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Sydney Martin, B.A.

EDUCATION

Doctor of Medicine

University of Illinois College of Medicine, Chicago, IL

Honors: Gold Humanism Honor Society

May 2025 - Anticipated

Bachelor of Arts | Psychological Sciences and Cell and Molecular Biology

Honors: *cum laude*

Albion College – Albion, MI

WORK EXPERIENCE

July 2023 – June 2024 (Medical School)

Pre-doctoral Research Fellow | Northwestern Feinberg School of Medicine, Department of Dermatology, Chicago, IL

- As leader of several research projects, organized and directed research groups surrounding hidradenitis suppurativa (HS), vulvar dermatoses and skin of color dermatology
- Designed computational software that has led the first HS prospective registry at Northwestern Medicine to analyze HS characteristics, risk factors, comorbidities, treatment modalities and clinical outcomes
- Created and directed a foundational prospective registry at Northwestern Medicine in collaboration with the North American Vulvar Dermatoses Research Consortium to analyze the characteristics, risk factors, comorbidities, treatment modalities and clinical outcomes of patients with vulvar dermatoses
- Authored proposals to Northwestern Medicine for the need of surgical collaboration for multidisciplinary management of HS

January 2019 – March 2020 (Gap Years)

Master Medical Scribe | Lakeside Neurology, Advanced Scribes LLC., Roseville, MI

- Provided efficient and accurate medical documentation services for up to two neurology physicians simultaneously
- Served as a mentor to medical students rotating on their core neurology rotation through clinic education
- Led training sessions with newly onboarded medical scribes within the company on medical knowledge, documentation, and workflow management
- Received “Outstanding Scribe” distinction for longitudinal commitment to Advanced Scribes LLC.

July 2018 – December 2018 (Gap Years)

Applied Behavioral Analysis Technician | Gateway Pediatric Therapy, Dearborn, MI

- Utilized a combination of intensive teaching and natural environment training in one-to-one and group settings to children diagnosed with autism spectrum disorder (ASD)
- Created individualized care plans for multiple children based on their needs
- As leader of 6-8 children group therapy, developed strategies to encourage social group interaction in children with ASD

January 2018 – June 2018 (Gap Years)

Patient Care Technician | Ascension Providence Hospital, Southfield, MI

- Assisted patients with everyday needs, monitored vital signs and patient condition on an oncology unit
- Served as a patient advocate through working closely with patient families to ensure quality care during end-of-life patient management

PUBLICATIONS

- Nguyen HH, **Martin S**, Jabine L. Ectopic Unilateral Ear Pit in an Otherwise Well-Appearing Child: A Case Report and Literature Review. *Cureus*. 2023 May 30;15(5).
- **Martin SA**, Onajin O. Advancements in comorbidity screening and multidisciplinary symptom management for HS, *Current Dermatology Reports* 13. August 2024.
- **Martin, SA**, Hailemichael, R, Hwang A, Riley JM, Flood KS, Ren Z. Emergency Department Usage and Characteristics of Pediatric Patients with Hidradenitis Suppurativa: a retrospective cross-sectional study. *Journal of the American Academy of Dermatology*. October 2024.
- **Martin SA**, Tan T, Kaminska ECN. 56-year-old male with mass on the posterior occipital scalp. *American Society of Dermatopathology: Case of the Month*. February 2025.
- **Martin SA**, Burshtein J, Hoyer S. Remission of Bullous Pemphigoid in a Patient Treated with Upadacitinib: A Case Report. *SKIN: The Journal of Cutaneous Medicine*. May 2025.

