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Effortless Small Talk: Learn How to Talk to Anyone, Anytime, Anywhere. Even If You're Painfully Shy

By Andy Arnott

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 222 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.Do You Hate Making Small Talk? Do You Wish You Could Walk Up to Anyone, Anywhere, Anytime and Just Start Talking to Them? Well, it isn't difficult. I used to despise small talk. I would awkwardly blunder my way through conversations and always end up embarrassing myself. However, instead of accepting my awful social skills as part of me I decided to overcome them and master small talk. And You Can Master Small Talk Too. In this book I detail everything I've used to overcome my fear and inability of making small talk so that you can too. You can pick up this book, read through it and have an actionable step-by-step structure to follow so you can master small talk. If you follow the simple structure and easy strategies I lay out then you will be able to converse with anyone, anywhere, anytime. I studied everything from esteemed psychologists all the way to pick-up artists so I could find the simplest ways to conquer my fears. Everything in this book has been...



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