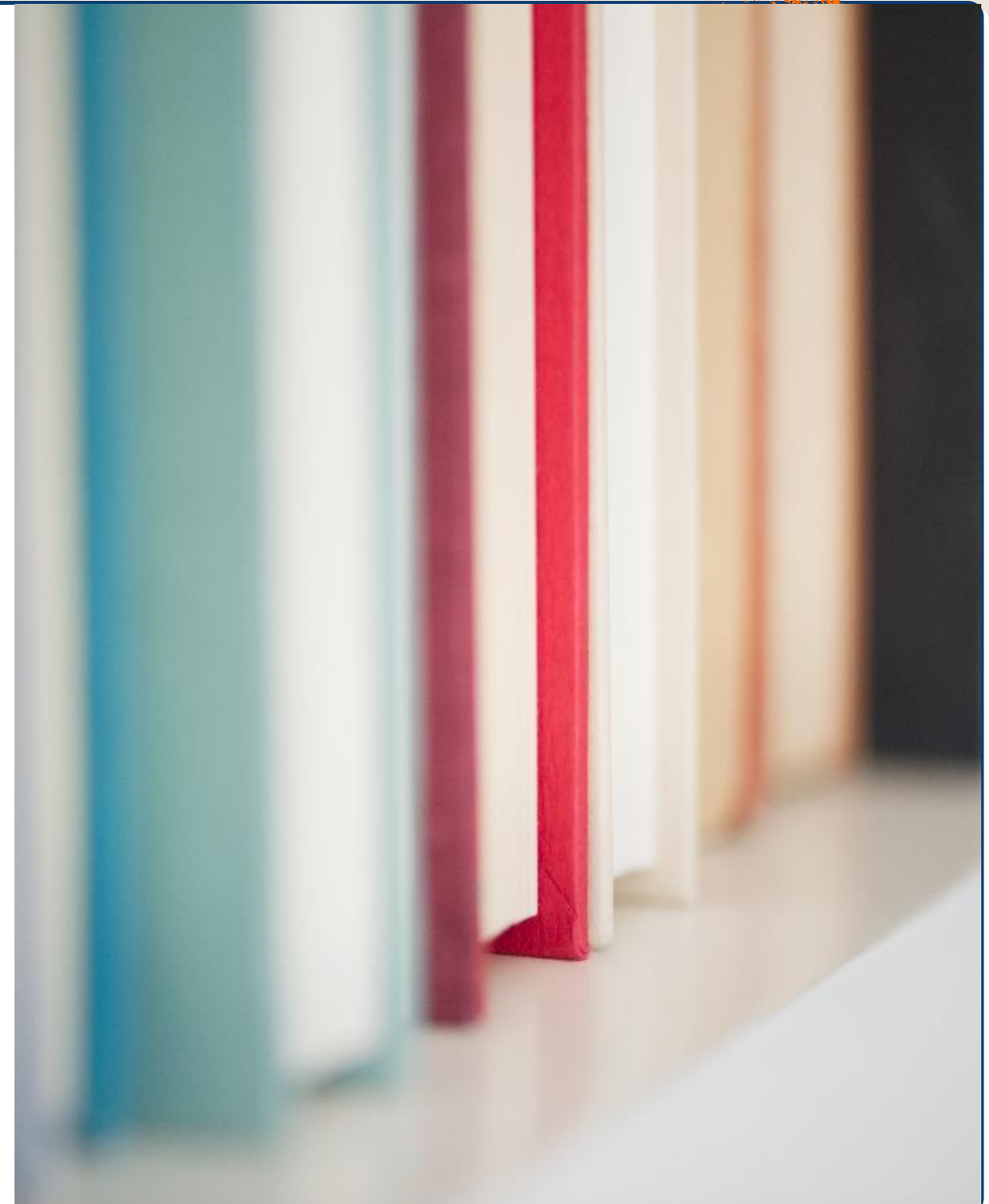Topic:

Learning how to learn and learn fast

Jens Martensson

Question for you

- Do you really know how to learn ?

- What is right way to learn ?

- How to learn quickly and effectively ?

Do you really know how to learn ?

To develop oneself, there is no way other than expanding one's knowledge, delving deep into specialized knowledge as well as other fields.

As Lenin once said:

"Learn, learn, and keep on learning forever"

….. But what is the right way to learn?

CÂU NÓI NỔI TIẾNG CỦA CÁC NHÀ MARXISTS

"Học, học nữa, học mãi!"

Vladimia Ilich Lênin
(1870 - 1924)

What is right way to learn ?

❖ **Clear goals are necessary**

- Do you need to clearly define what your goal is?

- Is this goal really important to you?

- Make a plan for your goal

❖ Break down your goals

You should break down your goals into smaller ones and accomplish each goal one by one.

This will help you avoid feeling overwhelmed by the overarching larger goal.

❖ Relax and take some time for yourself

If you feel stressed about your goals, take the time to relax, and don't rush excessively.

