

*Scary stressful made hopefully less scary stressful*

# FINANCIAL STUFF FOR THOSE JUST STARTING OUT



INFORMAL ADVICE ON PERSONAL FINANCE STUFF  
FOR PEOPLE JUST FIGURING THEIR SHITE OUT

BY KIRA K

# THIS IS ME, MOSTLY A DOOFUS, KIRA



And while a lot of things I say are nonsense, I do weirdly know a bunch about basic, no-nonsense, personal financial decision making. I majored in econ, and this whole booklet has been vetted by:

an accountant mom | an investor dad | a finance professor  
(my professor hated all the jokes about capitalism)

And, hopefully, it will help guide you through financial decisions in your early financial life!



**WARNING:**  
**KIRA IS NOT A FINANCIAL ADVISOR,  
OBV, SO PLEASE TALK TO YOUR  
PARENTS/GUARDIANS/FINANCIAL  
ADVISOR/THE INTERNET BEFORE  
MAKING ANY BIG MONEY DECISIONS.**

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# BLECH TOO MUCH INFO

*Just the highlights*

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**Read page 7**



**Read page 15**



**Read page 22**  
(if you have student loans)



**Read page 31**



**Read page 40**



**Complete page 47**

— WTF IS —

# CREDIT

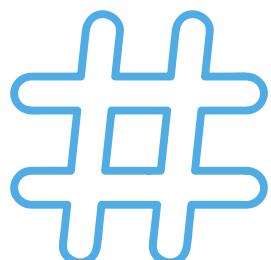
*a bit of finance background*

# THE BASICS OF CREDIT

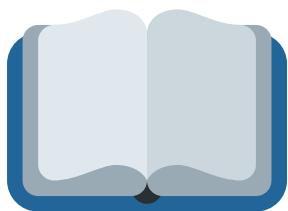
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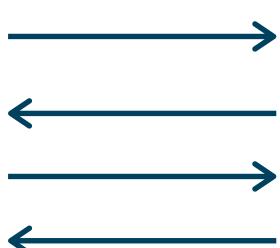
"Credit" is a measure of financial trustworthiness



You (ya, you) have a personal **credit score** that is a reflection of your financial trustworthiness



You also have a **credit history** of all your payments, loans, credit cards, etc etc



You prove that you are financially trustworthy by borrowing money and paying it back quickly and reliably



Being financially trustworthy means lenders will charge you less to borrow their money (which is good)

# THE NITTY GRITTY OF CREDIT

**People loan you money all the time!**



like your student loans, or  
every credit card purchase



**BUT banks don't want to loan you  
their money for free**



*especially if they're not sure you  
can pay it back*



So the bank charges you a percentage of whatever  
money you borrow, called the **interest rate**

**% % % % % % %**

The percentage they charge you depends on your  
**credit score**

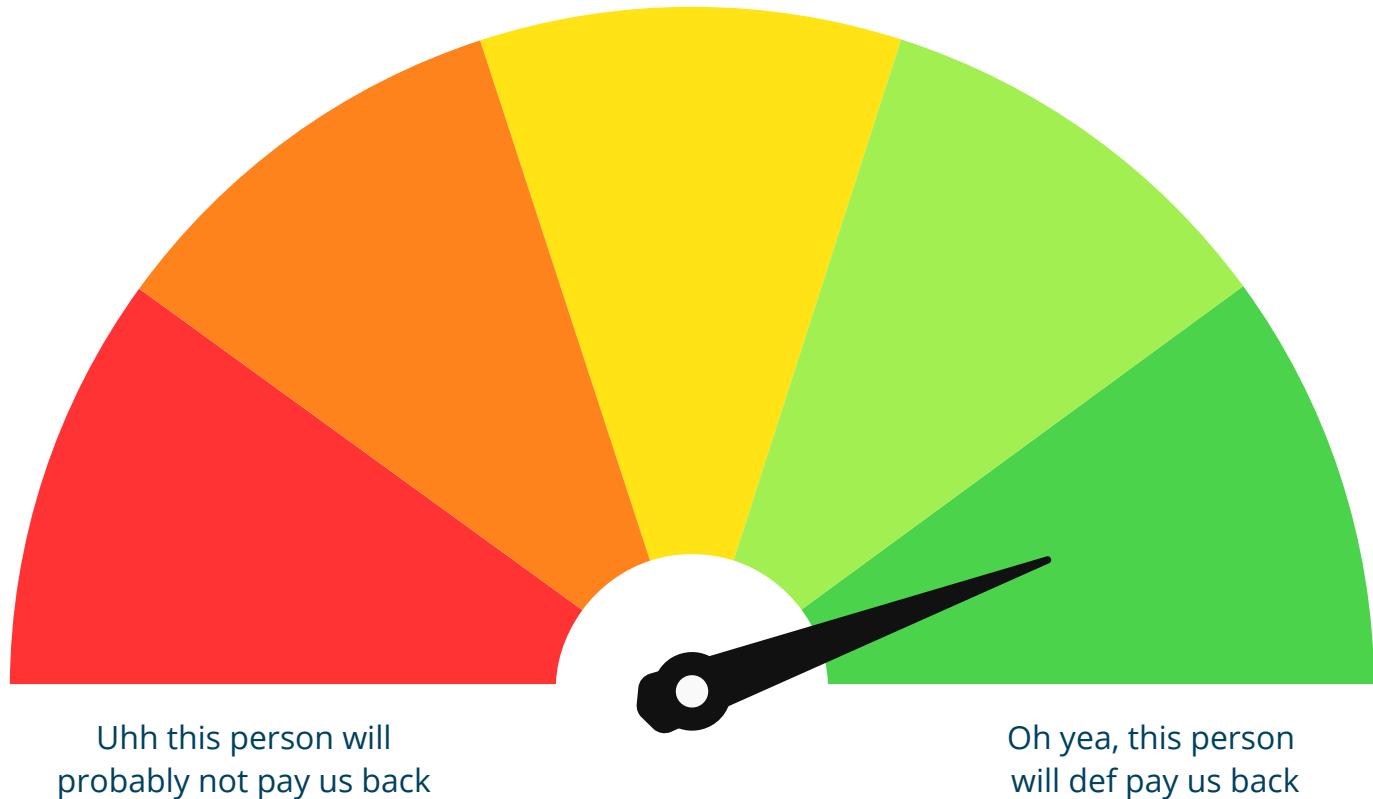
(next page!)

