

GLUCare

An Advanced Non-Invasive
Glucose Monitoring System
using NIR Spectroscopy

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Problem Definition



Non-invasive glucose measurement using Near-Infrared (NIR) spectroscopy offers a promising alternative to traditional methods, but commercialization has been hindered by accuracy and precision challenges.



This project aims to address these issues by integrating clinical factors that account for physiological differences, improving the accuracy and reliability of NIR-based detection, and paving the way for successful commercialization.

Project Scope & Objectives

The scope of this project is to develop an accurate, reliable, and affordable non-invasive glucose monitoring sensor that is easy to use and compatible with existing diabetes management systems.

Additionally , we will create a website where patients and doctors can log in to track glucose levels and schedule appointments.

- 1.** To analyze and compare existing state of the art technologies for glucose monitoring.
- 2.** To design and implement a non-invasive device to monitor Blood Glucose level using Machine Learning.
- 3.** To create the test data and validate the performance of the device by comparing with clinical invasive techniques.
- 4.** To design and develop a web application/app to display the results.

Project Analysis

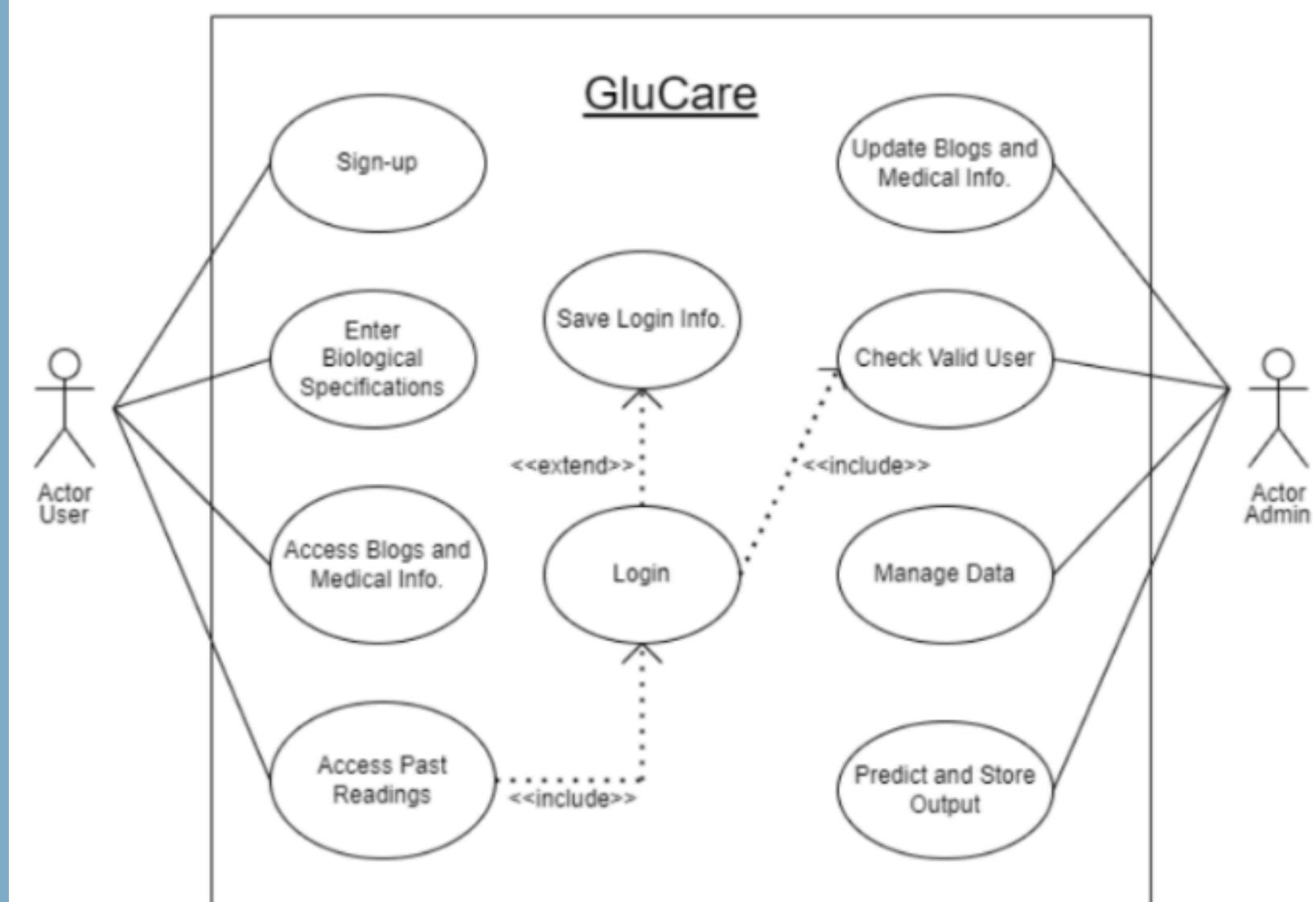
Non-invasive way of Blood Glucose Level Measuring system.

Use of NIR Spectroscopy for glucose measuring to achieve more precision as compared to other spectroscopic methods.

