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## Does Optimism Explain How Religiousness Affects Alcohol Use Among Students?

By Benjamin Collier

VDM Verlag. Paperback. Book Condition: New. Paperback. 76 pages. Dimensions: 8.7in. x 5.9in. x 0.2in. Alcohol use, because of its many negative consequences, is the number one health problem facing college students. Because of this, researchers have looked for factors associated with reduced drinking. Religiousness is one such factor. Religiousness is a complex, multidimensional construct, and while it tends to be negatively associated with alcohol use, research progress has been slow due to the tendency of researchers to poorly operationalize this construct and to design studies that fail to go beyond the bivariate relationship of religiousness and alcohol use. In order to address these shortcomings, this study will assess two dimensions of religiousness, religious commitment/motivation and religious consequences, and will test a model, presented by Koenig et al. , (2001), that postulates religiousness works through mental health in order to reduce alcohol use. More specifically, this study will test optimism as a possible mediator and moderator of the relationship between religiousness and alcohol use. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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