WORKING PUBLICATIONS

- **Martin SA**, Tan T, Kaminska EC. Growing Nodule on the Parietal Scalp. *Cutis Dermatopathology Diagnosis*. 2024, in communication.
- Hailemichael, R, **Martin, SA**, Hwang A, Riley JM, Flood KS, Ren Z. Comorbidities of pediatric patients with hidradenitis suppurativa in the emergency department setting: a cross-sectional study. *Pediatric Dermatology*. 2024, in communication.
- **Martin SA**, Woods AD, Bain M, Haber R. Adolescent Follicular Keratosis in Skin of Color: three cases and literature review, *Case Reports in Dermatological Medicine*. 2024, in communication.
- **Martin SA**, Kirchner A, Hirsch Y, Hoyer S. Abrocitinib for the treatment of recalcitrant pyoderma gangrenosum, *Case Reports in Dermatological Medicine*. 2024, in communication.
- **Martin SA**, Doakes GK, Baithey M, Srikantha RP, Riley JM, Flood KS. Skin of Color Representation in Biologic Advertisements for Psoriasis and Psoriatic Arthritis. *Dermatology Online Journal*. 2024, submitted.
- Allen C, Hailemichael R, Alkhalili S, **Martin S**, Flood K, Riley J. Dermatologists' Use of Humira Biosimilars for Hidradenitis. *Archives of Dermatological Research*. 2025, submitted.
- Alkhalili S, Hailemichael R, Allen C, **Martin S**, Blaszcak A, Flood K, Riley J. A Single-Center Retrospective Study of GLP-1 Agonist Use in Patients with Hidradenitis Suppurativa. *Cutis*. 2025, submitted.

POSTER PRESENTATIONS

- **Martin S**, Xiang B, Nguyen A., Murray T. DPP-4-Inhibitor Drug-induced Bullous Pemphigoid: A case report. Poster presented at: 2021 UIC Mentor's Program Symposium; 2021 April; Chicago, IL.
- **Martin, SA**, Ren Z, Riley JM, Flood KS. Emergency Department Usage and Characteristics of Pediatric Patients with Hidradenitis Suppurativa. Oral presentation at: 17th Annual Lewis Landsberg Research

Symposium, Northwestern Feinberg School of Medicine; 2023 Sept; Chicago, IL.

- **Martin, SA**, Ren Z, Riley JM, Flood KS. Emergency Department Usage and Characteristics of Pediatric Patients with Hidradenitis Suppurativa. Poster presented at: 2024 American Academy of Dermatology Annual Meeting; 2024 March; San Diego, CA.
- **Martin, SA**, Doakes G, Baithey M, Srikantha RP, Riley JM, Flood KS. Skin of Color Representation in Biologic Advertisements for Psoriasis and Psoriatic Arthritis. Poster presented at: 2024 American Academy of Dermatology Annual Meeting; 2024 March; San Diego, CA.
- **Martin, SA**, Yu, M, Riley, JM, Flood, KS. Hidradenitis Suppurativa and Vulvar Lichen Sclerosus: a Case Series. Poster presented at: 2024 National Medical Association Annual Convention & Scientific Assembly; 2024 August; New York, NY.
- Allen C, Alkhalili S, Hailemichael R, **Martin SA**, Flood KS, Riley JM. Humira Biosimilars for Hidradenitis Suppurativa: Practice Patterns of Dermatology Providers. Poster presented at: Symposium on Hidradenitis Suppurativa Advances. 2024 November; Austin, TX.
- **Martin, SA**, Yu, M, Riley, JM, Flood, KS. Hidradenitis Suppurativa and Vulvar Lichen Sclerosus: a Case Series. Poster presented at: Symposium on Hidradenitis Suppurativa Advances; 2024 November; Austin, TX.
- Alkhalili S, Allen C, **Martin SA**, Hailemichael R, Blaszczyk A, Flood KS, Riley JM. A Single-Center Retrospective Study of GLP-1 Agonist Use in Patients with Hidradenitis Suppurativa. Poster presented at: Symposium on Hidradenitis Suppurativa Advances. 2024 November; Austin, TX.
- Hailemichael R, Bond R, **Martin SA**, Ren Z, Riley JM, Flood KS. Adherence to Annual Breast Cancer Screening Recommendations Among Patients with Hidradenitis Suppurativa. Poster presented at: 2025 American Academy of Dermatology Annual Meeting; 2025 March; Orlando, FL.
- Hailemichael, R, **Martin, SA**, Hwang A, Riley JM, Flood KS, Ren Z. Comorbidities of pediatric patients with hidradenitis suppurativa in the emergency department setting: a cross-sectional study. Poster presented at: SNMA Annual Medical Education Conference 2025 April; St. Louis, MO.
- **Martin, SA**, Hailemichael, R, Finkelstein, M, Guimaraes, RV, Maloney, Nunes, D, Riley JM, Flood KS. Efficacy of Systemic Antibiotics in Hidradenitis Suppurativa: A Systematic Review. Poster presented at: SNMA Annual Medical Education Conference 2025 April; St. Louis, MO.