## • WTF IS CREDIT •

# THE DOWN & DIRTY ON CREDIT SCORES

## it's a ~spectrum~

Your “credit score” is a number that points to a spot on that spectrum, indicating how financially trustworthy you are



Lots of things go into your credit score (too many things, honestly), like whether you pay back money loaned to you, how quickly you pay it back, how long you have been borrowing money, how many credit cards you have (more than like 3 is too many), and how much debt you have

# QUICK AND EASY MATH

You need to pay back the loan + the interest

## Bad Credit

*Uh this person will probably not pay us back*

It is risky to loan to this person, so the interest rate is *high*

Interest Rate: 10%

Loan Amount: \$1000

= Initial amount + Initial amount x Interest

$$=1,000 + (1,000 \times .10)$$

$$=1,000 + (100)$$

$$=1,100$$

## Good Credit

*Oh yea, this person will def pay us back*

It is *not* risky to loan to this person, so the interest rate is *low*

Interest Rate: 2%

Loan Amount: \$1000

= Initial amount + Initial amount x Interest

$$=1,000 + (1,000 \times .02)$$

$$=1,000 + (20)$$

$$=1,020$$

*So you pay \$100 or \$20 for the same thing*

**TL;DR: IT'S CHEAPER TO HAVE A GOOD CREDIT SCORE**

## VERY IMPORTANT YET SEEMINGLY UNRELATED

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### Your credit score is tracked by your Social Security Number

!! Which is why it is bad if someone gets your SSN  
*aka **identity theft*** !!

They can open bank and credit accounts, quickly fuck up your credit score & put you in debt



**And there is literally no good or easy fix**  
*you can't just get a new number!*

so don't give your number out to anyone who isn't your employer or doctor!  
*(it's tied to your insurance too)*

## • WTF IS CREDIT•

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# IF YOU CARE

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## Skip this if you're not interested in finance theory

The logic behind personal loans is exactly the same as the logic behind any other investment (like stocks). The riskier the investment, the more incentive the investor needs to put money in it. For example, you'd want a higher return on investment to invest in GameStop than you would for investing in Disney, since Disney is a much safer/less risky company (meaning its future is much more certain than GameStop's). In the same way, you'd want more money back for investing in Kira (a 22 year old who has never paid back a single credit card bill ever and has thousands of dollars in debt) than in Georgia (a 23 year old who has never been late on any loan payment ever).

That's why interest rates are so much higher for people with bad credit; it's not because people think it makes sense that poorer people need to pay back more, it's because investors won't loan money to financially riskier people without higher compensation for taking the risk.

**and as usual, being poor is  
incredibly expensive**

# • WTF IS CREDIT •

# IN CONCLUSION

# IS THE CREDIT SYSTEM FAIR?      nope

# DOES THE SYSTEM NEED TO BE CHANGED? probably

# DOES IT MORE OR LESS WORK? yep

# DO YOU STILL WANT A GOOD CREDIT SCORE?

most definitely-  
besides impacting your interest  
rate, it can affect your housing &  
employment

**SO HOW DO I  
INCREASE MINE?**

by taking loans out and paying them off, like your credit card bills and student loans

— SMOOTH —  
TRANSITION TO

# CREDIT CARDS

*please enjoy responsibly*

# THE BASICS OF CREDIT CARDS

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You need to get one



They help you build credit  
(so you can buy a home or car or whatever later)



The have **much** stronger protections against  
fraud and theft than debit cards, cash, or checks



You get points/cash back/rewards  
(aka free money)



Do not spend more money than you have  
(treat it exactly the same as a debit card)



Pay the bill off entirely at the end of the month  
(so you don't get charged interest)

A VERY IMPORTANT NOTE

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CREDIT CARDS

DO NOT

CHARGE YOU

INTEREST IF

YOU PAY THE

FULL BILL

# BUILDING CREDIT...

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Credit cards are **incredible** when used responsibly

Every time you buy a cheeseboard and two mules with Dena and charge them to your credit card, you are basically getting a micro-loan from Chase bank (and by you, I obviously mean me).

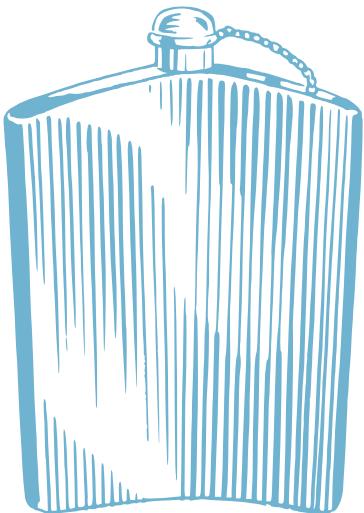
That's why money doesn't leave your bank account until you pay your credit card-- because you've spent Chase's money, not your own money.



So when you pay off your credit card bill, you are paying back lots of micro-loans which is great for building your credit!

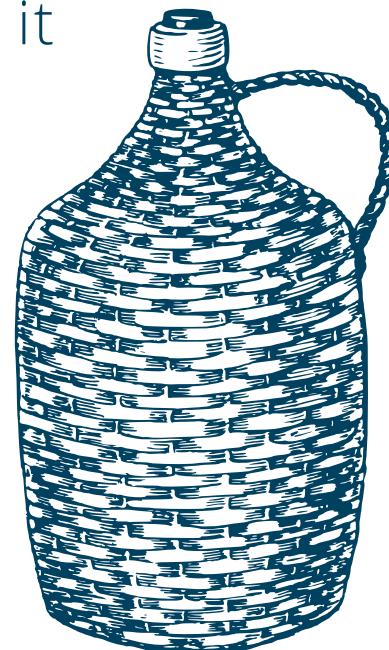
# ...NOT DEBT

"Everything is good in moderation"



Generally, it is best to treat your credit card like a debit card-- **pay the card off in full** every month to avoid getting charged any interest, don't spend money you don't have, think of it as cash, etc etc.

