**Maine Mussels**

**Coaches:**

**Cooper Quenneville** (owner/head coach)

[*We want to put my credentials somewhere where people will see them right away*.]

* Assistant Coach at Bowdoin College
* Face-off Specialist
* 4 year starter at Division II Saint Michael's College
* 2014 Senior Captain earning team MVP awards
* North-East 10 All Conference Recognition
* Participant at the USILA Division I/II Senior Game at M&T Bank Stadium in Baltimore.

**TJ Leach**: Played at Division III Elmira College  
**Matt Gilbert**: Director and Coach of Oak Hills Youth Lacrosse

**Nick Cola**: Played at Division III Elmira College

**Steven Gilbert**: Current player at Division III University of Southern Maine

**Nate Wiley**: Played at Cheverus High School; Mussels Coach for 2 years

**Programs:**

* Mussels Summer Travel Team
* Mussels Summer League
* Mussels Summer Pick-Up

**Clinics:**

* MLL Coach Nardell
* Positional – Mussels Coaches

**Contact Info:**

* **Facebook**: Maine Mussels Lacrosse
* **Instagram**: @mainemusselslacrosse

**Location of Programs/clinics:**

* Falmouth Community Fields ([19 Winn Rd, Falmouth, ME 04105](https://maps.google.com/?q=19+Winn+Rd,+Falmouth,+ME+04105&entry=gmail&source=g))

**Partnerships**:

* Boston Cannons
* [lax.com](http://lax.com/" \t "_blank)
* Under Armour

**Summer Travel Teams:**

**Cost:** $500

**About the Program:**

* Weekly practices, scrimmages and participation in 2 tournaments in the east with the highest concentration of college coaches available
* 2018s Scrimmage prior to Boston Cannons home game (team to be selected by the Boston Cannons)
* 25% off Bowdoin Polar Bear Camp
* Shorts, pinnies, and a shooter representing the Mussels logo
* A focus on player development and college recruiting
* Participation in the Mussels League Program

**Teams:**

* *Mussels Green*: Consists of PGs, 2019s and 2020s
* *Mussels Navy*: Consists of 2021s and 2022s
* *Mussels Futures*: Consists of 2023s and 2024s

**Rosters**:

* TBD

**Practice Schedule**:

* Monday- June 18- *Practice*
* Wednesday- June 20- *Positional Training*
* Monday- June 25- *Practice*
* Wednesday- June 27- *Positional Training*
* Monday- July 2- *Practice*
* Wednesday- July 4- *OFF*
* Monday- July 9- *Practice*
* Wednesday- July 11- *Positional Training*
* Monday- July 16- *Practice*
* Wednesday- July 18- *Positional Training*

**Tournament Schedule:**

* *Providence Rhode Island Tournament-*July 14-15
* *Stowe Tournament*- July 21-22
* ​*Boston Cannons Scrimmage*- July 28th or August 4th
* *Bowdoin Polar Bear Camp*- June 25- June 28

**Mussels Summer League:**

**Cost:** $150

**About the Program:**

* 1st hour is skill/drills; 2nd hour is games​
* Exposure to great coaching​​ that will enhance individual/team skill development and technical training
* Players who register will be placed on a team.
* Teams will be chosen based on position, skill and home town (carpooling purposes)
* End of session tournament seeds will be based on wins/losses and point differential​
* Free Registration for our positional training on Wednesday nights

**Schedule for Leagues:**

* Tuesday- June 19- HS
* Thursday- June 21­­­­­­- MS
* Tuesday- June 26- HS
* Thursday- June 28- MS
* Tuesday- July 3- HS
* Thursday- July 5- MS
* Tuesday- July 10- HS
* Thursday- July 12- MS
* Tuesday- July 17- HS
* Thursday- July 19- MS
* Tuesday- July 23- HS
* Thursday- July 26- MS
* Tuesday- July 30- HS
* Thursday- August 1- MS

**Mussels Summer Pick-Up**

**Cost**: $10 per night

**About the Program:**

* 1st hour is skill/drills; 2nd hour is games​
* Exposure to great coaching​​ that will enhance individual/team skill development and technical training
* Players who register will be placed on a team.
* Teams will be chosen based on position, skill and home town (carpooling purposes)
* End of session tournament seeds will be based on wins/losses and point differential​
* Free Registration for our positional training on Wednesday nights

**Game Schedule**:

* Sunday- June 17
* Sunday- June 24
* Sunday- July 1
* Sunday- July 8
* Sunday- July 15
* Sunday- July 22
* Sunday- July 29