#### **FELLOWSHIP OPPORTUNITIES**

## Saturday, August 31st

1:00 PM Speed Fellowship 3:30 PM Scavenger Hunt

## Sunday, Sept. 1st

12:00 PM Paint Party
1:00 PM Werewolf Fellowship Hour
2:00 PM Cornhole Fellowship Hour
4:00 PM General Service—Trivia

#### WHAT IS AL-ANON?

Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization, or institution; does not engage in any controversy; neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

#### WHY DO WE HAVE TO PAY TO ATTEND MBAR

It's true that A.A. membership is free, and meetings and most A.A. events are self-supporting in the spirit of the Seventh Tradition. These events require months of planning, preparation and money presented upfront to the hotel and other business facilities involved. Additional expenses include the printing of flyers, schedules, postage supplies, not to mention renting meeting space, insurance coverage, and travel and accommodations for the invited speakers, many of whom live a thousand miles or more from the convention site. A.A. members are not paid to share their experience, but as invited guests of a convention or conference, their expenses are generally reimbursed. Registration fees cover costs for special events, and those who wish to participate in the Convention pay their own way in the spirit of the Seventh Tradition. According to the aforementioned Guidelines, "there's no substitute for common sense here; the committee must take a business-like approach to finances and keep expenditures somewhere within a conservative estimate of anticipated revenues. We are fully self-supporting in funding this event. Remember, all registrations pay the expenses for this round-up.

#### A VISION FOR YOU

"Abandon yourself to God, as you understand God. Admit your faults to him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you surely will meet some of us as you trudge the Road of Happy Destiny.

May God Bless You and Keep You Until Then."
(Big Book Pg. 164)



# KEEP IT SIMPLE

August 30<sup>TH</sup> 2024 @ 8:00P.M.

KICK OFF ZOOM MEETING

Oliver C., Delaware

Meeting ID: 831 4306 2293 Passcode: 2024

Aug. 31<sup>ST</sup>, Sept. 1<sup>ST</sup>, 2024 Monterey Conference Center

# WHY DO WE HAVE MBAR?

Frequent contact with newcomers

and with each other is the bright spot of our lives.

It is a fellowship in Alcoholics Anonymous. There you will find release from care, boredom and worry. Your imagination will be fired. Life will mean some- thing at last.

The most satisfactory years of your existence lie ahead.

Thus we find the fellowship, and so will you.

Big Book Pg. 152

Host: Cindy A.

AA Chair: Chris T. & Alanon Chair: Jane H.

Recording Secretary: Roger M. Treasurer: Carolyn H.

## SATURDAY AUGUST 31st, 2024

STEINBECK BALLROOM 2 and 3

8:00 AM REGISTRATION OPENS

8:00 AM AA (English/Spanish) Marathon Meetings Begin

(see insert for scheduled times) (Steinbeck 1B /1C)

8:00 AM Al-Anon (English) Marathon Meetings Begin

(see insert for scheduled times) (Steinbeck 1A)

9:00 AM Al-Anon (Spanish) Marathon Meetings Begin

(see insert for scheduled times) (Steinbeck 1A)

10:00 AM AA Kick Off Speaker \*\*

Speaker: Mark S., Salinas, CA

Secretary: Jean T. Preamble: Katherine J. Twelve Traditions: Todd S.

Chapter Three—More About Alcoholism: Arthur T.

How It Works: Samantha C. Vision For You: Aubrey G. Closing Prayer: Cole T.

11:30 AM AA/Al-Anon Double Winner Panel

Speakers: Annette C. and Micah C.

Secretary: Kathleen S.

2:00 PM AA and Al-Anon Speaker Meeting \*\*

Al-Anon Speaker: Shelly S. Newport Beach, CA

Secretary: Jane H. Al-Anon Welcome Su C. Al-Anon Preamble: Olya O. Al-Anon Twelve Steps Susan A.

AA Speaker: Denis D., Santa Cruz, CA

Secretary: Renee C. AA Preamble: Susie S, Twelve Traditions: Maryam H.

Chapter Three—More About Alcoholism: Paul F.

How It Works: Sean B. Vision For You: Gina H. Al-Anon Closing Prayer: Dawn C. AA Closing Prayer: T.C. W.

5:00 PM Meet the Speakers Dinner (Bethlehem Lutheran Church Hall)

7:30 PM AA SPEAKER MEETING \*\*

Speaker: Krystal M. Sacramento, CA

Secretary: Chris T.

Countdown: Carolyn H. and Arthur T.

Preamble: Kathleen S. Twelve Traditions: Jill V. Chapter 3: Joel Y. How It Works: Mark F. A Vision For You: Micah C. A Vision for You (Spanish) Robert Closing Prayer: Phillip E.

8:30 PM Round Up Prize Raffle & 50/50 Drawing (must be present to win)

(Immediately Following Speaker Meeting)

9:30 PM Fun and Fellowship Dance

\*\*\* PLEASE NOTE THAT THE ALANON SILENT AUCTION CLOSES AT 8:00 PM SATURDAY NIGHT\*\*\*

## SUNDAY, SEPTEMBER 1st, 2024 STEINBECK BALLROOM (2 and 3)

8:00 AM Fellowship Breakfast and Bingo (Bethlehem Lutheran Church Hall)

9:00 AM AA (English - Colton 1) (Spanish – Steinbeck 1A)

Al-Anon (English &Spanish)

Marathon Meetings Begin (see insert for scheduled times)

9:30 AM AA Panel: Experience Exchange: Foundation for the Future

Panelists: Pasquale C., Lisa M., Mike V., and Naomi B.

Secretary: Maryam H.

10:00 AM Spanish Speaking Meetings Begin

(See insert for locations and times) (Steinbeck 1B & C)

11:00 AM Al-Anon Speaker Meeting \*\*

Speakers: Chris and Eileen W., Redding, CA (Parents)

Secretary - Jane H.

Open with Serenity Prayer: Terrill K. Al-Anon Welcome Natalie A Al-Anon Preamble: Michelle M. Al-Anon Twelve Steps: Natalie S. Al-Anon Closing: Liz M.

1:30 PM Alateen Speaker Meeting

Speaker: Amelia - 16 year old and Ask-it-Basket

MBAR abides by B-17 NCWSA requirement for Alateen safety.

Marge S (msch1993@gmail.com; Concetta C. (concettacuva@gmail.com)

Secretary: Marge S. Chair Open with Serenity Prayer Al-Anon Welcome: Jody E. Al-Anon Preamble: Susan A. Al-Anon Twelve Steps: Jackie H. Al-Anon Closing: Concetta C.

3:00 PM Ice Cream Social

(2nd Floor Terrace)

5:00 PM AA Speaker Meeting \*\*

Speaker: Dean S., Salinas, CA

Secretary: Roger M.

Preamble: Samantha C. (English) Robert (Spanish)

Traditions: Mark S. Chapter 3: Conor R. How It Works: Rick Vision For You: Naomi B. Closing Prayer: Arthur T.

7:00 PM Conference Ends

\*\* American Sign Language interpretation provided \*\*

\*\*Over for list of activities available\*\*