But if that's impossible, make sure you **pay the minimum payment every month** to avoid dings on your credit history and higher interest rates (the rates are already 18% to 23%!).



*banks want you to get trapped in debt and pay interest forever-- don't let The Man win!*

# THE PERKS

## They are very safe

They are much safer than debit cards, cash, or checks.

Big banks are better at protecting their money than you are at protecting yours. Since their money is actually spent, if your card gets stolen or you get mischarged, the big bad bank will help.



They'll stop payment to vendors who you say ripped you off, cancel a missing card quickly, and not make you pay for whatever was charged if your card gets stolen.

## They give you free money

Many cards have cash back, points, rewards, etc etc-- it's literally free money if you use your card for stuff you would buy anyway



# WHICH CARD??

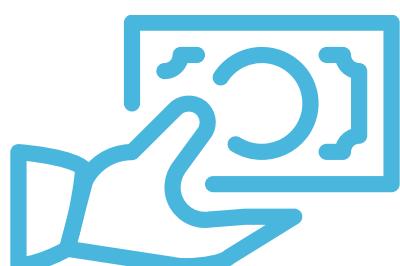
## Think about yearly card fees

only get cards with yearly fees if you know you're gonna get more \$\$ out of the perks than the card costs

**or \$\$ you have to  
spend to get intro perks.**



Some require you to spend money before in like the first 3 months or whatever to get extra perks; only get these cards if you were going to spend that money anyway!

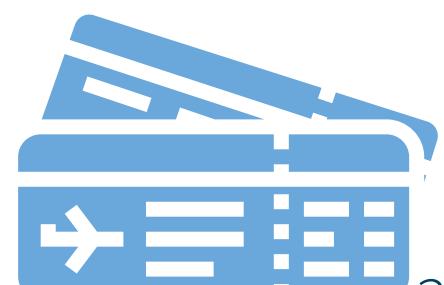


**And what perks you want!  
Like cashback,**

they just give you like 2% or whatever of the money you spent back , you can do whatever you want with it hell ya

**or whatever other perks**

like travel points or extra points on gas (if you drive a lot); whatever floats your boat, there's probably a card with perks for it



— OK SO —

# STUDENT LOAN DEBT

how to deal with a shockingly terrible thing

# THE BASICS OF STUDENT LOANS

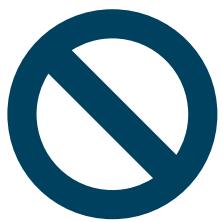
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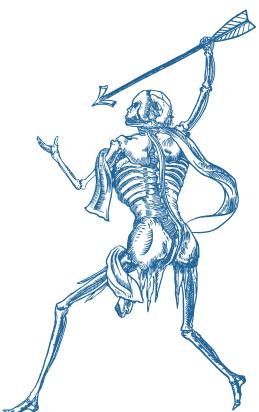
**Set up the AutoPay option**



**Try to overpay as frequently as possible**



**Do not miss a payment**



**Do not change your loans from the ones  
you got from your school  
(aka all those robocalls about your loans)**



**If you absolutely must miss a payment,  
apply for a deferment or be in grad school**



**Vote the dirty commie ticket of our  
dreams**

## SPECIAL NOTE FOR 2023

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While we are waiting for RBG's funeral procession & Sleepy Joe to sort out whether or not we have to pay our loans, FEDERAL student loans are on pause. This means that there is not interest being added to them, and inflation is eating away at the worth of each dollar, so each FEDERAL loan we have is getting worth less & less. I personally am not paying my loans, since there is no penalty & inflation is reducing the value I owe (yay!). I wait until the ruling comes down in June. **This may not be true for private loans** so double check everything before deciding to hold off on paying loans!!

•UNADULTERATED EVIL•

## GOOD THINGS ABOUT STUDENT LOANS

1. Paying off your loans on time and in full is very good for your credit



2. We loved college!



•UNADULTERATED EVIL•

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# VERY IMPORTANT NOTE

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YOU CANNOT  
DECLARE  
BANKRUPTCY ON  
STUDENT LOAN  
DEBT



*which means you can literally never  
get rid of it until you pay all of it*



•UNADULTERATED EVIL•

# PAYING YOUR POUND OF FLESH

## Set up AutoPay

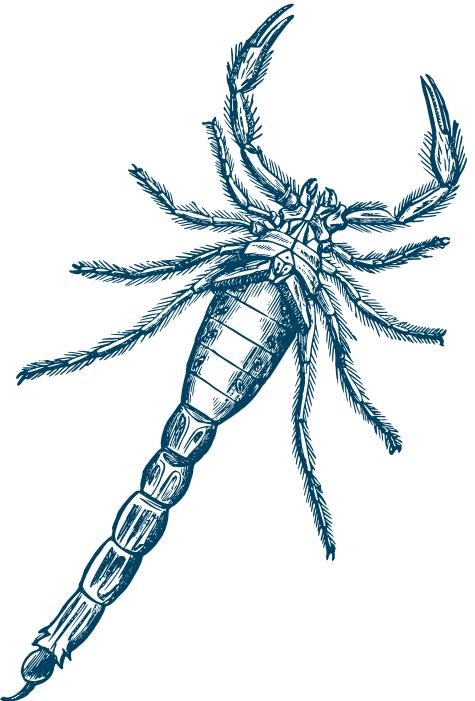
It gives you a lower interest rate &  
you are less likely to miss a payment



