

# AUSTRALIAN INSTITUTE OF **PERSONAL TRAINERS**

## ACADEMIC TRANSCRIPT

This is a statement that

**Jeremy Bridie**

has been assessed as having fulfilled the following requirements:

Code	Title
BSBSMB401A	Establish legal and risk management requirements of small business
BSBSMB403A	Market the small business
BSBSMB404A	Undertake small business planning
SISFFIT415A	Work collaboratively with medical and allied health professionals
SISFFIT416A	Apply motivational psychology to provide guidance on exercise behaviour and change to meet health and fitness goals
SISFFIT417A	Undertake long term exercise programming
SISFFIT418A	Undertake appraisals of functional movement
SISFFIT419A	Apply exercise science principles to planning exercise
SISFFIT420A	Plan and deliver exercise programs to support desired body composition outcomes
SISFFIT421A	Plan and deliver personal training
SISFFIT314A	Plan and deliver exercise to older clients with managed conditions
BSBSMB306A	Plan a home-based business
BSBSMB402A	Plan small business finances
BSBSMB405B	Monitor and manage small business operations
BSBSMB406A	Manage small business finances

in completion of the following qualification:

**SIS40210 Certificate IV in Fitness**



**Kylie Fahey**  
CEO

Date: 27 October 2014  
Certificate No: CERT01889  
National Provider Number: 32363

# AUSTRALIAN INSTITUTE OF **PERSONAL TRAINERS**

This is to certify that

**Jeremy Bridie**

has fulfilled the requirements for

**Certificate IV in Fitness  
SIS40210**

The qualification is recognised within the Australian Qualifications Framework

A summary of the employability skills developed through this qualification can be downloaded from  
<http://employabilityskills.training.com.au>



**Kylie Fahey**  
CEO

Date: 27 October 2014  
Certificate No: CERT01889  
National Provider Number: 32363



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## STATEMENT OF ATTAINMENT

A Statement of Attainment is issued by a Registered Training Organisation when an individual has completed one or more accredited units.

This is a statement that

**Jeremy Bridie**

has attained:

Code	Title
SISFFIT301A	Provide fitness orientation and health screening
SISFFIT302A	Provide quality service in the fitness industry
SISFFIT303A	Undertake small business planning
SISFFIT305A	Apply anatomy and physiology principles in a fitness context
SISFFIT306A	Provide healthy eating information to clients in accordance with recommended guidelines
SISXOHS101A	Follow occupational health and safety policies
SISXRSK301A	Undertake risk analysis of activities
HLTAID003	Provide first aid
SISFFIT304A	Instruct and monitor fitness programs
SISFFIT307A	Undertake client health assessment
SISFFIT308A	Plan and deliver gym programs

These competencies form part of the:

**SIS30313 Certificate III in Fitness**



**Kylie Fahey**  
CEO

Date: 27 October 2014  
Certificate No: CERT01889  
National Provider Number: 32363