```

```
# Note, just barely bigger than the N(0,1) 97.5% quantile of 1.96
```

### Example: Testosterone and obesity in adolescent males (pg 422 B&M Ed 4)

Expand the previous code chunk to calculate the margin of error (which uses the critical  $t^*$  value), and then calculate the lower and upper CI

```
dat_test %>% summarize(sample_mean = mean(testosterone),
                        sample_sd = sd(testosterone),
                        sample_size = length(testosterone),
                        sample_se = sample_sd/sqrt(sample_size),
                        margin_of_error = sample_se*t_star,
                        lower_CI = sample_mean - margin_of_error,
                        upper_CI = sample_mean + margin_of_error)
```

```
##   sample_mean sample_sd sample_size sample_se margin_of_error lower_CI
## 1      0.2584 0.1115303          25 0.02230605      0.04603743 0.2123626
##   upper_CI
## 1 0.3044374
```

Interpret: The sample mean  $\bar{x}$  is 0.26 and its 95% confidence interval is 0.21 to 0.30. Using this method, 95% of the confidence intervals we make will contain the true population mean  $\mu$ .

### The $t$ -test

1. Draw an SRS of size  $n$  from a large population having unknown mean  $\mu$  and unknown standard deviation  $\sigma$
2. To test the hypothesis  $H_0 : \mu = \mu_0$ , calculate the  $t$  statistic from the  $t$ -distribution with  $n - 1$  degrees of freedom:

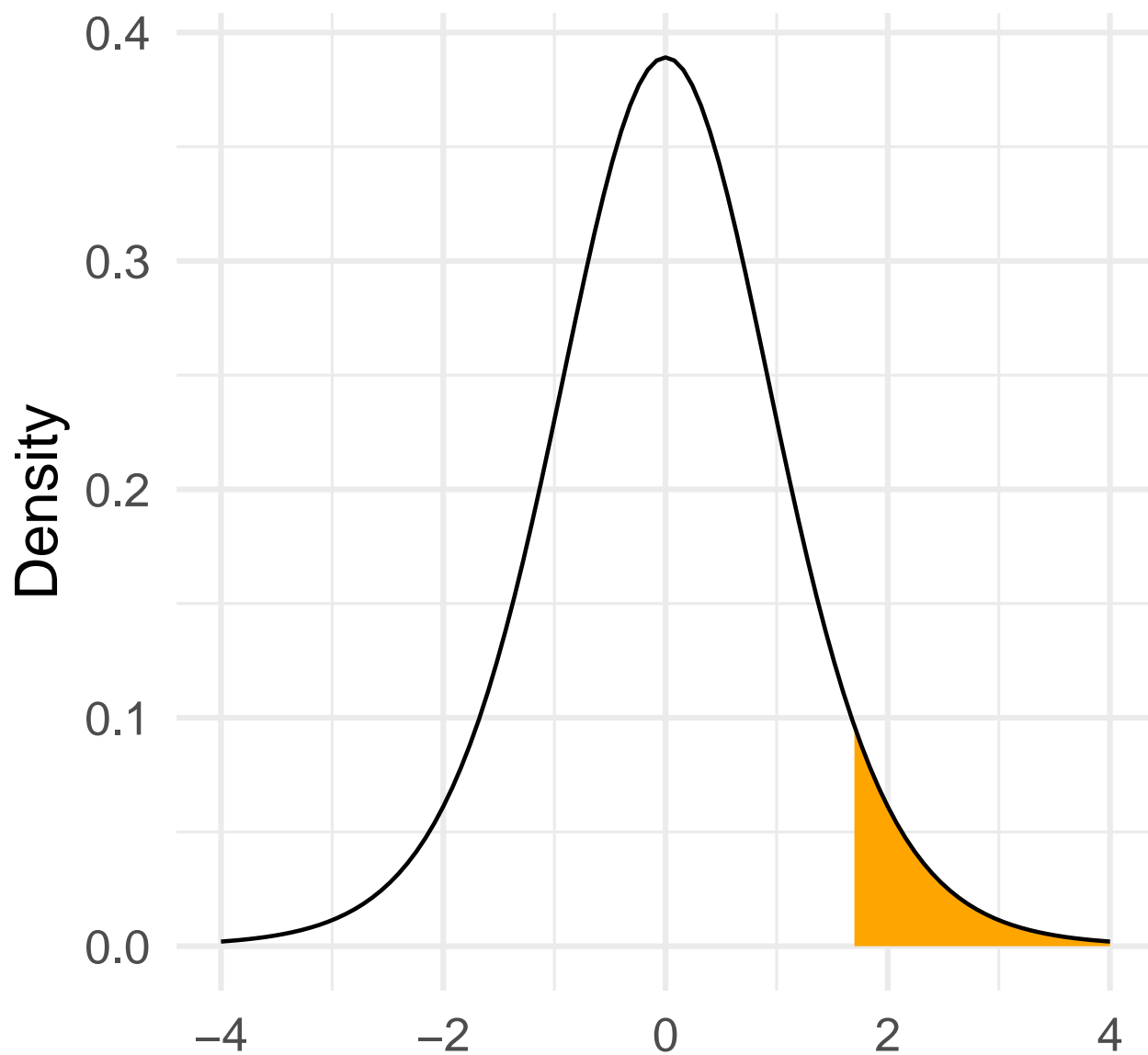
$$t = \frac{\bar{x} - \mu_0}{\frac{s}{\sqrt{n}}}$$

3. Calculate the probability that we would see this  $t$  (or a more extreme value) under the null distribution

### The $t$ -test: $\mu > \mu_0$

- $H_a: \mu > \mu_0$  is  $P(T \geq t)$
- `pt(q = t, df = n-1, lower.tail = F)`

