

GENERAL SURGERY Randolph H. Helmholz, MD



If you or someone you love needs surgery, it's important to know you have close-to-home access to an outstanding team of board-certified general surgeons and anesthesiologists, certified surgical support staff and a state-of-the-art surgical facility, right here at Waldo County General Hospital (WCGH).

Our three general surgeons have undergone extensive education and training at some of the nation's top academic medical centers, and possess an impressive depth of experience and expertise. The more a surgeon performs a procedure, the more proficient he or she becomes, and our general surgeons perform nearly 2,000 surgical and endoscopic procedures each year. This is a significant volume for a hospital of our size, and it's reflected in our consistently excellent patient outcomes.

Office: 118 Northport Avenue, Belfast, Maine 04915

Telephone: 207-930-6751

Hours: Monday – Thursday 8:00 a.m. – 4:00 p.m.,
Friday 8:00 a.m. – 12:00 p.m.

Specialties: Advanced laparoscopic surgeries including hernias and cholecystectomy (gallbladder), gastrointestinal endoscopies, oncologic(cancer), and endocrine.

Patient Information: Accepting new patients. Referral if required by insurance.

Medical School: University of Minnesota Medical School, June 1993.

Residency: General Surgery, Naval Medical Center Portsmouth in Portsmouth, VA, 1998.

Board Certified: American Board of Surgery

Member: Waldo County General Hospital Active Staff

GENERAL SURGERY Jeffrey Sedlack, MD, FACS



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Office: Cobb Medical Building, Suite 207, 16 Fahey St., Belfast, Maine 04915

Telephone: 207-338-4211

Hours: Monday – Thursday 8:00 a.m. – 4:00 p.m.,
Friday 8:00 a.m. – 12:00 p.m.

Specialties: Advanced laparoscopic surgeries including hernias and cholecystectomy (gallbladder), gastrointestinal endoscopies, oncologic(cancer), and endocrine.

Patient Information: Accepting new patients. Referral if required by insurance.

Medical School: Washington University, St. Louis, MO 1985

Residency: General Surgery, Georgetown University, Washington, DC 1985-1990

Board Certified: American Board of Surgery

Member: American College of Surgeons—Fellow
American Society of Breast Surgeons
Society of Laparoendoscopic Surgeons
Society of American Gastrointestinal Endoscopic Surgeons
Waldo County General Hospital Active Staff

SURGICAL PROCEDURALIST David D. Crofoot, MD, FACS



If you or someone you love needs surgery, it's important to know you have close-to-home access to an outstanding team of board-certified general surgeons and anesthesiologists, certified surgical support staff and a state-of-the-art surgical facility, right here at Waldo County General Hospital (WCGH).

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Telephone: 207-338-4211

Hours: Monday – Thursday 9:00 a.m. – 5:00 p.m.

Patient Information: Accepting new patients. Referral if required by insurance. Specializes in minor surgeries, gastrointestinal endoscopies, and skin cancer

Medical School: Harvard Medical School, Boston, 1971.

Internship: General Medicine, 1971-1972, Dartmouth Hitchcock Medical Center, New Hampshire, 1971-1972.

Residency: General Surgery, Dartmouth Hitchcock Medical Center, Hanover, New Hampshire, 1972-1976.

Board Certified: American Board of Surgery, 1996-2009

Member: American College of Surgeons -Fellow
New England Surgical Society
Société Française de Chirurgie Digestive
Waldo County General Hospital Active Staff
Waldo County Hospital Community Advisory Council

ORTHOPEDIC SURGERY Owen A. Nelson, MD, FACS, FAOFAS



If you or someone you love needs orthopedic surgery, it's important to know you have close-to-home access to an outstanding team of board-certified orthopedic surgeons along with anesthesiologists, certified surgical support staff and a state-of-the-art surgical facility, right here at Waldo County General Hospital (WCGH).

Our two orthopedic surgeons have undergone extensive education and training at some of the nation's top academic medical centers, and possess an impressive depth of experience and expertise. The more a surgeon performs a procedure, the more proficient he or she becomes, and our orthopedic surgeons perform more than 500 procedures each year. This is a significant volume for a hospital of our size, and it's reflected in our consistently excellent patient outcomes.