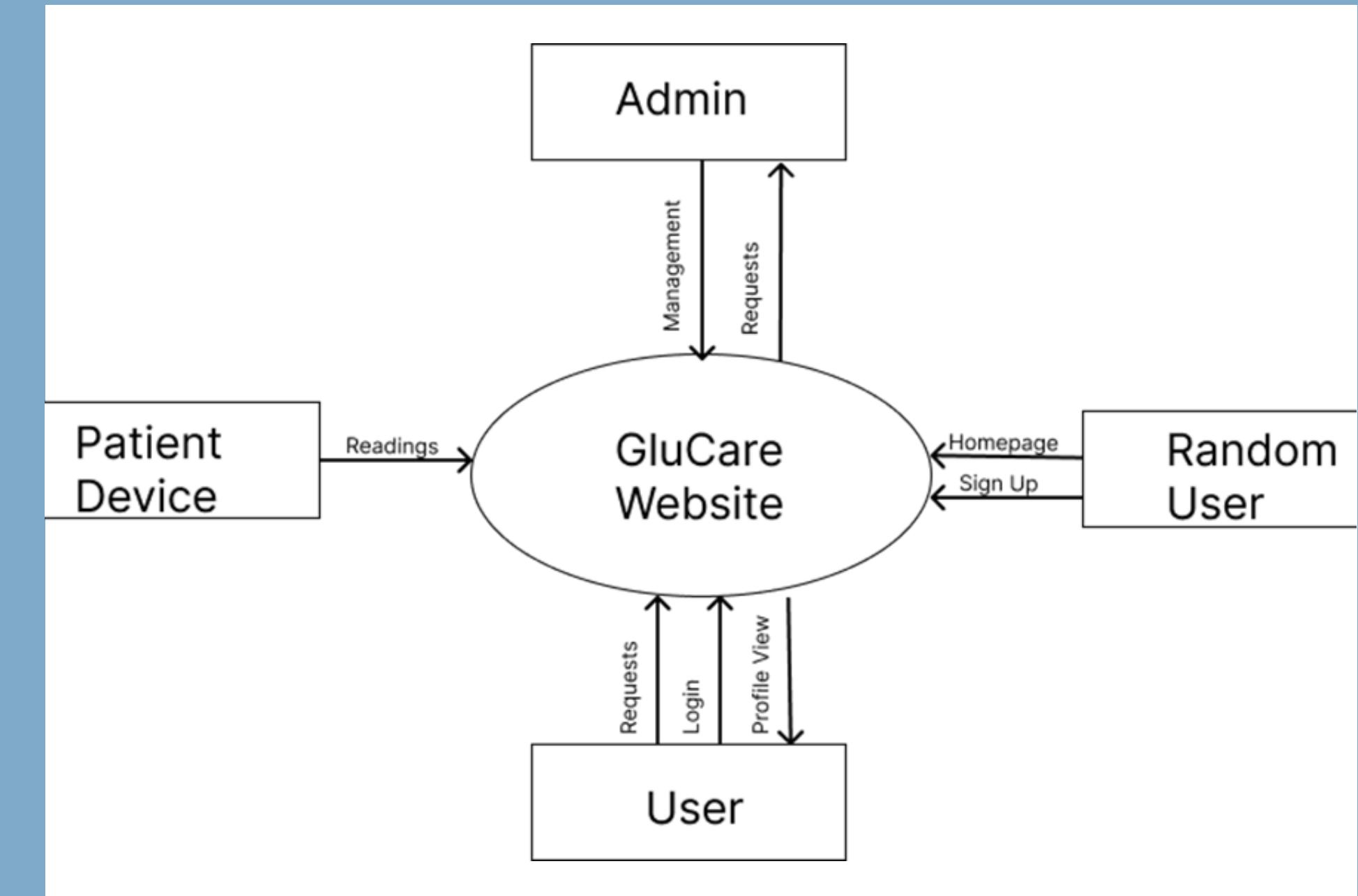
Developing a website as a comprehensive solution for the patients to easily track their glucose level in real time and also generate reports containing detailed analysis of their data that is reliable.



