



# National Center for Health Statistics



## National Health and Nutrition Examination Survey

### 2013-2014 Dietary Variable List

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Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DBD100	How often {do you/does SP} add ordinary salt to {your/his/her/SP's} food at the table? Would you say ...	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DBQ095Z	What type of salt {do you/does SP} usually add to {your/his/her/SP's} food at the table? Would you say ...	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1_300	Was the amount of food that {you/NAME} ate yesterday much more than usual, usual, or much less than usual?	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1_320Z	Total plain water drank yesterday - including plain tap water, water from a drinking fountain, water from a water cooler, bottled water, and spring water.	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1_330Z	Total tap water drank yesterday - including filtered tap water and water from a drinking fountain.	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1BWATZ	Total bottled water drank yesterday (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1DAY	Intake day of the week	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1DBIH	Number of days between intake day and the day of family questionnaire administered in the household.	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1DRSTZ	Dietary recall status	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1EXMER	Interviewer ID code	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1HELPD	Who helped in responding for this interview	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1LANG	The respondent spoke mostly:	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1MNRSP	Who was the main respondent for this interview?	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1SKY	What type of salt was it? (Was it ordinary or seasoned salt, lite salt, or a salt substitute?)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1STY	Did {you/SP} add any salt to {your/her/his} food at the table yesterday? Salt includes ordinary or seasoned salt, lite salt, or a salt substitute.	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TACAR	Alpha-carotene (mcg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TALCO	Alcohol (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TATOA	Added alpha-tocopherol (Vitamin E) (mg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TATOC	Vitamin E as alpha-tocopherol (mg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1TB12A	Added vitamin B12 (mcg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TBCAR	Beta-carotene (mcg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TCAFF	Caffeine (mg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TCALC	Calcium (mg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TCARB	Carbohydrate (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TCHL	Total choline (mg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TCHOL	Cholesterol (mg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1TCOPP	Copper (mg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TCRYP	Beta-cryptoxanthin (mcg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TFA	Folic acid (mcg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TFDFE	Folate as dietary folate equivalents (mcg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TFF	Food folate (mcg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TFIBE	Dietary fiber (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TFOLA	Total folate (mcg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1TIRON	Iron (mg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TKCAL	Energy (kcal)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TLYCO	Lycopene (mcg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TLZ	Lutein + zeaxanthin (mcg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TM161	MFA 16:1 (Hexadecenoic) (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TM181	MFA 18:1 (Octadecenoic) (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TM201	MFA 20:1 (Eicosenoic) (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1TM221	MFA 22:1 (Docosenoic) (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TMAGN	Magnesium (mg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TMFAT	Total monounsaturated fatty acids (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TMOIS	Moisture (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TNIAC	Niacin (mg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TNUMF	Total number of foods/beverages reported in the individual foods file	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TP182	PFA 18:2 (Octadecadienoic) (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1TP183	PFA 18:3 (Octadecatrienoic) (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TP184	PFA 18:4 (Octadecatetraenoic) (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TP204	PFA 20:4 (Eicosatetraenoic) (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TP205	PFA 20:5 (Eicosapentaenoic) (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TP225	PFA 22:5 (Docosapentaenoic) (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TP226	PFA 22:6 (Docosahexaenoic) (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TPFAT	Total polyunsaturated fatty acids (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1TPHOS	Phosphorus (mg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TPOTA	Potassium (mg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TPROT	Protein (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TRET	Retinol (mcg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TS040	SFA 4:0 (Butanoic) (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TS060	SFA 6:0 (Hexanoic) (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TS080	SFA 8:0 (Octanoic) (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1TS100	SFA 10:0 (Decanoic) (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TS120	SFA 12:0 (Dodecanoic) (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TS140	SFA 14:0 (Tetradecanoic) (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TS160	SFA 16:0 (Hexadecanoic) (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TS180	SFA 18:0 (Octadecanoic) (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TSELE	Selenium (mcg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TSFAT	Total saturated fatty acids (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1TSODI	Sodium (mg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TSUGR	Total sugars (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TTFAT	Total fat (gm)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TTHEO	Theobromine (mg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TVARA	Vitamin A as retinol activity equivalents (mcg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TVB1	Thiamin (Vitamin B1) (mg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TVB12	Vitamin B12 (mcg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1TVB2	Riboflavin (Vitamin B2) (mg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TVB6	Vitamin B6 (mg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TVC	Vitamin C (mg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TVD	Vitamin D (D2 + D3) (mcg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TVK	Vitamin K (mcg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TWS	When you drink tap water, what is the main source of the tap water? Is the city water supply (community water supply); a well or rain cistern; a spring; or something else?	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DR1TZINC	Zinc (mg)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DRABF	Indicates whether the sample person was an infant who was breast-fed on either of the two recall days.	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD340	Please look at this list of shellfish. During the past 30 days did you eat any types of shellfish listed on this card? Include any foods that had shellfish in them such as sandwiches, soups, or salads.	