

RESEARCH FELLOW · PHYSICS

Cavendish Laboratories, University of Cambridge | St. John's College Cambridge

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Professional & Education _

University of Cambridge

Cambridge, UK

RESEARCH FELLOW IN PHYSICS

Oct 2023 - present

Host: Prof. Akshay Rao

• St. John's College Title A Research Fellowship

University of Cambridge

Cambridge, UK Oct 2019 - Oct 2023

PhD in Physics

· Supervisor: Prof. Jeremy Baumberg

Trinity College

Cavendish Prize in Experimental Physics, Cambridge-Rutherford Scholarship & Winton Scholarship

University of Auckland

Auckland, NZ

MSc in Chemistry

Feb 2018-Feb 2019

• First class honours, Frederick Douglas Brown Postgraduate Science Award

• Thesis: Bonds, cavities, and light-Acceleration of organometallic reactions within resonant optical microcavities

• Supervisor: Prof. Cather Simpson & Prof L. James Wright

University of Auckland

Auckland, NZ

BSC - PHYSICS & CHEMISTRY AND BE(HONS) - CHEMICAL & MATERIALS ENGINEERING

2013 - 2017

- Senior Scholar (Top in graduating class), Phillip Graham Crabbe Thesis Prize, First class honours in both (CGPA: 8.83/9)
- Top in Class: Quantum Mechanics & Modern Physics, Electromagnetism, Inorganic Chemistry, Advanced Materials Chemistry, Physical Chemistry, Continuum Mechanics in Bioengineering
- Supervisor: Prof. Wei Gao & Prof. Cather Simpson

Publications & Patents_

27 published (10 first/co-first or corresponding author, indicated by *), 2 patent applications.

PREPRINTS IN REVIEW/REVISION

- 1. *Arul, R., Zhu, H., Jiang, Z., Xue, B., van Turnhout, L., Deng, Y., Tew, A., Yu, Z., & Rao, A. (2025). Lanthanide-doped nanocrystals enable organic room-temperature phosphorescence in solution through direct triplet excitation. **Under revision in Nature Chemistry**
- 2. *Arul, R., Jiang, Z., Li, X., Bell, F.M., Tew, A., Ducati, C., Rao, A., & Yu, Z. (2024). Efficient short-wave infrared upconversion by self-sensitized holmium-doped nanoparticles. **Under revision in Nature Photonics** arXiv:2411.19949
- 3. Sibug-Torres, S. M., Niihori, M., Wyatt, E.W., **Arul, R.**, Spiesshofer, N., Jones, T., Graham, D., de Nijs, B., Scherman, O., Rao, R., Ryan, M., Squires, A., Savory, C., Scanlon, D., Daaoub, A., Sangtarash, S., Sadeghi, H., & Baumberg, J.J. (2024). How Au-Cl controls gold surfaces with organics. **Under revision in Nature Chemistry**
- 4. Wyatt, E. W., Sibug-Torres, S.M., **Arul, R.**, Niihori, M.N., Jones, T., Beattie, J.W., Nijs, B.D., & Baumberg, J.J. (2024). Tracking and controlling monolayer water in gold nanogaps using extreme plasmonic spectroscopy. **Under review in Small**. arXiv:2506.10199