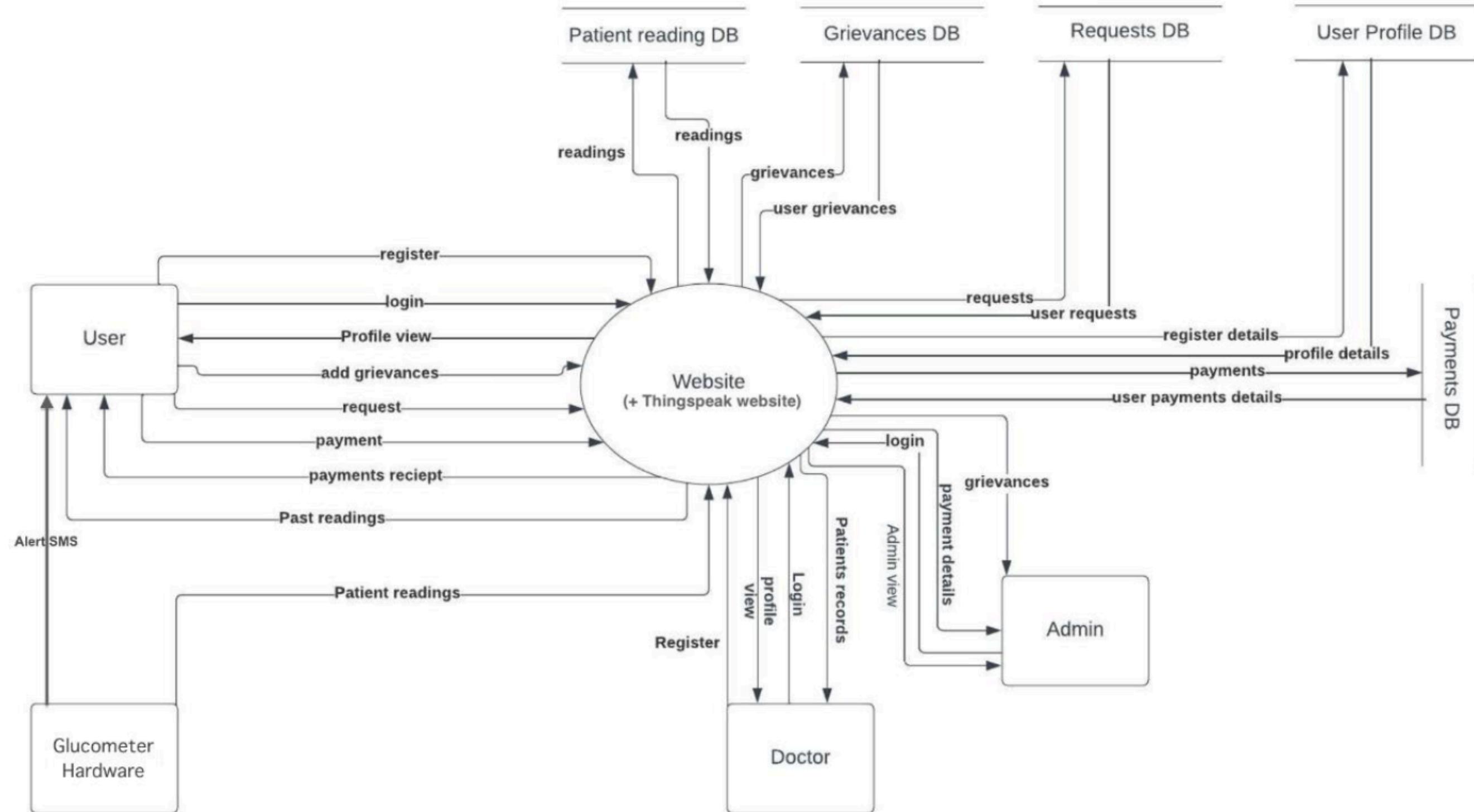
UML DIAGRAMS



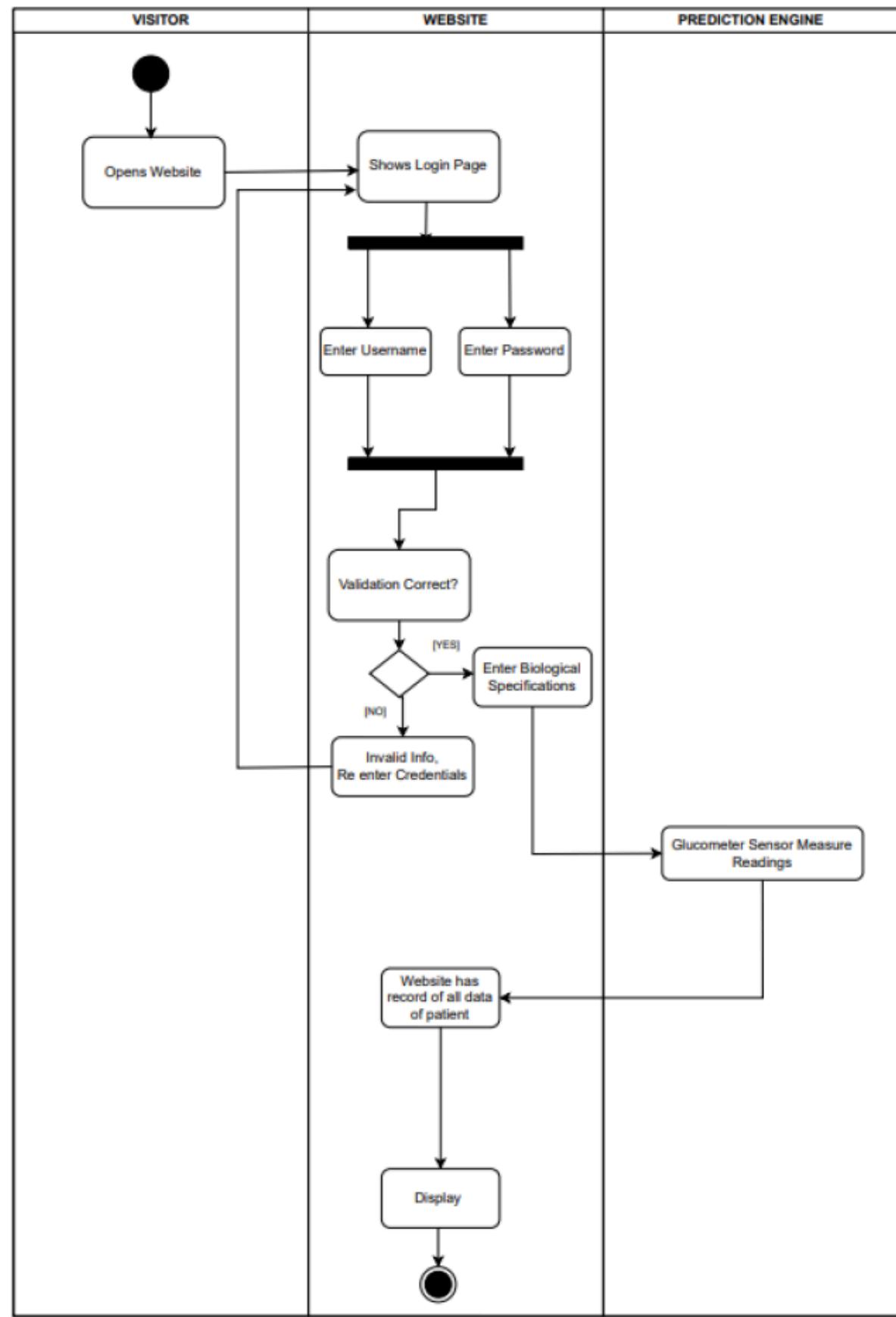
USE CASE DIAGRAM



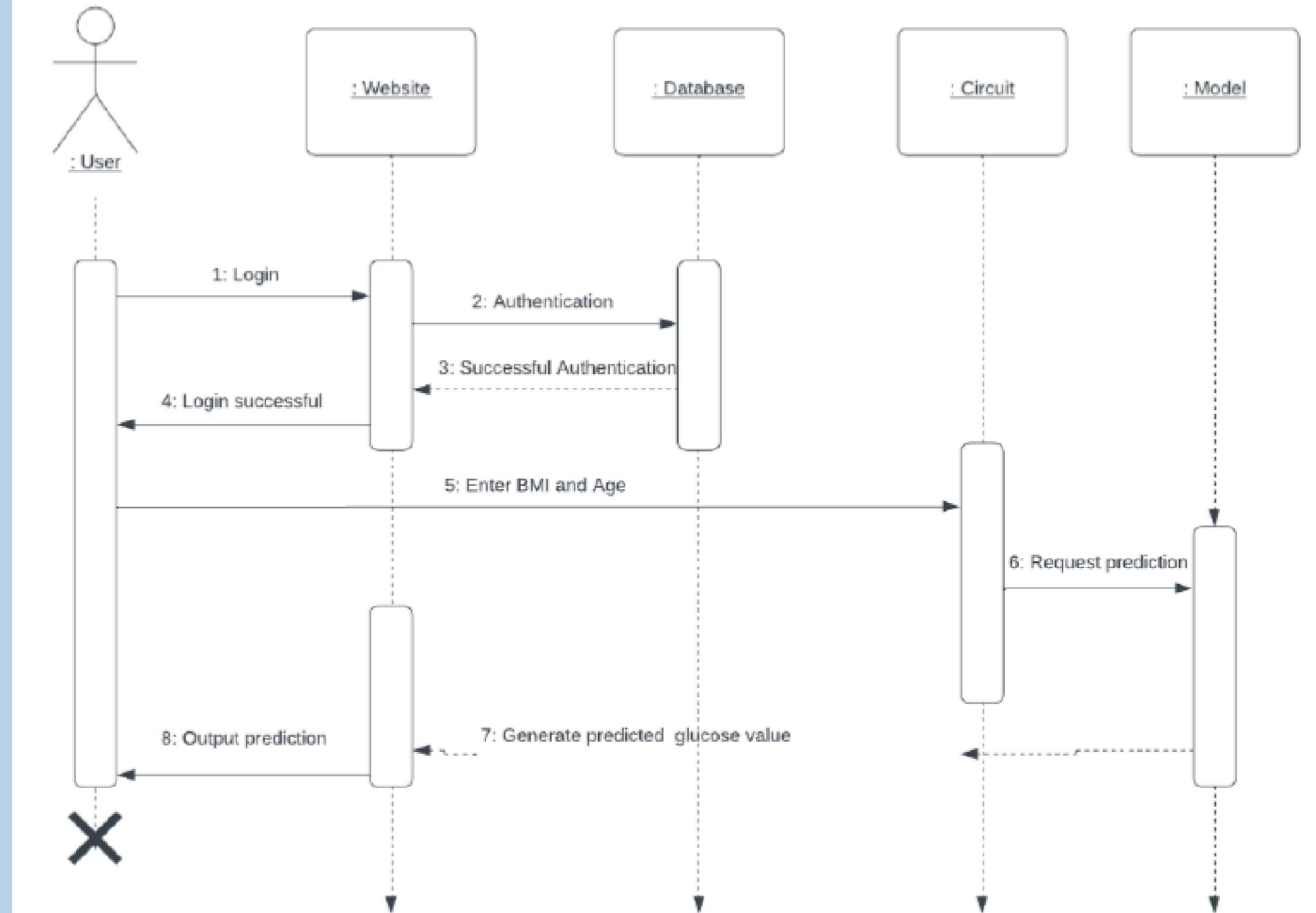
DFD 1



Activity Diagram



Sequence Diagram



Literature Survey

Research Paper

Non-Invasive Blood Glucose Monitoring Technology

Non-invasive methods of glucose measurement: current status and future perspectives

Wearable-band type visible-near infrared optical biosensor for non-invasive blood glucose monitoring

Tools/Technology

NIRS, Electrochemical Sensors, Ultrasound, Thermal Sensors, Multispectral and Hyperspectral Imaging

Support vector regression (SVR), Principal component regression (PCR) , and Artificial neural network (ANN)

NIR Sensor, Digital wavelet transform

Findings

NIR spectroscopy :non-invasive alternative to traditional blood glucose testing. Technological Advancements: Real-time glucose measurements without the need for blood samples, improving patient compliance and ease of use.