Office: 116 Northport Avenue, Suite 214, Belfast, Maine 04915

Telephone: 930-6746

Hours: Monday-Thursday, 8:30 a.m. – 4:00 p.m.;
Friday 8:30 a.m. – 12:00 p.m.

Patient Information: Accepting new patients.

Medical School: University School of California,
San Diego, California, 1978.

Internship: General Surgery David Grant USAF Medical Center,
Travis Air Force Base, California, 1978-1979.

Residency: Orthopedic Surgery -M.S. Hershey Medical Center
of the Pennsylvania State University Hershey,
Pennsylvania, 1979-1983.

Board Certified: American Board of Orthopedic Surgery

Member: American Academy of Orthopedic Surgeons
American Orthopedic Foot & Ankle Society, Fellow
American College of Surgeons, Fellow
Waldo County General Hospital Active Staff

ORTHOPEDIC SURGERY Richard D. Bower, MD, FAAOS



If you or someone you love needs orthopedic surgery, it's important to know you have close-to-home access to an outstanding team of board-certified orthopedic surgeons along with anesthesiologists, certified surgical support staff and a state-of-the-art surgical facility, right here at Waldo County General Hospital (WCGH).

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Office: 116 Northport Avenue, Suite 214, Belfast, ME 04915

Telephone: 930-6746

Hours: Monday-Thursday, 8:30 a.m. – 4:00 p.m.;
Friday 8:30 a.m. – 12:00 p.m.

Patient Information: Accepting new patients.

Medical School: Tufts University School of Medicine,
Boston, MA , 1969.

Internship: General Surgery University of California,
San Francisco, CA 1969 – 1970.

Residency: General Surgery, University of California,
San Francisco, CA 1970 – 1971. Orthopedic Surgery, University
of California, San Francisco, CA 1971 – 1974.

Board Certified: American Board of Orthopedic Surgery

Member: Alpha Omega Alpha (Medical Honor Society)
American Academy of Orthopedic Surgeons, Fellow
Orthopedic Trauma Association
Waldo County General Hospital Active Staff

OB/GYN SURGERY Carl L. Pillitteri, MD, FACOG, D-OG



If you or someone you love needs obstetric/gynecologic surgery, you have close-to-home access to an outstanding team that includes board-certified OB/GYN surgeons along with anesthesiologists, certified surgical support staff and a state-of-the-art surgical facility, right here at Waldo County General Hospital (WCGH).

Our three OB/GYN surgeons have not only undergone extensive education and training at some of the nation's top academic medical centers, but also possess a depth and breadth of experience and expertise that is unrivaled in Waldo County – enabling them to offer a comprehensive range of treatments that can be tailored to each patient's individual needs and preferences. Our OB/GYN surgeons are on the leading edge of today's laparoscopic techniques, performing nearly 200 of these procedures each year.

Office: Cobb Medical Building, Suite 108, 16 Fahey Street, Belfast, Maine 04915

Telephone: 207-338-9939

Hours: Monday-Thursday, 8:00 a.m. – 5:00 p.m.,
Friday, 8:00 a.m. – 3:00 p.m.

Patient Information: Accepting new patients. Referral necessary only if required by insurance. Advanced laparoscopic surgery, pelvic floor dysfunction and urogynecology.

Medical School: University of Pavia Medical School, Pavia, Italy, 1983; American University of the Caribbean, Plymouth, Montserrat, 1987

Residency: Internal Medicine, Jamaica Hospital, Jamaica, New York, 1990. Obstetrics/Gynecology, St. Agnes Hospital, Baltimore, Maryland, 1990-1991. Obstetrics/Gynecology, Providence Hospital – Georgetown University, Washington, D.C., 1991-1994

Board Certified: American Board of Obstetrics and Gynecology

Member: American College of Obstetricians and Gynecologists, Fellow; Waldo County General Hospital Active Staff

OB/GYN SURGERY Michael L. Lavender, Ph.D, MD



If you or someone you love needs obstetric/gynecologic surgery, you have close-to-home access to an outstanding team that includes board-certified OB/GYN surgeons along with anesthesiologists, certified surgical support staff and a state-of-the-art surgical facility, right here at Waldo County General Hospital (WCGH).

