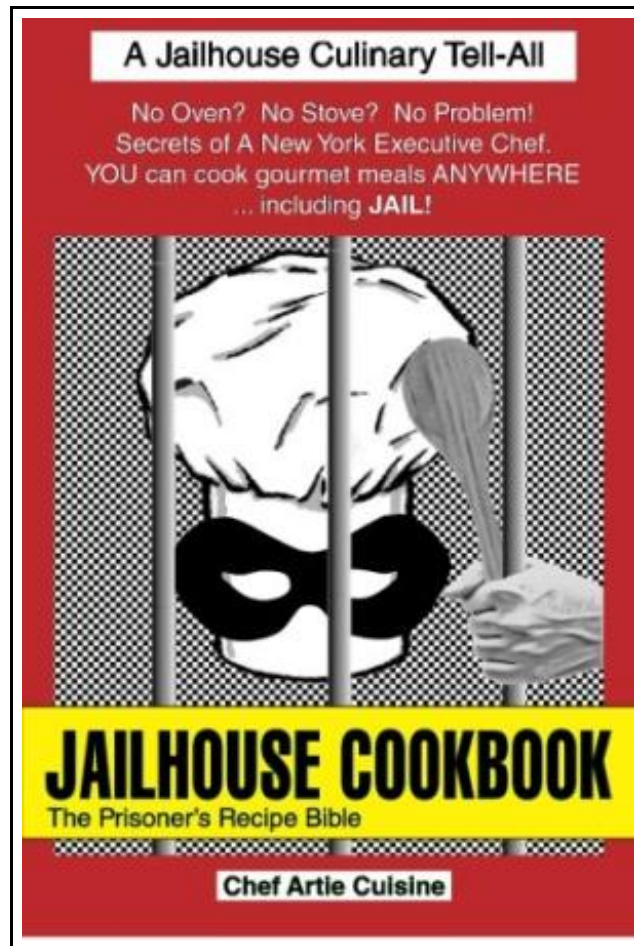


## Jailhouse Cookbook the Prisoner s Recipe Bible



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### ***Reviews***

*Excellent electronic book and helpful one. It usually does not cost a lot of. I am quickly will get a pleasure of reading through a written publication.*

*(Bernardo Feeney Jr.)*

## JAILHOUSE COOKBOOK THE PRISONER S RECIPE BIBLE



Goodreadbooks, Inc., United States, 2013. Paperback. Book Condition: New. 226 x 147 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.JAILHOUSE COOKBOOK: A Prisoner s Recipe Bible Chef Artie Cuisine s Jailhouse Cookbook: A Prisoner s Recipe Bible, is a deliciously entertaining, biographical jailhouse cooking saga, a vivid portrayal of an incarcerated NYC chef s culinary life. Rudely eloquent and irreverent it s a quirky journey of physical and emotional survival. Chef Artie paid his debt to society cooking all the way! A 268 page no-holds-barred tell-all about a stubborn, plucky, resolute chef s passion to cook and eat well while serving time. This lighthearted insight into New York prison life is part story, manual, food survival handbook, humor and inspiration. 110 hard-to-believe-can-be-cooked-in-prison gourmet recipes with detailed instructions, developed for a demanding inmate clientele of high flying embezzlers, drug czars, extortionists etc. Cook these recipes at home, in school dorms, RVs, on camping trips, and IN JAIL, any place without a proper kitchen. Devising banquets in prison dorms was his recreation, his currency, his safety net, and his challenge. Artie s survival mantra No oven? No stove? No problem! strengthened his resolve to eat well in prison - even in the Box . Cooking was a daily dare. Self preservation = gang protection in exchange for dinner on the table. Years in the trenches of NY s finest restaurant kitchens prepared him for this. He proudly followed the Marine credo: Improvise, Adapt, Overcome . Sure in winter you can put sodas out on the window sill, but baking 3-layer cakes and fresh pizzas in an oven-less prison dorm Passing Artie s dorm astounded inmates saw fresh pasta hanging to dry, a white sheet thrown over a locker as a dining table, a centerpiece of cell-made garlic breadsticks,...



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