This paper examines non-invasive blood glucose monitoring as a means of improving diabetes care. It discusses the implications of tested devices and highlights the shortcomings of existing approaches.

A wearable blood glucose sensor using visible-near infrared spectroscopy shows promise with a correlation coefficient of 0.86 and a prediction error of 6.16 mg/dl in trials with 12 volunteers.

Detailed Design

TOOLS USED

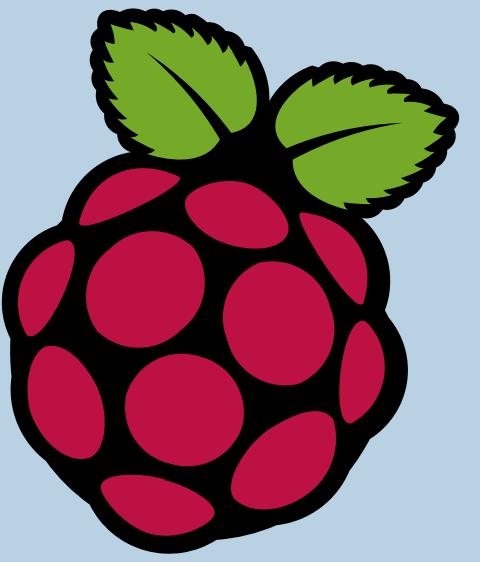
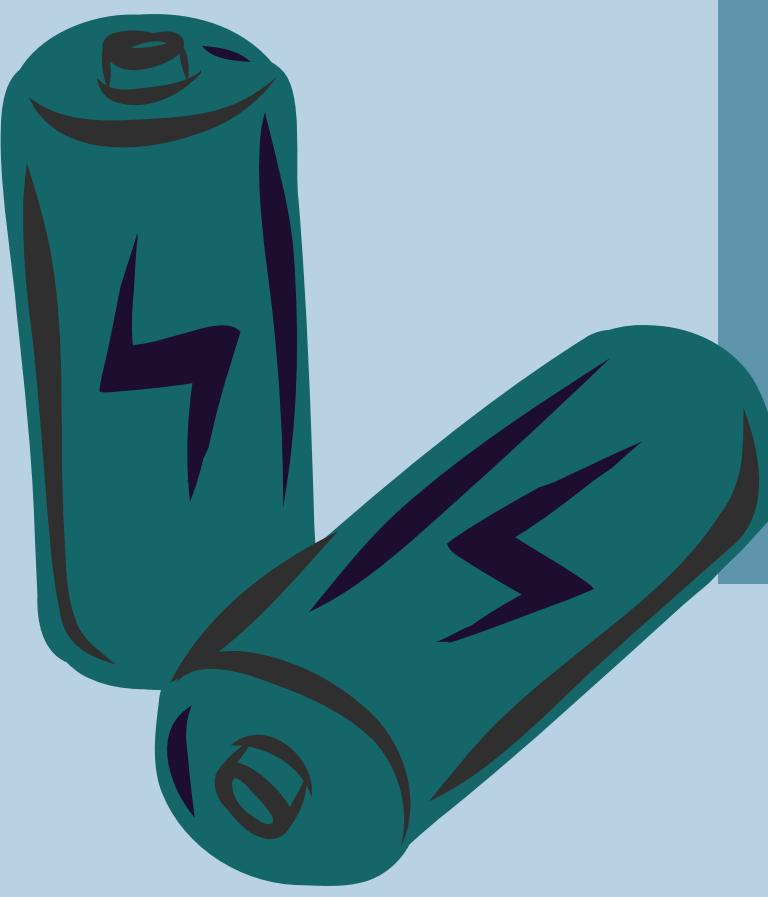
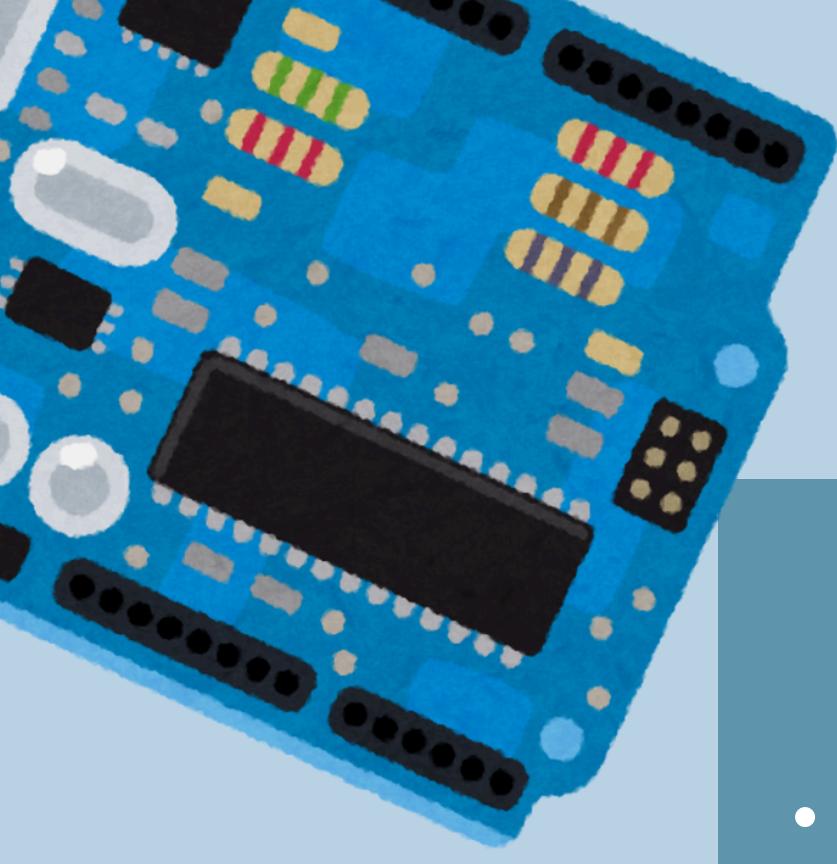
- NIR Sensor(TCRT5000)
- Arduino UNO
- Raspberry pi
- Wifi Board ESP8266
- LCD
- Buzzer and Button
- Lithium Battery
- Connectors
- Cables

