



You Are Awesome!: Live Your Life by Design, Not by Accident!

By Jan Michael Gaynor

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Jan Michael Gaynor, the author of You Are Awesome! is bringing to the reader his first-hand life experiences. As a youth leader and father of five, he was also an experienced college teacher with 2 Masters Degrees. His experiences cover a wide spectrum of ages, young and old and he has taught many topics for many years. Being very successful in life, a medical incident caused temporary paralysis. Unable to work, he lost almost everything: .business, cars, home, retirement savings, and the ability to complete his PhD - fifty plus years of life s treasures all gone. Overcoming both the physical and mental pain he experienced, he corrected these hardships through attending many self-help classes and seminars for over five years. These events were presented by worldwide known Gurus, coaches and trainers in self-improvement and motivation. Written for the whole family, he teaches the best of the best techniques that work from his own experience. - Learn how you are awesome already - Become even more awesome with a new mindset - Understand why you...



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