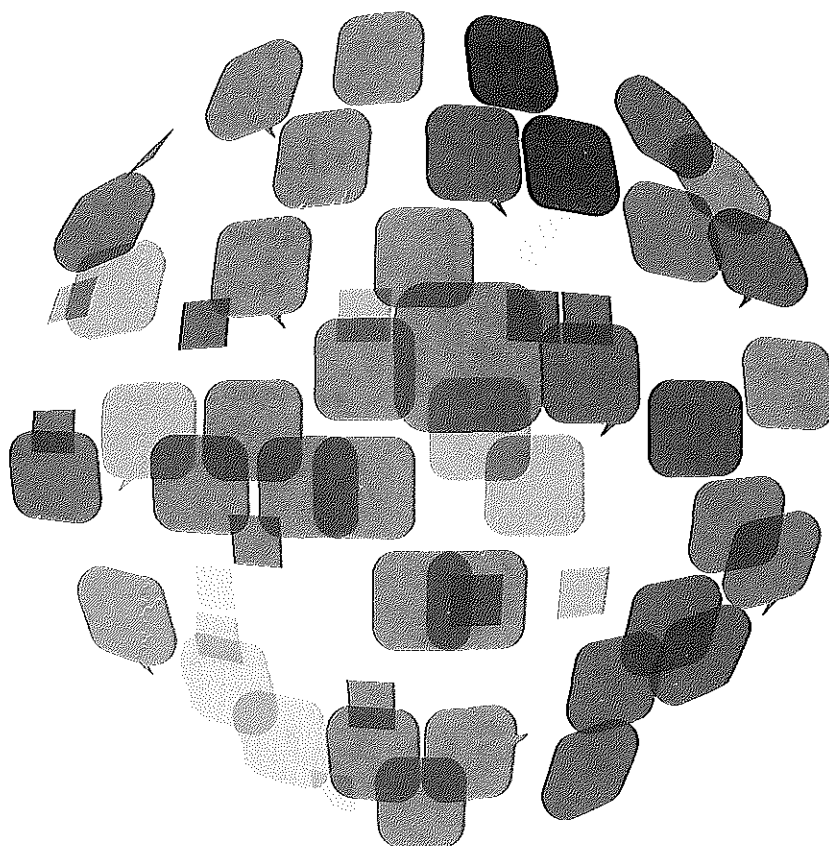


ENGLISH in Common

3A

Workbook



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ALWAYS LEARNING

PEARSON

UNIT 1

Your day

LESSON 1

Vocabulary

1a Match a verb from A with a word or phrase in B.

- | A | B |
|------------------|-------------------------|
| <u>j</u> 1. read | a. a bus |
| _____ 2. listen | b. to bed late |
| _____ 3. get up | c. on the phone |
| _____ 4. sleep | d. early |
| _____ 5. go | e. your email |
| _____ 6. talk | f. nothing |
| _____ 7. watch | g. in |
| _____ 8. check | h. to music |
| _____ 9. do | i. TV |
| _____ 10. catch | j. magazines |

b Complete the sentences.

- During the week, Mina gets _____ at 6:30 A.M.
- She listens _____ music as she gets dressed.
- On Friday night, she goes _____ bed at 11 P.M.
- On Saturday morning, she sleeps _____.
- At around noon she calls her sister, and they talk _____ the phone for an hour.



c Use the phrases from Exercise 1a to complete the sentences.

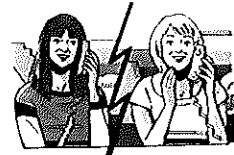
Ex: You can read magazines while you are waiting for the dentist.



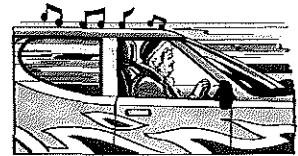
1. I always _____ when I get up in the morning.



