Gallups Study of Human Strengths



Alice Meredith
AUTHOR/BUSINESS LEADER

Twitter: @aameredith LinkedIn: alicemeredith



Diversity of knowledge, skill & talent

Recognized patterns & themes

Identified 34 dominant strengths

2 Million Surveys





Key Learnings from Gallup's Research Data

If we focus first on developing our natural strengths we will find greater success and inner peace in their careers and daily life.

Natural talents when used and developed are what become our dominant strengths





Question Asked?

"At work do you have the opportunity to do what you do best every day?"



Strongly Agree



50% more likely to work in business units with lower employee turnover

38% more likely to have higher productivity then their comparison peer units

44% more likely to have higher customer satisfaction scores.





Companies when they allow their employees to be in positions that best utilize their strengths – Win More!

The more individuals utilize their natural strengths the more successful they are.



Gallup's StrengthFinder survey now updated to StrengthFinder 2.0 is the foundation of Gallup's research.

