5 Step Music Activities

MUSIC AND FEELINGS

Music has the power to evoke strong feelings. This activity allows students to connect to their own feelings, while understanding how music fits certain moods.



As pupils walk into the classroom play a quiet piece of music. (Suggestion, Clair de Lune by Debussy). Ask students to describe this music

Gather pictures of people showing various feelings. Encourage pupils to display various feelings in their faces and bodies





Discuss with pupils when they have felt various emotions. What was happening and why?

Play a variety of songs.
Encourage the pupils to write down what they hear and what they think the mood of the song is





Repeat this process.

Now look at a sample of lyrics. What emotions are being expressed? In what style would you sing these lyrics? Model an example