## Overpay

Overpay the bill every time you can

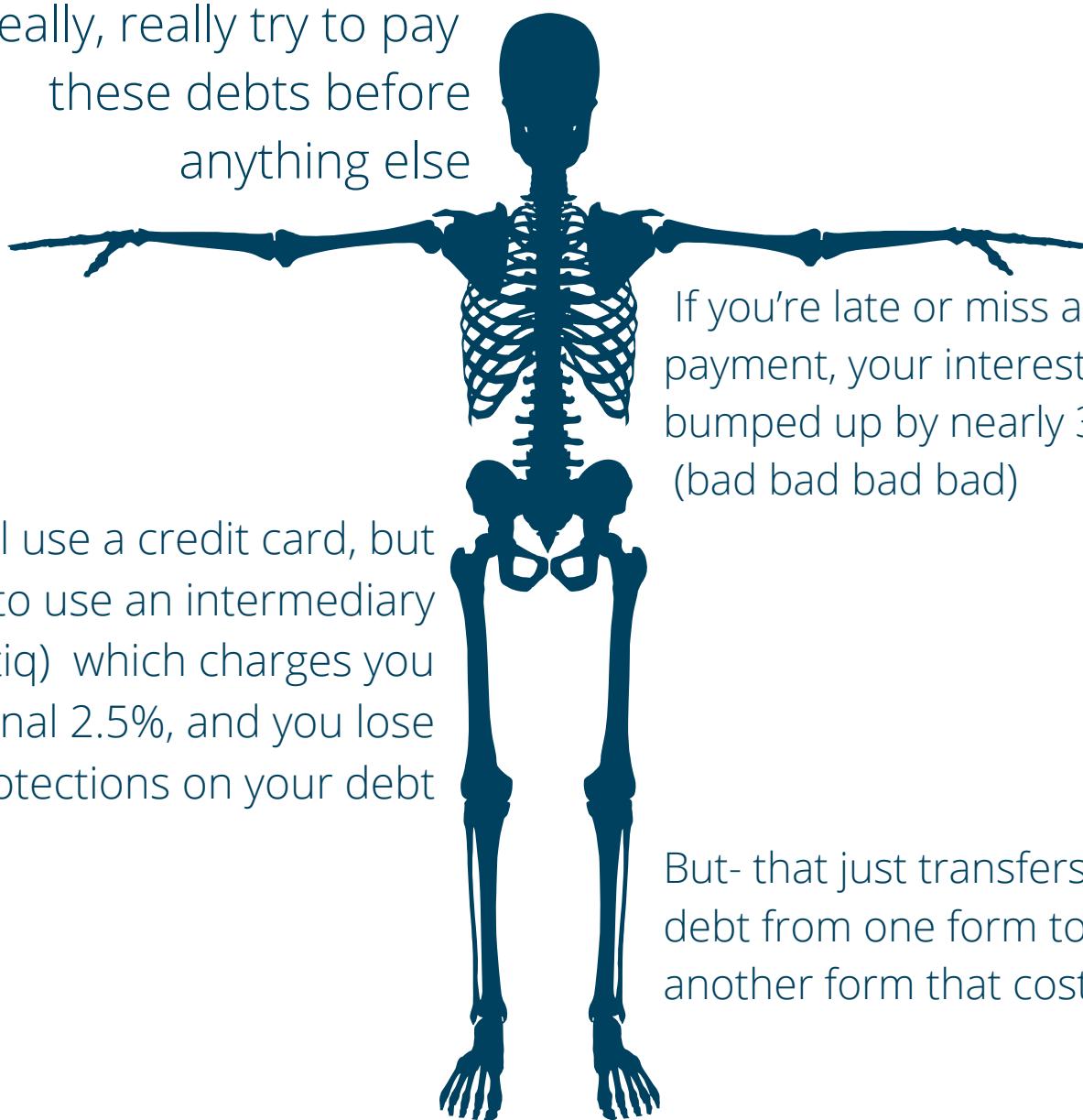
The faster you pay off your debt, the less  
you'll have to pay (because the interest will  
have less time to compound)



# IF YOU'RE IN A TIGHT SPOT

**Warning:** We are now stepping out of solid theory  
and into Kira's non-certified advice

really, really try to pay  
these debts before  
anything else



If you're late or miss a payment, your interest can get bumped up by nearly 30%  
(bad bad bad bad)

You can still use a credit card, but  
you need to use an intermediary  
(like Plastiq) which charges you  
an additional 2.5%, and you lose  
some protections on your debt

But- that just transfers your  
debt from one form to  
another form that costs more

Look, this whole thing is a **really bad deal;**  
**do your best to not get behind**

•UNADULTERATED EVIL•

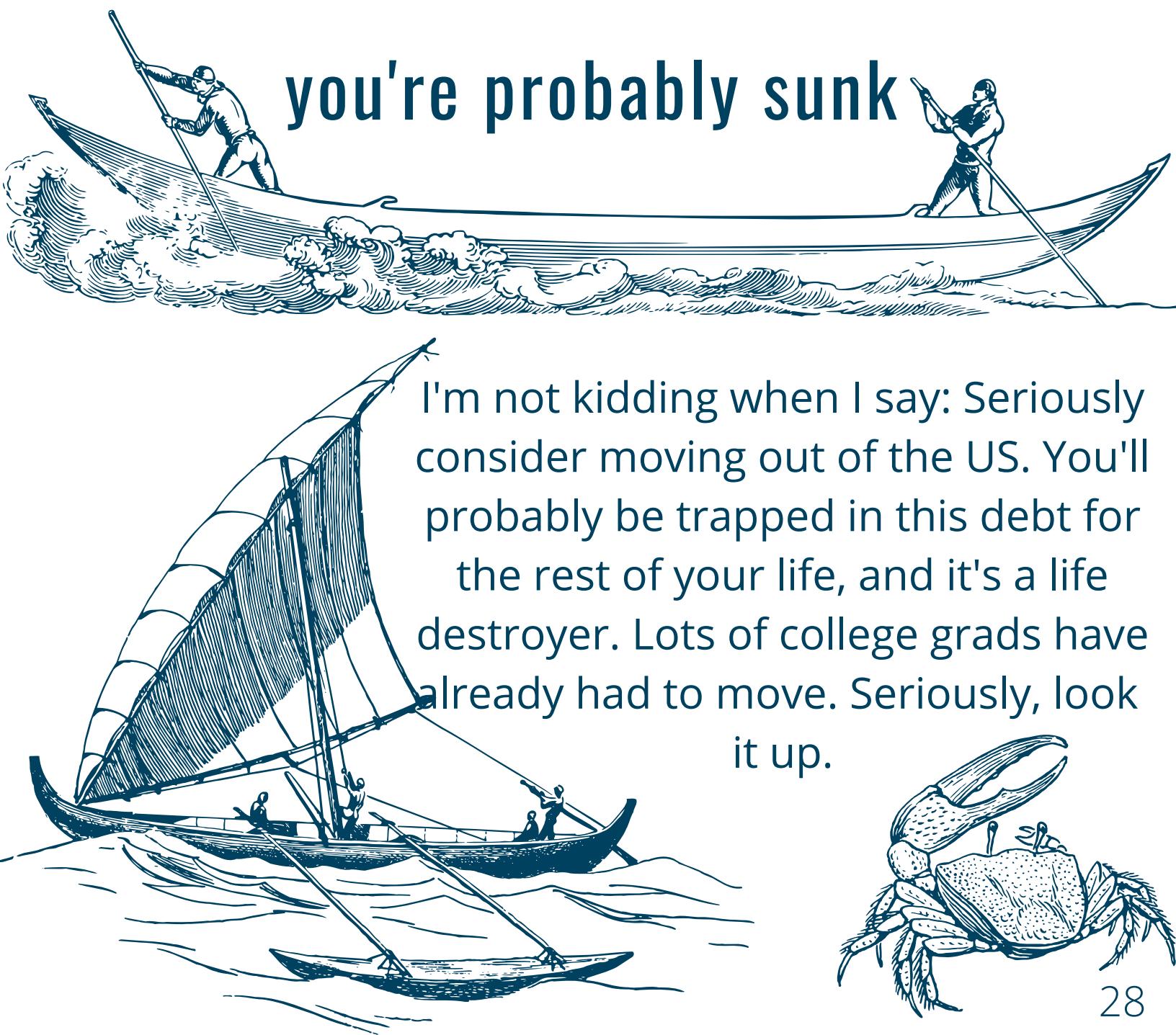
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## IF YOU'RE SUNK

