

SMART WATCH

IN ENGLISH



PHAL HIM – CLASS B

- MY BUYER GUIDE ON THE WATCH –

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- MY BUYER GUIDE ON THE WATCH -

1. Presentation of the products

A. Garmin lily



- ❖ Small¹ stylish smartwatch complements your look with a unique decorative lens that reveals a bright touchscreen display with a tap. Supported Application: GPS, Contacts. Connectivity technology: GPS. Wireless comm standard: 802.11_G
 - Battery life: up to 5 days
 - Understand your body by monitoring your respiration, Pulse Ox (this is not a medical device), energy levels, menstrual cycle, pregnancy, hydration, all-day stress, sleep (when paired to a compatible smartphone) and estimated heart rate
 - connects to your compatible smartphone's GPS to accurately track outdoor walks, runs and more
 - See how active you are throughout the day with step counting, calories burned, intensity minutes and more
 - Choose from classic or sport designs with a variety of color, metal and band options - including leather and silicone
 - so you can find the perfect piece to fit your look

B. Fitbit versa



- ❖ Get inspired and stay accountable with Versa 4 + Premium - learn² when to work out or recover, see real-time stats during exercise and find new ways to keep your routine fresh and fun
 - Built for better fitness results: Daily Readiness Score(1), built-in GPS and workout intensity map
 - Tools to measure and improve sleep quality: personalized Sleep Profile(1), daily sleep stages & Sleep Score, smart wake alarm and do not disturb mode
 - Maintain a healthy body and mind: daily Stress Management Score, reflection logging, SpO2(2), health metrics dashboard(3)
 - Designed for fitness & beyond: on-wrist Bluetooth calls, texts and phone notifications(4)

¹ Garmin Lily™, Small GPS Smartwatch with Touchscreen and Patterned Lens, Rose Gold and Light Tan

² Fitbit Versa 4 Fitness Smartwatch with Daily Readiness, GPS, 24/7 Heart Rate, 40+ Exercise Modes, Sleep Tracking and more, Waterfall Blue/Platinum, One Size (S & L Bands Included)

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2. Which watch should you buy?



- ❖ Small stylish smartwatch complements your look with a unique decorative lens that reveals a bright touchscreen display with a tap. Supported Application: GPS, Contacts. Connectivity technology: GPS. Wireless comm standard:802_11_G
 - Battery life: up to 5 days
 - Understand your body by monitoring your respiration, Pulse Ox (this is not a medical device), energy levels, menstrual cycle, pregnancy, hydration, all-day stress, sleep (when paired to a compatible smartphone) and estimated heart rate
 - connects to your compatible smartphone's GPS to accurately track outdoor walks, runs and more
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	<i>Garmin lily</i>	<i>Fitbit versa</i>
Price	\$198.88	\$159.95
Sold By	jerimac LLC	Amazon.con
Color	Rose Goldand Light Tan	Waterfall Blue/Platinum
Item Dimensions	5.51 x 0.2 x 1.36 inches	1.57 x 0.43 x 1.57 inches
Item Weight	0.85 ounces	7.04 ounces

- MY BUYER GUIDE ON THE WATCH —

3. Let's talk to watch Series



Smart watch is my best friend in my life

Why do you like to smart watch?

I chose smart watch because

Battery life: Up to 5 days. Discover your body by tracking your breathing, Pulse Ox, energy levels, menstrual cycle, pregnancy, hydration, stress throughout the day, sleep (when paired with a compatible smartphone), and estimated heart rate.

Fitbit versa more special

Why do you like to smart watch?

I chose smart watch Fitbit versa because Tools to measure and improve sleep quality: personalized Sleep Profile (1), daily sleep stages & Sleep Score, smart wake alarm and do not disturb mode

