

CHCCOM005

Communicate and work
in health or community
services



LEARNING ACTIVITY BOOKLET

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Overview

CHCCOM005 - Communicate and work in health or community services (Release 2)

This unit describes the skills and knowledge required to communicate effectively with clients, colleagues, management and other industry providers.

This unit applies to a range of health and community service contexts where workers may communicate face-to-face, in writing or using digital media and work with limited responsibility under direct or indirect supervision.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

A complete copy of the above unit of competency can be downloaded from the TGA website:

<https://training.gov.au/training/details/CHCCOM005>

Learner Instructions

This Learning Activity Booklet contains formative activities that learners will complete in the classroom or a similar environment.

These formative activities include knowledge questions to test your underpinning generic knowledge and practical activities to test your skills relevant to the unit/s of competency.

These formative assessments are used by your trainer to complement both the learning and training processes, and to evaluate how you are progressing throughout these processes.

You may reference your Learner Guide and other learning materials to complete the activities included in this workbook.

IMPORTANT:

The completion of the formative assessments and learning activities included in this workbook DOES NOT lead to a Qualification or a Statement of Attainment (SOA).

Learner Information

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Trainer Information

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Resources Required

Resources needed to complete activities included in this workbook include:

- Computer with Internet, email access, and a working web browser
- Installed software: MS Word, Adobe Acrobat Reader
- Learner guide

Work Health and Safety

Both the trainers and learners have a duty of care in ensuring that the learning environment is free from hazards that may pose risks to their health and safety.

According to WHS legislation, trainers and learners must take reasonable care while undertaking the activities included in this workbook in the learning environment.

Reasonable Adjustment

‘Reasonable adjustment’ in VET is the term applied to modifying the learning environment or making changes to the training delivered to assist a learner with a disability. A reasonable adjustment can be as simple as changing classrooms to be closer to amenities or installing a particular type of software on a computer for a person with vision impairment.

Why make a reasonable adjustment?

We make reasonable adjustments in VET to make sure that learners with disabilities have:

- The same learning opportunities as learners without disabilities, and
- The same opportunity to perform and complete assessments as those without disabilities.

Reasonable adjustment applied to participation in teaching, learning, and assessment activities can include:

- Customising resources and assessment activities within the training package or accredited course
- Modifying the presentation medium
- Learner support
- Use of assistive/adaptive technologies
- Making information accessible both before enrolment and during the course
- Monitoring the adjustments to ensure learner needs continue to be met

Assistive/Adaptive Technologies

Assistive/adaptive technology means ‘software or hardware that has been specifically designed to assist people with disabilities in carrying out daily activities’ (World Wide Web Consortium - W3C). It includes screen readers, magnifiers, voice recognition software, alternative keyboards, devices for grasping, visual alert systems, and digital note-takers.

(Adapted Reasonable Adjustment in teaching, learning and assessment for learners with a disability - November 2010 - Prepared by - Queensland VET Development Centre)

IMPORTANT:

Reasonable adjustment made for collecting learner assessment evidence must not impact the standard expected by the workplace, as expressed by the relevant unit/s of competency. For example, if the assessment were gathering evidence of the learner’s competency in writing, allowing the learner to complete the assessment verbally would not be a valid assessment method. The method of assessment used by any reasonable adjustment must still meet the competency requirements.

Formative Activities

I. Communicate Effectively With People

Activity 1.1

True or False

Review the statements below about communicating with relevant people in health or community services. Indicate whether each statement is True or False.

Tick the box that corresponds to your answer.

<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	i. Understanding refers to the ability of a person to comprehend and realise people or situations.
<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	ii. Grammar patterns are vital structures for messages and information to carry meaning.
<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	iii. Restating the idea is one way to confirm a person's understanding.
<input type="checkbox"/> TRUE <input checked="" type="checkbox"/> FALSE	iv. Responses must be complex when talking to people whose first language is not English.
<input type="checkbox"/> TRUE <input checked="" type="checkbox"/> FALSE	v. It is advisable to use jargon when talking to clients.

Activity 1.2

Identify five types of digital media that may be used when sharing service information with the public.

i.	Social media platforms (e.g., Facebook, Twitter)
ii.	Websites or blogs
iii.	Email newsletters
iv.	Online forums or discussion groups
v.	Podcasts or webinars

II. Collaborate With Colleagues

Activity 2.1

True or False

Review the statements below about timeframes and lines of communication. Indicate whether each statement is True or False.