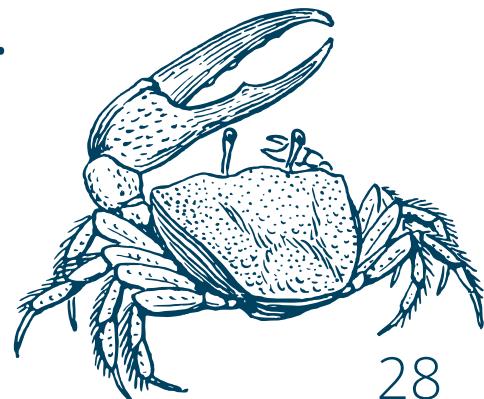
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If you owe more money at the end of the year than you did at the begining of the year--

**you're probably sunk**



I'm not kidding when I say: Seriously consider moving out of the US. You'll probably be trapped in this debt for the rest of your life, and it's a life destroyer. Lots of college grads have already had to move. Seriously, look it up.



# IF YOU CARE

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## Skip this if you're not interested in Kira's rant

I know I've been making lots of jokes about how evil student loans are, but really and truly, they are pretty high up on the list of terrible things the US has done to its young student citizens.

Incredibly expensive schools offer students government subsidized loans. And, oh by the way, that same government mandated that you cannot declare bankruptcy to get rid of them (meaning even if all of your other debt is cancelled, you will still have to pay them off). That incredibly valuable debt (because it's guaranteed to pay out until the person dies) is sold off to debt collectors who can harass you and your family, take money from your paycheck, and frequently "lose" payments so your interest rate gets bumped up to absurd levels. Trapping young, educated people in lifelong debt is not only evil forced on individuals, but poison in the overall economy.

I personally think there is going to be a massive market correction where overpriced schools go bankrupt, the education sector finally gets reined in, and we have a recession á la 2008.

WE'RE GONNA  
LIVE FOREVER

# RETIREMENT

*and it's going to be expensive as  
hell*

Ok: We are now stepping back into solid theory but still Kira's non-certified advice

## THE BASICS OF RETIREMENT

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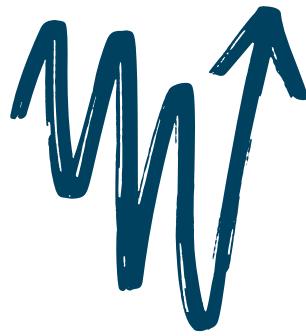
If you have the option, start putting money into a **Roth 401k**  
(or at least as much as your company will match)



You need to start a **Roth IRA**



Throw literally whatever you can at those accounts now  
(srsly, one \$10 deposit now will be \$150 when you're 65)



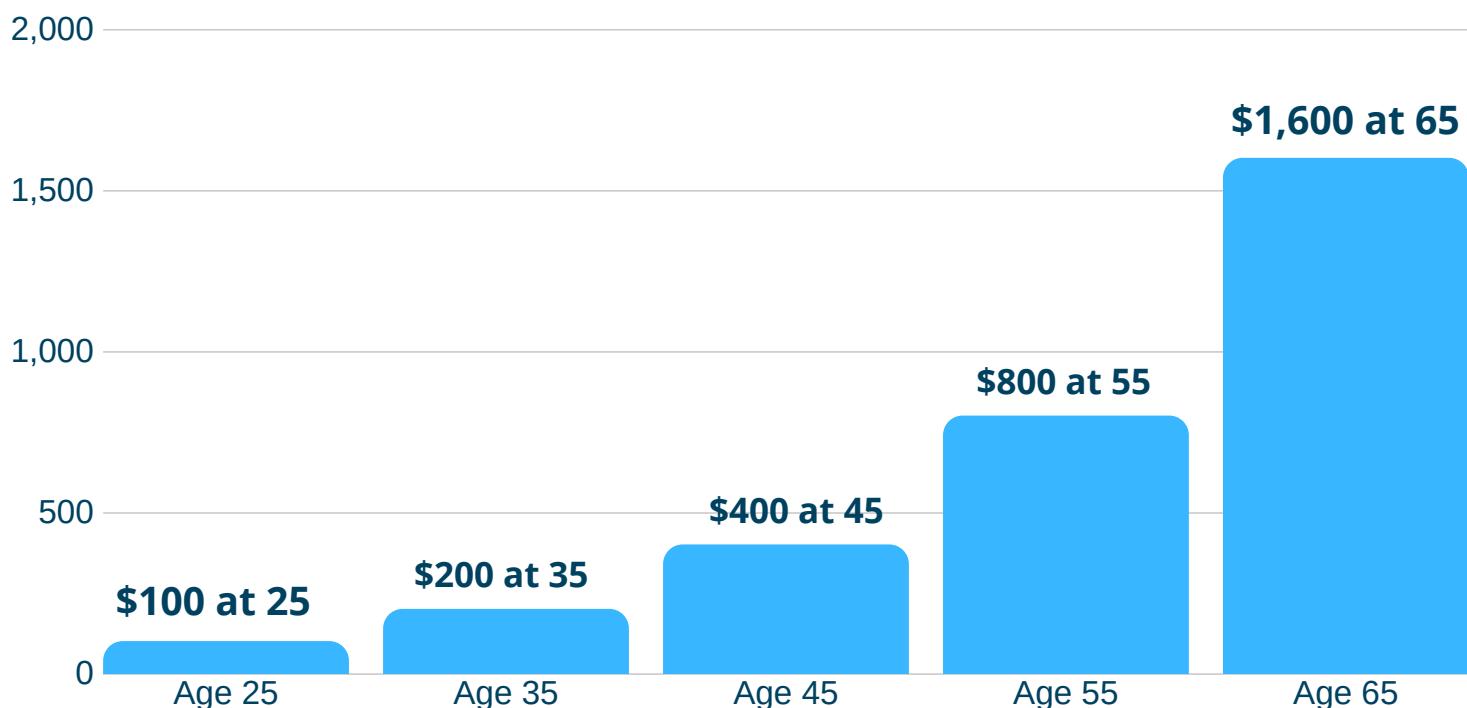
Make sure you go for high risk/high return portfolios while you are young