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD350A	Clams eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD350AQ	Number of times clams were eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD350B	Crabs eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD350BQ	Number of times crab was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD350C	Crayfish eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DRD350CQ	Number of times crayfish was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD350D	Lobsters eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD350DQ	Number of times lobster was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD350E	Mussels eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD350EQ	Number of times mussels were eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD350F	Oysters eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD350FQ	Number of times oysters were eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DRD350G	Scallops eaten during the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD350GQ	Number of times scallops were eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD350H	Shrimp eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD350HQ	Number of times shrimp was eaten in the last 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD350I	Other shellfish ( ex. octopus, squid) eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD350IQ	Number of times other shellfish (ex. octopus, squid) was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD350J	Other unknown shellfish eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DRD350JQ	Number of times other unknown shellfish was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD350K	Refused to give detailed information on shellfish eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD360	Please look at this list of fish. During the past 30 days did you eat any types of fish listed on this card? Include any foods that had fish in them such as sandwiches, soups, or salads.	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370A	Breaded fish products eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370AQ	Number of times breaded fish products were eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370B	Tuna eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370BQ	Number of times tuna was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DRD370C	Bass eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370CQ	Number of times bass was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370D	Catfish eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370DQ	Number of times catfish was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370E	Cod eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370EQ	Number of times cod was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370F	Flatfish eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DRD370FQ	Number of times flatfish was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370G	Haddock eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370GQ	Number of times haddock was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370H	Mackerel eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370HQ	Number of times mackerel was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370I	Perch eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370IQ	Number of times perch was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DRD370J	Pike eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370JQ	Number of times pike was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370K	Pollock eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370KQ	Number of times pollock was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370L	Porgy eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370LQ	Number of times porgy was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370M	Salmon eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DRD370MQ	Number of times salmon was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370N	Sardines eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370NQ	Number of times sardines were eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370O	Sea bass eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370OQ	Number of times sea bass was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370P	Shark eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370PQ	Number of times shark was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DRD370Q	Swordfish eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370QQ	Number of times swordfish was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370R	Trout eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370RQ	Number of times trout was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370S	Walleye eaten during the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370SQ	Number of times walleye was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370T	Other type of fish eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DRD370TQ	Number of times other type of fish was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370U	Other unknown type eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370UQ	Number of times other unknown type of fish was eaten in the past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRD370V	Refused to give detailed information on fish eaten during past 30 days	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRDINT	Indicates whether the sample person has intake data for one or two days.	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRQSDIET	Are you currently on any kind of diet, either to lose weight or for some other health-related reason?	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRQSDT1	What kind of diet are you on? (Is it a weight loss or low calorie diet; low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another type of diet?)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DRQSDT10	What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another type of diet?)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRQSDT11	What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another type of diet?)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRQSDT12	What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another type of diet?)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRQSDT2	What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another type of diet?)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRQSDT3	What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another type of diet?)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DRQSDT4	What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another type of diet?)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRQSDT5	What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another type of diet?)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRQSDT6	What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another type of diet?)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRQSDT7	What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another type of diet?)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRQSDT8	What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another type of diet?)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DRQSDT9	What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another type of diet?)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRQSDT91	What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another type of diet?)	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
DRQSPREP	How often is ordinary salt or seasoned salt added in cooking or preparing foods in your household? Is it never, rarely, occasionally, or very often?	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
SEQN	Respondent sequence number.	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
WTDR2D	Dietary two-day sample weight	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None
