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## Calorie Myth & Sane Certified Chocolate Recipes: End Cravings, Lose Weight, Increase Energy, Improve Your Mood, Fix Digestion, and Sleep Soundly with Chocolate Cookies, Cakes, Pudding, Smoothies, and More Thanks to the Delicious

By Jonathan Bailor

Sane Solution, United States, 2016. Paperback. Condition: New. Language: English. Brand new Book. Like chocolate? Like burning fat while healing your hormones? Then you will love the decadent chocolate recipes inside this full-color book! Formulated by New York Times Best-selling Author Jonathan Bailor and the SANE team, your SANE Certified™ chocolate recipes are radically different from the fattening snacks you will find at the bakery or on grocery store shelves. They also contain no artificial sweeteners, unnatural chemicals or flavorings, are 100% gluten free, never contain any GMO ingredients, and are 100% kid-approved and family friendly. Most people don't realize that consuming high-quality heirloom chocolate can actually help you: Lose Weight Reverse aging Control diabetes Boost your concentration Reduce hunger Clear away cellulite Reduce risk of cancer Increase energy Curb cravings End overeating And so much more! \*\*Get Your Free 6-Step Weight-Loss Blueprint At: /Blueprint WHAT MAKES A SANE CERTIFIED(TM) RECIPE DIFFERENT? Backed By Research: Scientifically proven to burn fat, boost energy levels, and improve your health. Always Great Tasting: Designed by top chef's to taste unbelievable - you won't ever call this "diet food." Easy Dishes The Entire Family Will Love: Perfectly balanced between convenience, variety, and affordability so...



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