



Ingredients

units.json

ingredients.json

prep_methods.json

Methods

primary_methods.json

cooking_methods.json

Tools

tools.json

Healthy Transformation

Healthy.json

- low-carb replacements
- low-sodium replacements

Food Pref. Transformation

Vegan.json

- vegan replacements

Vegetarian.json

- vegetarian replacements

Cuisine Type Transformation

Cuisine.json

- Chinese replacements
- Italian replacements
- include both methods and ingredients