



Craftsbury Marathon Ski Festival presented by Fischer Sports

Hosted by the Craftsbury Outdoor Center Craftsbury Outdoor Center, Craftsbury Common, Vermont 1/26/18 to 1/28/18

> www.craftsbury.com/marathon https://www.skireg.com/2018-marathon-festival

Major Officials

Chief of Competition: Ollie Burruss
Technical Delegate: N/A
Technical Delegate's Assistant: N/A
Jury Members:
Chief of Race: Bill Henchey

Chief of Course: Lucas Schulz
Chief of Stadium: Eric Hanson
Race Secretary: Judy Geer
Timer: Bullitt Timing

Volunteer Coordinator: Pat Lawlor



Registration

Registration is open at www.skireg.com

Schedule

Thursday, January 25, 2018

<u>Time</u> <u>Location</u> <u>Event</u>

5:30pm AC Classroom 1 Team captains' meeting

Friday, January 26, 2018

<u>Time</u> <u>Location</u> <u>Event</u>

10:00am AC Classroom 1 Sprint bib pickup opens 12:30pm AC Classroom 1 Sprint bib pickup closes

1:00pm COC Qualifier begins (Men, followed by women)

3:00pm COC Men's quarterfinals begin
3:30pm COC Women's quarterfinals begin
4:00pm COC Men's semifinals begin
4:12pm COC Women's semifinals begin

4:24pm COC Men's final 4:30pm COC Women's final

4:45pm AC Porch Awards

5:00pm AC Classroom 1 Marathon bib pickup begins 8:00pm AC Classroom 1 Marathon bib pickup closes

Saturday, January 27, 2018

<u>Time</u> <u>Location</u> <u>Event</u>

7:00am AC Classroom 1 Marathon bib pickup begins
9:00am COC Women's waves marathon start
9:05am COC Men's waves marathon start

9:10am COC BKL wave start

11:00am AC Lunch service begins for registered racers

2:00pm AC Lunch service ends

2:00pm AC Awards

5:30pm AC Classroom 1 Team captains' meeting

Sunday, January 28, 2018

<u>Time</u> <u>Location</u> <u>Event</u>

7:30am AC Classroom 1 Bib pickup opens





9:00am COC Women's 5k freestyle interval start begins
10:30am COC Men's 10k freestyle interval start begins

12:00pm AC Porch Awards

Weather Information

Craftsbury's Weather Station:

http://www.wunderground.com/weatherstation/WXDailyHistory.asp?ID=KVTCRAFT2

NOAA Weather Forecast:

 $\frac{http://forecast.weather.gov/MapClick.php?lat=44.66938712141962\&lon=-72.36178797893126\&site=all\&smap=1\#.}{VXT6NFxViko}$

Seeding/Start

<u>Event</u> <u>Seeding</u>

Classic Sprint Start order determined by best available sprint points (FIS or USSA).

Best (lowest) points to worst (highest) points.

15 second start interval

5 minute break between final male starter and first female starter

Skiers with no points will be seeded at 990

Juniors who qualify in the top 30 will ski open rounds

No junior heats

Marathon Starts are by gender - all women's distances, followed by all men's

Start positions are first-come, first-served

(We ask that racers use discretion when seeding themselves) BKL skiers must be accompanied by a parent or guardian.

Freestyle Seed groups of 20 skiers will be used

Skiers randomized within groups

Ranking will be done by best available distance points, FIS or USSA

30 second start interval

Skiers with no points will be seeded with 990 and randomized.





Bib Distribution

SuperTour bibs will be available beginning at 10:00am on Friday, January 26 in the Activity Center classroom. SuperTour bibs are arranged by team unless otherwise specified.

Marathon bib pickup begins from 5:30 to 8:00pm on Friday, January 26, then again at 7:00am on January 27, all in AC classroom 1.

Coaches' Bibs

Each SuperTour coach will receive a coaches' bib.

Non-returned bibs will be subject to a \$100 penalty.

Bibs allow coaches to be on course during races throughout the series, with the exception of interval starts and sprint qualifiers, in which there is no movement on course.

Coaches, wax techs, or suppliers skiing on course without an official bib are subject to sanction, including athlete penalties.

Stadium/Start Access

Stadium maps will be handed out at team captains' meetings.

Please only enter/exit the course via officially marked zones. This is to protect the snow conditions by preventing the spread of dirt or mud on the trails.

Athletes or coaches found violating these rules are subject to sanction.

Course Marking and Rules

Course maps are included on the race website and available at team captains' meetings.

Courses will be marked by fencing, v-board, signs, and pin flags where necessary.

Skiing backwards on the course is prohibited at any time. Violators will be subject to sanction, including disqualification or bib pulling.

Courses close 10 minutes prior to published start time (subject to change if necessary).

Grooming and Tracksetting

General guidelines:

Courses are groomed at the time decided upon by the chief of course, with jury input.

Courses are closed at 5pm the night before the race and reopen at the published time.





Note: any athlete, coach, or wax tech found skiing after course closure will be subject to sanction, including disqualification or bib pulling. **This includes marathon racers.** Courses are not regroomed between races unless called for by jury decision.

Tracksetting:

Sprint: Six tracks in the start lanes.

Four tracks around the course, scrubbing tracks on the downhill.

Six tracks again in the last 200 meters.

Marathon: 10 tracks at the start, down to 8 down to 4 with 5 meter scrub zones in between.

2 tracks around the course, including downhills where possible.

Finish zone will be 4 tracks for the last 200 meters.

Freestyle: No tracks will be set anywhere on the course

Finish zone will be four lanes, 3 meters each

Wax Testing and Warm Up

General Rules:

All wax testing can be done on course until closure 10 minutes prior to race start.

Bibbed coaches can test on course during sprint heats. No testing during qualifying.

Test only in the direction of travel on course.

Ski Testing:

Skiers may test on course up until closure 10 minutes prior.

Definition of Classic Technique

Classical technique includes the diagonal stride, double pole techniques, herringbone without a glide phase, downhill techniques, and turning techniques. Single or double skating is not permitted. Turning techniques comprise steps or pushes in order to change directions.

Where there is a set track, turning techniques with pushing are not allowed. This applies in areas where the set track has been obliterated by previous competitors. This also applies to competitors skiing outside the set track.

Refer to the FIS Classic Technique document for clarification.

Note: V1 is *not* a turning technique. It is a skating technique.

Note: switching lanes to gain speed is skating and will result in a disqualification.





Awards

Awards will be at 4:45pm on Friday, January 26, 2:00pm on Saturday, January 27; 12:00pm on Sunday, January 28.

Waxing

Power is available in the lower parking lot by the garage. Team trailers should be parked in the lower lot. Access to the trails will be marked. Please obey directions and only enter trails in specified zones. All coaches intending to bring team trailers must email Ollie Burruss (ollie.burruss@craftsbury.com) by January 9, 2018.

Three wax trailers are available for rental for the weekend. They will arrive between January 23 and January 24, 2018. Cost for the weekend is \$250. Coaches interested in renting a trailer should contact Ollie Burruss via email.

The wax room below the Fitness Center is first come, first serve with a priority given to houseguests. It does not lock, so please be careful with what you leave behind.

Media

Media credentials are available by contacting Sheldon Miller (sheldonm@craftsbury.com). Photographers and videographers need to show credentials in order to receive a Media bib. Media bibs grant wearers on-foot access to the course, with the exception of the finish area.