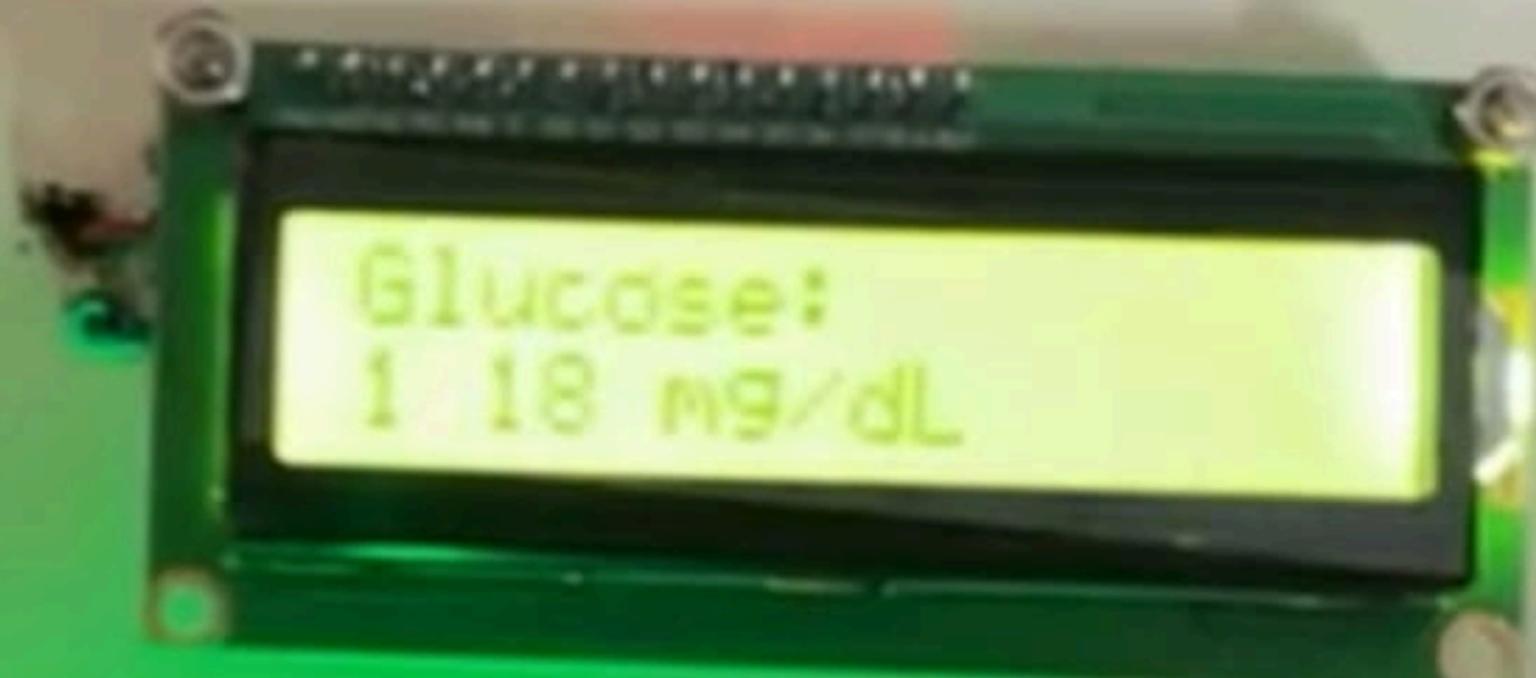
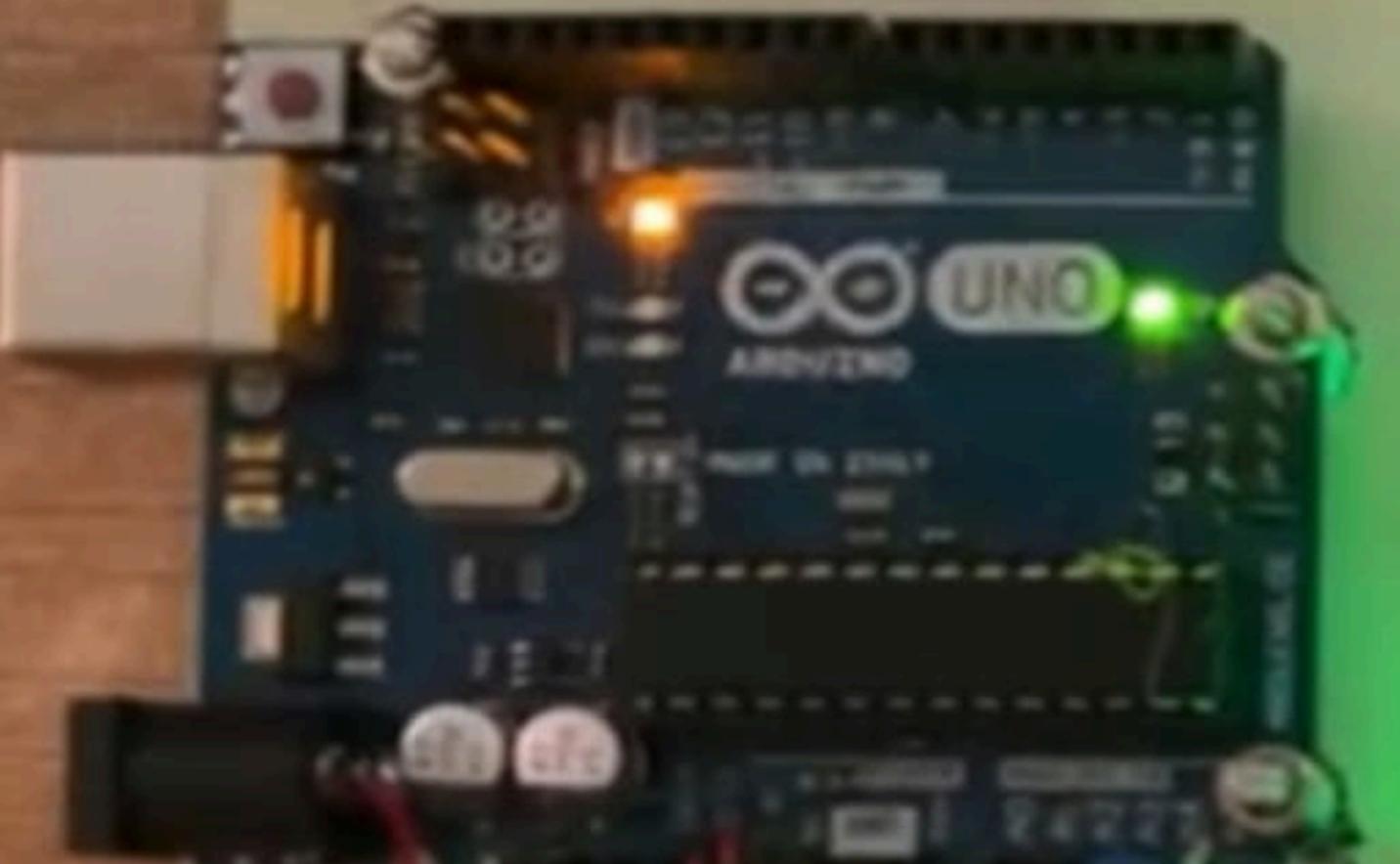
PLATFORMS

