

REGULA VITAE

The Parish Magazine of Saint Paul's Anglican Church
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To the Faithful of Saint Paul's Church,

If you are reading this, then you have received your very first copy of our new parish magazine, *Regula Vitae*. This publication is going to play a very important role in the life of our parish, so you will want to make sure you keep up with its contents on a regular basis! It will be available on the first Sunday of the month, both in print and in an electronic format that can be downloaded from our parish website.

The pages of this magazine will be filled with news about our parish, news about our diocese, articles pertaining to theological subjects, and many other exciting and important things!

It is my hope and prayer that the Lord will use this new publication to benefit both our congregation and all those who may be reading it outside of our fellowship. I ask that you would go to the Lord in prayer, asking Him to use *Regula Vitae* as a vessel of His truth and as a means by which we may grow closer to one another.

The Lord be with you,
Tyler W. Phass
Vicar

In This Issue

ASCETICAL THEOLOGY

What Does *Regula Vitae* Mean? p.2.

LITURGICAL THEOLOGY

Eucharistic Adoration p.4.

Upcoming Events

BLESSING OF THE ANIMALS
October 6th — 10:30am

POTLUCK LUNCHEON
October 7th — 11:15am

THANKSGIVING DINNER
November 17th — 4:30pm