ORAL PRESENTATIONS

- **Martin SA**, Wu E, Flood KS. Overlap of Vulvar Lichen Sclerosus and Vulvar Vitiligo. Oral presentation: *Northwestern Dermatology: June Grand Rounds*; 2024 May 29. Chicago, IL.
- **Martin SA**, Riley JM. Characteristics, Comorbidities and Management of Patients with Hidradenitis Suppurativa. Oral presentation: *Northwestern Dermatology's Gap Year Research Seminar*; 2024 May. Chicago, IL.

Martin SA. The use of JAK inhibitors for Alopecia Areata. Oral presentation: *UIC Dermatology Medical Student Presentations*; 2024 August. Chicago, IL.

- **Martin SA.** Oral PDE-4 Inhibitors in Hidradenitis Suppurativa. Oral presentation: *Henry Ford Dermatology Medical Student Presentations*; September 2024. Detroit, MI.
- **Martin SA,** Watchmaker L, Lullo J. Overlap of Inflammatory linear verrucous epidermal nevus and psoriasis treated with excimer laser therapy. Oral presentation: Loyola Dermatology: October Grand Rounds; 2024 October 23. Maywood, IL.
- **Martin, SA,** Hamzavi, I, Espy, J. Atherton, D. Oral presentation: Uncovering Hidradenitis Suppurativa: Understanding the Delayed Diagnosis. *UIC College of Medicine Medical Colloquia*; 2025 January 24. Chicago, IL.
- Kohen L, Friedman B, **Martin S.** Oral presentation: *Henry Ford Obstetrics and Gynecology Department: February Grand Rounds*; 2025 February 5. Detroit, MI.

LEADERSHIP

February 2025 – Current

Chapter Director | **Hope for HS Chicago Chapter**

- Organized and shaped the first Chicago Chapter of Hope for HS with goals to support Chicagoland patients with HS through education, patient advocacy, and mental health wellness

November 2023 – Current

Lead Student Ambassador | **International Association of Hidradenitis Suppurativa Network**

- Authored proposals to University of Illinois College of Medicine for the need of medical education surrounding HS
- Served as a lead medical student ambassador by organizing 20+ student ambassadors and raising HS awareness through education and advocacy

September 2022 – Current

Career Outreach and Social Chair | **University of Illinois Dermatology Interest Group**

- Coordinated and hosted dermatology focused panels, comprising of post-match, research year, and resident panelist
- Directed and organized a sustainable shadowing program between the College of Medicine students and the University of Illinois Dermatology Department

August 2020 – Current

Education Chair | **Student National Medical Association (SNMA)**

- Led Career Advising Panels for UIC-Chicago College of Medicine third-year medical students surrounding away rotation and residency application planning
- Led enrichment and early outreach programs to children grades fifth through eighth on organ systems with goals to increase and retain underrepresented students in STEM careers
- Created and distributed medical education practice block exams for the University of Illinois College of Medicine
- Served as a mentor to four SNMA students in the class of 2025 and 2026, providing guidance and helping facilitate ease of entry into medical school

January 2020 – Current

Founding Board Member | **The Etiquette Series**

- Served as a founding board member of this non-profit organization with a mission to provide opportunity and resources to metro-Detroit youth through education initiatives and community service
- Established the “Path to Medicine” pipeline program through collaborations with Wayne State Dermatology Justice Equity Diversity and Inclusion (JEDI) Committee and Southfield Public Schools in order to facilitate skin health-related events.

November 2015 – Current

Chapter President (2015 -2017), Member (2015 - Current) | **Alpha Kappa Alpha Sorority, Incorporated**

- Planned, oversaw, and produced events for the Albion, MI community focusing on areas of education, health, global impact, familial communication and environmental awareness with over 150 volunteer hours
- Created and hosted healthcare events focused on disease prevention and health promotion (i.e., Water drive for Flint, Michigan residents, domestic violence shelter care packages, stroke and heart disease awareness with American Heart Association, breast cancer and diabetes screening)

August 2015 – December 2017

Peer Mentor | **Albion College Smooth Transitions Program**

- Mentored three freshman undergraduate students who identify as BIPOC, assisting with resources, course preparation, and academic planning

