



Ministry of Health



# **HPV AND CERVICAL CANCER SCREENING AND PREVENTION EDUCATION MODULE**

**(English Version)**

**Scroll down to begin**



**Today we are going to give  
you a test to see if you are at  
high risk of developing cancer  
of the cervix.**

**I will explain to you how we are going to do the test. Feel free to ask questions at any time during the talk, or later when you are given the test.**

**It is very important that all women like you, should have regular medical check-ups even when they feel all right in order to prevent disease.**

# **What is cancer?**

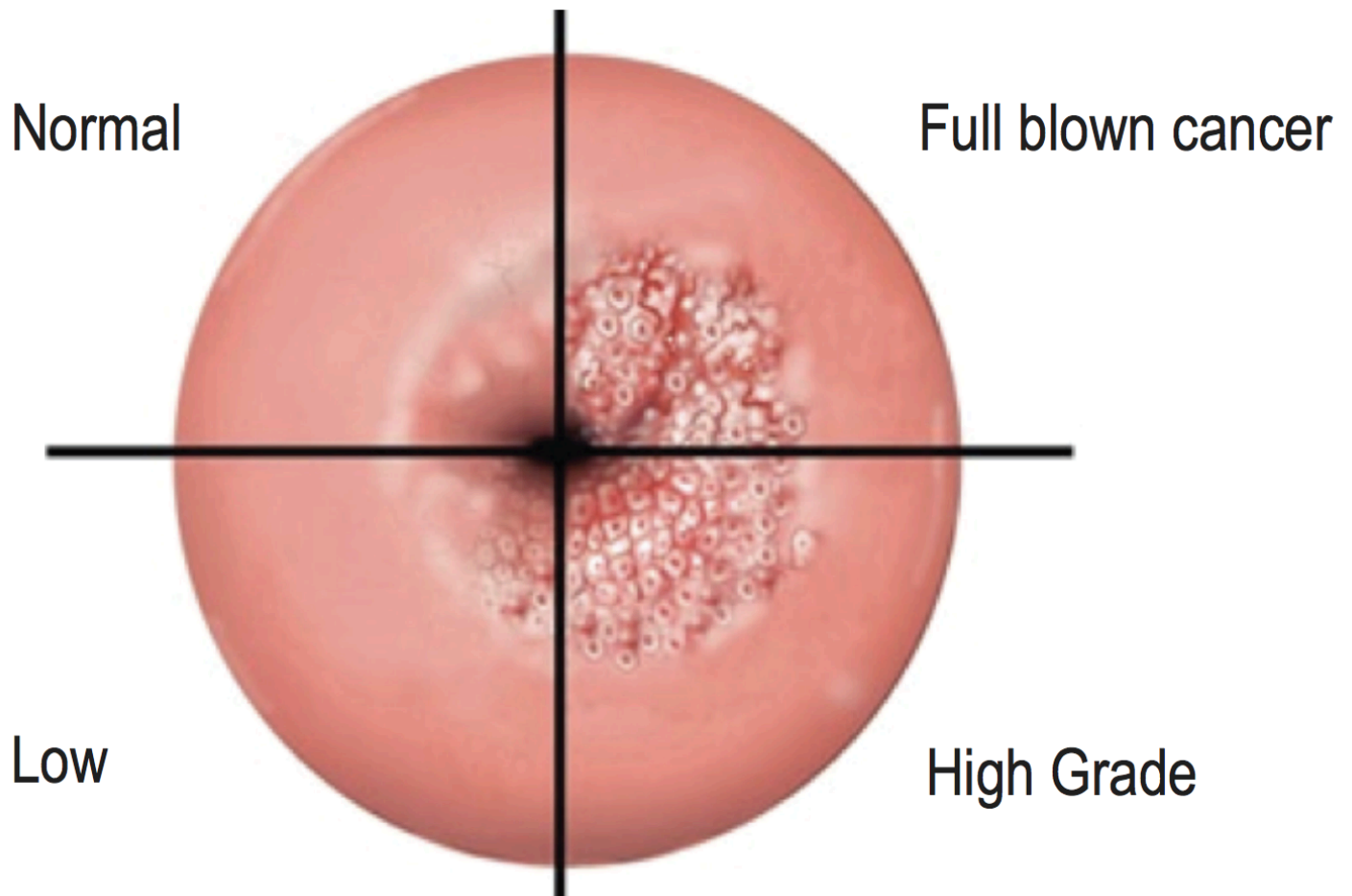
**The uncontrolled growth of some cells in the body. If these spread to other parts of the body and interfere with normal body functions, then they are referred to as cancer.**

