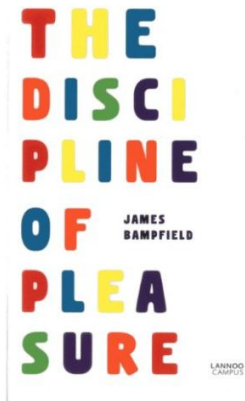


Download PDF

THE DISCIPLINE OF PLEASURE



Lannoo. Paperback. Book Condition: new. BRAND NEW, The Discipline of Pleasure, James Bampfield, In The Discipline of Pleasure, philosopher and change-management consultant James Bampfield calls for a new approach to living, one that is centred on finding pure enjoyment in life, joy in living. Critically reflecting on the work of thinkers such as Jeremy Bentham, Epicurus, Buddha and Freud, he suggests that we move away from the 'rigid truth perspective', characterised by either a focus on duty and obligation or on...

Read PDF The Discipline of Pleasure

- Authored by James Bampfield
- Released at -



Filesize: 5.53 MB

Reviews

This book is indeed gripping and exciting. it had been writtern really perfectly and useful. Its been written in an remarkably basic way and is particularly only following i finished reading through this ebook through which in fact changed me, affect the way i think.

-- **Royce Heathcote**

Great e book and useful one. Of course, it really is engage in, continue to an amazing and interesting literature. You wont sense monotony at anytime of your time (that's what catalogues are for regarding if you request me).

-- **Prof. Flavie Moore Jr.**

This sort of book is almost everything and made me seeking ahead of time plus more. It is actually rally intriguing through reading time period. You can expect to like how the author publish this publication.

-- **Mrs. Ozella Nietzsche**
