



# Application

## Contact and Athlete information:

Name:		Cell Phone:	
Email:		Home Phone:	
Home Mailing Address:			
School Mailing Address:			
Emergency Contact Info:			
Date of Birth:	Age:	Wt:	Ht:
Desired arrival date:			
Are you applying with a Partner? If so, whom?			

## Rowing information:

1) School or Club Rowing Affiliations (earliest to most recent - include coaches and contact info):

2) Briefly describe your rowing goals:

3) How much experience do you have with sweep rowing? Sculling?

4) Tell us about your experience in singles, doubles, and pairs? How much training and racing have you done in each boat class?

5) Please list any athletic/rowing achievements which might help us understand your athletic ability and potential.

6) What have you learned about yourself as an athlete, both physically and mentally, through your training to date?

7) Please attach your Training Log, training plan, or at minimum a summary of training hours for the past year or two.

8) Would you be able to compete at Canadian Henley, first week of August, if you are not at U23s?

9) If possible, please submit a short video clip (no more than 30 sec) that shows you rowing. On-water footage is preferable, but erg rowing works. Upload video at: <https://goo.gl/9dWhRZ>.

10) Provide us some performance data, indicating fixed or slide mounted erg, and the date of any these performances. We would like two or three of these measures. Please do not break training to provide us a score, and indicate drag factor for all pieces.

Peak wattage		Overall meters		Date of test
Peak Power*				
*20s, Drag 170+, no rate cap. Record both your highest wattage, as well as your overall meters.				
Fixed or Slide mounted?				Date of test
2k				
Time				
6k				
Time				
1 minute				
Meters	Split	SPM	Ava Wattage	

## Mission and work related background:

1) What is your college major and/or current field of interest? What year of your program of study are you?

2) Previous work experience with references, if possible:

3) The mission of the Craftsbury Outdoor Center is to:

- 1) to support and promote participation and excellence in lifelong sports with a special focus on rowing, nordic skiing, and running;
- 2) to use and teach sustainable practices; and
- 3) to protect and manage the surrounding land, lake and trails.

Please attach a short essay that explains the skills and interests you would be able to draw upon to help accomplish this mission. Thanks for your interest!

## Submitting completed applications:

When completed, please email the application to [smallboats@craftsbury.com](mailto:smallboats@craftsbury.com), or print and mail it to 535 Lost Nation Rd, Craftsbury Common, VT 05827. Or fax it to 802-586-7768.