

Find Your Fitness

Terms and Conditions for membership

It is in the spirit of inspiring and motivating a healthy lifestyle within a free, trusting community that Find Your Fitness operates. Find Your Fitness does not claim to offer cures, treatments, diagnosis, or any other service that may impact the wellbeing of the Find Your Fitness members.

Upon agreeing to these Terms and Conditions, you, the member, agree to take full responsibility for any actions you take as a result of being in correspondence with health professionals or other members in the Find Your Fitness community. You, the member, are solely liable for your own well being.

Prior to taking any actions as a result of a correspondence with health professionals or other members within the Find Your Fitness community, regardless of credentials, you, the member, will contact your own primary care physician about the actions you are about to take.

Health Professionals of Find Your Fitness are under no obligation to maintain correspondence with any Find Your Fitness members. Health Professionals are considered to be knowledgeable about health-related topics, however health professionals do not take responsibility for the results that advice, inspiration, motivation, or any other correspondence may produce.

Information provided in your profile will be kept strictly confidential and will not be given to any third party unless explicitly expressed otherwise by the member. However, information given out in messages, journal entries, "Shout Out's", or any other means will be subject to the public domain. Messages, progress, or Journal Entries tagged as "Restricted" or "Me" may still be considered public domain.

By checking the checkbox within your profile, you, the member, are agreeing to these terms and conditions.