2. I _____ with my sister every day.



3. I always _____ in my car.



4. I usually _____ to go to work.



5. On Saturdays I don't work, so I _____.



6. On Tuesdays I stay at home and _____ all day.



Grammar

2 Complete the story with words from the box.

love like stand into hate

Arturo (26) Mexico

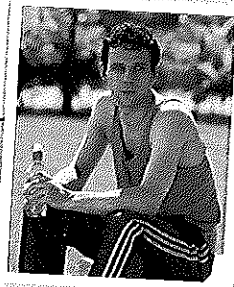
I can't stand
doing nothing. I really

_____ (1.)

vacations where people
lie on the beach all day—I
can't understand it. I totally

_____ (2.) exercising, so I get up
early every day and run for an hour before
breakfast. I'm not really _____ (3.)

team sports like soccer. When I go on
vacation, I do water sports like surfing and
sailing. I _____ (4.) walking and
biking, too!



3 Complete the dialogs using words and phrases from the box.

love don't mind am not into am into
like really like can't stand

Ex: A: Do you like swimming?

B: Yes, I love (+++) it. I swim
in the ocean every day.

1. A: Are you into tennis?

B: I don't play, but I really _____ (+)
watching Wimbledon.

2. A: Do you enjoy watching sports on TV?

B: I _____ (+/-) it, but it's better to
go to the game.

3. A: Do you like walking?

B: No, I don't. But I _____ (+) biking.

4. A: Do you like watching boxing?

B: No, I _____ (---) seeing people
hit each other.

5. A: Do you watch a lot of TV?

B: Not really, but I _____ (++)
watching movies sometimes.

6. A: Do you read novels?

B: Yes, but I _____ (-) science fiction.

Reading

4a Read the article quickly. Then write the headings in the box next to the correct time of day.

Visit the dentist

Eat your dinner

Think about a problem

Go to the gym

A time for everything . . .

What is the right time of day for your body to do everything?

Noon _____

Your brain works best at around midday. It's a good time to talk to your boss about a problem or do a difficult crossword.

2 P.M. _____

Do you hate going to the dentist? Make an appointment in the early afternoon. You don't feel pain so badly at this time of day.

5 P.M. _____

Are you very hungry when you finish work? This is because food tastes better in the early evening. Eating late is a bad idea. After midnight it is more difficult for our bodies to process fat, and this can give you heart problems.

8 P.M. _____

The best time to exercise is around 8 P.M. At this time our body temperature is at its maximum, so our muscles are warmer.

b Read the article again. Mark the sentences true (T) or false (F).

- _____ 1. Your brain works best in the middle of the day.
- _____ 2. The best time to do a crossword is early morning.
- _____ 3. It's a good idea to go to the dentist between 1 and 3 P.M.
- _____ 4. Food tastes good in the early evening.
- _____ 5. The best time to eat dinner is just before you go to bed.
- _____ 6. It is good to exercise in the evening because your muscles are warm.

Communication

1a Read the interview. Then make notes in the chart.

Interviewer: So, how many hours do you sleep, Liz?
 Liz: Not enough. I usually sleep about six hours on weekdays. That's why I'm always tired.
 Interviewer: And you, Paul?
 Paul: I sleep seven or eight hours on weekdays. It depends what time I go to bed.
 Interviewer: What about weekends?
 Liz: Oh, I get more sleep on weekends—about ten hours. Sometimes I don't get up until lunchtime!
 Paul: Really? I can't stay in bed that long. I usually sleep about nine hours on weekends. Sometimes I try to sleep in, but I can't.
 Interviewer: Did you know that 10 percent of the population suffer from insomnia—when you can't fall asleep. Do you ever get that?
 Paul: Yeah, sometimes. When I'm worried about work.
 Interviewer: And you, Liz?
 Liz: No. I don't usually have any problems falling asleep. Very occasionally, I can't sleep if I've drunk too much coffee.
 Interviewer: And do you use an alarm clock to wake up in the morning?
 Liz: Yes. I can't wake up without an alarm clock. In fact, I have two, because I turn the first alarm clock off and fall asleep again.
 Paul: I usually don't need an alarm clock. Sometimes I use one if I have to get up really early.

	Liz	Paul
Sleep weekdays (hours)		
Sleep weekend (hours)		
Insomnia (yes/no)		
Alarm clock (yes/no)		

b Answer the questions.

- Who is always tired?

- Who likes to sleep in late on Sundays?

- Who has problems sleeping when worried?