LEADING AND CORRESPONDING AUTHOR WORK

- 5. Bell, F.M., Jakob L.A., Todd C.A., Lohia I., Roh, Y., *Arul, R., & Baumberg, J. J. (2025). Coherent dynamics of molecular vibrations in single plasmonic nanogaps. **Physical Review Letters** 135, 076901
- 6. Kerner, P., **Arul, R.**, Thompson, D., Baumberg, J. J., & Nijs, B.D. (2025). Optical Control of Single Atom Dynamics in Plasmonic Nanogaps. **Science Advances** 11, no. 29 eadx3216.
- 7. Chikkaraddy, R., *Arul, R., Jakob, L. A., & Baumberg, J. J. (2023). Single-molecule mid-IR spectroscopy and detection through vibrationally-assisted luminescence. **Nature Photonics**, 17, 865–871.
- 8. *Arul, R., Menghrajani, K., Chikkaraddy, R., Rider, M.S., Barnes, W.L., & Baumberg, J.J. (2023). Raman-probing the local ultrastrong coupling of vibrational plasmon-polaritons on metallic gratings. **Physical Review Letters**, 131, 126902.
- 9. *Arul, R., Ye, J., Nieuwoudt, M. K., Dong, J., Gao, W., & Simpson, M. C. (2023). Understanding the chemical mechanism behind photo-induced enhanced Raman spectroscopy. **The Journal of Physical Chemistry Letters**. 14 (19), 4607-4616.

- 10. *Arul, R., Benjamin-Grys, D., Chikkaraddy, R., Mueller, N. S., Xomalis, A., Miele, E., Euser, T.E. & Baumberg, J. J. (2022). Giant mid-IR resonant coupling to molecular vibrations in sub-nm gaps of plasmonic multilayer metafilms. Light: Science and Applications 11, 281 (2022).
- 11. Rider, M. S., **Arul, R.**, Baumberg, J. J., & Barnes, W. L. (2022). Theory of strong coupling between molecules and surface plasmons on a grating. **Nanophotonics**. 11, 16, 3695-3708.
- 12. Mueller, N.S., **Arul, R.**, Jakob, L.A., Blunt, M., Foldes, T., Rosta, E., & Baumberg, J.J. (2022). Collective mid-infrared vibrations in surface-enhanced Raman scattering. **ACS Nano Letters** 22, 17, 7254–7260
- 13. Mueller, N.S., **Arul, R.**, Saunders, A., Johnson, A., Sanchez-Iglesias, A., Hu, S., Jakob, L.A., Bar-David, J., Nijs, B.D., Liz-Marzan, L., Liu, F., & Baumberg, J. J. (2023). Anti-Stokes Photoluminescence in Monolayer WSe₂ Activated by Plasmonic Cavities through Resonant Excitation of Dark Excitons. **Nature Communications**, 14, 5726.
- 14. *Arul, R., Dong, J., Simpson, M. C., & Gao, W. (2021). LIPSS-Sticks: Laser Induced Double Self Organization Enhances the Broadband Light Absorption of TiO₂ Nanotube Arrays. **Advanced Photonics Research**, 2(5), 2000133.
- 15. *Arul, R, Oosterbeek, R. N., Robertson, J., Xu, G., Jin, J., & Simpson, M. C. . (2017). The mechanism of direct laser writing of graphene features into graphene oxide films involves photoreduction and thermally assisted structural rearrangement. Carbon, 99, 423-431.