AWARDS AND HONORS

- Student Excellence Award for Leadership and Service, University of Illinois College of Medicine Urban Health Program, 2024
- Visiting Clerkship Scholarship of \$1500, Henry Ford Hospital Department of Dermatology, 2024
- Good Skin Knowledge Grant, American Academy of Dermatology, July 2023
- Dean’ Scholarship of \$20,000 yearly, University of Illinois College of Medicine, August 2020-May 2025
- Graduation with honors, *cum laude* distinction, December 2017
- Advanced Scribes, Scribe of the Year, January 2020
- Dr. Dick Legacy Award, Albion College, November 2014 and 2015
 - Outstanding Academic, Community Service, Racial Equality and Leadership Recognition

COMMUNITY SERVICE

November 2020 – Current

Steering Committee Advisory Board | **University of Illinois Student Run Free Clinic, Community Health**

- One of four students selected to be part of a committee that helps coordinate a primary care free clinic once a week at Community Health in West Town, Chicago
- As site liaison for three years, I handled all communication between us as a committee and Community Health, as well as recruited and organized over 15 resident physician volunteers for our weekly clinics
- As health education chair, recruited and trained 10 new educator volunteers in order to develop health education materials for our patients
- Retained this position throughout the entirety of medical school

October 2023 – Current

Volunteer and Coordinator | **Skin of Color Society (SOCS) My Best Winter Skin**

- Planned, executed and participated in many events related to winter skin health in the Chicagoland area
- Partnered with Jack and Jill of America educating over 30 members on common winter skin conditions through an educational presentation
- Collaborated with a local high school in downtown Chicago to speak to more than 150 students about the importance of winter skin care, the road to becoming a physician as well as different careers in medicine
- Donated more than 400 bags distributed to students and staff
- Participated in the SOCS launch event in 2023 through educating the community on winter skin and passing out donated samples in downtown Chicago with Northwestern Feinberg School of Medicine
- Collaborated with UIH Dermatology for skin health education and distribution of 1000 skin products to our local community for winter 2024

January 2024

Volunteer and Coordinator | **Transforming Interconnecting Project Program, Women's Dermatologic Society**

- Initiated, created, and led skin health and hygiene events at The Night Ministry and Deborah's Place Women's Shelters for over 30 participants
- Fostered communication and educational conversations surrounding common dermatologic skin conditions

July 2023

Volunteer and Coordinator | **American Academy of Dermatology (AAD) Good Skin Knowledge Grant**

- Collaborated with the local Chicagoland public school summer program, MetroSquash, geared toward serving underrepresented students and taught three interactive didactic sessions on dermatological education regarding acne, insects, and proper skin care

January 2022 – Current

Student Volunteer | **New Life Volunteering Society Free Health Clinic, Dermatology**

- Provided dermatologic health services to low-income and uninsured patients who would not have access to care otherwise
- Guided M1/M2 students through a complete dermatologic history and physical examination, facilitating a critical reasoning discussion on formulating an appropriate assessment and plan

January 2019 – July 2020

Volunteer Program Leader | **Dr. Gary Burnstein Community Health Clinic**

- Collected and distributed prescription medications to patients in a private consultation while discussing detail of adverse medication effects
- Worked with Patient Assistance Programs to help provide financial assistance for prescription medications

November 2014 – December 2017

Youth Leader | **Kids at Hope Youth Development Center**

- Led several workshops (approximately once per quarter) teaching underrepresented children about mental health and hygiene
- Served on college panels for children interested in STEM careers
- Developed collaborative group and peer coaching sessions focused on problem solving and decision-making ability in school age children among diverse socioeconomic backgrounds

January 2016, January 2017

Volunteer Coordinator | **Global Medical Brigades**

- Obtained over 90 volunteer hours of service in various medical areas of focus in Nicaragua on two distinct medical brigades
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PROFESSIONAL AFFILIATIONS

- Gold Humanism Honor Society, 2025
- National Medical Association Dermatology Mentorship Program, 2023
- International Association of Hidradenitis Suppurativa Network, 2023
- Vulvar Dermatoses Research Consortium, 2023
- Skin of Color Society – Medical Student Member, 2022
- Student National Medical Association – National Member, 2020
- American Medical Association – Medical Student Member, 2020
- Alpha Kappa Alpha Sorority, Incorporated, November 2015

HOBBIES & INTERESTS

- Mentorship, strength training, event planning, painting, running

CERTIFICATIONS

- CITI Program Biomedical Investigators Research Certification, July 2024
- American Heart Association BLS (CPR & AED) Certification, June 2024
- Certified Nursing Assistant, Kellogg Community College, June 2016