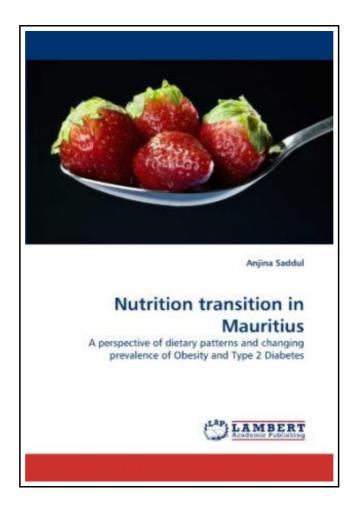
# **Nutrition transition in Mauritius**



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# **Reviews**

Excellent e-book and useful one. It can be rally intriguing through looking at time period. Once you begin to read the book, it is extremely difficult to leave it before concluding. (Pasquale Klocko)

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LAP Lambert Acad. Publ. Nov 2010, 2010. Taschenbuch. Book Condition: Neu. 220x150x4 mm. Neuware - Nested in the Indian Ocean, Mauritius hosts a multi- cultural population, consisting of Asian Indians, Creoles predominantly of African ancestry and Sino-Mauritians of Chinese descent. Following its independence, the country gradually flourished from a low income, agricultural-based economy to an export-oriented upper-middle income nation which boasts one of the most remarkable economic track record in sub-Saharan Africa. Beyond economic prosperity, these changes also triggered shifts in dietary patterns and levels of nutrition-related chronic diseases reached unprecedented highs. Indeed, with its large population of Asian descent, Mauritius has one of the highest incidence of Type 2 Diabetes in the World. This book contemplates the nutrition transition (Westernisation of diet ) that Mauritius has been undergoing as a consequence of rapid modernisation. Dietary patterns and concurrent changes in prevalence of chronic diseases Obesity and Type 2 Diabetes typically associated with such a transition are examined. 68 pp. Englisch.



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