# THE POWER OF COMPOUNDING

Compounding interest is *insane*

Basically, figure your money doubles  
every ten years

which is a little on the higher side of very normal returns (around 7.2%)



Your money does **most of the growing** in the *last 10 years*



So it's really, really, really important you save now

# QUICK MATH ON COMPOUNDING

ok, one more graph to show you how important saving when you're young is

*this is the last math thing, i promise*

If you save \$100  
when you're 25  
with 7% interest



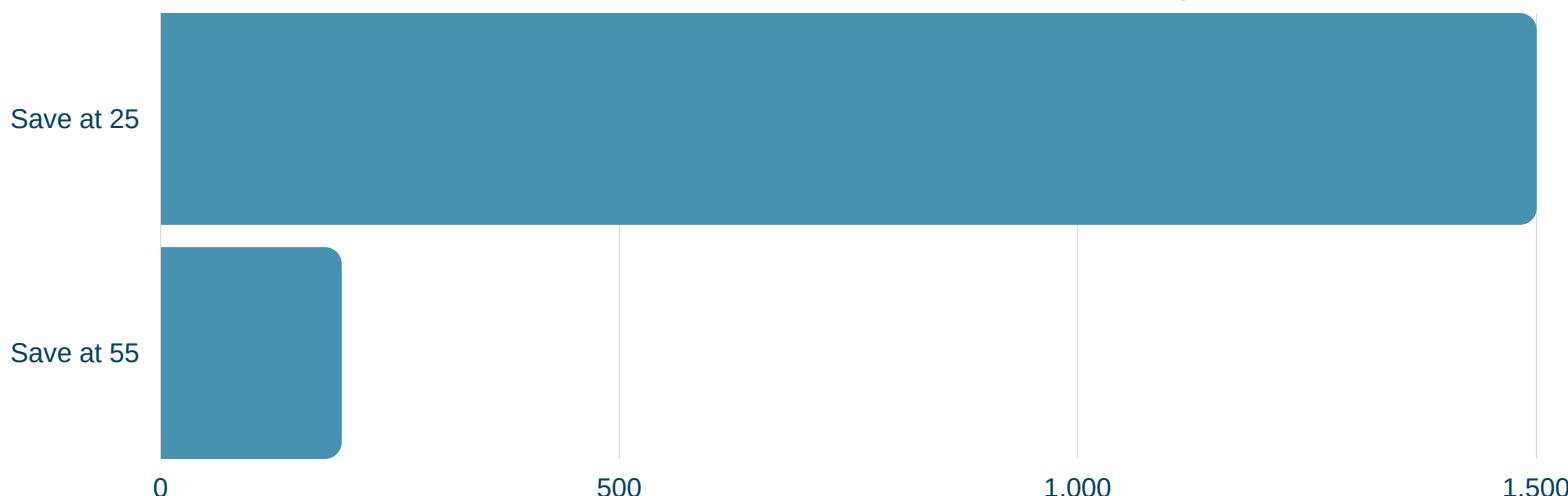
$$100(1+.07)^{40} = \\ \$1,500$$

If you save \$100  
when you're age 55  
with 7% interest



$$100(1+.07)^{10} = \\ \$197$$

***which looks like this***



saving at age 25 gets you nearly ten times the amount of money when you retire at 65

# TYPES OF RETIREMENT ACCOUNTS

## 401k vs Roth IRA vs IRA

### 401k

#### **An Employer Sponsored Retirement Account**

Money from your paycheck goes into this account

This money needs to be moved when you change or quit jobs.

Get a Roth 401k if they have it (see "Roth" details below!)

### Roth IRA

#### **An Individual Retirement Account**

A personal retirement account you pay into from your paycheck.

"**Roth**" means you do not usually pay taxes when you withdraw



### IRA

#### **An Individual Retirement Account**

Same thing as the Roth IRA, except whatever money you deposit is not taxed in this year's income, it's taxed when you withdraw

# SOO WHICH DO I GET?

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## Roth 401k

Frequently employers will match the first 3%-5% of your paycheck that you contribute (free money!); so put in *at least* the amount your employer matches. It's a hassle when you quit/change jobs, since this money will need to be moved to a new 401k or Roth IRA. If no Roth option is available, just get a 401k.

If you leave a job, make sure you:

- Transfer (not withdraw) the money broker to broker to avoid fees
- Keep your final paycheck
- Keep a 401k statement (so you don't lose track of it)

**The max yearly contribution is \$22,500**

## Roth IRA

If you want, you can Google the details as to why, but Roth IRAs are better than standard IRAs. Basically, the rules around them are more lenient and you generally don't have to pay taxes when you withdraw. I use Vanguard's.

