



## Beyond Happiness: Finding and Fulfilling Your Deepest Desire

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By Frank J Kinslow

Hay House UK Ltd. Paperback. Book Condition: new. BRAND NEW, Beyond Happiness: Finding and Fulfilling Your Deepest Desire, Frank J Kinslow, Whether you are a single parent, a CEO, a saint or a sinner, you will find respite from the chaos of everyday living in this book. "Beyond Happiness" is a poignant and practical guide to personal inner peace. A lively discussion with vivid illustrations and revealing exercises, "Beyond Happiness" is a treasure for anyone who is struggling to find purpose and prosperity in life. We are frequently told that money can't buy happiness. But it can! So can sex, power, cars, and chocolate bars. Unfortunately, happiness doesn't last. What's more is that what makes us happy today may cause great sorrow tomorrow. But there is something that does last, something beyond happiness .and you will find it within the pages of this revealing book. Join Dr Frank Kinslow as he delves deeply into the following topics: Your problems are not the problem; Happiness - A wolf in sheep's clothing; Are you diagonally parked in a parallel universe? Fixing a broken mind; How to overcome anger and anxiety; Ego and the end of fear; How am 'I' different from 'me'?...



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