

# AUSTRALIAN INSTITUTE OF PERSONAL TRAINERS

## STATEMENT OF ATTAINMENT

A Statement of Attainment is issued by a Registered Training Organisation when an individual has completed one or more accredited units.

This is a statement that

**Anthony Luong**

has attained:

Code	Title
SISFFIT301A	Provide fitness orientation and health screening
SISFFIT302A	Provide quality service in the fitness industry
SISFFIT303A	Develop and apply an awareness of specific populations to exercise delivery
SISFFIT305A	Apply anatomy and physiology principles in a fitness context
SISFFIT306A	Provide healthy eating information to clients in accordance with recommended guidelines
SISXOHS101A	Follow occupational health and safety policies
SISXRSK301A	Undertake risk analysis of activities
HLTAID003	Provide first aid
SISFFIT304A	Instruct and monitor fitness programs
SISFFIT307A	Undertake client health assessment
SISFFIT308A	Plan and deliver gym programs

These competencies form part of the:

**SIS30313 Certificate III in Fitness**



**Adam Jacobs**  
CEO

Date: 25 May 2015  
Certificate No: CERT03645  
National Provider Number: 32363