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## My Inner Ballerina: Looking for the Bright Side of Life

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By Paula Mack Smith

Dog Ear Publishing, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.In a follow-up to her 2012 memoir, *Summoning My Inner Ballerina: Balancing Love and Loss, Family and Friends, Life and Politics*, author Paula Mack Smith explores her rocky journey as she navigates through the deaths of two of her closest family members. The first was the unexpected death of her brother Warren, just a few months after the publication of her memoir. The second was that of her older son, Michael, six months later. Both deaths left her floundering in her grief, the ballerina temporarily toppled, heart-broken and spent. It was only through writing and sharing her memories and stories in black and white that she could begin to come to terms with those tragedies and regain a semblance of her former optimism. By learning to concentrate on what remains instead of what was lost, the little ballerina found her will to continue onward. By sharing her painful journey, the author hopes to help others do likewise. To see that there is, after all, light at the end of the tunnel and joy following terrible losses....



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