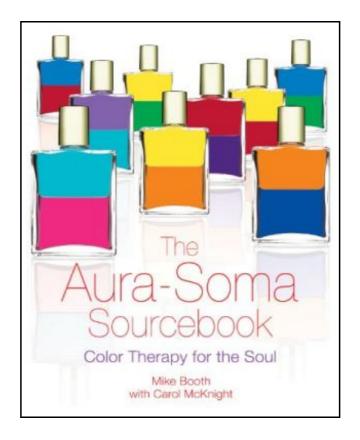
The Aura-Soma Sourcebook: Color Therapy for the Soul



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Reviews

This ebook is worth acquiring. Better then never, though i am quite late in start reading this one. You will not truly feel monotony at at any time of your own time (that's what catalogues are for about if you ask me).

(Lorenz Vandervort)

THE AURA-SOMA SOURCEBOOK: COLOR THERAPY FOR THE SOUL



Healing Arts Press. Paperback. Book Condition: New. Paperback. 304 pages. Dimensions: 9.9in. x 8.0in. x 0.7in.A complete guide to the practice of Aura-Soma color therapy Includes illustrated descriptions of all 104 Aura-Soma Equilibrium bottles Shows how colors reveal our connection to the living energies around us and our possibilities for growth in consciousness Explores the 30 related fragrances that protect the aura and align the individual with specific energiesAura-Soma is an innovative approach to soul therapy that relies on bottles of dual-colored liquids, known as Equilibrium bottles, that incorporate plant extracts, essential oils, and the energies and extracts of precious and semiprecious stones. The energetic properties found in the liquids interact with the individuals aura to help support balance in the body, mind, and spirit. In The Aura-Soma Sourcebook authors Mike Booth and Carol McKnight detail the origins, holistic understanding, and consciousness-mirroring effects of each of the 104 equilibrium combinations. The practice of Aura-Soma is initially based on a persons selection of four Equilibrium bottles. The choice of bottles and the sequence in which they are chosen provide keys to understanding past difficulties and mirror the need and potential for growth in ones consciousness. The book includes full-color spreads that juxtapose the colors of the bottle with dramatic photographs that depict the energetic essence of each bottle and that evoke the healing energy of the natural environment. The authors also explain where to apply the essences, which chakra in the subtle anatomy will be affected, and what areas of personal growth can be addressed. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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