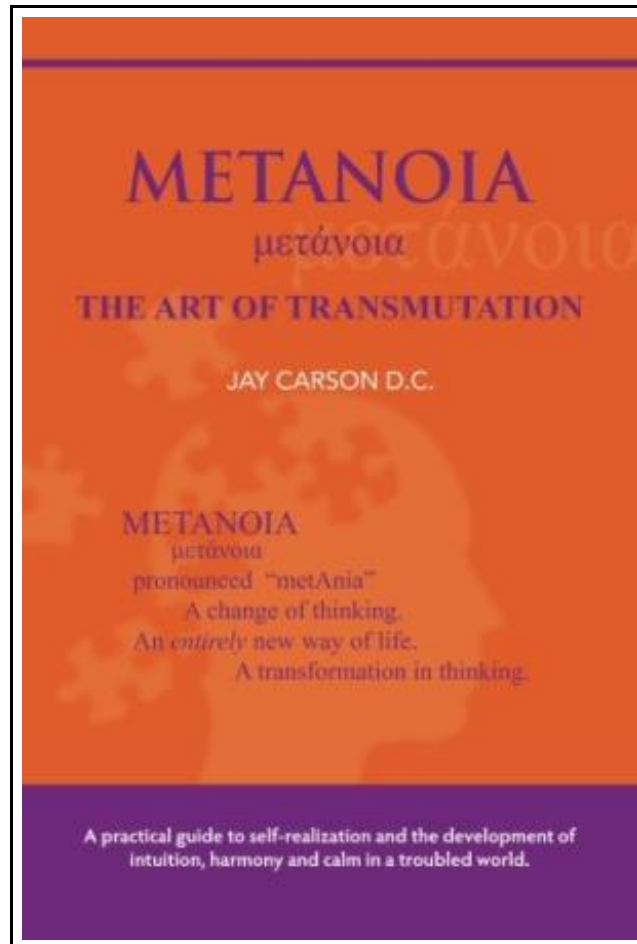


METANOIA - The Art of Transmutation Quantum Mind - Quantum Healing



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Reviews

Very helpful for all category of men and women. It is rally fascinating throgh studying period. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Prof. Asia King)

METANOIA - THE ART OF TRANSMUTATION QUANTUM MIND - QUANTUM HEALING

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Quilaztl. Paperback. Book Condition: New. Paperback. 100 pages. Dimensions: 9.2in. x 6.1in. x 0.2in. This book is about using each event in our lives (whether it be big or small, positive or negative in nature) to learn control over ourselves, learning to distinguish the real from the illusory, and developing the ability to feel the truth. In the words attributed to Socrates (but most likely from a much earlier period) and Hakim Sanai this book is about, Self- knowledge and giving attention to the soul and the realization that, Knowledge that does not take you beyond yourself is worse than ignorance. One of the aims of this book is to provide practical ways to help you cultivate a secure, resilient, inner mental space which in turn helps repel mental blows and pressures from the outside world. Are you open to change And if so how do you change. In order to change you need to question your own Inner Authority. How did this authority come into being and what forces established and maintain this authority. How does this authority direct and control your thoughts and behaviour. Was this inner authority firmly established by yourself or your true essence, or was it established by multiple external forces that may have multiple agendas. Real change results from questioning your Inner Authority. Questioning why and when it tells you what to do and under what circumstances. To question your inner authority involves the impartial observation of your actions, thoughts, behaviour and personal agendas. The impartial observation results in self-knowledge about how you actually are, not how you believe you are. It will identify what motivates and directs you from a perspective that was not present or possible before. The observation must be driven by a desire for truth about yourself and why you are...



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