### Monday

date		

Monday is ruled by the Moon and is a good day for peace, rest, healing, compassion, purification, fertility and spiritual awareness. It is also a good time to connect with friends.

	Today's Schedule	Today's Intentions
6:00		
7:00		
8:00		
9:00		Today's
10:00		Correspondence
11:00		
12:00		
1:00		
2:00		
3:00		
4:00		
5:00		
6:00		NY . 1
7:00		Nourish body & soul
8:00		
9:00		
	Reminders	
		You.

#### Tuesday

date			

Tuesday is ruled by Mars and is a good day for cultivating physical and creative passion, stepping out of your comfort zone and taking action.

	Today's Schedule	Today's Intentions
6:00		O ————
7:00		
8:00		
9:00		Today's
10:00		Correspondence
11:00		
12:00		
1:00		
2:00		
3:00		
4:00		
5:00		
6:00		
7:00		Nourish body & soul
8:00		—— boay & soul
9:00		
	Reminders	

#### Wednesday

date		

Wednesday is ruled by the planet Mercury and is a good day for seeking knowledge, honing your skills and exploring new ideas. It is also a good day for travel.

	Today's Schedule	Today's Intentions
6:00		O —
7:00		
8:00		
9:00		Today's
10:00		Correspondence
11:00		
12:00		
1:00		
2:00		
3:00		
4:00		
5:00		
6:00		1
7:00		Nourish
8:00		body & soul
9:00		
	Reminders	

#### Thursday

date	

Thursday is ruled by the planet Jupiter and is a good day for expanding your horizons, focusing on financial prosperity, giving to others, creating a budget and setting financial goals for yourself.

	Today's Schedule	Today's Intentions
6:00		O
7:00		
8:00		
9:00		Today's
10:00		Correspondence
11:00		
12:00		
1:00		
2:00		
3:00		
4:00		
5:00		
6:00		>× . 1
7:00		Nourish body & soul
8:00		
9:00		
	Reminders -	

#### Friday

date		

Friday is ruled by the planet Venus and is a good day for focusing on love and friendship. It is also a good day for focusing on your inner and outer beauty.

	Today's Schedule	Today's Intentions
6:00		
7:00		
8:00		
9:00		Today's
10:00		Correspondence
11:00		
12:00		
1:00		
2:00		
3:00		
 4:00		
5:00		
 6:00		
7:00		Nourish
		— body & soul
3:00		
9:00		
	Reminders	
		49-10

## Saturday

date			

Saturday is ruled by the planet Saturn and is a good day to focus on your home, cleaning, getting rid of negative energy and tying up loose ends.

	Today's Schedule	Today's Intentions
6:00		O ————
7:00		
8:00		
9:00		Today's
10:00		Correspondence
11:00		
12:00		
1:00		
2:00		
3:00		
4:00		
5:00		
6:00		N . 1
7:00		Nourish body & soul
8:00		——————————————————————————————————————
9:00		
	Reminders	
		*

#### Sunday

date	

Sunday is ruled by the Sun and is a good day to focus on your individual spiritual path. It is also a good time to think about strength and protection for yourself and your loved ones.

	Today's Schedule	Today's Intentions	
6:00			
7:00			
8:00			
9:00		Today's	
10:00		Correspondence	
11:00			
12:00			
1:00			
2:00			
3:00			
4:00			
5:00			
6:00		,	
7:00		Nourish	
8:00		body & soul	
9:00			
	Reminders		

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