WTDRD1	Dietary day one sample weight	DR1TOT_H	Dietary Interview - Total Nutrient Intakes, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2_300	Was the amount of food that {you/NAME} ate yesterday much more than usual, usual, or much less than usual?	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2_320Z	Total plain water drank yesterday - including plain tap water, water from a drinking fountain, water from a water cooler, bottled water, and spring water.	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2_330Z	Total tap water drank yesterday - including filtered tap water and water from a drinking fountain.	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2BWATZ	Total bottled water drank yesterday. (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2DAY	Intake day of the week	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2DBIH	Number of days between intake day and the day of family questionnaire administered in the household.	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2DRSTZ	Dietary recall status	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2EXMER	Interviewer ID code	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2HELPD	Who helped in responding for this interview	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2LANG	The respondent spoke mostly:	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2MNRSP	Who was the main respondent for this interview?	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2SKY	What type of salt was it? (Was it ordinary or seasoned salt, lite salt, or a salt substitute?)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2STY	Did {you/SP} add any salt to {your/her/his} food at the table yesterday? Salt includes ordinary or seasoned salt, lite salt, or a salt substitute.	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TACAR	Alpha-carotene (mcg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2TALCO	Alcohol (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TATOA	Added alpha-tocopherol (Vitamin E) (mg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TATOC	Vitamin E as alpha-tocopherol (mg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TB12A	Added vitamin B12 (mcg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TBCAR	Beta-carotene (mcg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TCAFF	Caffeine (mg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TCALC	Calcium (mg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2TCARB	Carbohydrate (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TCHL	Total choline (mg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TCHOL	Cholesterol (mg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TCOPP	Copper (mg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TCRYP	Beta-cryptoxanthin (mcg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TFA	Folic acid (mcg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TFDFE	Folate as dietary folate equivalents (mcg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2TFF	Food folate (mcg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TFIBE	Dietary fiber (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TFOLA	Total folate (mcg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TIRON	Iron (mg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TKCAL	Energy (kcal)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TLYCO	Lycopene (mcg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TLZ	Lutein + zeaxanthin (mcg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2TM161	MFA 16:1 (Hexadecenoic) (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TM181	MFA 18:1 (Octadecenoic) (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TM201	MFA 20:1 (Eicosenoic) (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TM221	MFA 22:1 (Docosenoic) (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TMAGN	Magnesium (mg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TMFAT	Total monounsaturated fatty acids (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TMOIS	Moisture (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2TNIAC	Niacin (mg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TNUMF	Total number of foods/beverages reported in the individual foods file	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TP182	PFA 18:2 (Octadecadienoic) (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TP183	PFA 18:3 (Octadecatrienoic) (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TP184	PFA 18:4 (Octadecatetraenoic) (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TP204	PFA 20:4 (Eicosatetraenoic) (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TP205	PFA 20:5 (Eicosapentaenoic) (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2TP225	PFA 22:5 (Docosapentaenoic) (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TP226	PFA 22:6 (Docosahexaenoic) (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TPFAT	Total polyunsaturated fatty acids (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TPHOS	Phosphorus (mg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TPOTA	Potassium (mg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TPROT	Protein (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TRET	Retinol (mcg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2TS040	SFA 4:0 (Butanoic) (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TS060	SFA 6:0 (Hexanoic) (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TS080	SFA 8:0 (Octanoic) (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TS100	SFA 10:0 (Decanoic) (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TS120	SFA 12:0 (Dodecanoic) (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TS140	SFA 14:0 (Tetradecanoic) (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TS160	SFA 16:0 (Hexadecanoic) (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2TS180	SFA 18:0 (Octadecanoic) (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TSELE	Selenium (mcg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TSFAT	Total saturated fatty acids (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TSODI	Sodium (mg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TSUGR	Total sugars (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TTFAT	Total fat (gm)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TTHEO	Theobromine (mg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2TVARA	Vitamin A as retinol activity equivalents (mcg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TVB1	Thiamin (Vitamin B1) (mg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TVB12	Vitamin B12 (mcg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TVB2	Riboflavin (Vitamin B2) (mg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TVB6	Vitamin B6 (mg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TVC	Vitamin C (mg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TVD	Vitamin D (D2 + D3) (mcg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2TVK	Vitamin K (mcg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TWS	When you drink tap water, what is the main source of the tap water? Is the city water supply (community water supply); a well or rain cistern; a spring; or something else?	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR2TZINC	Zinc (mg)	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DRABF	Indicates whether the sample person was an infant who was breast-fed on either of the two recall days.	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DRDINT	Indicates whether the sample person has intake data for one or two days.	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
SEQN	Respondent sequence number.	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
WTDR2D	Dietary two-day sample weight	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
WTDRD1	Dietary day one sample weight	DR2TOT_H	Dietary Interview - Total Nutrient Intakes, Second Day	2013	2014	Dietary	None
