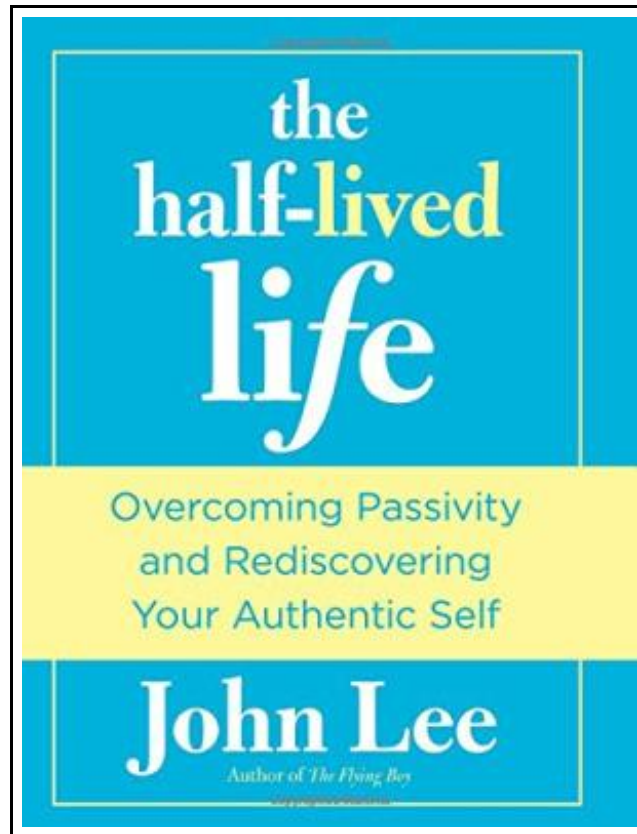


## Half-Lived Life: Overcoming Passivity and Rediscovering Your Authentic Self



Filesize: 3.75 MB

### ***Reviews***

*Very helpful for all type of individuals. It is amongst the most incredible ebook i have got study. I am just very easily could get a satisfaction of reading a composed publication.*

***(Mikayla Romaguera)***

## HALF-LIVED LIFE: OVERCOMING PASSIVITY AND REDISCOVERING YOUR AUTHENTIC SELF



Rowman & Littlefield. Hardback. Book Condition: new. BRAND NEW, Half-Lived Life: Overcoming Passivity and Rediscovering Your Authentic Self, John H. Lee, "So this is my life? What happened to the person I thought I might be at this stage of the game? Where did that person go? Why am I feeling like I'm just treading water, trying to stay one step ahead of my bills and obligations. Anyway, I'm just too tired at this point to try to figure out where that other person went. But I sure expected to be living a different life than this one."Most people in their forties, fifties, and beyond catch themselves saying something similar to this. Everyone has a mental image of the person they want to be, but few of us actually fulfill these wishes. Once people realize they are living a completely different life than they'd envisioned, they often think it is too late to change and carry on with the same old habits. Too many people settle for a half-lived life. Best-selling author John Lee has long been addressing the fallacy of this attitude in talks and workshops-and now he sets this program into book form. In The Half-Lived Life, he introduces and explains how passivity holds us hostage to old ways of doing things-and provides solutions on escaping this paralyzing state of mind, body, and spirit while increasing our emotional intelligence (EQ). He also shows the freedom to be gained via compassionate assertiveness-an outgrowth of setting boundaries and enforcing limits. Just as Lee's seminars have successfully led many to find their authentic self in the second half of their life, so too will this book.



**Read Half-Lived Life: Overcoming Passivity and Rediscovering Your Authentic Self Online**



**Download PDF Half-Lived Life: Overcoming Passivity and Rediscovering Your Authentic Self**

## You May Also Like



### **It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em**

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em, Greg Behrendt, Amiira Ruotola-Behrendt, A fabulous new guide to dating...

[Read eBook »](#)



### **You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most**

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the...

[Read eBook »](#)



### **Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age**

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age, David Dutwin, TV. Web Surfing. IMing. Text Messaging. Video...

[Read eBook »](#)



### **A Dog of Flanders: Unabridged; In Easy-to-Read Type (Dover Children's Thrift Classics)**

Dover Publications, 2011. Paperback. Book Condition: New. No Jacket. New paperback book copy of A Dog of Flanders by Ouida (Marie Louise de la Ramee). Unabridged in easy to read type. Dover Children's Thrift Classic....

[Read eBook »](#)



### **Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success**

Brookes Publishing Co. Paperback. Book Condition: new. BRAND NEW, Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success, Eva M. Horn, Susan B. Palmer, Gretchen D. Butera, Joan A. Lieber, How...

[Read eBook »](#)