

## Healthier Communities

Healthy place to live- gardens, farmers market, options to buy local, get active, meet neighbors

Many choices downtown for healthy eating, walking, celebrating, breathing

More opportunities to eat healthy, walk, reduce stress

Improved health, lower stress, more energy, higher quality of life

## Economic Impact

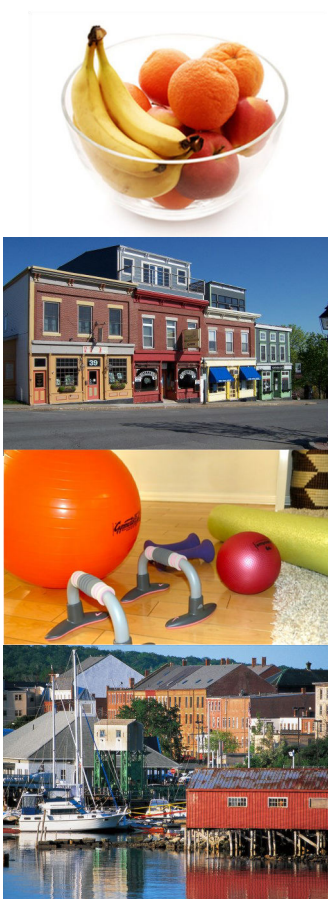
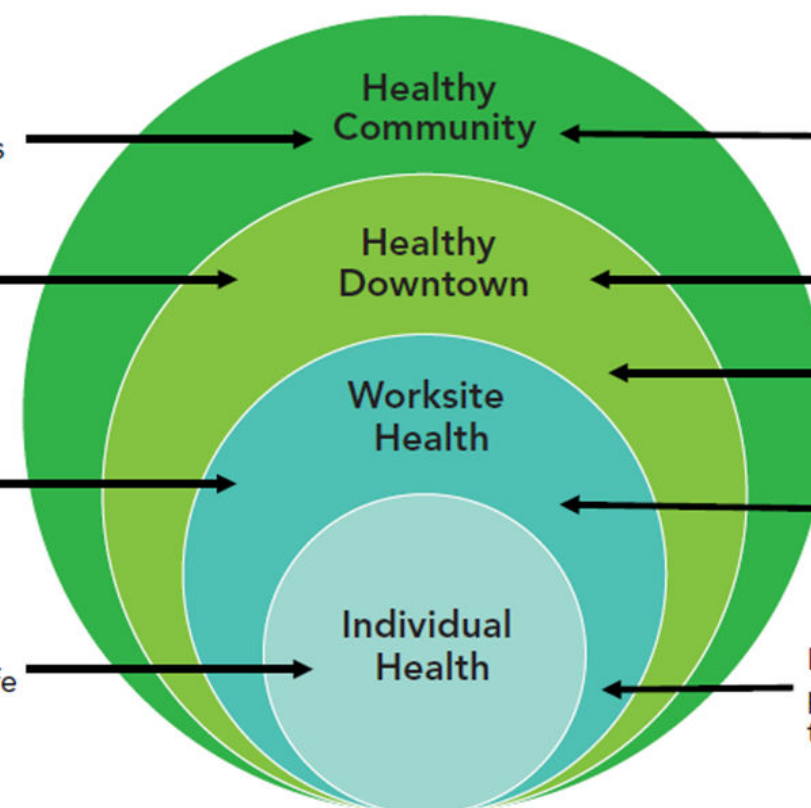
Growing population, strong business sector, solid tax base

Increased foot traffic, increased sales

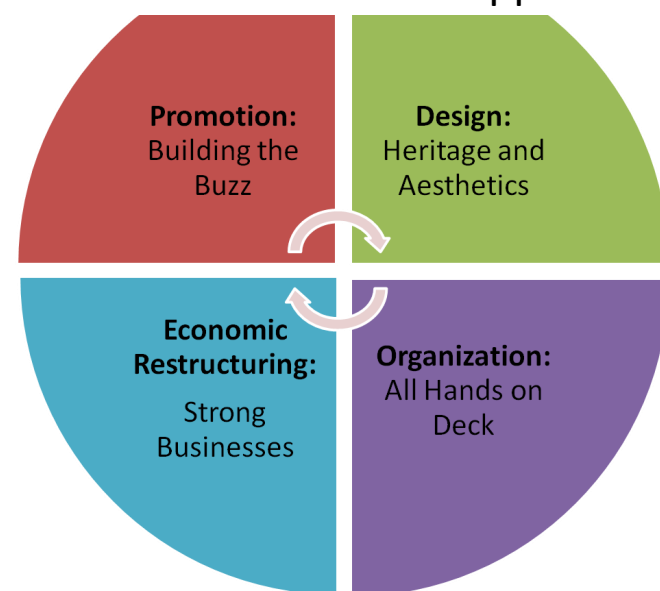
Lower maintenance costs

Higher productivity, fewer absences, lower costs

Lower medical costs, fewer purchases, more opportunities to thrive



## Main Street 4 Point Approach



# HEALTHY MAINE STREETS

## CTIPs