**The max yearly contribution is \$6,500**

•IF WE'RE LUCKY•

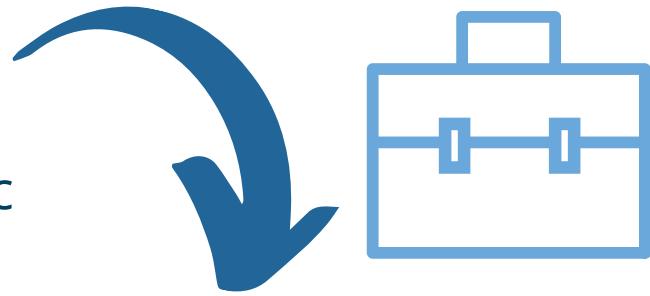
# UHH... YA, NOT GONNA SAVE \$26,000 THIS YEAR

If you don't have a 401k option, just stick as much money as you can in a Roth IRA

But if you dooo have a 401k option:

*It's a touch complicated to get the most bang for your retirement buck, but stay with me.*

**First:** put the amount of money your employer will match into your 401K (usually like 3% - 5% of your salary) bc free \$\$



**Then:** max out your Roth IRA



**Lastly:** with whatever money you have to save left, put into your 401k.



note!

make sure in your 401k you choose funds that **are not** actively managed! but use index funds in like a 60/35/5 split of domestic equities/foreign equities/bonds (don't worry, info on index funds is coming up)

•IF WE'RE LUCKY•

# SUPER IMPORTANT DETAIL

*dog-ear this page for when you actually set up your Roth IRA or Roth 401k*

Just because you set up a retirement account

***does not mean you have invested  
money for retirement***



*the account just establishes  
the rules/taxes around the money*

*your money just stays as cash until you invest it!!!*

*which is essentially the same as sticking \$10 under your bed & saying  
it's your retirement fund and will be \$150 when you're 65*

*you need to ***choose & buy into a  
Target Date Retirement fund****

*specifically, a fund that is named "[Your Retirement Year] Target Date  
[Index] Fund" with whomever you have made an account*



# #RISKITFORTHEBISCUIT

For now, go for "aggressive growth" portfolios

**Aggressive growth** means you are taking on higher risk investments for a higher return

When you are **young**, higher risk investments are suitable since you won't use this money for years you will have time to bounce back from any setbacks (aka losses)



As you get older, you will need to move to less aggressive (aka less risky) portfolios

since you will need to use the money soon and won't be able to ride out any sudden big losses

**TL;DR: Have aggressive growth & riskier investments now, less aggressive & risky later**

— LEGAL GAMBLING —

# INVESTMENT

*seems scary but is mostly okay*

# THE BASICS OF INVESTMENT

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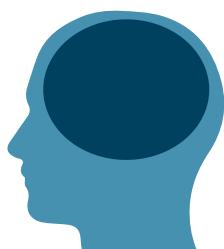
Kira is not responsible for lost  
money pls don't sue her  
(all investments have risk!)



Invest in an Index Fund!!  
(also called ETFs)



Own lots of different stocks in lots  
of different industries (diversify!)



Watch for your own investing biases  
(Google "8 investor biases")



Play the long game  
Think long term; don't stress about daily changes  
(even really big, scary changes!)

## A LITTLE BIT OF EVERYTHING

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### Invest in an Index Fund

Index Funds are where you basically buy a single stock that contains a small amount of the top 500 or so companies, and you scoop up the combined returns

So if a company you're invested in goes under, you're okay because you have lots of other companies to balance it out & reduce risk  
(that's called **diversification**)



The market has returned about 10% per year for the last 20 years (not including inflation), so it's been a pretty good deal

**Basically, you can put your money in here and not think about it for years**

I'm using Charles Schwab's index fund, but just Google "Best Index Funds" and pick one

# IF YOU CARE

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## Skip if you don't care about the theory behind index funds

There are lots of very smart people in the world who spend their entire lives trying to beat the stock market and spend billions of dollars on research, and you, dear reader, probably don't want to do that.

Luckily for you, anytime those capitalist pigs buy/sell/trade based on expensive research, they add that information into the market via the prices they are willing to pay (don't worry about it, it's weird econ theory, consider taking a finance class if you want more detail).

Sooo the best things you can do are:

1. Protect your self from specific company/industry failures (idiosyncratic risk)
2. Get strong, consistent return on investments without paying fees to a banker you'd probably hate if you knew and who won't make you enough money back to justify their fees (idiot-ego-maniac risk)

**So definitely at least get an index fund**

# FOR YOUNG INVESTORS

Skip if you don't care about playing the stock market

The two things I remember from my finance class are:

1. There is a pension crisis on the horizon
2. You will literally never beat the market

**So I don't really have specific advice on stocks**

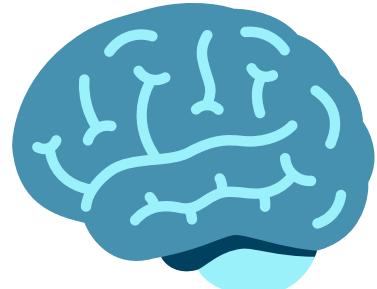
But, your general mentality should be:

*I'm young, I can bounce back*



- 
1. Go for higher risk/higher reward stocks (aggressive growth) while you are young
  2. Make sure you invest in lots of different companies/regions/sections (diversify!)
  3. Do not check the market everyday!  
*It's a quick way to lose money & years off your life*

Also! Please remember that you are a hooman and will fall prey to biases that will make you lose money (Google "8 investor biases"!)



**And, again, get an index fund**

# FINAL THOUGHTS

*This looks math-y, but it isn't*

Things can get scary! But you just gotta **stick it out**

## Lifetime chart of the stock market

(ok, it's the S&P 500, but it's a useful tracker)



Source: macrotrends.net

overall, the market trends upward, and every drop eventually ends and bounces back up

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NEXT STEPS

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# SO NOW WHAT?

*how to actually apply the theory*

# BUDGETING

I don't have real advice about budgeting

*only really notes on what works for me*



I use software called You Need a Budget which is great but complicated



so what I recommend is set up **automatic payments** for bills and savings accounts



Like set up my direct deposit from work to automatically shove money into savings accounts  
**(mostly so I don't think to touch it)**

and then put my bills on autopay  
and make sure I have enough cash in my  
accounts to pay em

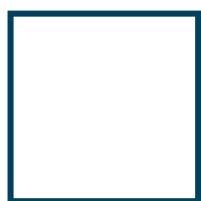


If you're not sure where to start, **just start by tracking what you are actually spending** by downloading your credit/debit card history & categorizing it!