DR1_020	What time did you begin to eat/drink the meal/food?	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1_030Z	Name of eating occasion	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1_040Z	Did you eat this meal at home?	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1CCMNM	Combination food number (sequential number)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1CCMTX	Combination food type	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1DAY	Intake day of the week	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1DBIH	Number of days between intake day and the day of family questionnaire administered in the household.	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1DRSTZ	Dietary recall status	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1EXMER	Interviewer ID code	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1FS	Where did you get (this/most of the ingredients for this) {FOODNAME}?	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IACAR	Alpha-carotene (mcg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IALCO	Alcohol (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IATOA	Added alpha-tocopherol (Vitamin E) (mg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IATOC	Vitamin E as alpha-tocopherol (mg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IB12A	Added vitamin B12 (mcg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IBCAR	Beta-carotene (mcg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1ICAFF	Caffeine (mg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1ICALC	Calcium (mg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1ICARB	Carbohydrate (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1ICHL	Total choline (mg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1ICHOL	Cholesterol (mg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1ICOPP	Copper (mg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1ICRYP	Beta-cryptoxanthin (mcg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IFA	Folic acid (mcg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IFDCD	USDA food code	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1IFDFE	Folate as dietary folate equivalents (mcg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IFF	Food folate (mcg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IFIBE	Dietary fiber (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IFOLA	Total folate (mcg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IGRMS	Gram weight of the food/individual component	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IIRON	Iron (mg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IKCAL	Energy (kcal)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1ILINE	Food/Individual component number	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1ILYCO	Lycopene (mcg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1ILZ	Lutein + zeaxanthin (mcg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IM161	MFA 16:1 (Hexadecenoic) (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IM181	MFA 18:1 (Octadecenoic) (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IM201	MFA 20:1 (Eicosenoic) (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IM221	MFA 22:1 (Docosenoic) (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IMAGN	Magnesium (mg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IMFAT	Total monounsaturated fatty acids (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IMOIS	Moisture (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1INIAC	Niacin (mg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1IP182	PFA 18:2 (Octadecadienoic) (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IP183	PFA 18:3 (Octadecatrienoic) (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IP184	PFA 18:4 (Octadecatetraenoic) (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IP204	PFA 20:4 (Eicosatetraenoic) (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IP205	PFA 20:5 (Eicosapentaenoic) (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IP225	PFA 22:5 (Docosapentaenoic) (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IP226	PFA 22:6 (Docosahexaenoic) (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IPFAT	Total polyunsaturated fatty acids (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IPHOS	Phosphorus (mg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1IPOTA	Potassium (mg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IPROT	Protein (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IRET	Retinol (mcg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IS040	SFA 4:0 (Butanoic) (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IS060	SFA 6:0 (Hexanoic) (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IS080	SFA 8:0 (Octanoic) (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IS100	SFA 10:0 (Decanoic) (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IS120	SFA 12:0 (Dodecanoic) (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IS140	SFA 14:0 (Tetradecanoic) (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1IS160	SFA 16:0 (Hexadecanoic) (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IS180	SFA 18:0 (Octadecanoic) (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1ISELE	Selenium (mcg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1ISFAT	Total saturated fatty acids (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1ISODI	Sodium (mg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1ISUGR	Total sugars (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1ITFAT	Total fat (gm)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1ITHEO	Theobromine (mg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IVARA	Vitamin A as retinol activity equivalents (mcg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1IVB1	Thiamin (Vitamin B1) (mg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IVB12	Vitamin B12 (mcg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IVB2	Riboflavin (Vitamin B2) (mg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IVB6	Vitamin B6 (mg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IVC	Vitamin C (mg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IVD	Vitamin D (D2 + D3) (mcg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IVK	Vitamin K (mcg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1IZINC	Zinc (mg)	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR1LANG	The respondent spoke mostly:	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DRABF	Indicates whether the sample person was an infant who was breast-fed on either of the two recall days.	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DRDINT	Indicates whether the sample person has intake data for one or two days.	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
SEQN	Respondent sequence number.	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
WTDR2D	Dietary two-day sample weight	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
WTDRD1	Dietary day one sample weight	DR1IFF_H	Dietary Interview - Individual Foods, First Day	2013	2014	Dietary	None
DR2_020	What time did you begin to eat/drink the meal/food?	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2_030Z	Name of eating occasion	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2_040Z	Did you eat this meal at home?	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2CCMNM	Combination food number (sequential number)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2CCMTX	Combination food type	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2DAY	Intake day of the week	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2DBIH	Number of days between intake day and the day of family questionnaire administered in the household.	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2DRSTZ	Dietary recall status	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2EXMER	Interviewer ID code	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2FS	Where did you get (this/most of the ingredients for this) {FOODNAME}?	