- Wokwi Simulator
- Tinkercad
- Arduino IDE

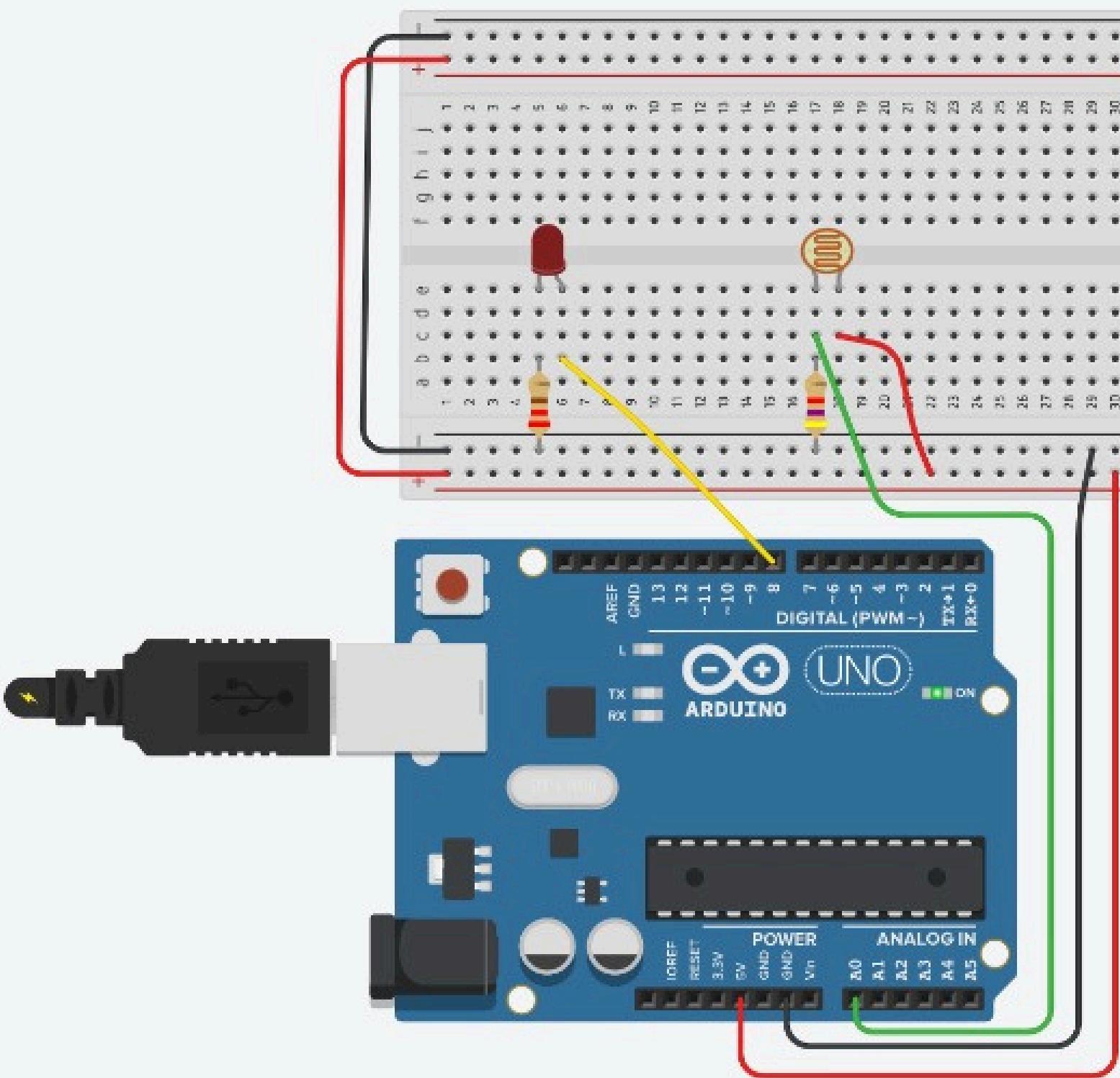
TECH-STACK

- React.js
- Firebase
- MongoDB





1 (Arduino Uno R3)



```

1 int ledPin = 8;
2 int ldrPin = A0;
3 int ldrValue = 0;
4
5 void setup() {
6   pinMode(ledPin, OUTPUT);
7   Serial.begin(9600);
8 }
9
10 void loop() {
11   ldrValue = analogRead(ldrPin);
12   Serial.println(ldrValue);
13
14   // Calculate the glucose level using the regression formula
15   int glucoseLevel = ((0.000009) * (ldrValue) * (ldrValue)) + (0.
16
17   // Display the glucose level in the Serial Monitor
18   Serial.print("Glucose Level: ");
19   Serial.println(glucoseLevel);
20
21   // Use the glucose level to control the LED
22   if (glucoseLevel > 120) { // Example threshold value for high
23     digitalWrite(ledPin, HIGH);
24   } else {
25     digitalWrite(ledPin, LOW);
26   }
27 }
```

Serial Monitor

389

Glucose Level: 120

389

Glucose Level: 120

389

Glucose Level: 120

Send

Clear





Website UI Design

[Website Link](#)

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GLUCare

An Advanced Non-Invasive Glucose Monitoring System using NIR Spectroscopy.

Sign in to your account

New user? Sign Up

Email address

Password

Remember me [Forgot password?](#)

Sign in

Contact Us

Full Name

Email

Subject

Enter a message

SUBMIT

Message sent! 🎉
Thank you for contacting us!

