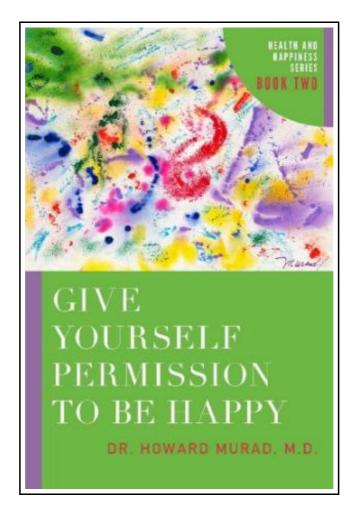
# Give Yourself Permission to be Happy: Health and Happiness



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(Dr. Raven Ledner)

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