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IACAR	Alpha-carotene (mcg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IALCO	Alcohol (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IATOA	Added alpha-tocopherol (Vitamin E) (mg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2IATOC	Vitamin E as alpha-tocopherol (mg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IB12A	Added vitamin B12 (mcg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IBCAR	Beta-carotene (mcg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2ICAFF	Caffeine (mg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2ICALC	Calcium (mg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2ICARB	Carbohydrate (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2ICHL	Total choline (mg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2ICHOL	Cholesterol (mg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2ICOPP	Copper (mg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2ICRYP	Beta-cryptoxanthin (mcg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IFA	Folic acid (mcg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IFDCD	USDA food code	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IFDFE	Folate as dietary folate equivalents (mcg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IFF	Food folate (mcg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IFIBE	Dietary fiber (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IFOLA	Total folate (mcg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IGRMS	Gram weight of the food/individual component	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IIRON	Iron (mg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2IKCAL	Energy (kcal)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2ILINE	Food/Individual component number	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2ILYCO	Lycopene (mcg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2ILZ	Lutein + zeaxanthin (mcg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IM161	MFA 16:1 (Hexadecenoic) (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IM181	MFA 18:1 (Octadecenoic) (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IM201	MFA 20:1 (Eicosenoic) (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IM221	MFA 22:1 (Docosenoic) (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IMAGN	Magnesium (mg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2IMFAT	Total monounsaturated fatty acids (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IMOIS	Moisture (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2INIAC	Niacin (mg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IP182	PFA 18:2 (Octadecadienoic) (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IP183	PFA 18:3 (Octadecatrienoic) (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IP184	PFA 18:4 (Octadecatetraenoic) (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IP204	PFA 20:4 (Eicosatetraenoic) (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IP205	PFA 20:5 (Eicosapentaenoic) (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IP225	PFA 22:5 (Docosapentaenoic) (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2IP226	PFA 22:6 (Docosahexaenoic) (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IPFAT	Total polyunsaturated fatty acids (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IPHOS	Phosphorus (mg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IPOTA	Potassium (mg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IPROT	Protein (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IRET	Retinol (mcg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IS040	SFA 4:0 (Butanoic) (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IS060	SFA 6:0 (Hexanoic) (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IS080	SFA 8:0 (Octanoic) (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2IS100	SFA 10:0 (Decanoic) (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IS120	SFA 12:0 (Dodecanoic) (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IS140	SFA 14:0 (Tetradecanoic) (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IS160	SFA 16:0 (Hexadecanoic) (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IS180	SFA 18:0 (Octadecanoic) (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2ISELE	Selenium (mcg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2ISFAT	Total saturated fatty acids (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2ISODI	Sodium (mg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2ISUGR	Total sugars (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2ITFAT	Total fat (gm)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2ITHEO	Theobromine (mg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IVARA	Vitamin A as retinol activity equivalents (mcg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IVB1	Thiamin (Vitamin B1) (mg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IVB12	Vitamin B12 (mcg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IVB2	Riboflavin (Vitamin B2) (mg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IVB6	Vitamin B6 (mg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IVC	Vitamin C (mg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IVD	Vitamin D (D2 + D3) (mcg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2IVK	Vitamin K (mcg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2IZINC	Zinc (mg)	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DR2LANG	The respondent spoke mostly:	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DRABF	Indicates whether the sample person was an infant who was breast fed on either of the two recall days.	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DRDINT	Indicates whether the sample person has intake data for one or two days.	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
SEQN	Respondent sequence number.	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
WTDR2D	Dietary two-day sample weight	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
WTDRD1	Dietary day one sample weight	DR2IFF_H	Dietary Interview - Individual Foods, Second Day	2013	2014	Dietary	None
DRXFCLD	Long Food Code Description	DRXFCD_H	Dietary Interview Technical Support File - Food Codes	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DRXFCSD	Short Food Code Description	DRXFCD_H	Dietary Interview Technical Support File - Food Codes	2013	2014	Dietary	None
DRXFDCD	Food Code	DRXFCD_H	Dietary Interview Technical Support File - Food Codes	2013	2014	Dietary	None
SEQN	Respondent sequence number.	DRXFCD_H	Dietary Interview Technical Support File - Food Codes	2013	2014	Dietary	None
DR1DAY	Intake day of the week	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DR1DBIH	# of days b/w intake and HH interview	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DR1DRSTZ	Dietary recall status	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DR1EXMER	Interviewer ID code	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1LANG	The respondent spoke mostly:	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DRDINT	Indicates whether the sample person has intake data for one or two days.	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1ACTSS	Reported serving size/label serving size	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1ANTA	Antacid containing calcium/magnesium	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1ICAFF	Caffeine (mg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1ICALC	Calcium (mg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS1ICARB	Carbohydrate (gm)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1ICHL	Total choline (mg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1ICHOL	Cholesterol (mg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1ICOPP	Copper (mg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1IFA	Folic acid (mcg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1IFDFE	Folate, DFE (mcg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS1IFIBE	Dietary fiber (gm)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1IIODI	Iodine (mcg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1IIRON	Iron (mg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1IKCAL	Energy (kcal)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1ILYCO	Lycopene (mcg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1ILZ	Lutein + zeaxanthin (mcg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS1IMAGN	Magnesium (mg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1IMFAT	Total monounsaturated fatty acids (gm)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1INIAC	Niacin (mg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1IPFAT	Total polyunsaturated fatty acids (gm)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1IPHOS	Phosphorus (mg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1IPOTA	Potassium (mg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS1IPROT	