**What do you see in this picture?**



**Where is the mouth of the womb?**

**Cancer of the mouth of the  
womb is also called cervical  
cancer.**



**Cervical cancer is the leading  
cause of death from cancer  
among Kenyan women ages  
30-60.**

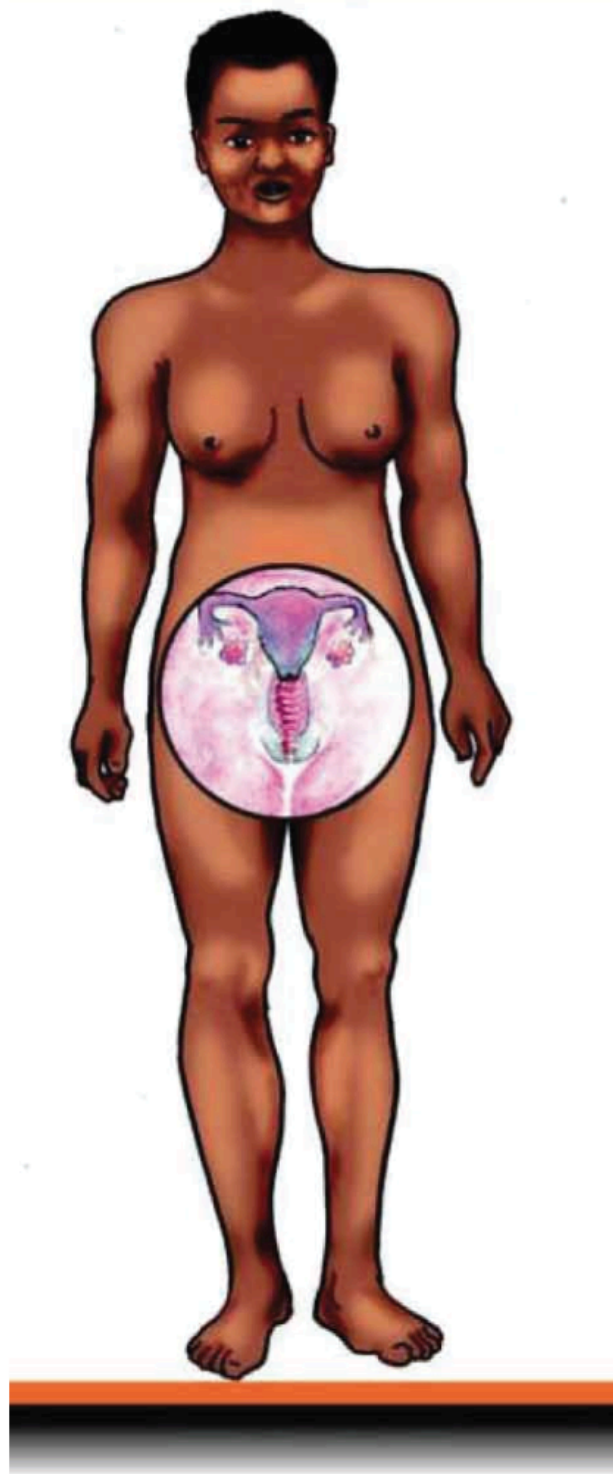
**Cervical cancer spreads very  
slowly with no pain at the  
beginning, once you feel pain  
it is too late to treat easily.**

