



THIS IS TO CERTIFY THAT

Courtney Sharpe

HAS FULFILLED THE REQUIREMENTS FOR

Certificate III in Fitness - SIS30310

THE QUALIFICATION CERTIFIED HEREIN IS
RECOGNISED WITHIN THE AUSTRALIAN
QUALIFICATIONS FRAMEWORK

CEO

25-Aug-2013

Date

Australian Institute of Fitness Pty Ltd
National Registration Code 121508
Certificate Number 179990



A summary of the employability skills developed through this qualification
can be downloaded from <http://employabilityskills.training.com.au>

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A Statement of Attainment is issued by a Registered Training Organisation when an individual has completed one or more Units of Competency from nationally recognised qualifications or courses

This is a statement that
COURTNEY SHARPE (948893)
has been assessed as having fulfilled the following requirements

HLTFA301B	Apply First Aid
SISFFIT301A	Provide fitness orientation and health screening
SISFFIT302A	Provide quality service in the fitness industry
SISFFIT303A	Develop and apply an awareness of specific populations to exercise delivery
SISFFIT304A	Instruct and monitor fitness programs
SISFFIT305A	Apply anatomy and physiology principles in a fitness context
SISFFIT306A	Provide healthy eating information to clients in accordance with recommended guidelines
SISFFIT307A	Undertake client health assessment
SISFFIT308A	Plan and deliver gym programs
SISFFIT311A	Deliver approved community fitness programs
SISFFIT313A	Plan and deliver exercise to apparently healthy children and adolescents
SISXFAC201A	Maintain sport and recreation equipment for activities
SISXIND101A	Work effectively in sport and recreation environments
SISXOHS101A	Follow occupational health and safety policies
SISXRSK301A	Undertake risk analysis of activities

in completion of the following qualification
CERTIFICATE III IN FITNESS - SIS30310

A handwritten signature in black ink, appearing to read 'Dyanne Ward'.

Dyanne Ward
Chief Executive Officer
Australian Institute of Fitness Pty Ltd
National Registration Code 121508

Record of Results created on 25-Aug-2013

END OF REPORT – NOT VALID IF PRINTED BELOW THIS LINE



THIS IS TO CERTIFY THAT

Courtney Sharpe

HAS FULFILLED THE REQUIREMENTS FOR

Certificate IV in Fitness - SIS40210

THE QUALIFICATION CERTIFIED HEREIN IS
RECOGNISED WITHIN THE AUSTRALIAN
QUALIFICATIONS FRAMEWORK

A handwritten signature in black ink, appearing to read "Courtney Sharpe", written over a horizontal line.

CEO

27-Feb-2014

Date

Australian Institute of Fitness Pty Ltd
National Registration Code 121508
Certificate Number 190220



A summary of the employability skills developed through this qualification
can be downloaded from <http://employabilityskills.training.com.au>

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This is a statement that
COURTNEY SHARPE (948893)
has been assessed as having fulfilled the following requirements

BSBSMB401A	Establish legal and risk management requirements of small business
BSBSMB403A	Market the small business
BSBSMB404A	Undertake small business planning
SISFFIT314A	Plan and deliver exercise to older clients with managed conditions
SISFFIT415A	Work collaboratively with medical and allied health professionals
SISFFIT416A	Apply motivational psychology to provide guidance on exercise behaviour and change to meet health and fitness goals
SISFFIT417A	Undertake long term exercise programming
SISFFIT418A	Undertake appraisals of functional movement
SISFFIT419A	Apply exercise science principles to planning exercise
SISFFIT420A	Plan and deliver exercise programs to support desired body composition outcomes
SISFFIT421A	Plan and deliver personal training
SISSCGP309A	Develop nutritional strategies
SISSSPT306A	Deal with medical conditions in a sport setting
SISSSTC301A	Instruct strength and conditioning techniques
SISSSTC402A	Develop strength and conditioning programs

in completion of the following qualification
CERTIFICATE IV IN FITNESS - SIS40210

A handwritten signature in black ink, appearing to read "Dyanne Ward".

Dyanne Ward
Chief Executive Officer
Australian Institute of Fitness Pty Ltd
National Registration Code 121508

Record of Results created on 27-Feb-2014

END OF REPORT – NOT VALID IF PRINTED BELOW THIS LINE

