

The Euler-Lagrange Eq.

Now let us establish the Euler-Lagrange equation for (P) more explicitly. Note that

$$\begin{aligned} & \nabla_{\dot{z}} \left(G \dot{z} \cdot \dot{z} + \sum_{i \in \mathbb{N}_6} \mu_i K_i(z, \dot{z}, t) \right) \\ &= 2 G \dot{z} + \sum_{i \in \mathbb{N}_6} \mu_i \nabla_{\dot{z}} K_i(z, \dot{z}, t) \\ &= 2 G \dot{z} - \Omega(\mu) \dot{z}. \end{aligned}$$

Similarly, we find that

$$\begin{aligned} & \nabla_z \left(G \dot{z} \cdot \dot{z} + \sum_{i \in \mathbb{N}_6} \mu_i K_i(z, \dot{z}, t) \right) \\ &= \Omega(\mu) \dot{z}. \end{aligned}$$

Hence, after rescaling the μ , the Euler-Lagrange equation reads

$$(EL) \quad G \ddot{z} - \Omega(\mu) \dot{z} = 0.$$

Integrating once and using the fact that \dot{z} is of mean zero, we have

$$(E') \quad G \dot{\xi} - \Omega(\mu) \xi = 0,$$

and finally by setting $\eta := G^{1/2} \xi$
we find

$$(E'') \quad \dot{\eta} - \tilde{\Omega}(\mu) \eta = 0,$$

$$\text{where } \tilde{\Omega}(\mu) := \sum_{i \in \mathbb{N}_0} \mu_i G^{-1/2} M_i G^{-1/2}.$$

So the solution of (E'') is simply
given by $\eta(t) = \exp(\tilde{\Omega}(\mu)t) \eta_0$
where $\eta_0 := \eta(0)$.

Note that $\tilde{\Omega}(\mu) \in \text{Skew}_4(\mathbb{R})$. Hence, we
find $Q \in O(4)$ (c.f. previous section) such
that $\tilde{\Omega}(\mu) = Q \tilde{\Sigma}(\mu) Q^T$ with

$$\tilde{\Sigma}(\mu) = \begin{pmatrix} 0 & \sigma_1(\mu) & 0 & 0 \\ -\sigma_1(\mu) & 0 & 0 & 0 \\ 0 & 0 & 0 & \sigma_2(\mu) \\ 0 & 0 & -\sigma_2(\mu) & 0 \end{pmatrix}$$

Setting $\phi := Q \eta$ yields $\phi(t) = \exp(\tilde{\Sigma}(\mu)t) \phi_0$
with $\phi_0 := Q \eta_0$.

A straightforward computation shows that

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$$\begin{aligned} \phi(t) = & \cos(\sigma_1(\mu)t) \begin{pmatrix} \phi_{0,1} \\ \phi_{0,2} \\ 0 \\ 0 \end{pmatrix} + \sin(\sigma_1(\mu)t) \begin{pmatrix} \phi_{0,2} \\ -\phi_{0,1} \\ 0 \\ 0 \end{pmatrix} \\ & + \cos(\sigma_2(\mu)t) \begin{pmatrix} 0 \\ 0 \\ \phi_{0,3} \\ \phi_{0,4} \end{pmatrix} + \sin(\sigma_2(\mu)t) \begin{pmatrix} 0 \\ 0 \\ -\phi_{0,4} \\ \phi_{0,3} \end{pmatrix}. \end{aligned}$$

Resubstituting the basis transformations, which ~~all were orthogonal~~, we find that a solution ξ of (EL) must be of the form

$$\begin{aligned} \xi(t) = & \cos(\sigma_1(\mu)t) a + \sin(\sigma_1(\mu)t) a' \\ & + \cos(\sigma_2(\mu)t) b + \sin(\sigma_2(\mu)t) b' \end{aligned}$$

such that $\text{span}(a, a') \oplus \text{span}(b, b') = \mathbb{R}^4$.

Now it remains to show that we can indeed find $\mu \in \mathbb{R}^6$ such that $\sigma_1(\mu), \sigma_2(\mu) \in \mathbb{Z}$ to satisfy the periodicity assumption. Subsequently it suffices to show that we find $\sigma_1(\mu) = 1$ and $\sigma_2(\mu) = 2$ up to permutation and that this is the energy optimal choice.

However, it is important to note that we cannot have $\sigma_1(\mu) = \sigma_2(\mu)$ since this would imply that \mathcal{O}_p is simple, c.f. the relationship between \mathcal{O}_p and the Fourier coefficients.