Protein (gm)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1ISELE	Selenium (mcg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1ISFAT	Total saturated fatty acids (gm)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1ISODI	Sodium (mg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1ISUGR	Total sugars (gm)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1ITFAT	Total fat (gm)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS1IVB1	Thiamin (Vitamin B1) (mg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1IVB12	Vitamin B12 (mcg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1IVB2	Riboflavin (Vitamin B2) (mg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1IVB6	Vitamin B6 (mg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1IVC	Vitamin C (mg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1IVD	Vitamin D (D2 + D3) (mcg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS1IVK	Vitamin K (mcg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1IZINC	Zinc (mg)	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1LOC	Location supplement originally recorded	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DS1MTCH	DSDMTCH	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DSDSUPID	NCHS Supplement ID	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DSDSUPP	Supplement Name	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
SEQN	Respondent sequence number.	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
WTDR2D	Dietary two-day sample weight	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
WTDRD1	Dietary day one sample weight	DS1IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, First Day	2013	2014	Dietary	None
DSD070	Was container seen?	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSD090	For how long have you been taking {PRODUCT NAME} or a similar type of product?	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSD103	In the past 30 days, on how many days did you take {PRODUCT NAME}?	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSD122Q	On the days that (you/SP) took (PRODUCT NAME), how much did (you/SP), usually take on a single day?	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DSD122U	On the days that {you/SP} took {PRODUCT NAME}, how much did {you/SP} usually take on a single day?	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSD128AA	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSD128BB	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSD128DD	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSD128EE	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSD128FF	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DSD128GG	For what reason or reasons do you take {PRODUCT NAME}?} (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSD128HH	For what reason or reasons do you take {PRODUCT NAME}?} (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSD128II	For what reason or reasons do you take {PRODUCT NAME}?} (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSD128JJ	For what reason or reasons do you take {PRODUCT NAME}?} (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSD128KK	For what reason or reasons do you take {PRODUCT NAME}?} (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSD128LL	For what reason or reasons do you take {PRODUCT NAME}?} (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DSD128MM	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSD128T	What is the reason you take {PRODUCT NAME}? (Did you decide to take it for reasons of your own or did a doctor or other health provider tell you to take it?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSD128V	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSD128W	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSD128X	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSD128Z	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DSDACTSS	Reported serving size/label serving size	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSDANTA	Antacid reported as a dietary supplement	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSDDAY1	Was Supplement taken during the 24 Hour Recall, Day 1?	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSDDAY2	Was Supplement taken during the 24 Hour Recall, Day 2?	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSDMTCH	Matching code	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSDSUPID	Supplement ID Number	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSDSUPP		DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DSQ124	What is the reason you take {PRODUCT NAME}? (Did you decide to take it for reasons of your own or did a doctor or other health provider tell you to take it?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQ128A	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQ128B	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQ128C	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQ128D	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQ128E	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DSQ128F	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQ128G	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQ128H	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQ128I	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQ128J	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQ128K	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DSQ128L	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQ128M	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQ128N	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQ128NN	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQ128O	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQ128P	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DSQ128Q	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQ128R	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQ128S	For what reason or reasons do you take {PRODUCT NAME}? (For what reason or reasons did the doctor or other health professional tell you to take {PRODUCT}?)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQICAFF	Caffeine (mg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQICALC	Calcium (mg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQICARB	Carbohydrate (gm)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQICHL	Total choline (mg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DSQICHOL	Cholesterol (mg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQICOPP	Copper (mg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQIFA	Folic acid (mcg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQIFDFE	Folate, DFE (mcg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQIFIBE	Dietary fiber (gm)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQIIODI		DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQIIRON	Iron (mg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DSQIKCAL	Energy (kcal)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQILYCO	Lycopene (mcg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQILZ	Lutein + zeaxanthin (mcg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQIMAGN	Magnesium (mg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQIMFAT	Total monounsaturated fatty acids (gm)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQINIAC	Niacin (mg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQIPFAT	Total polyunsaturated fatty acids (gm)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DSQIPHOS	Phosphorus (mg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQIPOTA	Potassium (mg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQIPROT	Protein (gm)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQISELE	Selenium (mcg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQISFAT	Total saturated fatty acids (gm)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQISODI	Sodium (mg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQISUGR	Total sugars (gm)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DSQITFAT	Total fat (gm)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQIVB1	Thiamin (Vitamin B1) (mg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQIVB12	Vitamin B12 (mcg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQIVB2	Riboflavin (Vitamin B2) (mg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQIVB6	Vitamin B6 (mg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQIVC	Vitamin C (mg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQIVD	Vitamin D (D2 + D3) (mcg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DSQIVK	Vitamin K (mcg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DSQIZINC	Zinc (mg)	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
