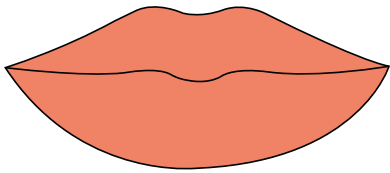


5 Step Music Activities

SINGING WARM UPS

As well as getting the voice ready, singing warm-ups can be fun activities that help concentration.

01



Lip trills warm up the lips, tongue and facial muscles. They can be really fun if you get the class to lip trill a scale, or along to one of their favourite songs

02

Tongue twisters help concentration and diction. Unfamiliar ones like "If two witches would watch two watches, which witch would watch which watch?"



03

Following on from the **tongue twister** is **vocal fry**. If you make low noises like a frog, it warms up your lower range. Combine this with the **tongue twister** task or along with one of the class's favourite songs



04



Singing long notes helps warm the voice up. To vary this, start the note quiet, get louder than become quiet again. Do it again, but add vibrato as it gets louder. Do it again but go up and down in **pitch**

05

Start the song you want to sing, but first do it in a **staccato** style. Singing in short precise notes improves concentration, rhythm and articulation

