

Name: _____

Transfers from Bed to Wheelchair (Standing and Turn Method and Pivot Method)

Multiple Choice. Choose the correct answer.

1. What should the resident who is being transferred have on her feet?
 - (A) Thick socks to help her glide on the floor more easily
 - (B) Socks and nonskid shoes that are securely tied
 - (C) Her warmest slippers
 - (D) Any shoes, as long as the laces are loosened for comfort
2. During a transfer, the wheelchair should be
 - (A) Two to three steps from the bed
 - (B) One foot away with the seat facing the bed
 - (C) On the side of the bed that is closest to the door
 - (D) At the head or foot of the bed, depending on resident's stronger side
3. Which of the following are the correct safety measures for transfers?
 - (A) Locked bed wheels, but wheelchair wheels left unlocked to move wheelchair closer
 - (B) Bed at its highest position so it is above wheelchair seat, and footrests locked in place
 - (C) Locked bed wheels and locked wheelchair wheels
 - (D) Locked bed wheels and wheelchair footrests out to the sides of the chair
4. Which is the correct body position for the nursing assistant for wheelchair transfers?
 - (A) Facing the resident and grasping the resident by her hands to help her stand
 - (B) Facing the resident with the NA's feet together between the resident's legs
 - (C) Facing the resident with the NA's feet apart, bracing the resident's leg or feet with the NA's own
 - (D) Beside the resident's affected side with the NA's leg up against the resident's weaker leg for support
5. Transfer belts should be applied
 - (A) Before the resident gets out of bed in the morning and worn over her clothes all day
 - (B) Over the clothing for a transfer and then immediately removed
 - (C) Only on residents who ambulate with walkers or canes
 - (D) On bare skin beneath the clothing for a transfer and then removed

Name: _____

6. The nursing assistant should grasp the transfer belt
 - (A) With both hands, in an upward position on either side of the resident's waist
 - (B) With both hands, in front on either side of the buckle
 - (C) With her thumbs on the insides at either side of the resident's waist
 - (D) With one hand, on the resident's stronger side
7. Which of the following would be best for the nursing assistant to say to the resident to prepare her for this procedure?
 - (A) "Pivot yourself to the wheelchair; I will hold it in place for you."
 - (B) "On the count of three, I will help you stand."
 - (C) "Transferring is much safer when you let me lift you instead of trying to move your own body"
 - (D) "Don't worry if you get dizzy because I am here to catch you if you start to fall."
8. Making sure the resident is comfortably and properly aligned in the wheelchair includes the following:
 - (A) Asking the resident if her back is against the back of the wheelchair
 - (B) Replacing the footrests unless the nursing assistant is only moving the resident a short distance
 - (C) Telling the resident she should not use the armrests because that would strain her shoulders
 - (D) Instructing the resident to sit forward on the front half of the wheelchair so footrests will not have to be adjusted