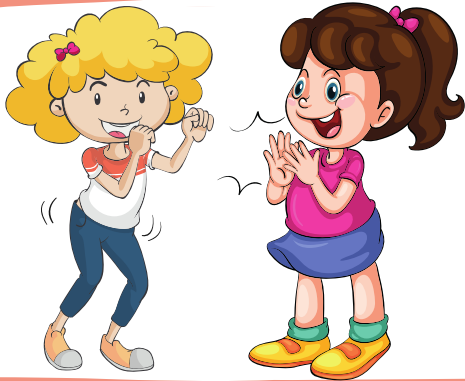


5 Step Music Activities

BODY PERCUSSION

Body percussion is an excellent way of generating awareness of the body, improves concentration, and allows students to compose complex rhythms



01

Introduce four different body percussion sounds:

- Clapping & Tapping
- Stamping
- Patting & Slapping
- Snapping (& Clicking)

02

Sing together an example of a song that uses Body Percussion e.g. **If you're happy and you know it**



03

Play **Simon Says** using body percussion. The teacher plays a rhythm, and each student has to copy. Add other musical elements like quiet and loud parts, and pauses

04

Split the class into two teams. When the opposing member gets the rhythm wrong, a point is awarded



05

Pupils to then move into groups to compose their own layered rhythms, and perform to the class. Tip: Have them build up one at a time