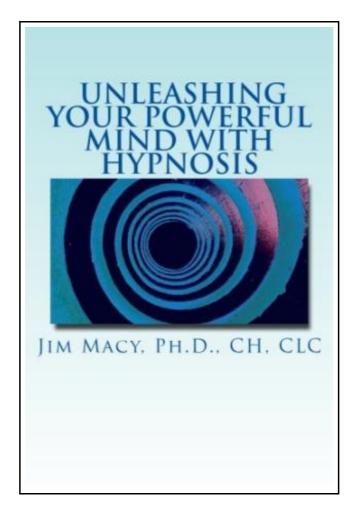
Unleashing Your Powerful Mind with Hypnosis



Filesize: 9.69 MB

Reviews

Extremely helpful for all type of folks. It generally is not going to expense a lot of. I found out this book from my dad and i advised this book to find out.

(Melany Goyette)

UNLEASHING YOUR POWERFUL MIND WITH HYPNOSIS



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Is your brain leading your life, or are you just carrying it around? Many times we find that we re operating on auto-pilot. We are predictable creatures of habit, and our minds get lazy. If you find yourself in a rut, unable to make changes in your life, then this book will get you on track to run your life the way you want it, not the way it is going. This book is not a run of the mill self-hypnosis filled with pseudoscience. However, it includes medical and scientific information for those interested in hypnosis at a deeper level. Some hypnosis books will give you just enough information to let you experience hypnosis, but then you do that every day anyway. In this book there are sample scripts for inductions as well as guides for improving the power of the sub-conscious mind. It also covers some of the fears and misconceptions about hypnosis. Here is an excerpt from the book. Myths and Misconceptions My favorite misconception is that hypnosis is of the Devil or Satan and if you open your mind to hypnosis, demons will take over. When you think about it for a moment you might realize how silly this idea really is. If you believe that Satan can take over simply because you are consciously and purposely connecting the two God-given minds humans have, then you are nothing more than a sitting duck for all sorts of malevolent forces, false teachings, and erroneous ideas. Also, if that were true then we ve all paid the price a long time ago. Remember, we all go in and out of hypnotic states many times every day. In...



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