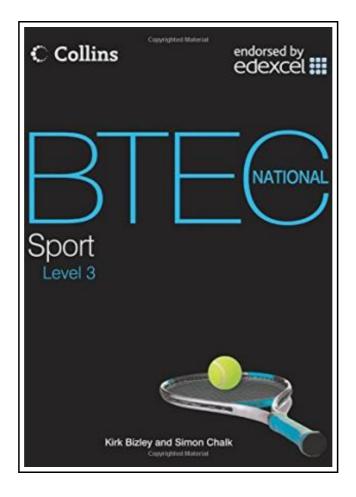
### **Student Textbook**



Filesize: 5 MB

### **Reviews**

Excellent electronic book and helpful one. It usually does not cost a lot of. I am quickly will get a pleasure of reading through a written publication.

(Bernardo Feeney Jr.)

#### STUDENT TEXTBOOK



HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, Student Textbook, Kirk Bizley, Simon Chalk, This clear and engaging book covers the core and most popular units -- enabling students to get a Level 3 Certificate, Subsidiary Diploma or Diploma in either the Performance and Excellence or Development and Coaching pathways. / Teach with confidence with assignments that enable students to produce their portfolios as they work through the activities connected to the book. / Enable every student to progress with Pass, Merit and Distinction material clearly differentiated and signposted / Engage students with unit content presented in clear sections using high quality illustrations and photographs that bring the subject to life. / Help students to succeed with material carefully and concisely matched to the 2010 specification (with no irrelevant sections) written by teachers with hands-on experience of teaching at the right level for BTEC students. The units in full: Units covered in full: 1. Principles of anatomy and physiology in sport 2. The Physiology of fitness 3. Assessing Risk in Sport 4. Fitness Training and Programming 5. Sports Coaching 6. Sports Development 7. Fitness, Testing for Sports and Exercise 8. Practical Team Sports 9. Practical Individual Sports 11. Sports Nutrition 14. Exercise, Health and Lifestyle 17. Psychology for Sports Performance 18. Sports Injuries 27. Technical and Tactical Skills in Sport 28. The Athlete's Lifestyle.



Read Student Textbook Online
Download PDF Student Textbook

### Other PDFs



# The Preschool Inclusion Toolbox: How to Build and Lead a High-Quality Program

Brookes Publishing Co, United States, 2015. Paperback. Book Condition: New. 274 x 213 mm. Language: English . Brand New Book. Filled with tips, tools, and strategies, this book is the comprehensive, practical toolbox preschool administrators...

Download PDF »



## Kingfisher Readers: What Animals Eat (Level 2: Beginning to Read Alone) (Unabridged)

Pan Macmillan. Paperback. Book Condition: new. BRAND NEW, Kingfisher Readers: What Animals Eat (Level 2: Beginning to Read Alone) (Unabridged), Brenda Stone, For the first time, Kingfisher brings its expertise in beautifully-designed, trusted non-fiction to...

Download PDF »



#### Kingfisher Readers: Where Animals Live (Level 2: Beginning to Read Alone)

Pan Macmillan. Paperback. Book Condition: new. BRAND NEW, Kingfisher Readers: Where Animals Live (Level 2: Beginning to Read Alone), Brenda Stone, For the first time, Kingfisher brings its expertise in beautifully-designed, trusted non-fiction to the...

Download PDF »



# Kingfisher Readers: Your Body (Level 2: Beginning to Read Alone) (Unabridged)

Pan Macmillan. Paperback. Book Condition: new. BRAND NEW, Kingfisher Readers: Your Body (Level 2: Beginning to Read Alone) (Unabridged), Brenda Stone, For the first time, Kingfisher brings its expertise in beautifully-designed, trusted non-fiction to the...

Download PDF »



### You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the...

Download PDF »