

# IMBOLC

February 1

#### IMBOLC & THE WHEEL OF THE YEAR

Imbolc is the third sabbat holiday in the Wheel of the Year. Celebrated between January 31 and February 1, Imbolc has ancient Celtic roots and marks the halfway point between the Winter Solstice (Yule) and the Spring/ Vernal Equinox (Ostara).

### A RETURN OF THE LIGHT

Because Imbolc is the midway point between the Winter Solstice and Spring Equinox, it was regarded as a season unto itself. It is seen as a time of change, when the days grow longer and the sun grows stronger. Early Celtic celebrations included lighting fires to warm the frozen land, hanging a four cornered Brigid's Cross above doorways to bless and protect a home, and practicing weather divination as a way to predict the future.

# IMBOLC INTENTIONS

Modern Imbolc celebrations can incorporate ancient traditions such as lighting candles, making crafts, and baking bread. It is also a good time to pause and look inward and think about what it is you would like to accomplish in the season ahead. Imbolc is a time to take what you have learned and apply it to new endeavors as the Wheel of the Year turns.



IMBOLC IS

IS THE SEASON OF

GROWING

SUNSHINE & TALL

TREES,

SNOWY SHADOWS &

WHISPERS OF

SPRING

## BRIGID

Imbolc is most closely associated with the Celtic Goddess Brigid, who was associated with learning, healing, the smitharts/craftsman and fertility.