Assignment 1

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August 25, 2020

The ladder operators are defined as

$$L_{+} = L_{x} + iL_{y}$$

$$L_{-} = L_{x} - iL_{y}$$

$$L_{+}L_{z} = L_{z}L_{+} + [L_{+}, L_{z}]$$

$$= L_{z}L_{+} + [L_{x}, L_{z}] + i[L_{y}, L_{z}]$$

$$= L_{z}L_{+} + (-i\hbar L_{y}) + i(i\hbar L_{x})$$

$$= L_{z}L_{+} - \hbar(L_{x} + iL_{y})$$

$$= L_{z}L_{+} - \hbar L_{+}$$

$$[L_{i}, L_{j}] = i\hbar \epsilon_{ijk}L_{k}$$

Therefore,

$$L_{+}L_{z}|l,m\rangle = L_{z}L_{+}|l,m\rangle - \hbar L_{+}|l,m\rangle$$

$$\hbar m L_{+}|l,m\rangle + \hbar L_{+}|l,m\rangle = L_{z}L_{+}|l,m\rangle$$

From the orthonormality of the vectors in the set $\bigcup_i \{|l, m_i\rangle\}$, we can conclude that

$$L_{+}|l,m\rangle \propto |l,m+1\rangle$$

and similarly,

$$L_{+}|l,m\rangle \propto |l,m-1\rangle$$

Let,

$$L_+|l,m\rangle = C_{l,m}^+|l,m+1\rangle$$

and

$$L_-|l,m\rangle = C_{l,m}^-|l,m-1\rangle$$

From this, we conclude that

$$\begin{split} \langle l,m|L_-L_+|l,m\rangle &= C_{l,m+1}^-C_{l,m}^+\\ \langle l,m|L_+L_-|l,m\rangle &= C_{l,m-1}^+C_{l,m}^- \end{split}$$

Also,

$$\begin{split} L_{-}L_{+} &= \left(L_{x} - \imath L_{y}\right)\left(L_{x} + \imath L_{y}\right) \\ &= L_{x}^{2} - \imath\left(L_{y}L_{x} - L_{x}L_{y}\right)\right) + L_{y}^{2} \\ &= L_{x}^{2} + L_{y}^{2} + L_{z}^{2} - L_{z}^{2} - \hbar L_{z} \\ &= L^{2} - L_{z}^{2} - \hbar L_{z} \end{split}$$

Similarly,

$$L_{+}L_{-} = L^{2} - L_{z}^{2} + \hbar L_{z}$$

This implies,

$$\langle l, m | L_{-}L_{+} | l, m \rangle = \hbar^{2} (l^{2} + l - m^{2} - m)$$

 $\langle l, m | L_{+}L_{-} | l, m \rangle = \hbar^{2} (l^{2} + l - m^{2} + m)$

Since, $L_{+}^{\dagger} = L_{-}$,

$$L_{+}|l,m\rangle \leftrightarrow \langle l,m|L_{+}^{\dagger}$$
$$\langle l,m|L_{-}$$

Hence,

$$\begin{split} \langle l,m|L_{-}L_{+}|l,m\rangle &= C_{l,m+1}^{-}C_{l,m}^{+} = C_{l,m}^{+*}C_{l,m}^{+} \\ \langle l,m|L_{+}L_{-}|l,m\rangle &= C_{l,m-1}^{+}C_{l,m}^{-} = C_{l,m}^{-*}C_{l,m}^{-} \end{split}$$

Using the above relations,

$$\begin{split} C_{l,m}^{+} &= e^{\imath \phi_{l,m}^{+}} \hbar \sqrt{l^2 + l - m^2 - m} \\ C_{l,m}^{-} &= e^{\imath \phi_{l,m}^{-}} \hbar \sqrt{l^2 + l - m^2 + m} \end{split}$$

Since, the phase carries no actual physical signficance, we set $\phi^+ = \phi^- = 0$.

$$\langle l, m' | L_+ | l, m \rangle = \hbar \delta_{m+1, m'} \sqrt{l^2 + l - m^2 - m}$$
$$\langle l, m' | L_- | l, m \rangle = \hbar \delta_{m-1, m'} \sqrt{l^2 + l - m^2 + m}$$

It is also clear, from the derivation that m ranges from -l to l in steps of 1. Dimensionality of these matrices is therefore: $(2l+1)^2$ Using the formulae for the matrix elements for L_+ and L_- in matrix form, for $l = \frac{1}{2}$:

$$L_{+} = \hbar \begin{pmatrix} 0 & 1 \\ 0 & 0 \end{pmatrix}$$

 $L_{-} = \hbar \left(\begin{array}{cc} 0 & 0 \\ 1 & 0 \end{array} \right)$

and for l=1:

$$L_{+} = \hbar \left(\begin{array}{ccc} 0 & \sqrt{2} & 0 \\ 0 & 0 & \sqrt{2} \\ 0 & 0 & 0 \end{array} \right)$$

$$L_{-} = \hbar \left(\begin{array}{ccc} 0 & 0 & 0 \\ \sqrt{2} & 0 & 0 \\ 0 & \sqrt{2} & 0 \end{array} \right)$$

From the definitions for L_+ and L_- ,

$$L_x = \frac{1}{2} \left(L_+ + L_- \right)$$

$$L_y = \frac{1}{2i} \left(L_+ - L_- \right)$$

Therefore, for l = 1/2:

$$L_x = \hbar \left(\begin{array}{cc} 0 & \frac{1}{2} \\ \frac{1}{2} & 0 \end{array} \right)$$

$$L_y = \hbar \left(\begin{array}{cc} 0 & -\frac{i}{2} \\ \frac{i}{2} & 0 \end{array} \right)$$

and for l=1:

$$L_x = \hbar \begin{pmatrix} 0 & \frac{1}{\sqrt{2}} & 0\\ \frac{1}{\sqrt{2}} & 0 & \frac{1}{\sqrt{2}}\\ 0 & \frac{1}{\sqrt{2}} & 0 \end{pmatrix}$$
$$L_y = \hbar \begin{pmatrix} 0 & -\frac{i}{\sqrt{2}} & 0\\ \frac{i}{\sqrt{2}} & 0 & -\frac{i}{\sqrt{2}}\\ 0 & \frac{i}{\sqrt{2}} & 0 \end{pmatrix}$$

 L_z can be found by

$$L_z = -\frac{\imath}{\hbar} \left[L_x, L_y \right]$$

For l = 1,

$$L_z = \hbar \left(\begin{array}{ccc} 1 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & -1 \end{array} \right)$$