RXQ215A	Did you take {PRODUCT NAME} as an antacid, as a calcium supplement, or both?	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
SEQN	Respondent sequence number.	DSQIDS_H	Dietary Supplement Use 30-Day - Individual Dietary Supplements	2013	2014	Dietary	None
DR2DAY	Intake day of the week	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DR2DBIH	# of days b/w intake and HH interview	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DR2DRSTZ	Dietary recall status	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2EXMER	Interviewer ID code	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DR2LANG	The respondent spoke mostly:	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DRDINT	Indicates whether the sample person has intake data for one or two days.	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2ACTSS	Reported serving size/label serving size	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2ANTA	Antacid containing calcium/magnesium	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2ICAFF	Caffeine (mg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS2ICALC	Calcium (mg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2ICARB	Carbohydrate (gm)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2ICHL	Total choline (mg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2ICHOL	Cholesterol (mg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2ICOPP	Copper (mg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2IFA	Folic acid (mcg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS2IFDFE	Folate, DFE (mcg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2IFIBE	Dietary fiber (gm)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2IIODI	Iodine (mcg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2IIRON	Iron (mg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2IKCAL	Energy (kcal)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2ILYCO	Lycopene (mcg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS2ILZ	Lutein + zeaxanthin (mcg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2IMAGN	Magnesium (mg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2IMFAT	Total monounsaturated fatty acids (gm)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2INIAC	Niacin (mg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2IPFAT	Total polyunsaturated fatty acids (gm)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2IPHOS	Phosphorus (mg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS2IPOTA	Potassium (mg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2IPROT	Protein (gm)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2ISELE	Selenium (mcg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2ISFAT	Total saturated fatty acids (gm)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2ISODI	Sodium (mg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2ISUGR	Total sugars (gm)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS2ITFAT	Total fat (gm)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2IVB1	Thiamin (Vitamin B1) (mg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2IVB12	Vitamin B12 (mcg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2IVB2	Riboflavin (Vitamin B2) (mg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2IVB6	Vitamin B6 (mg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2IVC	Vitamin C (mg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS2IVD	Vitamin D (D2 + D3) (mcg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2IVK	Vitamin K (mcg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2IZINC	Zinc (mg)	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2LOC	Location supplement originally recorded	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2MTCH	Matching code	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2SUPID	NCHS Supplement ID	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DSDSUPP	Supplement Name	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
SEQN	Respondent sequence number.	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
WTDR2D	Dietary two-day sample weight	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
WTDRD1	Dietary day one sample weight	DS2IDS_H	Dietary Supplement Use 24-Hour - Individual Dietary Supplements, Second Day	2013	2014	Dietary	None
DR1DAY	Intake day of the week	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DR1DBIH	# of days b/w intake and HH interview	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DR1DRSTZ	Dietary recall status	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR1EXMER	Interviewer ID code	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DR1HELPD	Who helped in responding for this interview	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DR1LANG	The respondent spoke mostly:	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DR1MNRSP	Who was the main respondent for this interview?	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DRDINT	Indicates whether the sample person has intake data for one or two days.	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1AN	Any Antacids Taken?	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1ANCNT	Total # of Antacids Taken	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS1DS	Any Dietary Supplements taken in the past 24 hour?	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1DSCNT	Total # of Dietary Supplements Taken	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TCAFF	Caffeine (mg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TCALC	Calcium (mg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TCARB	Carbohydrate (gm)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TCHL	Total choline (mg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TCHOL	Cholesterol (mg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS1TCOPP	Copper (mg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TFA	Folic acid (mcg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TFDFE	Folate, DFE (mcg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TFIBE	Dietary fiber (gm)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TIODI	Iodine (mcg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TIRON	Iron (mg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TKCAL	Energy (kcal)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS1TLYCO	Lycopene (mcg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TLZ	Lutein + zeaxanthin (mcg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TMAGN	Magnesium (mg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TMFAT	Total monounsaturated fatty acids (gm)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TNIAC	Niacin (mg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TPFAT	Total polyunsaturated fatty acids (gm)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TPHOS	Phosphorus (mg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS1TPOTA	Potassium (mg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TPROT	Protein (gm)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TSELE	Selenium (mcg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TSFAT	Total saturated fatty acids (gm)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TSODI	Sodium (mg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TSUGR	Total sugars (gm)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TTFAT	Total fat (gm)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS1TVB1	Thiamin (Vitamin B1) (mg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TVB12	Vitamin B12 (mcg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TVB2	Riboflavin (Vitamin B2) (mg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TVB6	Vitamin B6 (mg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TVC	Vitamin C (mg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TVD	Vitamin D (D2 + D3) (mcg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DS1TVK	Vitamin K (mcg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS1TZINC	Zinc (mg)	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
