

# Eysenck's Three Dimensions of Personality

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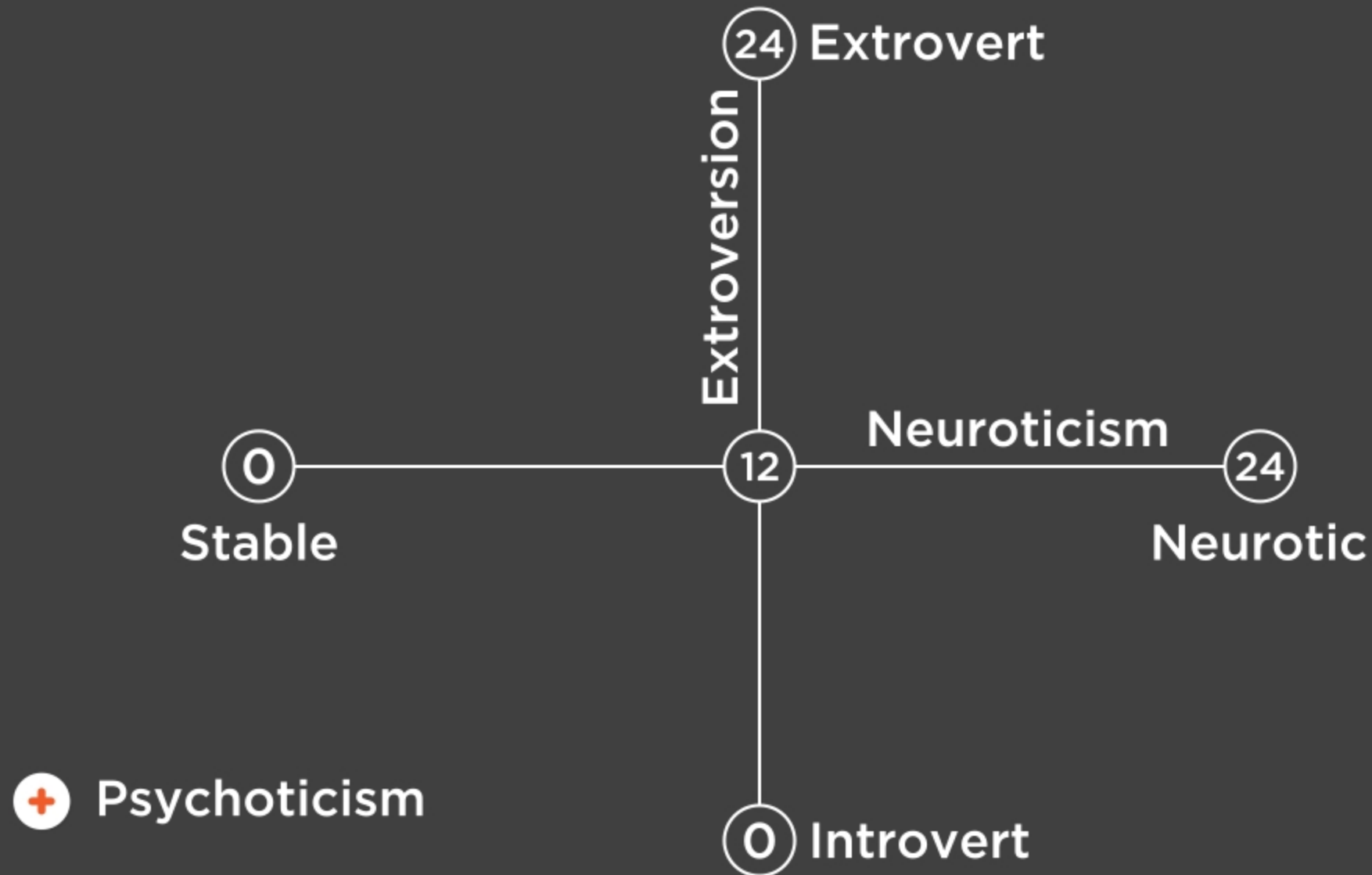
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# **Eysenck's 3 Dimensions of Personality**

Trait based model

Based on genetics and physiology.

