





Phone or SMS our Toll-Free lines

Your mental health is our priority

About Us

Lifeline Childline (LLCL) Namibia is a registered **Welfare Organization** and NGO whose vision is safer, healthier, more resilient children. families and communities in Namibia, Lifeline Childline operates a 24/7 National **Counselling Centre in** Windhoek, which offers free telephonic, SMS, face to face and online Counselling services amongst other things.

"The training is typically scheduled for weekends, but we can accommodate groups of 10-15 individuals from an organization during the week upon request. This flexibility allows organizations to arrange training sessions that best suit their schedules and ensure optimal participation and effectiveness."

Personal Growth (PG) 2024

Personal growth training is a transformative journey towards self-discovery and empowerment. Through structured guidance and exercises, individuals unlock their potential, fostering self-awareness and fulfillment.

This training transcends skill-building, focusing on mindset and behavior to navigate life's challenges with confidence. Ultimately, it empowers individuals to become the best version of themselves, achieving personal and professional success.

Weekend: 07-08 June 14-15 June 2024

Basic Counselling (BC)

Basic counselling training serves as a foundational step in developing essential skills and knowledge in a specific field or discipline. It provides structured instruction and practical exercises to equip individuals with the fundamentals necessary for success. Whether in academia, the military, or the workplace, basic training lays the groundwork for further growth and proficiency. It is an essential starting point for personal and professional development.

Weekend: 21 -22 June 28 -29 June 2024

Fee Struture

Application :N\$ 200 non-refundable

Personal Growth: N\$ 1500

Basic Counselling & Personal Growth: N\$3500

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Certificate of attendance upon completion

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