John Doe

Age: 29

Sex: Male

BMI: 22.5

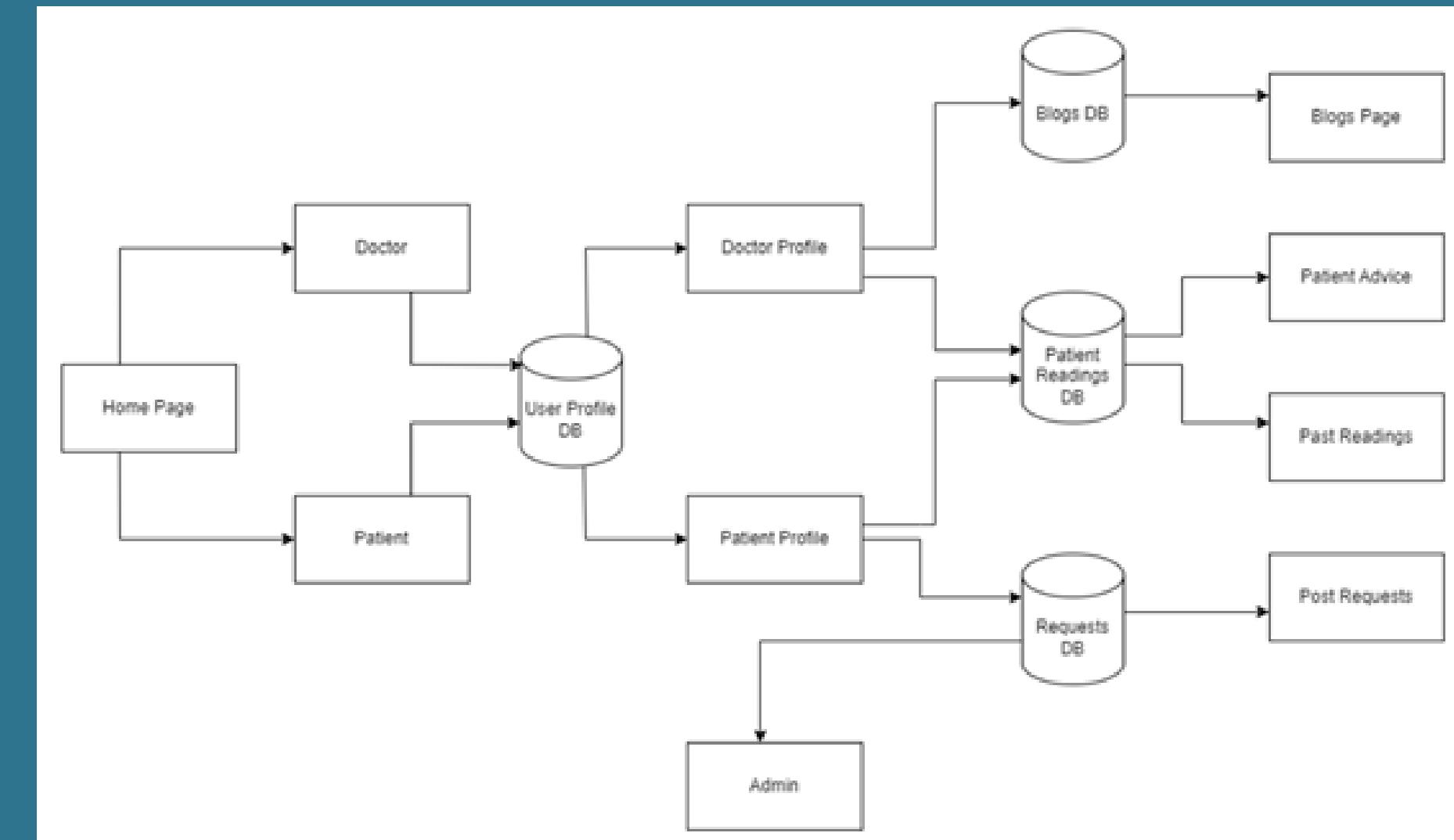
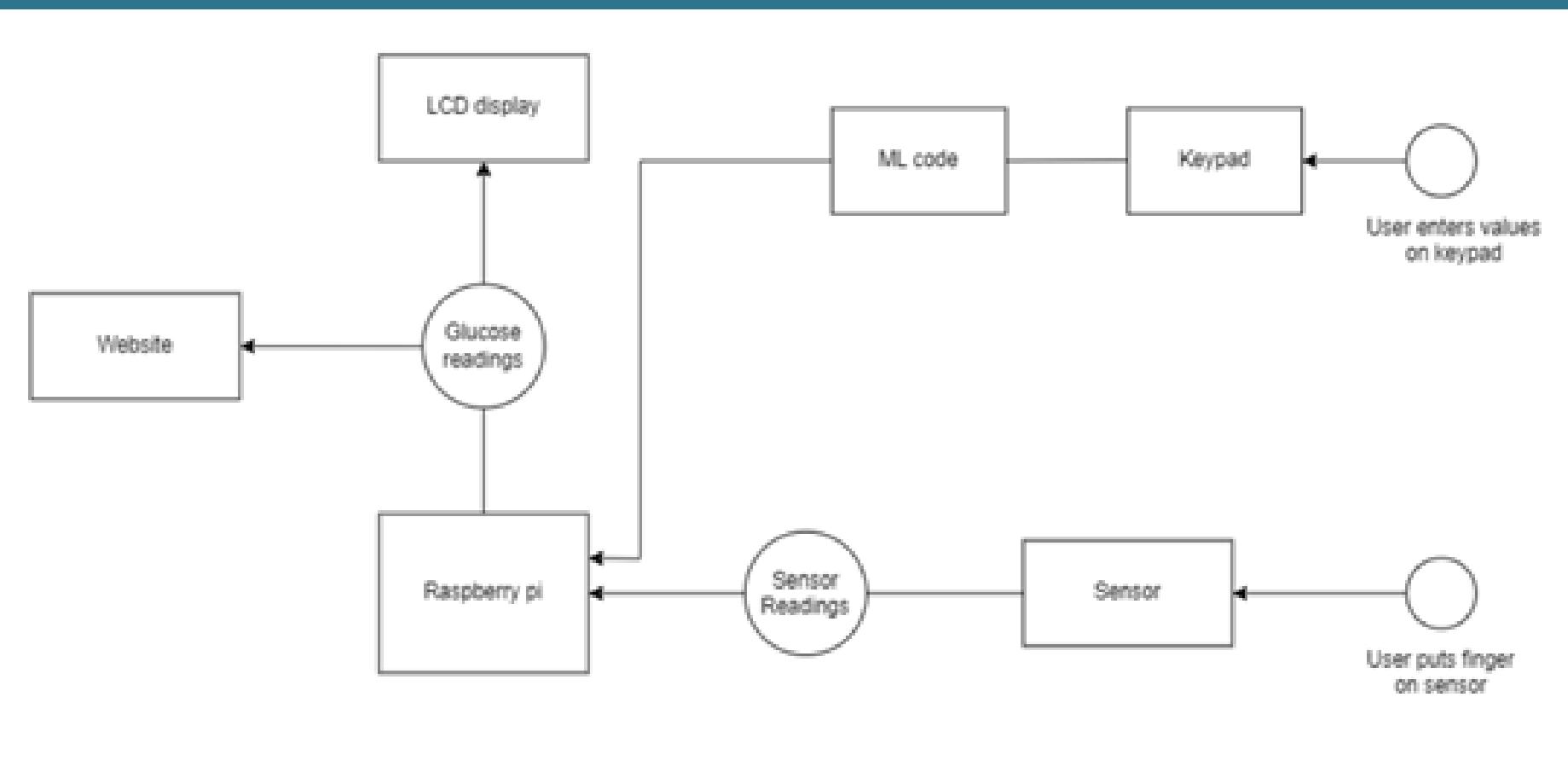
Email: johndoe@example.com

