



Ergonomics for the Prevention of Musculoskeletal Disorders: Guidelines for Shipyards

By Occupational Safety and Health Administration

Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 50 pages. Dimensions: 11.0in. x 8.5in. x 0.1in. OSHA 3341-03N Ergonomics for the Prevention of Musculoskeletal Disorders: Guidelines for Shipyards. Many proactive initiatives taken by the shipyard industry have resulted in a reduction in injuries and illnesses. Shipyards have reported that many shipyard tasks are performed in awkward body postures, at nonadjustable workstations, on scaffolds, and in enclosed or confined spaces (1, 2, 3). Even in this environment, the shipbuilding industry has found ways to make shipyard work easier through ergonomic solutions. However, the industry still has higher injury rates than general industry and construction (4). More remains to be learned about the relationship between workplace activities and the development of musculoskeletal disorders (MSDs). Continuing research and operational experience will provide additional information that will assist in designing further recommendations for reducing the potential for MSDs in workplaces. However, the experiences of numerous shipyards that have successfully addressed this important issue have provided a sufficient basis for taking action to better protect employees. These guidelines provide recommendations for shipyards to help reduce the number and severity of work-related musculoskeletal disorders, increase employer and employee awareness of ergonomic risk factors,...



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