## AUSTRALIAN INSTITUTE OF PERSONAL TRAINERS

This is to certify that

**Daniel Whitehead** 

has fulfilled the requirements for

SIS40210
Certificate IV in Fitness

Australian Institute of Personal Trainers

Date: 08 January 2016 Certificate No: CERT06221

Adam Jacobs

CEO





## **ACADEMIC TRANSCRIPT**

## STATEMENT OF RESULTS

This is a statement that this student has been assessed as having fulfilled the following requirements

Student Name: Daniel Whitehead

Course Name: SIS40210 Certificate IV in Fitness

Date Completed: Issue Date: 08 January 2016

BSBSMB306A Plan a home based business

BSBSMB401A Establish legal and risk management requirements of small business

BSBSMB402A Plan small business finances BSBSMB403A Market the small business

BSBSMB404A Undertake small business planning

BSBSMB405B Monitor and manage small business operations

BSBSMB406A Manage small business finances

SISFFIT314A Plan and deliver exercise to older clients with managed conditions SISFFIT415A Work collaboratively with medical and allied health professionals

SISFFIT416A Apply motivational psychology to provide guidance on exercise behaviour

and change to meet health and fitness goals

SISFFIT417A Undertake long term exercise programming SISFFIT418A Undertake appraisals of functional movement

SISFFIT419A Apply exercise science principles to planning exercise

SISFFIT420A Plan and deliver exercise programs to support desired body composition

outcomes

SISFFIT421A Plan and deliver personal training

-End of Record-

This statement is issued without alteration or erasure of any kind.

## **Australian Institute of Personal Trainers**

Issue Date: 08 January 2016 National Provider Number: 32363

**Adam Jacobs** 

CEO