

Name: \_\_\_\_\_

## **Transferring a Patient Using a Mechanical Lift**

### **Multiple Choice. Choose the correct answer.**

1. Using a mechanical lift can help prevent \_\_\_\_\_ to patients and \_\_\_\_\_.  
(A) Liability, hospital systems  
(B) Expenses, insurance companies  
(C) Death, family members  
(D) Injuries, healthcare workers
2. What is one thing a healthcare worker should check first before using a mechanical lift?  
(A) The manufacturer's manual for the lift  
(B) The patient's height  
(C) That the sling has no rips, tears, or fraying  
(D) The age of the lift
3. At a minimum, how many healthcare workers does it take to safely operate a mechanical lift?  
(A) One  
(B) Two  
(C) Four  
(D) None, mechanical lifts are made to be used independently by a patient
4. To start this procedure, where should the bar of the lift be positioned?  
(A) Directly over the patient  
(B) Approximately 12 inches away from the patient on the working side  
(C) Approximately 2 inches above the surface of the bed  
(D) Approximately 12 inches away from the patient on the nonworking side
5. Which of the following is true regarding how to position a patient on the sling?  
(A) The healthcare workers should slide the sling under the patient by unrolling it under the patient from foot to head.  
(B) Like a draw sheet, the sling is left in place beneath the patient so it can be used at any time.  
(C) Working together, the healthcare workers should roll her onto the sling one side at a time.  
(D) The healthcare workers should help the patient to sit up and lean forward as far as she can while tucking in the sling beneath her back and then pulling it through between her legs.
6. Which set of loops/straps should be attached to the overhead bar first?  
(A) The top set of loops at the patient's head  
(B) The bottom set of loops at the patient's knees  
(C) The top and bottom loops on the side where the lift is  
(D) The top and bottom loops on the side opposite the lift

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7. Which of the following best describes how the patient in a sling should appear before she is moved?

- (A) High and rigid
- (B) Centered and level
- (C) Low and compact
- (D) Rocking and high

8. What should the second coworker be doing while the first one is operating the lift?

- (A) The second coworker should be moving the wheelchair into place beneath the resident once the patient is lifted.
- (B) The second coworker should be supporting and guiding the patient's body in the sling.
- (C) The second coworker should be documenting the procedure.
- (D) The second coworker should walk in front of the lift to clear any objects in the path ahead.

9. Which of the following statements is true regarding placement of the patient in a wheelchair?

- (A) Once positioned, the patient should be checked for proper alignment.
- (B) The sling should remain in place beneath the patient while she is in the chair.
- (C) The wheelchair brakes should be unlocked before the patient is lowered into the chair.
- (D) Wheelchair footrests are only used if a patient has a weak or non-weight-bearing side.