

Name: _____

Positions on Side

Multiple Choice. Choose the correct answer.

1. Residents who are bedbound should be repositioned
 - (A) Twice a day
 - (B) Only when they say they are uncomfortable
 - (C) Only when in a wheelchair
 - (D) Every two hours
2. Which of the following is another term for the side position?
 - (A) Lateral position
 - (B) Sims' position
 - (C) Prone position
 - (D) Fowler's position
3. When positioning a resident on her side, which of the following steps comes first?
 - (A) Adjust the resident's lower shoulder so she is not on her arm.
 - (B) Roll the resident onto her side.
 - (C) Place pillow under the resident's top arm.
 - (D) Cross the resident's far leg over her near leg.
4. A resident in supine position is
 - (A) Lying flat on her back
 - (B) In the best position for eating
 - (C) Lying on the left side with one knee raised
 - (D) Most at risk for falling out of bed
5. Which of the following is the correct place for a supportive device if a resident is on her side?
 - (A) Under the lower hip
 - (B) Between the legs
 - (C) Rolled up beneath the neck
 - (D) Alongside the bed rail she is facing
6. Which of the following is part of proper documentation for this procedure/skill?
 - (A) Only the time the resident was moved
 - (B) The time and the position
 - (C) The time and how the resident was dressed
 - (D) The time and number of visitors present