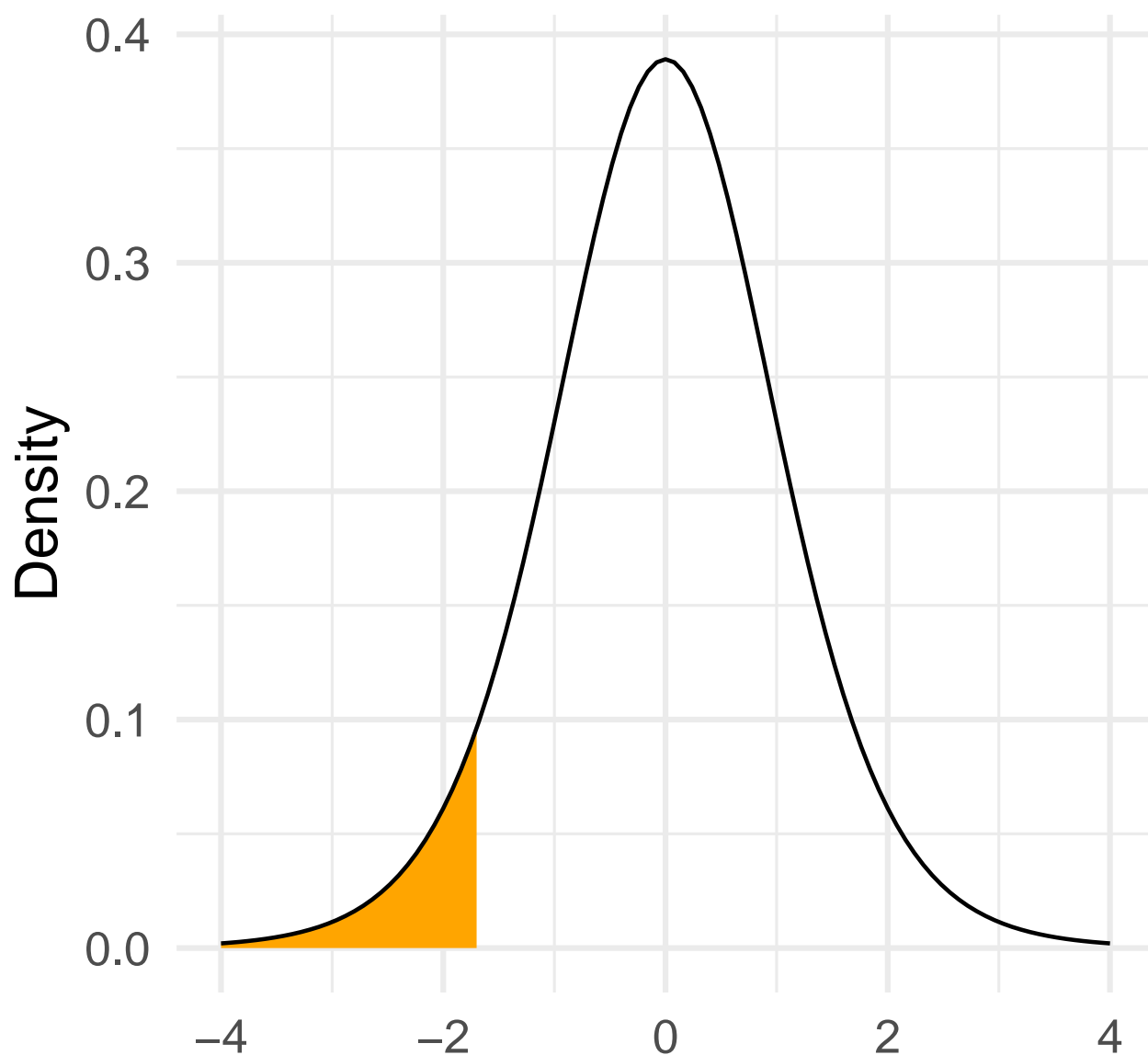
## One-sided (above)



The *t*-test:  $\mu < \mu_0$

- $H_a$ :  $\mu < \mu_0$  is  $P(T \leq t)$
- `pt(q = t, df = n-1)`

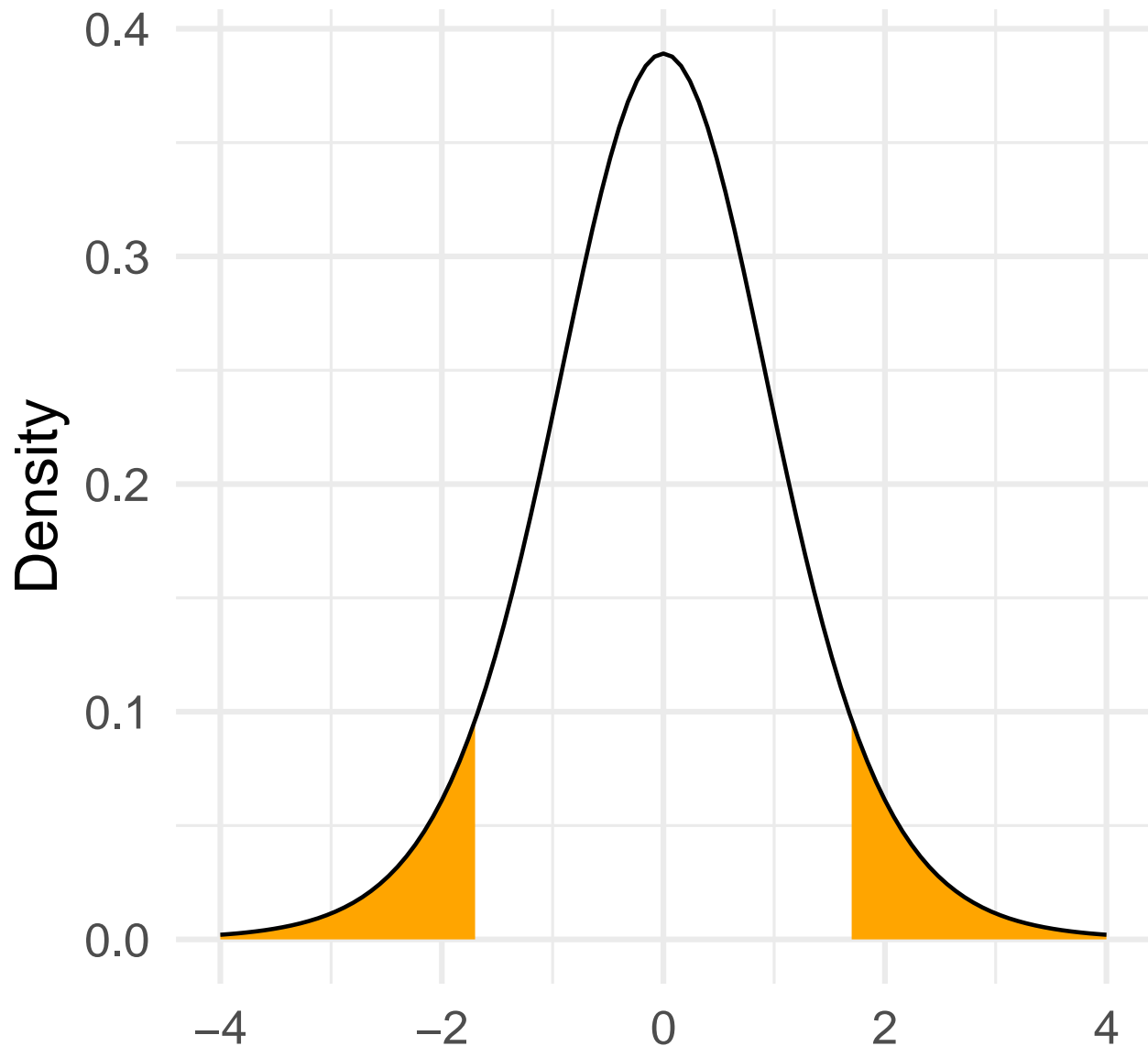
## One-sided (below)



The *t*-test:  $\mu \neq \mu_0$

- $H_a$ :  $\mu \neq \mu_0$  is  $2 \times P(T \geq |t|)$
- Code:
  - If  $t \leq 0$ : `pt(q = t, df = n-1)*2`
  - If  $t \geq 0$ : `pt(q = t, df = n-1, lower.tail = F) * 2`
  - Make sure you understand why

# Two-sided



## Example of a *t*-test (pg 426 B&M Ed 4)

Here are 18 measures of pulse wave velocity (PWV) from a sample of children diagnosed with progeria, a genetic disorder that produces rapid aging.

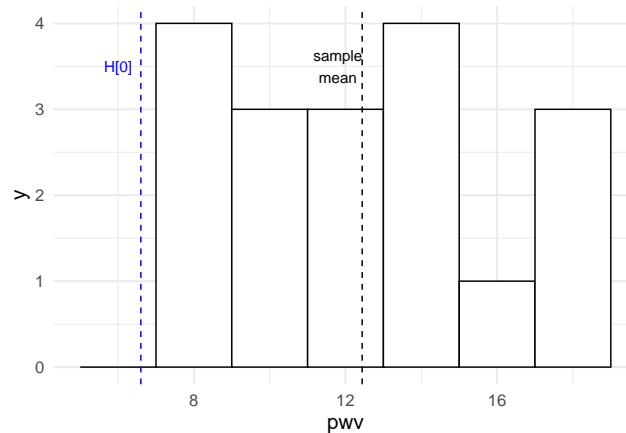
```
pwv <- c(18.8, 17.6, 17.5, 16.0, 14.8, 14.1, 13.7, 13.1, 12.9,  
        12.9, 12.4, 10.1, 9.3, 9.1, 8.3, 8.3, 7.9, 7.2)  
  
