

Julie Ann's



**OUTRAGEOUS!
FOODS**

It's outrageously good.

QUINOA TABOULI

Made in Belfast, Maine

Nutrition Facts	
Serving Size 4 Tbsp (69g)	
Servings Per Container 8	
Amount Per Serving	
Calories 80 Calories from Fat 35	
% Daily Value*	
Total Fat 3.5g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 11g	4%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 2g	
Vitamin A 25% • Vitamin C 30%	
Calcium 4% • Iron 10%	

SADIE'S QUINOA TABOULI (Gluten-Free)

All Natural Ingredients:

Fresh tomatoes, Quinoa,
parsley, mint, green onions,
canola oil, lemon juice
and spices!

KEEP REFRIGERATED

*Please consume within 7 days of opening
www.julieannsoutrageousfoods.com

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TABOULI

Made in Belfast, Maine

Nutrition Facts	
Serving Size 4 Tbsp (68g)	
Servings Per Container 8	
Amount Per Serving	
Calories 70	Calories from Fat 30
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 10g	3%
Dietary Fiber 3g	11%
Sugars 2g	
Protein 2g	
Vitamin A 25% • Vitamin C 30%	
Calcium 2% • Iron 8%	

SADIE'S TABOULI (Contains Wheat)

All Natural Ingredients:

Fresh tomatoes, bulgur wheat, parsley, mint, scallions, lemon juice, canola oil and spices!

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SALSA **MEDIUM**

Made in Belfast, Maine

Nutrition Facts

Serving Size 4 Tbsp (63g)

Servings Per Container 8

Amount Per Serving

Calories 25 **Calories from Fat** 0

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 105mg **4%**

Total Carbohydrate 6g **2%**

Dietary Fiber 1g **5%**

Sugars 3g

Protein 1g

Vitamin A 15% • Vitamin C 25%

Calcium 0% • Iron 4%

JULIE ANN'S SALSA (Gluten-Free)

All Natural Ingredients:

Fresh tomatoes, onions,
variety of peppers,
tomatillos, olives, lime juice,
fresh cilantro, and spices!

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SALSA **HOT**

Made in Belfast, Maine

Nutrition Facts

Serving Size 4 Tbsp (63g)

Servings Per Container 8

Amount Per Serving

Calories 25 **Calories from Fat** 0

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 105mg **4%**

Total Carbohydrate 6g **2%**

Dietary Fiber 1g **5%**

Sugars 3g

Protein 1g

Vitamin A 15% • Vitamin C 25%

Calcium 0% • Iron 4%

JULIE ANN'S SALSA (Gluten-Free)

All Natural Ingredients:

Fresh tomatoes, onions,
variety of peppers,
tomatillos, olives, lime juice,
fresh cilantro, and spices!

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