

You're Invited to...

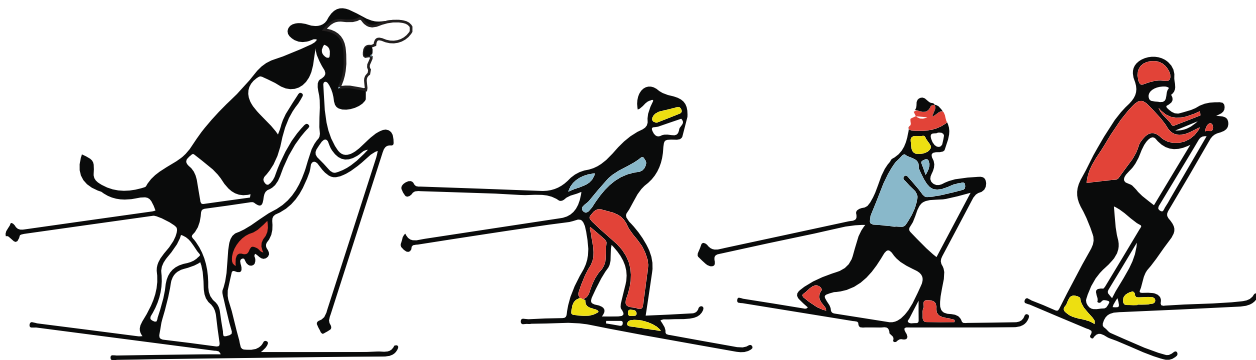
# LOCAL'S DAY

at the Craftsbury Outdoor Center

**Sunday, February 24th**

**What:** Free Equipment Rentals, Free Ski Lessons, Free Yoga and Feldenkrais intros, and more, for residents of Craftsbury, Albany, and Greensboro. Learn about year-round opportunities for locals.

- 8:30-5 Nordic Center open. Free trail use, free rental gear, and sign up for free group lessons for residents of Craftsbury, Albany, and Greensboro.
- 11-12 Group ski lessons for beginners and intermediates. Classic technique.
- 12-1 Ongoing orientations to the Fitness Center and Community Gym Programming.
- 1-2 Group ski lessons for more experienced classic skiers and beginning skate skiers
- 2:30-3 Intro to Yoga
- 3-3:30 Intro to Feldenkrais awareness through movement



All activities meet in the Touring Center.  
Look for signs to direct you!

