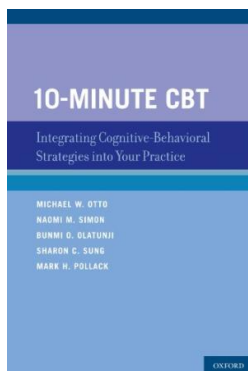


10-minute CBT: Integrating Cognitive-behavioral Strategies into Your Practice



Book Review

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