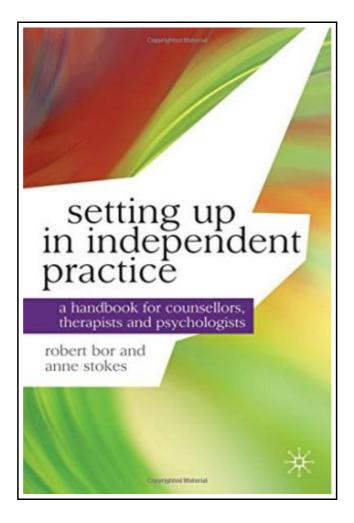
## Setting Up in Independent Practice: A Handbook for Counsellors, Therapists and Psychologists



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### SETTING UP IN INDEPENDENT PRACTICE: A HANDBOOK FOR COUNSELLORS, THERAPISTS AND PSYCHOLOGISTS



Palgrave Macmillan. Paperback. Book Condition: new. BRAND NEW, Setting Up in Independent Practice: A Handbook for Counsellors, Therapists and Psychologists, Robert Bor, Anne Stokes, Working in independent practice can be attractive to therapists for a myriad of reasons; however, the practical challenges can also seem considerable. How can you negotiate these challenges to build a thriving counselling practice that fits with your personal aims and professional ambitions? For example: \* What do you need to consider when choosing your practice location? \* Where does marketing and promoting your practice fit in? \* How can you build a support network when working independently? These questions, and many more, are discussed in this compact guide. Written by two highly regarded authors and practitioners, the book gives hands-on advice and support in planning, setting up and running independent practice. Packed with tips, tools and practical strategies for you to find your own way of working, the book: \* Explores issues of engaging with clients, from the first client intake interview to practical arrangements for holiday periods \* Discusses managing your finances, including setting fee structures and the pros and cons of doing your own accounts \* Pinpoints risk factors for working in independent practice and discusses practical ways to manage these \* Encourages you to assess your own practice through reflective exercises An in-depth and practical guide to working independently, this is an indispensable tool for both counselling and psychotherapy trainees considering their career options post-qualification, and established practitioners looking to refine their practice and revisit their skills in light of changing ambitions and circumstances.

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