SEQN	Respondent sequence number.	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
WTDR2D	Dietary two-day sample weight	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
WTDRD1	Dietary day one sample weight	DS1TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, First Day	2013	2014	Dietary	None
DR2DAY	Intake day of the week	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DR2DBIH	# of days b/w intake and HH interview	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DR2DRSTZ	Dietary recall status	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DR2EXMER	Interviewer ID code	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DR2HELPD	Who helped in responding for this interview	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DR2LANG	The respondent spoke mostly:	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DR2MNRSP	Who was the main respondent for this interview?	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DRDINT	Indicates whether the sample person has intake data for one or two days.	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2AN	Any Antacids Taken?	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2ANCNT	Total # of Antacids Taken	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS2DS	Any Dietary Supplements taken in the past 24 hour?	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2DSCNT	Total # of Dietary Supplements Taken	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TCAFF	Caffeine (mg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TCALC	Calcium (mg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TCARB	Carbohydrate (gm)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TCHL	Total choline (mg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TCHOL	Cholesterol (mg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS2TCOPP	Copper (mg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TFA	Folic acid (mcg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TFDFE	Folate, DFE (mcg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TFIBE	Dietary fiber (gm)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TIODI	Iodine (mcg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TIRON	Iron (mg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TKCAL	Energy (kcal)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS2TLYCO	Lycopene (mcg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TLZ	Lutein + zeaxanthin (mcg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TMAGN	Magnesium (mg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TMFAT	Total monounsaturated fatty acids (gm)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TNIAC	Niacin (mg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TPFAT	Total polyunsaturated fatty acids (gm)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TPHOS	Phosphorus (mg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS2TPOTA	Potassium (mg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TPROT	Protein (gm)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TSELE	Selenium (mcg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TSFAT	Total saturated fatty acids (gm)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TSODI	Sodium (mg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TSUGR	Total sugars (gm)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TTFAT	Total fat (gm)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS2TVB1	Thiamin (Vitamin B1) (mg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TVB12	Vitamin B12 (mcg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TVB2	Riboflavin (Vitamin B2) (mg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TVB6	Vitamin B6 (mg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TVC	Vitamin C (mg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TVD	Vitamin D (D2 + D3) (mcg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DS2TVK	Vitamin K (mcg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DS2TZINC	Zinc (mg)	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
SEQN	Respondent sequence number.	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
WTDR2D	Dietary two-day sample weight	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
WTDRD1	Dietary day one sample weight	DS2TOT_H	Dietary Supplement Use 24-Hour - Total Dietary Supplements, Second Day	2013	2014	Dietary	None
DSD010	The next questions are about {your/SP's} use of dietary supplements and medications during the past month. {Have you/Has SP} used or taken any vitamins, minerals or other dietary supplements in the past month? Include those products prescribed by a health professional such as a doctor or dentist, and those that do not require a prescription. This card lists some examples of different types of dietary supplements.	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSD010AN		DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DSDANCNT	Includes all antacids reported with medications.	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSDCOUNT	Includes all supplements and the antacids reported with supplements, but not antacids reported with medications.	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTCAFF	Caffeine (mg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTCALC	Calcium (mg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTCARB	Carbohydrate (gm)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTCHL	Total choline (mg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTCHOL	Cholesterol (mg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTCOPP	Copper (mg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTFA	Folic acid (mcg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DSQTFDFE	Folate, DFE (mcg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTFIBE	Dietary fiber (gm)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTIODI	Iodine (mcg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTIRON	Iron (mg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTKCAL	Energy (kcal)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTLYCO	Lycopene (mcg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTLZ	Lutein + zeaxanthin (mcg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTMAGN	Magnesium (mg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTMFAT	Total monosaturated fatty acids (gm)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DSQTNIAC	Niacin (mg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTPFAT	Total polyunsaturated fatty acids (gm)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTPHOS	Phosphorus (mg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTPOTA	Potassium (mg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTPROT	Protein (gm)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTSELE	Selenium (mcg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTSFAT	Total saturated fatty acids (gm)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTSODI	Sodium (mg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTSUGR	Total sugars (gm)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
DSQTTFAT	Total fat (gm)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTVB1	Thiamin (Vitamin B1) (mg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTVB12	Vitamin B12 (mcg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTVB2	Riboflavin (Vitamin B2) (mg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTVB6	Vitamin B6 (mg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTC	Vitamin C (mg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTVD	Vitamin D (D2 + D3) (mcg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTVK	Vitamin K (mcg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None
DSQTZINC	Zinc (mg)	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None

Variable Name	Variable Description	Data File Name	Data File Description	Begin Year	End Year	Component	Use Constraints
SEQN	Respondent sequence number.	DSQTOT_H	Dietary Supplement Use 30-Day - Total Dietary Supplements	2013	2014	Dietary	None