**We can prevent women from  
dying of cervical cancer!**

**We can remove “pre-  
cancerous” changes.**

**These women can stay  
healthy after the removal of  
bad cells.**





**What is Human  
Papillomavirus?**

**Human Papillomavirus or HPV  
is the virus that causes  
cervical precancer and cancer.**

**HPV is the most common  
sexually transmitted infection  
in the world.**

**Since cervical cancer is caused  
by HPV, we test for HPV.**

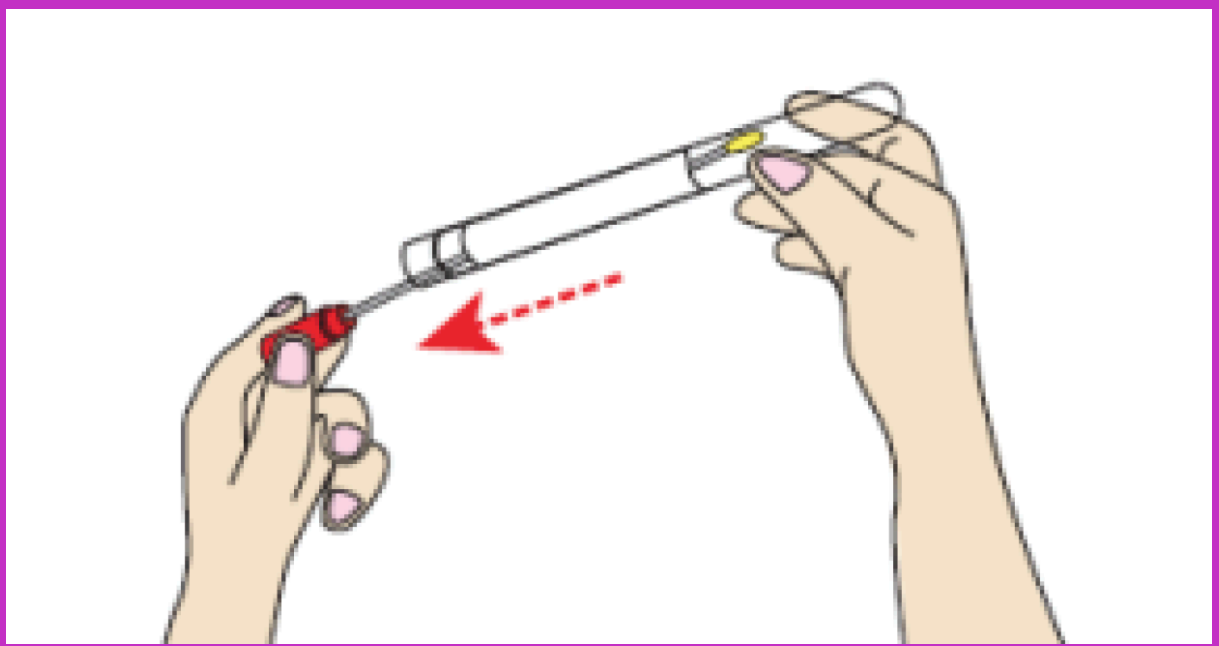
**A positive screening test for  
HPV DOES NOT mean you  
have cervical cancer.**

**HPV testing can be done by a  
woman herself.**

**Today we will be showing you  
how to do this correctly.**

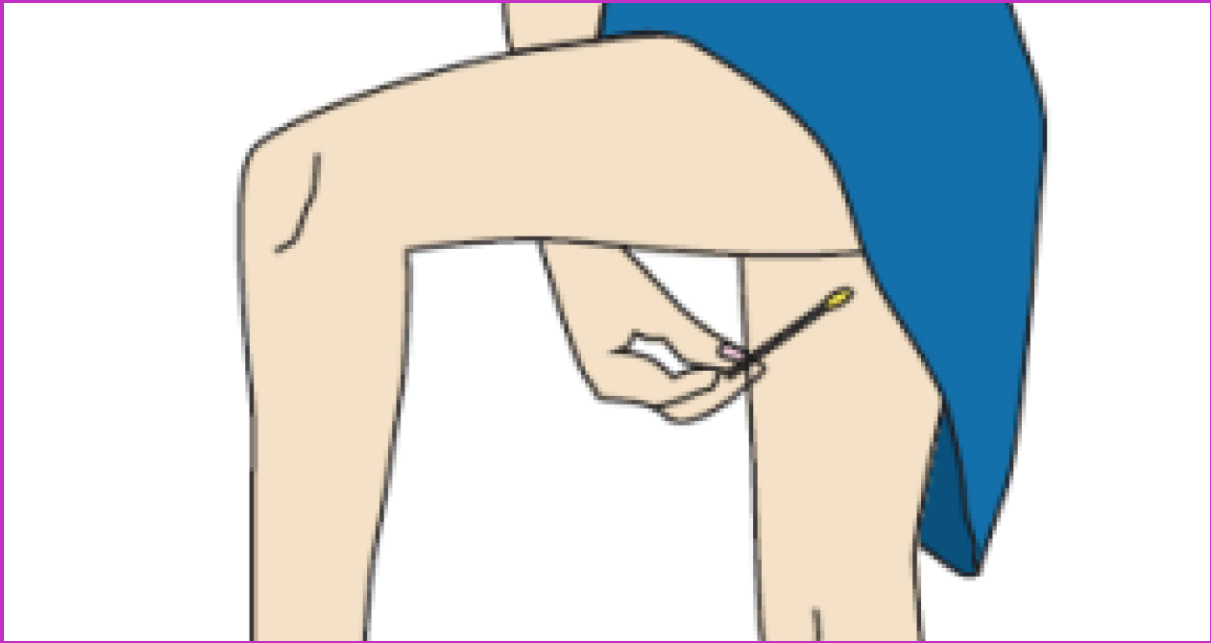
**First, I will tell you how to collect the specimen.**