POSTDOCTORAL COLLABORATIVE WORK

- 16. Jakob, L., Juan-Delgado, A., Mueller, N.S., Hu, S., **Arul, R.**, Boto, R., Esteban, R., Aizpurua, J., & Baumberg, J.J. (2025). Optomechanical Pumping of Collective Molecular Vibrations in Plasmonic Nanocavities. **ACS Nano** 19 (11), 10977-10988
- 17. Tew, A., van Turnhout, L., Deng, Y., **Arul, R.**, Ye, J., Liu, T., Jiang, Z., Dai. L., Zhu, H., Zhang, Y., Rao, A., & Yu, Z. (2024). Heterostructures enhance the absorption of lanthanides. **Applied Physics Reviews**, 11, 2
- 18. van Turnhout, L., Congrave, D. G., Yu, Z., **Arul, R.**, Dowland, S. A., Sebastian, E., Jiang, Z., Bronstein, H., & Rao, A. (2024). Distance-Independent Efficiency of Triplet Energy Transfer from π-Conjugated Organic Ligands to Lanthanide-Doped Nanoparticles. **Journal of the American Chemical Society**, 146, 32, 22612-22621
- 19. Hu, S., Huang, J., **Arul, R.**, Sanchez-Iglesias, A., Xiong, Y., Liz-Marzan, L., & Baumberg, J.J. (2024). Robust consistent single quantum dot strong coupling in plasmonic nanocavities. **Nature Communications**, 15, 6835
- 20. Kang, G., Hu, S., Guo, C., **Arul, R.**, Sibug-Torres, S. M., & Baumberg, J. J. (2024). Design rules for catalysis in single-particle plasmonic nanogap reactors with precisely aligned molecular monolayers. **Nature Communications**, 15(1), 9220
- 21. Jakob, L.A., Deacon, W.M., **Arul, R.**, de Nijs, B. & Baumberg, J.J. (2024). Accelerated Vibrational Decay and Suppressed Electronic Nonlinearity in Plasmonic Cavities using Coherent Raman Scattering. **Phys. Rev. B**, 109, 195404
- 22. Guo, C., Benzie, P.A., Hu, S., Nijs, B.D., Miele, E., Elliot, E.E., **Arul, R.**, Benjamin, H., Baumberg, J.J. (2024). Extreme photochemical reorganisation of molecule-metal surfaces under room light. **Nature Communications**, 15, 1928
- 23. Tew, A., van Turnhout, L., Deng, Y., **Arul, R.**, Ye, J., Liu, T., Jiang, Z., Zhu, H., Zhang, Y., Rao, A., & Yu, Z. (2024). Heterostructures enhance the absorption of lanthanides. **Applied Physics Reviews**, 11, 2

COLLABORATIVE WORK

- 24. Ye, J., Ren, A., Dai, L., Baikie, T., Guo, R., Pal, D., Gorgon, S., Heger, J.E., Huang, J., Sun, Y., **Arul, R.**, Grimaldi, G., Zhang, K., Shamsi, J., Huang, Y.T., Wang, H., Wu, J., Koenderink, A.F., Murciano, L.T., Schwartzkopf, M., Roth, S.V., Muller-Buschbaum, P., Baumberg, J.J., Stranks, S.D., Greenham, N.C., Polavarapu, L., Zhang, W., Rao, A., and Hoye, R.L.Z. (2024). Direct Linearly-Polarised Electroluminescence from Perovskite Nanoplatelet Superlattices. **Nature Photonics**, 18, 586–594
- 25. Grys, D.B., Niihori, M., **Arul, R.**, Sibug-Torres, S.M., Wyatt, E., Nijs, B.D., & Baumberg, J.J. (2023). Controlling Atomic-Scale Restructuring and Cleaning of Gold Nanogap Multilayers for Surface-Enhanced Raman Scattering Sensing. **ACS Sensors**, 8, 7, 2879–2888.
- 26. Vargas, M.J.T., Nieuwoudt, M.K., **Arul, R.**, Williams, D.E., Simpson, M.C. (2023). Direct laser writing of hydrophobic and hydrophilic valves in the same material applied to centrifugal microfluidics. **RSC Advances**, 13 (32), 22302-22314.
- 27. Ye, J., Li, Z., Kubicki, D.J., Zhang, Y., Dai, L., Otero-Martínez, C., Reus, M.A., **Arul, R.**, ..., Rao, A. and Hoye, R.L.Z. (2022). Elucidating the Role of Antisolvents on the Surface Chemistry and Optoelectronic Properties of CsPbBr x I3-x Perovskite Nanocrystals. **Journal of the American Chemical Society**. 144, 27, 12102–12115
- 28. Niihori, M, Foldes, T., **Arul, R.**, Grys, D.B., Readman, C., de Nijs, B., Rosta, E., & Baumberg, J.J. (2022). SERS sensing of dopamine with Fe (III) sensitized nanogaps in recleanable AuNP monolayer films. **Small**, 19 (48), 2302531.

