

Phenom Lacrosse

SUMMER CAMP

PHENOM LACROSSE RECRUITS SMALL GROUPS OF PLAYERS TO ENSURE INDIVIDUALIZED COACHING FOR A STRONGER UNDERSTANDING OF LACROSSE.

JULY 25 - 28 8AM-12PM
MONDAY - THURSDAY

HIGH SCHOOL PLAYERS
(INTERMEDIATE & ADVANCED)

PALO ALTO HIGH SCHOOL
(EL CAMINO FIELD)

CAMP SCHEDULE

MON & TUES	WED & THURS
8:00 - 10:00 ATTACK AND DEFENSE	8:00 - 10:00 ALL POSITIONS SITUATIONS/PLAY
10:00 - 12:00 MIDFIELD	10:00 - 12:00 CHOICE SESSION

POSITION-SPECIFIC DRILLS | TOP-LEVEL INSTRUCTION | FUNDAMENTAL SKILLS
COMPETITIVE ATMOSPHERE | INDIVIDUALIZED COACHING

The Coaches

DJ
SHELTON

HEAD COACH
PALO ALTO HIGH SCHOOL
GOUCHER COLLEGE (DIV. III)



BUBBA
PAGUIRIGAN

ASST. COACH
PALO ALTO HIGH SCHOOL



GET MORE INFO TO APPLY AT
WWW.PHENOMLD.COM