

MOTHERS GET ONE DAY A YEAR

MOTHER'S DAY

IDEAS!

Match your kind of mom to the gift idea that really suits her. Have fun!

to reminisce about the good times, to reflect on the ways motherhood has challenged and enriched her, and to remember her children as sweet, inquisitive, helpful, willful, fun, whacky and wild. On this one day of the year, you get to make your mom (or “mom”) feel super. Heck, she fed you, clothed you, supported your dreams of fame, and tolerated your music for how many years? **IT'S TIME TO HONOR HER WITH YOUR BEST TRIBUTE YET!**

THE LOVES-EVERYTHING MOM

Your mom loves every thing you ever gave her, whether you drew it, baked it, built it or bought it. She is creative and encourages your imaginative side. See Classic or Handmade Gift ideas, **MARKED A**

THE LET'S-DO-IT-TOGETHER MOM

Your mom just wants to spend time with you! If you've got a challenge she'll face it with you. Exploring or getting outside always brings you closer together. Try a Togetherness Excursion Idea, **MARKED B**

THE GRATEFUL-FOR-HELP MOM

Your mom is positively thrilled when you help her around the house or yard. She has taught you how to make things, so when you fix a piece of furniture or help her cook dinner, she smiles for days! Choose a Handy Helper idea, **MARKED C**



A
a gift-certificate to her favorite hair salon (a new do, fancy nails, or massage...what could be nicer?)

A
a crafty card (collage? watercolor? fancy pop-up?)

A
flowers (a hanging fuchsia, a dozen of her spring favorites, a charming new house plant)

A
home-made cupcakes (get out the sprinkles and icing!)

B
pack a picnic and head to the arboretum, botanical garden or state park nearest you

B
plan an outing to your mom's favorite museum, art gallery or flea market

B
take a hike to your mom's favorite lake, waterfall or look-out; pack her favorite snacks

B
take your mom out to brunch at a new restaurant you know she'll love

C
organize a party for your mom and invite family (aunts, sisters, more moms—play games, eat cake!)

C
clean the attic (no one likes to clean the attic; or the basement, that's a good one, too)

C
make her favorite meal (and eat it with her of course)

C
sand and paint the front door (or the shutters, or the front steps, or the deck...)

At Arista we see and talk with plenty of mothers, and we treat them like they're our own. Not every day is a holiday, but we know the importance of making each patient feel special. Just ask our patients. Happy Mother's Day!