150 x 150

Go to Dashboard



Architecture Design

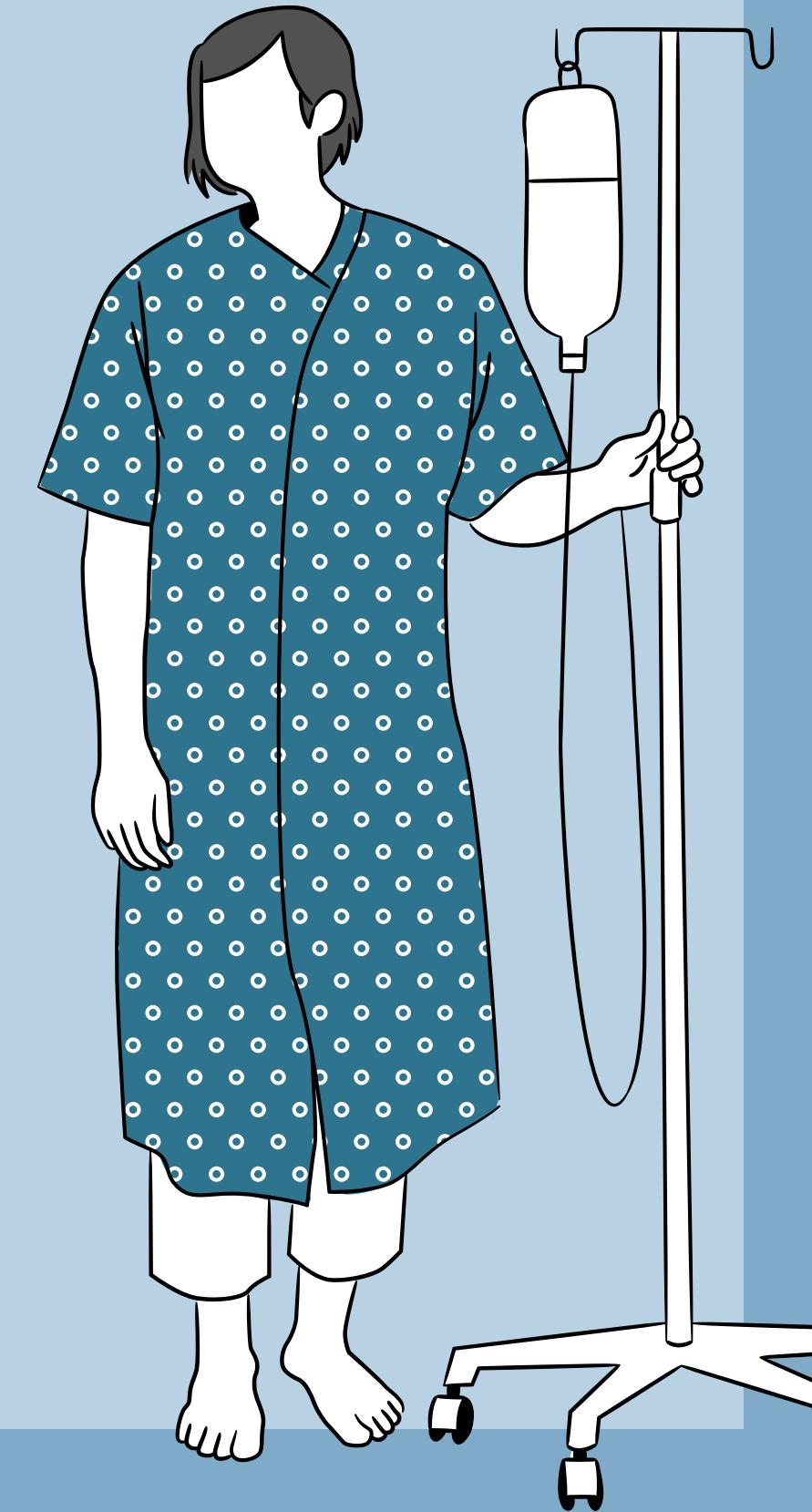


Component Diagram

Website Architecture

Cost Analysis

| S. No. | COMPONENT | COST | ISSUED |
|------------|-----------------------|------|--------|
| 1 | NIR Sensor | 1600 | No |
| 2 | Raspberry Pi | 5500 | Yes |
| 3 | Arduino UNO | 1000 | Yes |
| 4 | LCD | 300 | Yes |
| 5 | Wifi Board ESP8266 | 350 | Yes |
| 6 | Lithium Battery | 300 | No |
| 7 | Buzzer and Button | 220 | Yes |
| 8 | SD Card 32GB | 220 | Yes |
| 9 | Connectors and Cables | 200 | No |
| Total Cost | | 9700 | 2100 |



Project Outcomes

01.

To develop an accurate and reliable non-invasive blood sugar level monitoring device.

02.

Validate the proposed system using current testing methods across different demographics.

03

Develop a user friendly web application which will track user's blood sugar level.



Role/ Contributions of Individual Team Members

| | | |
|------------------------------------|---|----------------------------|
| Research Work | Design and study of hardware | Model Training |
| Pia Anupriya Nitleen | Nitleen Pia Stuti | Stuti Nitleen Pia |
| Web application development | Integration of hardware & software | Testing |
| Anupriya Nitleen Riddhi | Nitleen Pia Anupriya | Pia Anupriya Nitleen |
| Stuti | Riddhi Stuti | Stuti |

Current Progress



Future Work Plan

- 1. Improve Circuit with Machine Learning:** To enhance circuit accuracy using models like Random Forest, Decision Tree, etc.
- 2. Data Creation:** Creation of Dataset using designed hardware by collecting samples from people of different physiques.
- 3. HbA1c:** Focus on calculating HbA1c with the help of continuous monitoring.
- 4. Machine Learning for Validation:** To apply machine learning for circuit validation and error analysis.
- 5. Integrate Data on Website:** To update user profiles with relevant data on the website.



References

IDF Diabetes Atlas 10th edition

https://diabetesatlas.org/idfawp/resource-files/2021/07/IDF_Atlas_10th_Edition_2021.pdf

On the use of fiber lasers in non-invasive blood glucose monitoring

<https://www.sciencedirect.com/science/article/pii/S1068520022000050>

Non-Invasive Methods of Glucose Measurement: Current Status and Future Perspectives

https://www.researchgate.net/publication/221892032_Non-Invasive_Methods_of_Glucose_Measurement_Current_Status_and_Future_Perspectives

Wearable-band type visible-near infrared optical biosensor for non-invasive blood glucose monitoring

<https://www.semanticscholar.org/paper/Wearable-band-type-visible-near-infrared-optical-Rachim-Chung/eebf89973bc64fcfcdb3dab1220864f918e0810f>



Thank
you very
much!

