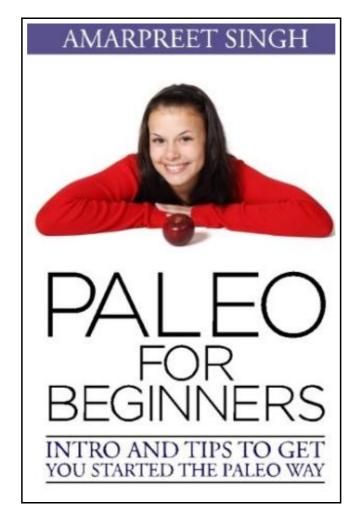
# Paleo for Beginners: Intro and Tips to Get You Started the Paleo Way



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