*Then maybe download like a budgeting app*

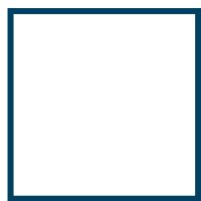
## TO DO CHECK LIST

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**Set up AutoPay on private student loans**

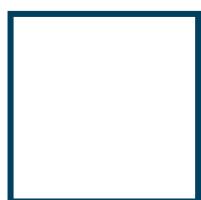
(And the federal ones in June 2023)



**Open a (roth) 401k (if possible)**



**Get a credit card**



**Open a Roth IRA account**



**Invest in an Index Fund**

(VSTAX is kinda the gold standard)

# WHAT KIRA USES

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Roth 401k: Fidelity  
(employer chose)



Roth IRA: Vanguard

(b/c my family uses them; they're kind of clunky and old school, but they are the OG. I probably would have chosen Schwab)



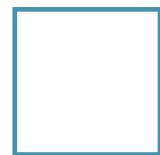
Credit Card: Chase

(though I wish I had gotten Capital One Savor card)

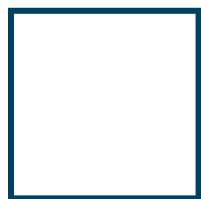


Index funds: S&P 500 & Schwab International Index

(70% in S&P 500, 30% in international index fund)



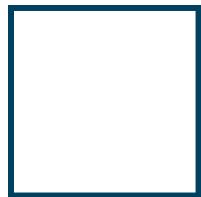
## AUTOPAY ON STUDENT LOANS



Get your bank account routing & account numbers



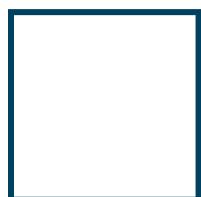
Login to your Student Loan account



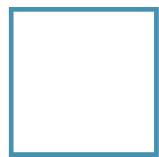
Fill out the AutoPay or automatic payments forms



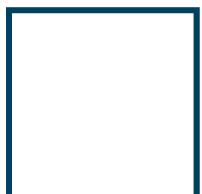
SCREENSHOT the confirmation page + save somewhere



Receive the confirmation email



## GET A CREDIT CARD



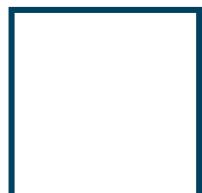
Google "Which credit card quiz"



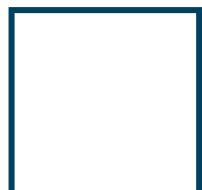
Take the quiz



Choose a card

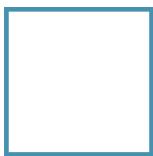


Apply for the card



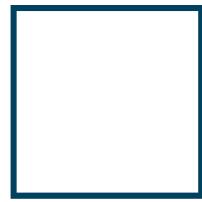
Once you are approved for a card,  
set up autopay on your account

for my account, I have to manually go in and pay the full  
amount (very intentional, very annoying)

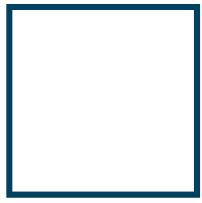


## OPEN A 401K

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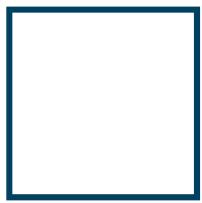


Search your mail or work email for  
"401k"

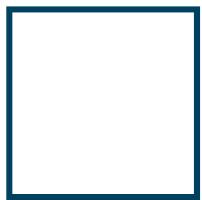


Calculate what percentage of your  
income to deposit each paycheck

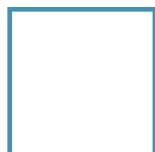
(at least as much as your employer will match!)



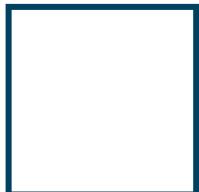
Follow the instructions to set up an  
account



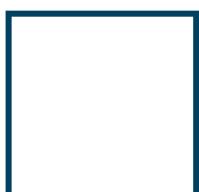
Check your paystub for your  
contributions (under "deductions")



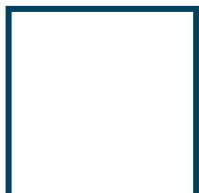
## OPEN A ROTH IRA



Get your bank routing and account numbers

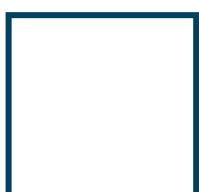


Google "best Roth IRA accounts"

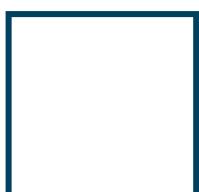


Choose one, considering the minimum deposit requirements

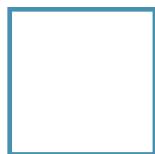
(I have Vanguard, which has low expenses)



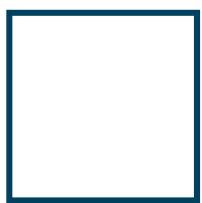
Deposit at least the minimum & at most \$6,500 per year



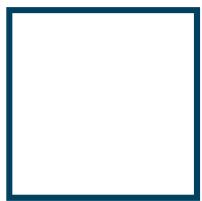
Make sure you buy into a "Target Date [Your Retirement Year] Index Fund"!



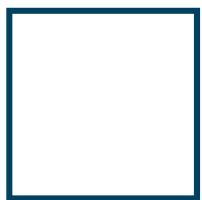
## OPEN AN INDEX FUND



Get your bank routing and account numbers

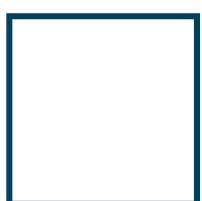


Google "best Index Funds"



Choose one

(I have the Schwab one; do **not** pay more than .09%)



Deposit whatever spare cash you have



now go open a dang retirement fund!