Our three OB/GYN surgeons have not only undergone extensive education and training at some of the nation's top academic medical centers, but also possess a depth and breadth of experience and expertise that is unrivaled in Waldo County – enabling them to offer a comprehensive range of treatments that can be tailored to each patient's individual needs and preferences. Our OB/GYN surgeons are on the leading edge of today's laparoscopic techniques, performing nearly 200 of these procedures each year.

Office: Cobb Medical Building, Suite 108, 16 Fahey Street, Belfast, Maine 04915

Telephone: 207-338-9939

Hours: Monday-Thursday, 8:00 a.m. – 5:00 p.m.,
Friday, 8:00 a.m. – 3:00 p.m.

Patient Information: Accepting new patients. Referral necessary only if required by insurance.

Medical School: Oral Roberts University, Tulsa, OK 1982

Residency: Ohio State University, Columbus, OH 1982-1986

Board Certified: American Board of Obstetrics and Gynecology

Member: Waldo County General Hospital Active Staff

GYN SURGERY August C. Schwenk, Jr., MD, FACOG



If you or someone you love needs obstetric/gynecologic surgery, you have close-to-home access to an outstanding team that includes board-certified OB/GYN surgeons along with anesthesiologists, certified surgical support staff and a state-of-the-art surgical facility, right here at Waldo County General Hospital (WCGH).

Our three OB/GYN surgeons have not only undergone extensive education and training at some of the nation's top academic medical centers, but also possess a depth and breadth of experience and expertise that is unrivaled in Waldo County – enabling them to offer a comprehensive range of treatments that can be tailored to each patient's individual needs and preferences. Our OB/GYN surgeons are on the leading edge of today's laparoscopic techniques, performing nearly 200 of these procedures each year.

Office: Cobb Medical Building, Suite 201, 16 Fahey Street, Belfast, Maine 04915

Telephone: 207-338-4449

Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Patient Information: Accepting new patients. No referral necessary. Practice limited to gynecology.

Medical School: McGill University, Faculty of Medicine, Montreal, Canada, 1960

Internship: Rotating, Ellis Hospital, Schenectady, New York, 1960-1961

Residency: Obstetrics/Gynecology, Ellis Hospital, Schenectady, New York, 1961-1963; Chief Resident 1963-1964

Fellowship: American Board of Obstetrics and Gynecology
American Board of Disability Analysts

Member: American College of Obstetricians and Gynecologists;
Waldo County General Hospital Active Staff and many other memberships

FOOT AND ANKLE SURGERY Brad G. Samojla, DPM



If you or someone you love needs foot or ankle surgery, you have close-to-home access to an outstanding board-certified and fellowship-trained podiatric surgeon along with anesthesiologists, certified surgical support staff and a state-of-the-art surgical facility, right here at Waldo County General Hospital (WCGH).

Dr. Samojla has undergone extensive education and training, and with more than 15 years in practice, possesses an impressive depth of experience and expertise. Notably, he completed fellowship training in neurophysiology, so he has particular expertise in the diagnosis and surgical management of foot conditions caused by nerve issues.

Office: Cobb Medical Building, Suite 104, 16 Fahey Street, Belfast, Maine 04915

Telephone: 207-930-2510

Hours: Monday – Thursday 9:00 a.m. – 5:00 p.m.,
Friday 9:00 a.m. – 12:00 p.m.

Patient Information: Accepting new patients. Experience with ankle arthroscopy, surgical reconstruction of foot/ankle, and treatment of diabetic feet.

Medical School: Doctor of Podiatric Medicine, Ohio College of Podiatric Medicine, Cleveland, Ohio, 1986.

Fellowship: Neurophysiology, College of Podiatric Medicine, Cleveland, Ohio, 1986-1987.

Residency: Podiatric Surgery, Monsignor Clement Kern Hospital for Special Surgery, Warren, Michigan, 1992-1994.

Board Certified: American Board of Podiatric Surgery with Certification in Foot Surgery

Member: Waldo County General Hospital Active Staff

EYE SURGERY Lyndon W. Morgan, MD, FACS



If you or someone you love needs eye surgery, it's important to know you have close-to-home access to an outstanding team that includes a board-certified ophthalmologic surgeon along with anesthesiologists, certified surgical support staff and a state-of-the-art surgical facility, right here at Waldo County General Hospital (WCGH).

