

# Pa Pa Lin "Rose"

## PROFESSIONAL NANNY & CHILDCARE SPECIALIST – PHUKET, THAILAND

### ABOUT ME

Hello – my name is Pa Pa Lin (Rose). I am originally from Myanmar and have lived in Phuket for about 15 years. I began working as a nanny in 2017 and over the years I have cared for many families – both full-time placements and part-time babysitting roles. I am comfortable with newborns (bottle & breast support routines), infants and toddlers. I create calm, consistent routines for sleep and feeding, and I focus on safety, gentle encouragement, and play-based learning.

In addition to direct childcare (feeding, bathing, nap routines), I prepare simple nutritious meals for young children, keep play areas and childrens' laundry tidy, and support early development with songs, reading and guided play. I enjoy traveling with families and have experience caring for children on holiday trips (short stays and multi-week travel). Communication with parents and following household rules are priorities – I'm reliable, flexible and always respectful of family preferences.

### WORK EXPERIENCE

#### Professional Nanny – Private Families (Phuket)

2017 – Present [Full-time & part-time placements]

- Complete newborn care (feeding schedules, burping, nappy changes, bathing, gentle sleep routines).
- Routine and structure for toddlers – naps, mealtimes, enrichment play, potty practice.
- Prepare simple nutritious meals and snacks tailored for children; follow dietary restrictions and weaning plans.
- Travel nanny experience: accompanied families on domestic trips and island stays, managing children's routines away from home.
- Record-keeping for feeding and sleep when required; excellent communication with parents about progress and concerns.

#### Receptionist – OYO / PhuNaNa Boutique Hotel

(approx. 4 years combined experience) [Guest service & admin]

- Front desk responsibilities, guest check-in/out, phone & WhatsApp communication with guests.
- Booking coordination, light administration and coordination with housekeeping and kitchen.
- Customer service, problem-solving and helping international guests with local information.



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63/61 Soi Sayun1, Rawai, Phuket,  
Thailand

### EDUCATION

#### Second Years Biology

Dagon University - Yangon, Myanmar

### PROFESSIONAL QUALITIES

- Reliable & Trustworthy
- Punctual & Dedicated
- Quick Learner
- Housekeeping & Cleaning
- Multitasking
- Observation & Problem Solving
- Effective Communication
- Can Ride Motorcycles

### LANGUAGES

**Myanmar:** Native | **English:**  
Intermediate | **Thai:** Intermediate

SCAN ME



## Restaurant Waitress – Phuket Trunk & local restaurants

Service & hospitality [Various periods]

- Customer service, table service, basic POS handling, coordinating with kitchen staff.
- Punctual, friendly service that improved guest satisfaction and repeat customers.

### REFERENCES

#### Yevheniia Nyzhnyk – Ukraine

WhatsApp: +66 9579 02142

*"Rose worked with our family for 9 months, starting when my baby was 25 days old. She showed exceptional care, patience, and responsibility. Rose is gentle, trustworthy, and very experienced with infants."*

#### Lior Haraldson – Israel

WhatsApp: +972 54-247-8278

*"Rose cared for our son Eitan from 6 months old for 4 months on a daily basis. She was incredibly dedicated, loving and attentive. We trusted her completely and highly recommend her."*

#### Jonathan & Jessica – Australia

WhatsApp: +61 417 621 146

*"Rose looked after our three children for five months. She had a natural connection with our children and confidently looked after multiple children at once. We will use her again."*

