



Exotic Paleo Recipes: Unlock the Paleo Potential to Turn Your Body Into a Fat Furnace

By Michelle R Smith

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.At A Glance Do you want to take your body from flab to fab ? Do you want to put an end to your life-long struggle with those menacing pounds hugging you in all the wrong places? Do you want to stay healthy while keeping up with your race against time? Do you want to ditch all the fad-diets and transition to a healthier lifestyle? If your answer to all these questions is a resounding yes , you have come to just the right place. Paleo is just what you need to win the battle against your bulges. In this eBook, you are about to find out paleo recipes to cook the healthiest, yummiest taste bud tantalizing meals, and that too in a matter of a few minutes. If you are always on the go but don t want to grab calorie-rich snacks or meals, this eBook is a choice that can never go wrong. They say, you are what you eat. This is, undoubtedly, true as this eBook will unveil to you the under-the-wraps...



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