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## When Your Superpower Becomes Your Kryptonite: A Map to Help Us Find the Treasure in Ourselves

By Tracey A Hewitt

Tracey Hewitt, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.In When Your Superpower Becomes Your Kryptonite Tracey Hewitt writes about taking responsibility for our own lives and happiness, and the ways in which we might care for ourselves as kindly as we care for others. She compares our journey through life to a sea voyage, likening our unhelpful habits to hurricanes and pirates that can blow us off course and sink us; and identifies the positive habits we can cultivate to keep us on course, and our treasure safe. Her own experiences serve as the lessons and cautionary tales as she shows us that we are indeed our own greatest treasure.



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