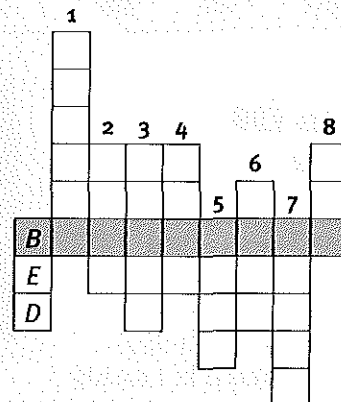
- What happens to Liz when she drinks a lot of coffee?

- Why does Liz use two alarm clocks?

- When does Paul use an alarm clock?

Vocabulary

2 Use the clues to complete the puzzle. What is the hidden word?



Clues

Ex: A: What time do you usually go to bed?

B: At about 10:30 P.M. I usually read a book until 11 P.M.

- Do you take a(n) _____ in the morning or the evening?
- I _____ a book or magazine until about 11 P.M.
- I like having a(n) _____ in the afternoon, for example, some fruit or chocolate.
- I always _____ up very early in the morning.
- I find it difficult to _____ asleep if I am worried about something.
- When I am very tired I _____ a nap on the sofa.
- Some nights I only _____ for about four hours.
- I have to _____ up at seven o'clock on weekdays.

Grammar

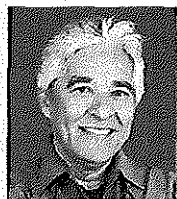
3 Complete the sentences using the simple present.



Sylvie studies (study) French. She _____ (1. not know) what she wants to do when she _____ (2. finish) her degree. Sylvie _____ (3. live) at home with her family.



Max _____ (4. work) in the city. He _____ (5. have) a new sports car and a big house. He _____ (6. enjoy) going out with friends. He _____ (7. not smoke), and he _____ (8. exercise) a lot.



Albert _____ (9. not work) now. He's 75 years old. He usually _____ (10. spend) his time at home. He _____ (11. watch) TV and _____ (12. read) the newspaper. Sometimes he _____ (13. go) for a walk or _____ (14. do) some shopping. He _____ (15. not cook), so his daughter _____ (16. bring) him food to eat.

4 Change the sentences to questions. Then use the cues to write short positive (✓) or negative (X) answers.

Ex: You live in Monaco.

A: Do you live in Monaco?

(✓) B: Yes, I do.

1. You like swimming.

A: _____

(✓) B: _____

2. They go to bed early every night.

A: _____

(X) B: _____

3. She speaks Spanish.

A: _____

(✓) B: _____

4. He goes to college.

A: _____

(X) B: _____

5. You have lots of homework.

A: _____

(X) B: _____

6. We have her telephone number.

A: _____

(X) B: _____

7. They remember you.

A: _____

(✓) B: _____

8. You want to go out later.

A: _____

(✓) B: _____

5 Look at all of the cues in parentheses. Then rewrite the sentences using the adverbs of frequency from the box and the cues.

usually	hardly ever	never
always	sometimes	often

Ex: I go out with my friends.

(40%) I sometimes go out with my friends.

1. I forget to take my books to class.

(5%) _____

2. Jake is late.

(0%) _____

3. We see Pablo and Juan after the game.

(60%) _____

4. Do you drink coffee in the morning?

(100%) _____

5. We visit my grandmother in Ohio.

(40%) _____

6. It is sunny in August.

(90%) _____

Grammar

- 1 Answer the questions about each picture.
Write sentences.



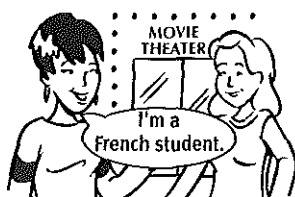
Ex: Does he teach? Yes, he does.
Is he teaching now? No, he isn't.
What is he doing? He's painting his house.



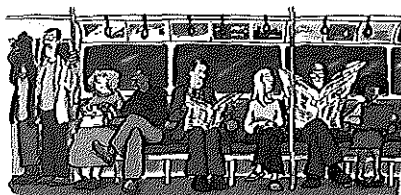
1. Does he manage a bank? _____
Is he working now? _____
What is he doing? _____



2. Do they play guitar? _____
Are they playing guitar now? _____



3. Does she study French? _____
Is she studying French now? _____
What is she doing? _____



4. Do they take the bus to work? _____
Are they taking the bus now? _____

- 2 Read the online profiles. Circle the correct words.

