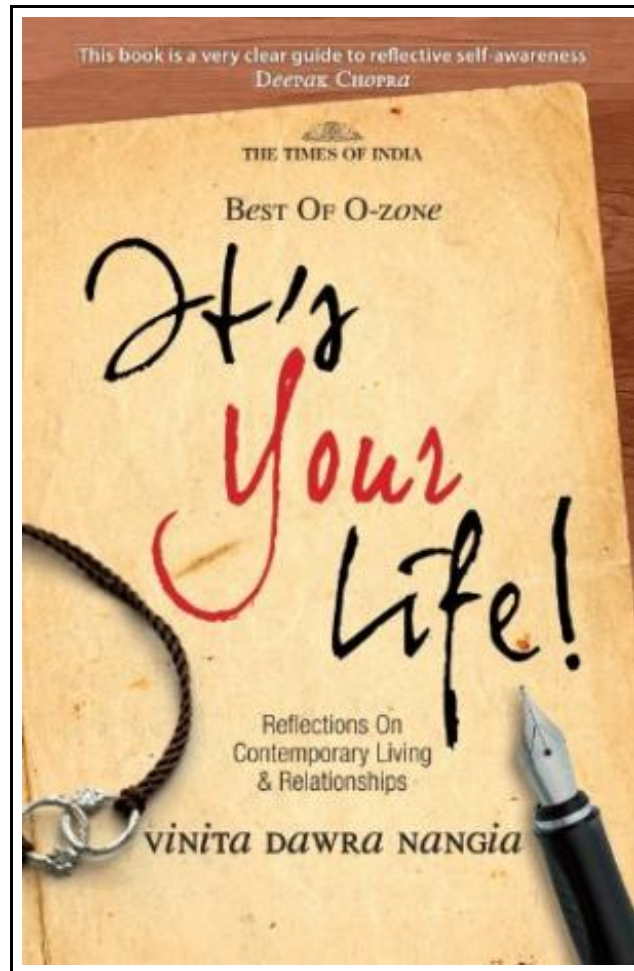


## It's Your Life: Reflections on Contemporary Living and Relationships



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Times Group Books, New Delhi, India, 2012. Softcover. Book Condition: New. First Edition. The author has put together some of her most popular O-Zone columns for this book, which deals with people and relationships. These columns are written weekly by the author, and deal with human relationships, human behaviour, and attitudes. Through this book and her columns, Dawra Nangia gives her take on relationships and love. How do you identify if you are really in love? Is it possible for a relationship to survive after an affair? Is it possible for a person to be in love with two people at one time? She offers practical ways of dealing with the complex nature of human relationships and life. Dawra Nangia also deals with human behaviour and attitude. What kind of people are we? What makes a good human being and am I one? Why should one feel guilty about love, relationships, our drawbacks, or our plus points? **Its Your Life: Reflections On Contemporary Living & Relationships** is divided into 2 parts. The first part deals with the different shades and meanings of contemporary life. The second part deals with relationships, love, attraction, affairs, modern day parenting and other aspects of contemporary relationships. Incompatible marriages, extra-marital affairs, demanding partners, and difficult kids, all find a place in this self-help book. In dealing with a variety of issues, the author uses experiences from real life, sometimes her own personal experiences, and uses her wisdom to explain these issues. Her take on life and relationships is refreshing, and her use of real life experiences, everyday discussions, and conversations makes it easy for us to relate to the issues that she deals with. Dawra Nangias writings project a belief that our life and happiness is completely dependent on us. It depends on every individual how...



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