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## RAE MY TRUE STORY OF FEAR, ANXIETY, AND SOCIAL PHOBIA LOUDER THAN WORDS



HCI Teens. Paperback. Book Condition: New. Paperback. 168 pages. Dimensions: 6.0in. x 5.0in. x 0.5in.Rae is beyond socially awkward. Since she was a little girl, Rae Swiggett knew something was different about her. The sound of planes flying overhead could spark a panic attack. Being called on in class was enough to push her over the edge. She feared the unknown, life, death, people . . . even fear itself. By the time she reached ninth grade, Rae was muddling...

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- Authored by Chelsea Swigget
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