- 29. Gallop, N.P., Ye, J., Greetham, G., Jansen, T.L.C., Dai, L., Zelewski, S., **Arul, R.**, Baumberg, J.J., Hoye, R.L.Z. & Bakulin, A.A. (2022). The Effect of Caesium Alloying on Ultrafast Structural Dynamics in Hybrid Organic-Inorganic Halide Perovskites. **Journal of Materials Chemistry A**, 10, 22408-22418
- 30. Koczor-Benda, Z., Boehmke, A. L., Xomalis, A., **Arul, R.**, Readman, C., Baumberg, J. J., & Rosta, E. (2021). Molecular Screening for Terahertz Detection with Machine-Learning-Based Methods. **Physical Review X**, 11(4), 041035.
- 31. Sk, M. H., Abdullah, A. M., Ko, M., Ingham, B., Laycock, N., **Arul, R.**, & Williams, D. E. (2017). Local supersaturation and the growth of protective scales during CO2 corrosion of steel: Effect of pH and solution flow. **Corrosion Science**, 126, 26-36.
- 32. Martin, J. W., McIntosh, G. J., **Arul, R.**, Oosterbeek, R. N., Kraft, M., & Söhnel, T. (2017). Giant fullerene formation through thermal treatment of fullerene soot. **Carbon**, 125, 132-138

PATENTS

- 33. Arul, R., Baumberg, J.J., Chikkaraddy, R., & Xomalis, A. Mid-infrared detector (14 Mar 2022). UK Patent Application No. 2203507.5.
- 34. Arul, R., Baumberg, J.J., Grys, DB., Niihori, M., Sibug-Torres, S.M., & Wyatt, E.W. Surface-enhanced spectroscopy substrates (20 Mar 2023). UK Patent Application No. 2304765.7.

Awards & Fellowships _____

- 2023 **Title A Research Fellowship**, St. John's College, Cambridge
- 2023 Chemical Science Prize, Royal Society of Chemistry, Optical Probes Conference
- 2022 Cavendish Prize in Experimental Physics, University of Cambridge
- 2019 **Cambridge-Rutherford Memorial Scholarship**, Royal Society of New Zealand Te Aparangi **Winton Scholarship**, Winton Programme for the Physics of Sustainability
- 2018 Senior Scholar Award, Faculty of Science, University of Auckland
 AOF Synchrotron School Scholarship 2018, Royal Society of New Zealand Te Aparangi
 Frederick Douglas Brown Postgraduate Science Award, University of Auckland
 University of Auckland Research Masters Scholarship, University of Auckland
- 2017 Dennis Brown Prize for Experimental Physics, University of Auckland Siphala Foundation Stage III Chemistry Prize, University of Auckland AINSE Winter School Scholarship, Australian Institute of Nuclear Science and Engineering DWC Industry New Ideas Competition Winner, Dodd-Walls Centre
- 2016 Phillip Graham Crabbe Prize for Best Materials Engineering Thesis, University of Auckland
- 2016 Society for Materials NZ (SMNZI) Prize for Best Materials Engineering Final Year Talk,
- 2013-16 Dean's Honour's List, University of Auckland

Research and outreach grants_

- 2025 EPSRC-NSF grant: "Nanoscale spin entanglement and chemistry (NanoSPINEC)" Principal £500,000
- Diamond Synchrotron grant: "Identification of molecular species in cleared gaps of nanoplasmonic sensors" SI34784 Principal Investigator, Diamond Light Source
- Royce Institute grant: "Tuning intermolecular coupling of vibrations in molecular monolayers"
- CAM-YR7-UI-004, Henry Royce Institute
- 2019 Australian Synchrotron soft x-ray beamtime proposal 13974, ANSTO
- 2018 Australian Synchrotron far-IR/THz beamtime proposal 12344, ANSTO
 SPIE Education Outreach Grant, SPIE—The International Society for Optical Engineering