Tick the box that corresponds to your answer.

<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	i. Timeframe refers to a particular period in which a task needs to be accomplished.
<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	ii. Setting timeframes help in preventing missed or delayed deadlines.
<input type="checkbox"/> TRUE <input checked="" type="checkbox"/> FALSE	iii. It is important to wait for somebody else to voice out when a certain concern needs to be addressed immediately.
<input type="checkbox"/> TRUE <input checked="" type="checkbox"/> FALSE	iv. Managers have the same roles as supervisors.
<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	v. Clients coordinate with allied health professionals regarding their multiple needs.

Activity 2.2

Identify three components that a communication protocol usually contains.

i. Purpose and scope of communication
ii. Methods of communication (e.g., email, meetings)
iii. Roles and responsibilities

III. Address Constraints to Communication

Activity 3.1

True or False

Review the statements below about communication strategies and techniques that may be used in resolving communication conflicts. Indicate whether each statement is True or False.

Tick the box that corresponds to your answer.

<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	i. Reflections refer to positive statements that can help in conquering negativities.
<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	ii. Mirroring refers to the form of reflecting that involves repeating what has been said.
<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	iii. Summarising refers to coming up with a brief outline of the necessary points from a conversation, meeting, or workplace document.
<input type="checkbox"/> TRUE <input checked="" type="checkbox"/> FALSE	iv. Coercive approach refers to an approach used to help people manage uncertain feelings and insecurities.
<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	v. Collaboration is an approach that is concerned with both parties in a conversation.

Activity 3.2

Identify three communication skills that can be used to avoid, defuse and resolve communication conflicts in the workplace.

i. Active listening
ii. Empathy
iii. Assertiveness

IV. Report Conflicts

Activity 4.1

True or False

Review the statements below about referring breach or adverse events to relevant people. Indicate whether each statement is True or False.

Tick the box that corresponds to your answer.

<input type="checkbox"/> TRUE <input checked="" type="checkbox"/> FALSE	i. Adverse event refers to practices that are deemed non-compliant based on legal and ethical requirements.
<input type="checkbox"/> TRUE <input checked="" type="checkbox"/> FALSE	ii. Breaches refer to an unexpected problem that occurs during medical treatment.
<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	iii. Medical devices are one of the three main categories that fall under therapeutic goods.
<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	iv. Near misses refer to incidents that might have led to a serious injury or death.
<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	v. Supervisors can help in addressing breaches or adverse events by coordinating with regulatory authorities.

Activity 4.2

Identify three possibilities or consequences of having unresolved conflicts in the workplace.

i. Decreased productivity
ii. Increased employee turnover
iii. Poor team morale

V. Accomplish Workplace Correspondence and Documentations

Activity 5.1

True or False

Review the statements below about role-related workplace documents and documenting events using clear, accurate and objective language. Indicate whether each statement is True or False.

Tick the box that corresponds to your answer.

<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	i. Contracts refer to a documented agreement between two or more parties.
<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	ii. Having the knowledge of the client and their medical history will help provide the necessary service.
<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	iii. When documenting events, industry terminologies must be used consistently.
<input type="checkbox"/> TRUE <input checked="" type="checkbox"/> FALSE	iv. Judgments and opinions are considered when documenting events.
<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	v. When documenting events, there must be a timeframe on when and how the event took place.

Activity 5.2

Identify the five components that must be included in reports when documenting events.

i. Date and time of the event
ii. Description of the event
iii. People involved
iv. Actions taken
v. Outcome or follow-up actions

VI. Contribute to Continuous Improvement

Activity 6.1

True or False

Review the statements below about improvements in work practices. Indicate whether each statement is True or False.

Tick the box that corresponds to your answer.

<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	i. To contribute to continuous improvement, it is necessary to promote the value of creativity, innovation, and sustainability and recognise successes in the workplace.
<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	ii. Improvements in work practices may be voiced out through surveys and feedback.
<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	iii. Modelling improved work practices means supporting and encouraging other members of the service to do the same.
<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	iv. Encouraging a sense of urgency when a matter needs to be cascaded immediately can help enhance communication.
<input checked="" type="checkbox"/> TRUE <input type="checkbox"/> FALSE	v. Feedback from previous and current clients must be reflected in the practices to increase client satisfaction.

Activity 6.2

Identify three options for accessing skill development opportunities.

i.	Training workshops
ii.	Online courses
iii.	Mentorship programs

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