pwv_dat <- data.frame(pwv)
```

For the general population, **pwv** measures greater than 6.6 are considered abnormally high. We would like to test the hypothesis that the mean for this subset of children is abnormally high.

That is:  $H_0 : \mu = 6.6$  and  $H_a : \mu > 6.6$



Look at the data and see if there is evidence against the null hypothesis



Calculations using R code

```
pwv_dat %>%
  summarize(sample_mean = mean(pwv),
            sample_sd = sd(pwv),
            sample_size = length(pwv),
            sample_se = sample_sd/sqrt(sample_size),
            t_test = (sample_mean - 6.6)/sample_se,
            p_value = 1 - pt(t_test, df = sample_size - 1))
```

```
##   sample_mean sample_sd sample_size sample_se  t_test    p_value
## 1    12.44444    3.637747         18 0.8574252 6.816273 1.501248e-06
```

- Know also how to do these calculations by hand
- For example, you could be provided with  $\bar{x}$  and  $s$  for this sample and asked to compute the test statistic
- You cannot compute the  $p$ -value by hand, but should know the code required to calculate the  $p$ -value and how to interpret it

There's a function for that...

Rather than doing the test using `summarize`, we could have R do it for us using `t.test`:

```
t.test(x = pwv_dat %>% pull(pwv), alternative = "greater", mu = 6.6)
```

```
##
## One Sample t-test
##
## data:  pwv_dat %>% pull(pwv)
## t = 6.8163, df = 17, p-value = 1.501e-06
## alternative hypothesis: true mean is greater than 6.6
## 95 percent confidence interval:
##  10.95286      Inf
## sample estimates:
## mean of x
## 12.44444
```

Matched pairs  $t$ -test procedures

- Skip this section for now. We will come back to this next week.

### Robustness of $t$ -distribution procedures

- Confidence intervals and hypothesis tests (“procedures”) are called **robust** if the confidence level or  $p$ -value does not change very much when the conditions for use of the procedure are violated
- In particular, how robust are the procedures against non-Normality?
- The  $t$ -distribution procedures are quite robust against non-Normality of the population except when outliers or strong skewness are present
- The  $t$ -distribution procedures are not robust against a few outliers unless the sample size is sufficiently large

### Checking assumptions

- Always plot your data first:
  - Are there any outliers?
  - Is the distribution of the data skewed?

### Guidelines for using the $t$ procedures

- The SRS condition is more important than the Normality condition
- If  $n < 15$ : Use  $t$  procedures if the data appear close to Normal (at least roughly symmetric, single peak, no outliers). If the data are skewed or there are outliers, don’t use  $t$ .
- Moderate sample size  $> 15$ : The  $t$  procedures can be used except in the presence of outliers or strong skewness
- Large sample size, roughly  $n \geq 40$ : The  $t$  procedures can be used even for strongly skewed distributions when the sample is large

### Example 17.5: Can we use $t$ ?

- Good text example. Here you are provided with four datasets and their distributions and sample sizes and are asked whether it is appropriate to use a  $t$ -test.
- Pg. 436 of edition 4

### Recap

- We use a  $z$ -test when the population sd  $\sigma$  is known
- We use a  $t$ -test when the population sd has to be estimated by  $s$
- We compare the  $z$ -test statistic to a  $N(0, 1)$  distribution to calculate the  $p$ -value
- We compare the  $t$ -test statistic  $t$  to a  $t$ -distribution with degrees of freedom on  $n - 1$
- When  $n$  is large, the  $t$ -distribution is very close to the  $N(0, 1)$  distribution
  - This means that we have some intuition about whether the  $p$ -value is going to be small or large when the sample size is large