



## Wow, Im an American

By Peter R Breggin

Lake Edge Press. Paperback. Book Condition: New. Paperback. 248 pages. Dimensions: 9.1in. x 6.0in. x 0.8in. Wow, Im an American! is written by Harvard-trained psychiatrist and best-selling author Peter R. Breggin, MD. In a bold new approach to the lives of our Founders and the principles they embraced, this book shows how the same ideals that inspired the American Revolution and the Declaration of Independence can motivate and guide us to live happier and more satisfying lives. Wow, Im an American! demonstrates for the first time how the Founding principles of freedom, responsibility, gratitude, and love apply not only to government policy but also to the everyday challenges in our personal lives. At a time when the Constitution and traditional American values are threatened as never before, Wow, Im an American! revitalizes the American spirit. Founders like George Washington, John and Abigail Adams, Benjamin Franklin, Thomas Jefferson, Samuel Adams, James Madison and Benjamin Rush built this countrys government and their personal lives around the inalienable rights to life, liberty, property, and the pursuit of happiness. Our great political documents like the Bill of Rights express the integrity of their overall approach to life. No other book so imaginatively captures the essence...



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