Dr. Morgan not only has undergone extensive education and training, but also has a depth of experience that is unrivaled in the region. He performs an average of 400 surgical procedures annually, attracting patients from throughout the mid-coast region who value his expertise.

Office: 158 Northport Avenue, Belfast, Maine 04915 and
96 Maverick Street, Suite 2, Rockland, Maine 04841

Telephone: 207-596-6074 and 207-338-2571
or 1-800-522-2571

Hours: Monday-Friday, 7:30 a.m. – 5:00 p.m.

Patient Information: Accepting new patients.
No referral necessary.

Medical School: West Virginia University Medical School,
Morgantown, West Virginia, 1982.

Internship: West Virginia University Hospital -Internal Medicine,
Morgantown, West Virginia, 1982-1983.

Residency: West Virginia University Hospital -Ophthalmology
Morgantown, West Virginia, 1983-1986.

Board Certified: American Board of Ophthalmology

Member: American Academy of Ophthalmology
American College of Surgeons, Fellow
New England Ophthalmic Society
Waldo County General Hospital Active Staff
Waldo County General Hospital Community Advisory Council

EAR, NOSE & THROAT SURGERY Harry J. Richter, MD



If you or someone you love needs ear, nose and throat (ENT) surgery, it's important to know you have close-to-home access to an outstanding team that includes a board-certified ENT surgeon along with anesthesiologists, certified surgical support staff and a state-of-the-art surgical facility, right here at Waldo County General Hospital (WCGH).

Dr. Richter not only has undergone extensive education and training at some of the nation's top academic medical centers, but also has a depth of experience that is unrivaled in the state of Maine. Between 300 to 350 procedures are performed annually, attracting adult and pediatric patients from throughout the mid-coast region who value his expertise.

Office: 116 Northport Avenue, Suite 118, Belfast, Maine 04915

Telephone: 207-338-4409

Hours: Varying hours, contact office.

Patient Information: Accepting new patients with referral.

Medical School: University of Michigan Medical School, Ann Arbor, Michigan, 1968.

Internship: Surgery, Rush-Presbyterian-St. Luke's Medical Center, Chicago, Illinois., 1968-1969.

Residency: Surgery, Presbyterian St. Luke's Rush Medical Center, Chicago, Illinois., 1969-1970. Otorhinolaryngology, University of Michigan, Dept. of Otorhinolaryngology, Ann Arbor, Michigan, 1972-1976.

Board Certified: American Board of Otorhinolaryngology

Member: Academy of Otolaryngology: Head and Neck Surgery; American College of Surgeons; American Facial, Plastic and Reconstructive Surgery; American Medical Association; American Rhinologic Society; Maine Medical Association; Triological Society; Waldo County General Hospital Active Staff; Waldo County General Hospital Community Advisory Council

UROLOGIC SURGERY John G. Gregory, MD



If you or someone you love needs urologic surgery, it's important to know you have close-to-home access to an outstanding team that includes a board-certified urologic surgeon along with anesthesiologists, certified surgical support staff and a state-of-the-art surgical facility, right here at Waldo County General Hospital (WCGH).

Dr. Gregory has undergone extensive education and training at some of the nation's top academic medical centers. He performs as many as 400 procedures annually, and possesses a depth of experience and expertise that is unrivaled in Waldo County.

Office: 116 Northport Avenue, Suite 216, Belfast, Maine 04915

Telephone: 207-338-9290

Hours: Monday – Thursday 9:00 a.m. – 5:00 p.m.

Patient Information: Accepting new patients. Referral necessary only when required by insurance. Patient age must be greater than one year for surgical procedures. Interested in problems of urinary control occurring in men and women. Outpatient treatment of bladder and rectal prolapse.

Medical School: Columbia Presbyterian College of Physicians and Surgeons, New York City, 1965

Internship: Surgery, Royal Victoria Hospital, Montreal, Canada, 1965-1966.

Residency: Urology, Hospital of the University of Pennsylvania, Philadelphia, Pennsylvania, 1968-1972

Board Certified: American Board of Urology

Member: American Medical Association
Maine Medical Association; American Urological Association
Waldo County General Hospital Active Staff
Waldo County General Hospital Community Advisory Council