**Then you will go into the private area and perform the self-collection. The process is fast and safe if done correctly.**



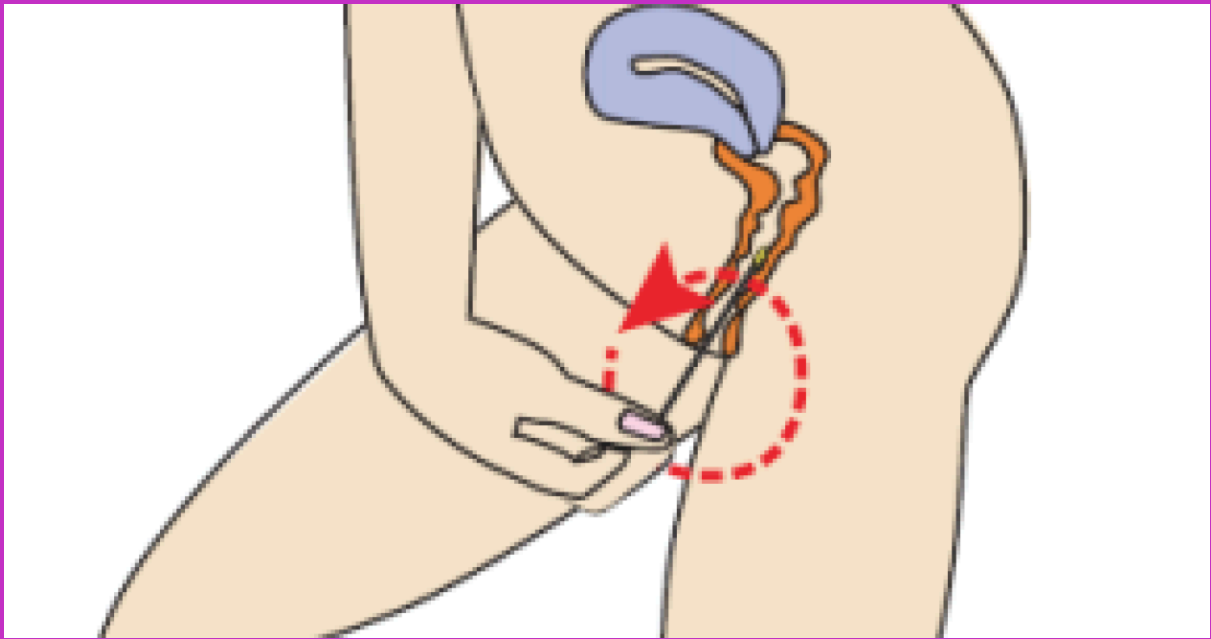
## Step One

- Lower your underwear
- Twist and remove the cap on the tube. Place the tube on a level surface with the cap face up
- Open the package containing the brush. Remove the brush without touching the tip. Be sure that the tip does not touch anything