# Eysenk's Theory



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Extroversion

0

- ✓ Outgoing
- ✓ Talkative
- ✓ High positive emotions
- ✓ Need of external stimulation

 Moodiness

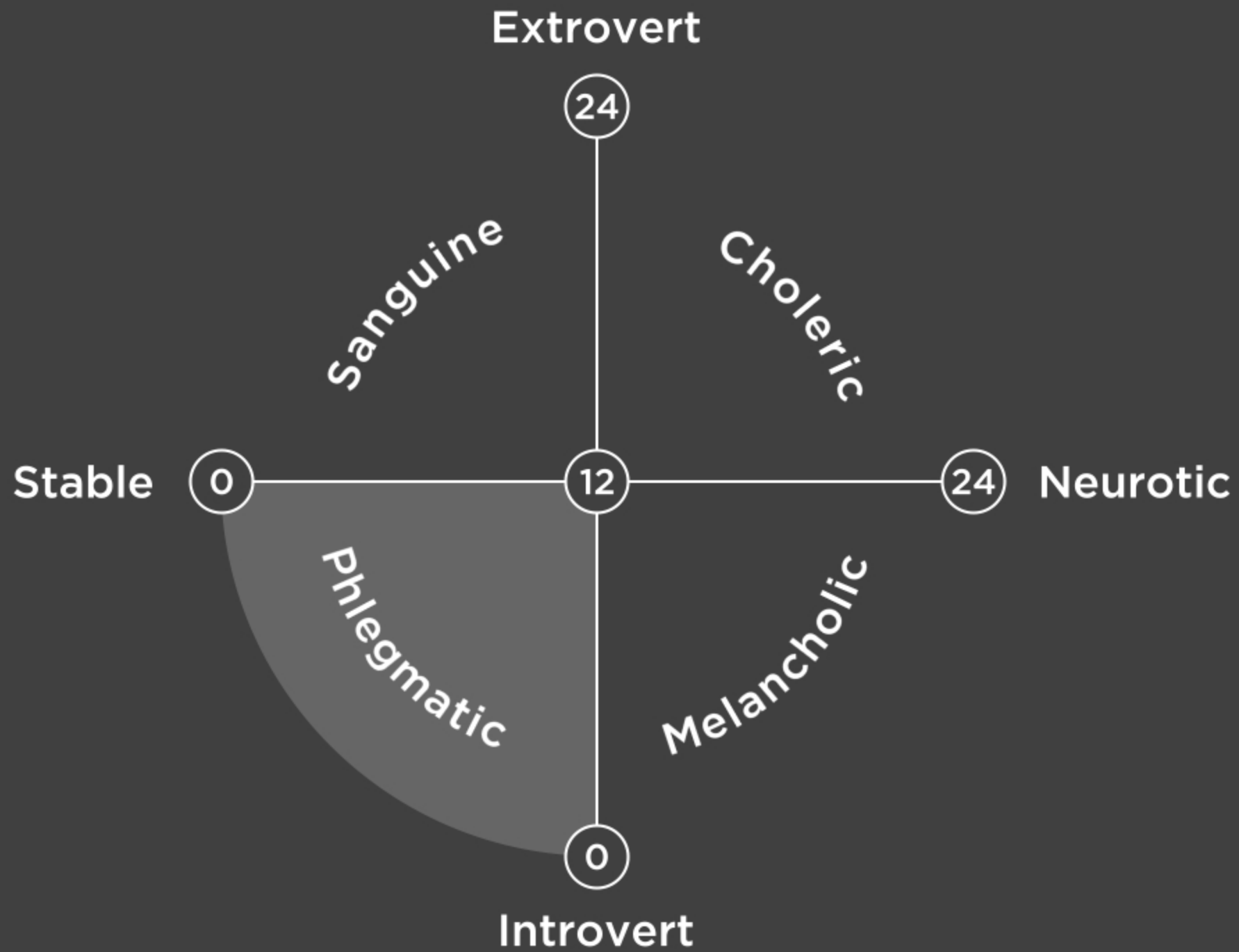
 Easily upset

 Emotional

0

24

Neuroticism





# Psychoticism

**High scores are associated with hostile, antisocial and manipulative behavior.**



# Psychoticism

- ✓ Aggressive
- ✓ Egocentric
- ✓ Achievement oriented
- ✓ Masculine
- ✓ Tough minded





# Extraversion

- ✓ Sociable
- ✓ Dominant
- ✓ Lack of reflection
- ✓ Risk taking
- ✓ Active



## Neuroticism

- ✓ Depressed
- ✓ Low self-esteem
- ✓ Moody
- ✓ Lack of autonomy



Main Strength

Quantifiable



Patients with  
mental disorders.

Initial Work



Findings



Extraversion



**Variability in cortical arousal**



Findings



Neuroticism



**Differences in the limbic system**



## Pros & Cons



## Self assessment

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Coming up next

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# Pros & Cons of Eysenck's Theory





PRO

 Causal explanations



CON

- ✓ Unclear causality for the **3rd** dimension
- ✓ Does not predict performance
- ✓ Questionnaire is too simplistic
- ✓ Too narrow

# Take the Test



 [audaciousleap.com/EPQ](https://audaciousleap.com/EPQ)



**TIP:** Compare to other tests and **identify** differences and similarities.



# 16 Personality Factor Questionnaire

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Coming up next

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