Achieving goals requires a process, so stay calm and take time to care for yourself. This also helps our brains relax and reduce stress.

❖ Search skills

When facing difficult problems without finding a solution, practice the skill of searching for solutions on the internet.

Look for information from various sources and then synthesize them into a solution for yourself. Avoid relying on a single source.

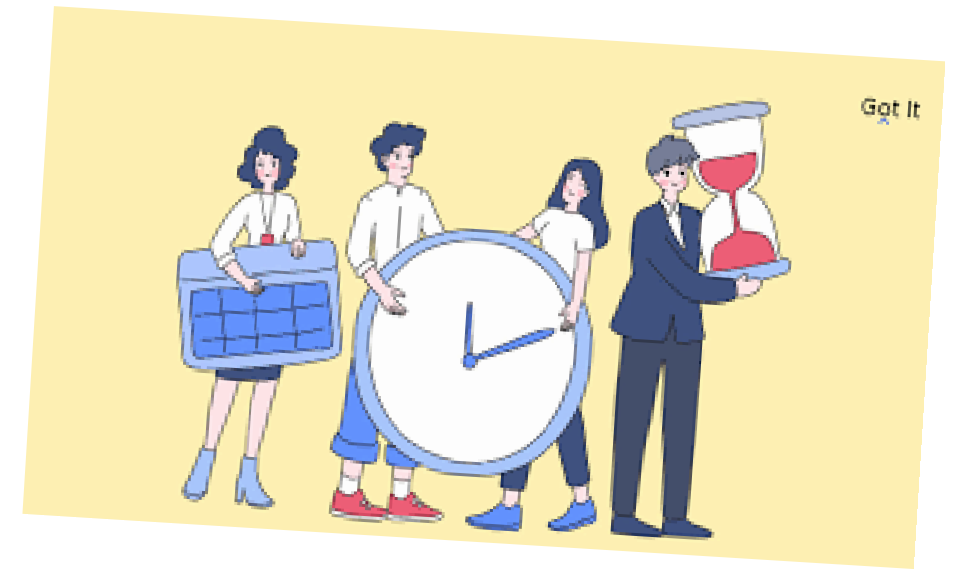Then compare solutions from different sources and understand how they work.

How to learn quickly and effectively ?

❖ **Spend time on your goals**

To achieve your goals quickly, it is imperative to focus and

dedicate time to your objectives.

❖ **Focus on each goal**

You should not study and pursue too many goals at once.

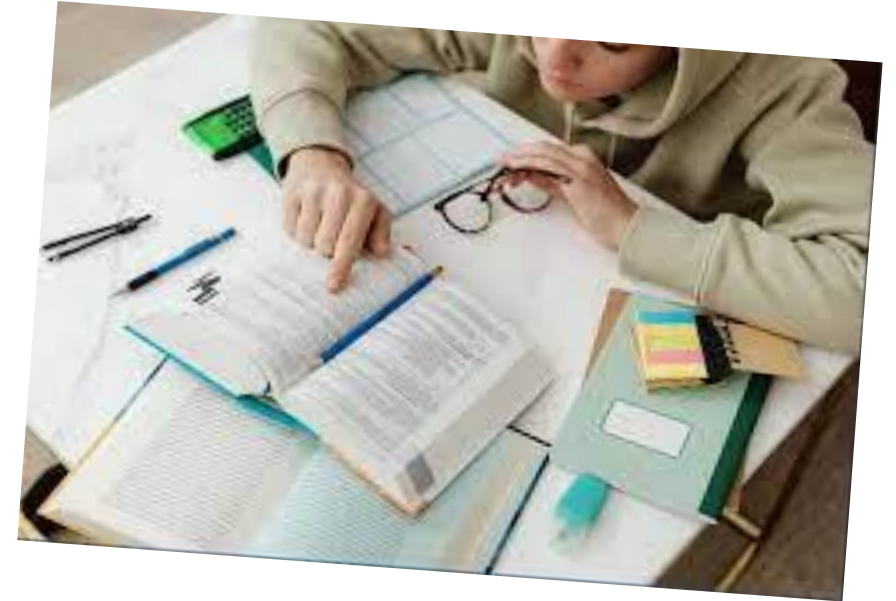Instead, concentrate on completing each goal one by one.

❖ Practice more

Focusing too much on theory can make you feel confused and discouraged. Therefore, practice more, train until you become proficient, and understand the issue.

❖ Perseverance and discipline

These are also the most crucial factors in determining the rapid and effective achievement of your goals. Stay persistent with your objectives and be disciplined in pursuing them.

Conclusion

Learning how to learn and learn fast

What is right way to learn ?

1. Clear goals are necessary
2. Divide into smaller goals.
3. Relax and take some time for yourself
4. Skills to find problem solving methods

How to learn quickly and effectively ?

1. Need to spend time on your goals
2. Focus on each single goal
3. Need more practice than theory
4. You must be persistent and disciplined

Presented with xmind

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Thank You

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