Keyboard shortcut	Description
ctrl/()# + alt + u	Extend the current selection with the last selection
ctrl/#+alt+,	Split the selection
Command Palette MultiEditUtils: Preserve case	Preserve case while editing selection contents
ctrl/#+alt+n	Normalize and toggle region ends
1 + esc	Jump to last region
ctrl/#+alt+c	Cycle through the regions
ctrl/(#)+(alt)+(s)	Strip selection
ctrl/#+alt+r	Remove empty regions
ctrl + alt + f / % + alt + j	Quick Find All for multiple selections
Command Palette MultiEditUtils: Selection as Fields	Use selections as fields
\rightarrow	Jump to next field
1+	Jump to previous field
8	Return selections