

1	1,008
0,00(1)	2,20
1s ¹	-259 / -253

H
Wasserstoff

3	6,94
-3,040(1)	1,47
[He]2s ²	181 / 1347

Li
Lithium

11	22,990
-2,713(1)	1,01
[Ne]2s ¹	98 / 883

Na
Natrium

19	39,098
-2,925(1)	0,91
[Ar]4s ¹	63 / 760

K
Kalium

20	40,078
-2,84(2)	1,04
[Ar]4s ¹	839 / 1484

Ca
Calcium

37	85,468
-2,924(1)	0,89
[Kr]5s ¹	769 / 1384

Rb
Rubidium

38	87,62
-2,89(2)	0,99
[Kr]5s ¹	1,11

Sr
Strontium

39	88,906
-2,37(3)	1,22
[Kr]5s ¹	1,541 / 2836

Y
Yttrium

40	91,224
-1,55(4)	1,22
[Kr]4d ⁵ s ¹	2617 / 4377

Zr
Zirconium

41	92,906
-0,20(3)	1,30
[Kr]4d ⁵ s ¹	2310 / 3900

Nb
Niob

42	95,962
-0,28(4)	1,36
[Kr]4d ⁵ s ¹	1554 / 3140

Mo
Molybdän

43	98,906
-0,28(4)	1,42
[Kr]4d ⁵ s ¹	937 / 2830

Tc
Technetium

44	101,07
0,623(3)	1,45
[Kr]4d ⁵ s ¹	631 / 1635

Ru
Ruthenium

45	102,91
-0,76(3)	1,45
[Kr]4d ⁵ s ¹	592 / 2163

Rh
Rhodium

46	106,42
0,915(2)	1,46
[Kr]4d ⁵ s ¹	321 / 2043

Pd
Palladium

47	107,87
0,799(1)	1,42
[Kr]4d ⁵ s ¹	217 / 685

Ag
Silber

48	112,41
-0,403(2)	1,46
[Kr]4d ⁵ s ¹	114 / 316

Cd
Cadmium

49	114,82
-0,343(3)	1,49
[Kr]4d ⁵ s ¹	937 / 2830

In
Indium

50	118,71
0,150(3)	1,62
[Kr]4d ⁵ s ¹	631 / 1635

Sn
Zinn

51	121,76
-0,137(2)	1,72
[Kr]4d ⁵ s ¹	232 / 2687

Sb
Antimon

52	127,60
0,156(-1)	2,01
[Kr]4d ⁵ s ¹	450 / 990

Te
Tellur

53	126,90
0,536(-1)	2,21
[Kr]4d ⁵ s ¹	114 / 184

I
Iod

54	131,29
0,536(-1)	2,40
[Kr]4d ⁵ s ¹	112 / 108

Xe
Xenon

55	132,91
-2,923(1)	0,86
[Xe]6s ¹	28 / 678

Cs
Caesium

56	137,33
-2,92(2)	0,97
[Xe]6s ¹	725 / 1696

Ba
Barium

57	138,91
-2,38(3)	1,08
[Xe]5f ¹ 6s ¹	920 / 3469

Hf
Hafnium

58	140,12
-1,33(4)	1,08
[Xe]4f ¹ 6s ¹	798 / 3443

Ce
Cer

59	140,91
-0,96(4)	1,07
[Xe]4f ¹ 6s ¹	931 / 3250

Pr
Praseodym

60	144,24
-2,2(2)	1,07
[Xe]4f ¹ 6s ¹	1024 / 3074

Nd
Neodym

61	146,92
-2,29(3)	1,07
[Xe]4f ¹ 6s ¹	931 / 2730

Pm
Promethium

62	150,36
-2,67(2)	1,07
[Xe]4f ¹ 6s ¹	1074 / 1794

Sm
Samarium

63	151,96
-2,80(2)	1,01
[Xe]4f ¹ 6s ¹	1312 / 3273

Eu
Europium

64	157,25
-2,28(3)	1,11
[Xe]4f ¹ 6s ¹	1356 / 3230

Gd
Gadolinium

65	158,93
-2,31(3)	1,10
[Xe]4f ¹ 6s ¹	1407 / 2562

Tb
Terbium

66	162,50
-2,39(3)	1,10
[Xe]4f ¹ 6s ¹	1474 / 2720

Dy
Dysprosium

67	164,93
-2,33(3)	1,10
[Xe]4f ¹ 6s ¹	1497 / 2863

Ho
Holmium

68	167,26
-2,32(3)	1,11
[Xe]4f ¹ 6s ¹	1545 / 1947

Er