



You are Clairvoyant: Developing the Secret Skill We All Have

By Belinda Grace

Rockpool Publishing, Australia, 2011. CD-Audio. Book Condition: New. 3rd Third Edition, Third ed.. 142 x 124 mm. Language: English . Brand New. Being clairvoyant is an innate skill that we are all born with, there are no exceptions. Some people will have more flair for certain techniques than others, and some of you may have to practice more or persevere, but you can heal yourself from self sabotage and create heart and mind balance. Make yourself whole and feel more connected to your life. This CD consists of: Welcome and brief how to use this CD explanation; Exercise 1: Exercising Your Imagination - Imagining objects you are familiar with. Imagining trying on different outfits from your own wardrobe. Imagining an Angel; Exercise 2: Reactivating Your Channel -- including tips on maintenance; Exercise 3: Creating Your Inner Screen - including tips on maintenance; Exercise 4: Meeting One of Your Angels or Spirit Guides; Exercise 5: How to Conduct a Psychic Conversation; Exercise 6: Learning the Art of Automatic Writing; Exercise 7: Writing a Letter to Your Angel or Spirit Guide; Exercise 8: Reviewing and Releasing Your Past Lives; Exercise 9: Creating Balance Between Your Heart and Mind; and, Exercise 10: A...



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