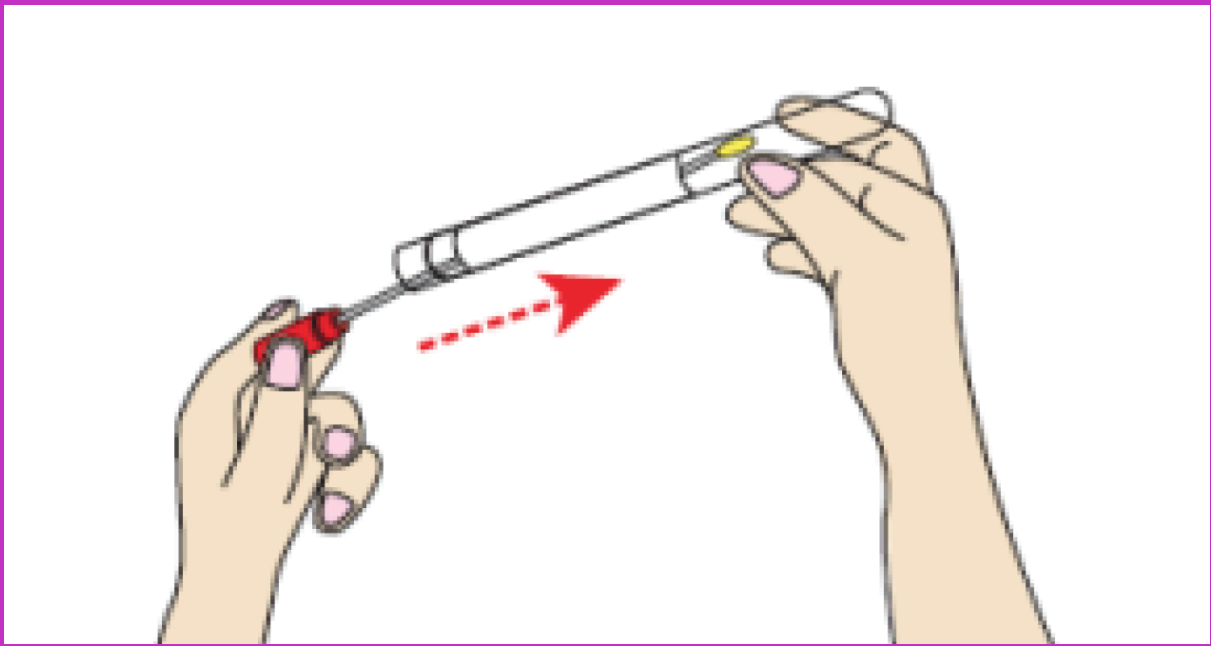
## Step Two

- Get in a comfortable position. This could be spreading your legs, squatting or lifting one leg
- Insert the brush into your vagina, slowly by slowly, until it cannot go further



## Step Three

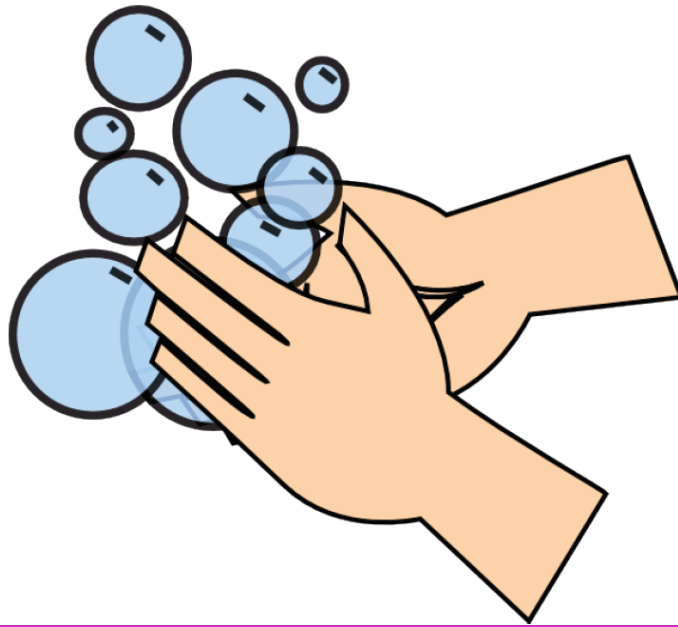
- Rotate the brush gently 5 or more times, it should not hurt
- Then remove the brush, it should not hurt



## Step Four

- Place the brush back in the tube
- Break the brush at the mark, close the lid of the tube
- Put back on your underwear

