

U.S. PRESIDENTS SPEAK ABOUT THEIR MOTHERS

“My own mother’s courage and determination profoundly influenced me in so many ways, and she will always remain a guiding force throughout my life.”

-**WILLIAM J. CLINTON**, *U.S. President*

“All that I am my mother made me.”

-**JOHN QUINCY ADAMS**, *U.S. President*

“All that I am or hope to be I owe to my angel mother. I remember my mother’s prayers and they have always followed me. They have clung to me all my life.”

- **ABRAHAM LINCOLN**, *U.S. President*

“From my mother I learned the value of prayer, how to have dreams and believe I could make them come true.”

- **RONALD REAGAN**, *U.S. President*

“My mother was the most beautiful woman I ever saw. All I am I owe to my mother. I attribute all my success in life to the moral, intellectual and physical education I received from her.”

- **GEORGE WASHINGTON**, *U.S. President*

“There never was a woman like her. She was gentle as a dove and brave as a lioness... The memory of my mother and her teachings were, after all, the only capital I had to start life with, and on that capital I have made my way.”

- **ANDREW JACKSON**, *U.S. President*

“My mother taught me empathy—the basic concept of standing in somebody else’s shoes and looking through their eyes. If I did something messed up, she’d just say, ‘How would that make you feel if somebody did that to you?’”

- **BARACK OBAMA**, *U.S. President*

“I do not like broccoli and I haven’t liked it since I was a little kid and my mother made me eat it. And I’m President of the United States and I’m not going to eat any more broccoli.”

- **GEORGE H. W. BUSH**, *U.S. President*

DIY MOTHER’S DAY GIFTS

ROLLED PAPER FLOWERS

For making beautiful paper flowers, fabric flowers or a flower pin or mobile, browse the tutorials at Jones Design Company: www.jonesdesigncompany.com

MOTHER’S DAY NOTEBOOK

What a cool idea: make a personalized gift for mom out of a simple notebook. Check out www.marthastewart.com for details.

MAPLE PECAN BISCUIT CAKE

Breakfast cake! Truffles! Special drinks! Everything on this site looks delicious! Check out the many, many recipes for treats at bakeat350.blogspot.com

DIRECTIONS TO INTEGRATED DIAGNOSTIC CENTERS

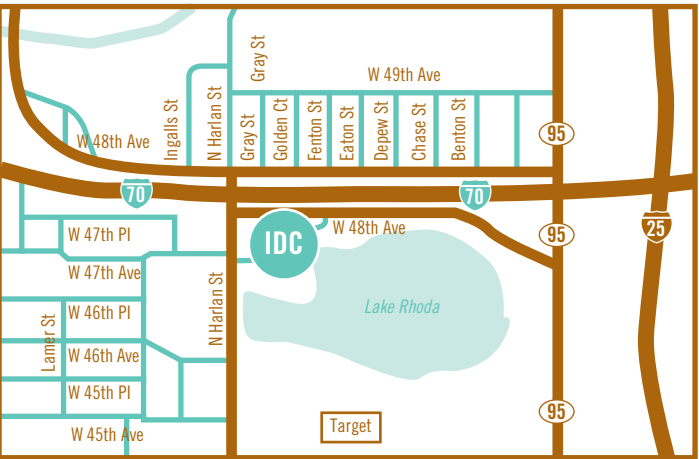
FROM THE NORTH: Take I 25 South to I 70 West (exit 214A). Take I 70 West for 4 miles and then take the exit for Harlan St (exit 270). Make a LEFT onto Harlan street. Cross under I 70, then make a LEFT into the Chase building parking lot. IDC is on the first level, Suite 150.

FROM THE SOUTH: Take I 25 North to I 70 West (exit 214A). Take I 70 West for 4 miles and then take the exit for Harlan St (exit 270). Make a LEFT onto Harlan street. Cross under I 70, then make a LEFT into the Chase building parking lot. IDC is on the first level, Suite 150.

FROM THE EAST: Take I 70 West to the exit for Harlan St (exit 270). Make a LEFT onto Harlan street. Cross under I 70, then make a LEFT into the Chase building parking lot. IDC is on the first level, Suite 150.

FROM THE WEST: Take I 70 East to the exit for Harlan St (exit 270). Make a RIGHT onto Harlan street. Cross under I 70, then make a LEFT into the Chase building parking lot. IDC is on the first level, Suite 150.

ADDRESS: 4704 Harlan Street • Suite 150 • Denver, CO 80212
Phone: 303-433-0302 • Fax: 303-433-0401



NEW

THE IDEA GUIDE TO MOTHER’S DAY

SEE SOME SUPER-DUPER SUGGESTIONS INSIDE THIS ISSUE!

“My mom loves to laugh. With seven kids, I suppose it was how she survived. Her laugh left a mark on us; we all have a sense of humor. No matter what your relationship is with your mother, one thing will always be true: you wouldn’t be who you are without her. Mother’s Day is our chance to thank our moms for bringing us into the world. So, to all of you mothers out there, we say thank you and wish you a great Mother’s Day.”

— **Martin J. Farrell**, *IDC Denver*



integrated diagnostic centers

www.idconline.net

MOTHERS GET ONE DAY A YEAR

to reminisce about the good times, to reflect on the ways motherhood has challenged and enriched her, and to remember her children as sweet, inquisitive, helpful, willful, fun, whacky and wild. On this one day of the year, you get to make your mom (or “mom”) feel super. Heck, she fed you, clothed you, supported your dreams of fame, and tolerated your music for how many years? **IT’S TIME TO HONOR HER WITH YOUR BEST TRIBUTE YET!**

MOTHER’S DAY

IDEAS!

Match your kind of mom to the gift idea that really suits her. Have fun!

THE LOVES-EVERYTHING MOM

Your mom loves every thing you ever gave her, whether you drew it, baked it, built it or bought it. She is creative and encourages your imaginative side. See Classic or Handmade Gift ideas, **MARKED A**

THE LET’S-DO-IT-TOGETHER MOM

Your mom just wants to spend time with you! If you’ve got a challenge she’ll face it with you. Exploring or getting outside always brings you closer together. Try a Togetherness Excursion Idea, **MARKED B**

THE GRATEFUL-FOR-HELP MOM

Your mom is positively thrilled when you help her around the house or yard. She has taught you how to make things, so when you fix a piece of furniture or help her cook dinner, she smiles for days! Choose a Handy Helper idea, **MARKED C**



At Integrated Diagnostic Centers we see and talk with plenty of mothers, and we treat them like they're our own. Not every day is a holiday, but we know the importance of making each patient feel special. Just ask our patients. Happy Mother's Day!