Professional/Outreach Experience_

- 2024 Climate Crisis Committee, St. John's College Cambridge
- 2024 Estates Strategy Committee, St. John's College Cambridge
- 2024 Physics Research Staff Committee, Cavendish Laboratory Cambridge
- 2023 Pint of Science Outreach presenter, Pint of Science Cambridge
- 2020 Cavendish Graduate Student Conference 2020 Organizer, University of Cambridge
- 2020-21 Physics at Work Cavendish outreach, University of Cambridge
 - **2019 Research engineer**, Photon Factory, University of Auckland
 - 2019 Summer research internship, Dept. of Physics (Prof. Yuanbo Zhang), Fudan University, China
- 2018 Vice President of SPIE—The International Society for Optical Engineering Student Chapter, University of Auckland
- 2015-2018 Science outreach coordinator, Museum of Transport and Technology, Auckland

Teaching Experience _ Masters in Sustainability Leadership, Workshop Lecturer, Judge Business School, Cambridge 2023-2024 2020-2024 Part III Physics & Chemistry, Final year research project supervisor, Cambridge 2021 Part II Computational Physics, Supervisor, Cambridge 2019-2022 Part IB Oscillations, Waves & Optics, Lab Demonstrator, Cambridge Research Project supervision _ 2022-now Caleb Todd, PhD in Physics, Cambridge 2022-now Lille Borresen, PhD in Physics, Cambridge Dylan Cleveland, Part III Chemistry: "Chemistry under vibrational strong coupling", Cambridge 2023-2024 2023-2024 Zhenyao Jiang, Part III Physics: "Optical cooling in CdSe quantum dots", Cambridge Charlotte Pincher, Part III Physics: "Modelling disorder in a chain of gold nanoparticles", Cambridge 2021-2022 Elle Wyatt, Part III Physics: "Spectral analysis for correction of distortions in attenuated total 2020-2021 reflectance infrared spectra and mapping of surface enhanced Raman spectra", Cambridge Xiao Liu, Masters in Engineering: "Enhancement of Raman spectroscopy by self-organized WO3-Ag 2018-2019 porous nanostructures", Auckland Junzhi Ye, Final year project: "Self-organized nanoparticles on defective titanium dioxide for 2017-2018

Presentations.

INVITED TALKS

- 2025 "Nanophotonics to control mid-infrared light and polariton condensation". Surface Plasmon Photonics SPP11 Tokyo
- 2025 Oxford Solid State Chemistry Seminar (Prof. Andrew Goodwin)
- 2024 "Bridging the visible and mid-infrared". Gordon Research Seminar on Nanoplasmonics

photo-induced enhanced Raman spectroscopy", Auckland

- 2024 "Nano-optics for mid-IR technology". Imperial College London Chemistry (Prof. Artem Bakulin)
- **2023** "Bridging the visible and mid-infrared". Utrecht University Nano Seminar. Debye Institute. (Prof. Marlous Kamp)
- **2023** "Collective phenomena enabled by extreme light confinement". Cavendish Theory of Condensed Matter Seminar.

CONTRIBUTED TALKS

- 2025 "Nanophotonics for polariton condensation." Strong Coupling in Organic Materials (SCOM5)
- 2024 "Bridging the visible and mid-IR with exciton plasmon-polaritons." Condensed Matter & Quantum Materials Conference (IOP)
- 2024 "Complex infrared nanophotonics". Complex Nanophotonics EU Science Camp
- 2022 "Integrating visible and mid-infrared light for sensing, chemical reactions, and light emission". NFO16
- **2022** "Integrating visible and mid-infrared light for sensing, chemical reactions, and light emission". Complex Nanophotonics EU Science Camp. **Best runner-up talk prize**
- 2019 "Lighting up chemical bonds Can quantum optics be used to control chemical reactions?". AMN-9 Conference. Best talk prize
- 2019 "Vibro-polaritons for control of chemical reaction kinetics". International Conference on Advanced Vibrational Spectroscopy
- **2018** "Pattern formation and self-organization in the growth of titanium dioxide nanotubes". SPIE Photonics West **2018** "Quantum optics to control chemistry". Dodd-Walls Centre Symposium. **Best talk prize**

OUTREACH TALKS

2023 "Bridging the visible and invisible worlds by looking through gold nanoparticles". Pint of Science Cambridge