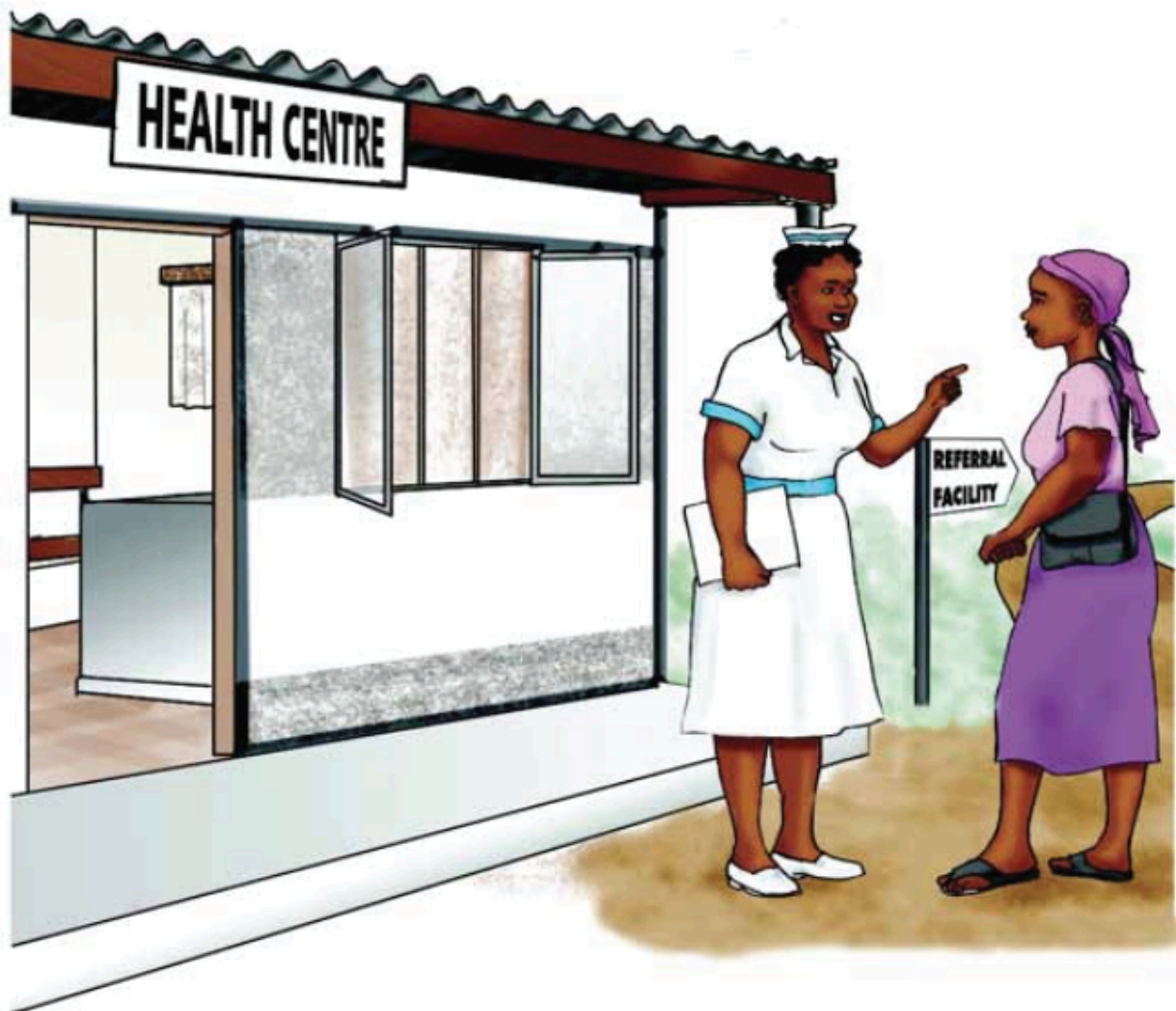




## Step Five

- Dispose of the brush handle and packaging
- Return the tube to your doctor or nurse
- Wash your hands
- If you have any questions ask your doctor or nurse

# Follow Up and Treatment



**You will get your test results  
by the notification method  
you prefer:**

**Text Message**

**Phone Call**

**Home Visit**

**Return to Clinic**

**Negative: Get next screening  
in 5 years**

**Positive: This DOES NOT mean you have cancer. Come back in for a small procedure to remove the infected cells. It is not an operation, you will not be put to sleep.**

**Thank you for helping keep your body safe and healthy!**