

The Craftsbury Outdoor Center is pleased to announce a new addition to our youth programming for Summer 2016 - Bike Club! Monday afternoons, starting in June, our crew of trained mountain bike instructors and Green Racing Project skiers and coaches will be leading mountain bike rides and skills sessions from 4:30pm to 6pm.

Open to kids ages 8 to 18, Bike Club will focus on teaching kids to confidently and safely ride mountain bikes on singletrack trails. Provided you can confidently ride a bike without training wheels, bike club is for you. Participants will be broken up into age- and skill-appropriate groups. Sessions will have a skill component and lots of riding on our expanding network of trails.

(Parents are welcome to stay and ride during the session if they want. Helmets are required for riding the COC trails. Maps are available.)

Informational meeting: Wednesday, June 1st at 5:30pm in the Activity Center at the Craftsbury Outdoor Center. You can ask questions, inquire about rentals, and get full registration details.

Price: \$100 for 11 sessions, Craftsbury membership required (all Albany and Craftsbury residents receive a complimentary Outdoor Center membership; for all others, see pricing online at www.craftsbury.com/membership. Bike rentals are available on a first-come, first-served basis for \$5. Scholarships are available for families in need. Please contact ollie.burruss@craftsbury.com for more information. A drop-in rate may be arranged if there is enough interest. Please contact Ollie for more details.

Registration: Opens at 9am on Thursday, June 2 at www.bikereg.com/crafts-bury-summer-bike-club

Schedule:

June 13 (school gets out)

June 20

June 27

July 4 Canceled due to holiday

July 11

July 18

July 25

August 1

August 8

August 15

Where to meet: Sessions will begin with a check-in at the bike shop in Crafts-bury, located at the end of the upper parking lot. Pickup will be in the same place.

What to bring:

- A bike, if you have one. If not, rentals are available for \$5. Please contact Ollie before showing up if you need to rent a bike.
 - If you are bringing your own bike, we require that you have it safety checked by a local bike shop. The form for the mechanic to use is available here: bike check form. This is also linked on BikeReg.
 - PowerPlay Sports in Morrisville is offering to do safety checks free of charge.
 - Chuck's Bikes in Morrisville is also available for safety checks, as is First Trax in Montgomery and iRide in Stowe.
- A helmet. This is an absolute requirement. Helmets are included in the bike rental fee. If you need to rent a helmet but want to bring your own bike, please talk to Ollie.
- Water bottle or hydration pack. Another mandatory item summer afternoons get hot up here.
- Athletic shoes. Running shoes are good, skate shoes are actually better.
- Active, athletic clothes. Something comfortable for riding. Nothing that can get stuck in spokes or chains. Something weather appropriate, too.
- Gloves. Crashing in the woods can lead to cut, scraped hands. That's no fun.
- Liability waiver. We need this before any kid can start riding. This is linked on BikeReg.