My name is Becky, and I (m)'m being a dancer. I practice/am practicing (1.) for five hours every day, and I teach/am teaching (2.) dance to a small group of children twice a week. These days, I dance/am dancing (3.) with the National Dance Company. We perform/are performing (4.) on Fridays at Madison Hall for the next two months. It is a great show, and I think/am thinking (5.) I am lucky to be in it.



I'm Marcus, and I am the manager of a bank in Atlanta. I work/am working (6.) very hard, so I don't have/m not having (7.) much time to see my family. We like/are liking (8.) going on vacation whenever we can. Right now we ski/are skiing (9.). We stay/are staying (10.) in a small resort near Cusco, Peru, for three weeks. The weather is/is being (11.) wonderful, and I learn/m learning (12.) some Spanish, too.



- 3 Complete the sentences using the simple present or the present continuous form of the words in parentheses.

Ex: These days I 'm learning (learn) to drive.

- I _____ (not like) traveling by train.
- Sue and Derek _____ (celebrate) their anniversary today.
- Marta _____ (finish) school at two o'clock on Tuesdays.
- Turn the TV off. I _____ (not watch) it.
- Matt can't come to the phone right now. He _____ (take) a shower.
- Sandra _____ (not work) today. She's taking her driving test.
- Marc _____ (not think) it's a good idea to go to Spain.
- My brother isn't working these days. He _____ (look) for a new job.

Reading

4 Complete the email with the words from the box.

changing doing making opening planning starting

Hi Gloria,

How are things in Spain? I hope you are _____ (1.) well. Here everything is _____ (2.). Paul and I are _____ (3.) a new business. It's very exciting!

We are _____ (4.) a restaurant called JoJo's, and we are going to serve Malaysian food.

We're opening next month, so we are really busy looking for employees and _____ (5.) the restaurant look nice. I hope we finish on time!

I would love to hear what you are doing. Are you still traveling a lot? When are you _____ (6.) to visit us again? Hope to hear from you soon.

Take care,
Jo

5a Read the article and check (✓) the best title.

- _____ The Future of Shopping?
 _____ The Coffee Shop
 _____ 24-Hour Banking for the Future

It sells bread, milk, and cigarettes. But Shop 24 is not a good place to talk to the store owner—because there isn't one.

Shop 24 is a new idea for shopping. It's a very big vending machine, the size of a small store. It's open 24 hours a day, seven days a week. Is this the future of shopping? We decided to try it. Our shopping list: eggs, milk, bread, ham, toilet paper, fresh coffee, aspirin, vegetables, chocolate. It starts well. Shop 24 has eggs and milk. There is toilet paper, aspirin, bread, and lots of chocolate. But there isn't any ham. There are no fresh vegetables, and there is no fresh coffee.

I press the buttons to make our order. A big mechanical hand moves across the window. It picks up a box of eggs and drops it onto a shelf. The arm moves left and right collecting our order. It's fun to watch, better than normal shopping.

Then, disaster: the eggs are broken, and the door closes before I can take my items out.

We finish our shopping in a local store. It's much better than Shop 24, but it isn't open 24 hours a day. We ask the cashier about the new vending machine shop. "I think people will use it late at night. But people don't really like technology. Most people would prefer to talk to a face."

b Read the article again and answer the questions.

- What is different about Shop 24?
 - It has no employees.
 - It has no customers.
 - It sells robots.
- What things from the list does the writer not buy from Shop 24?
 - bread, vegetables, aspirin, fresh coffee
 - ham, vegetables, fresh coffee
 - bread, ham, tomatoes, coffee
- What problems does the writer have?
 - The eggs are old, and the door closes.
 - The eggs are broken, and there is no milk.
 - The eggs are broken, and she can't take her items out of the machine.
- The writer finishes her shopping in _____.
 - Shop 24
 - a big supermarket
 - a store near Shop 24
- The cashier thinks that people will continue using real stores because _____.
 - customers like people better than new technology
 - Shop 24 doesn't have enough things to sell
 - local shops will stay open for 24 hours