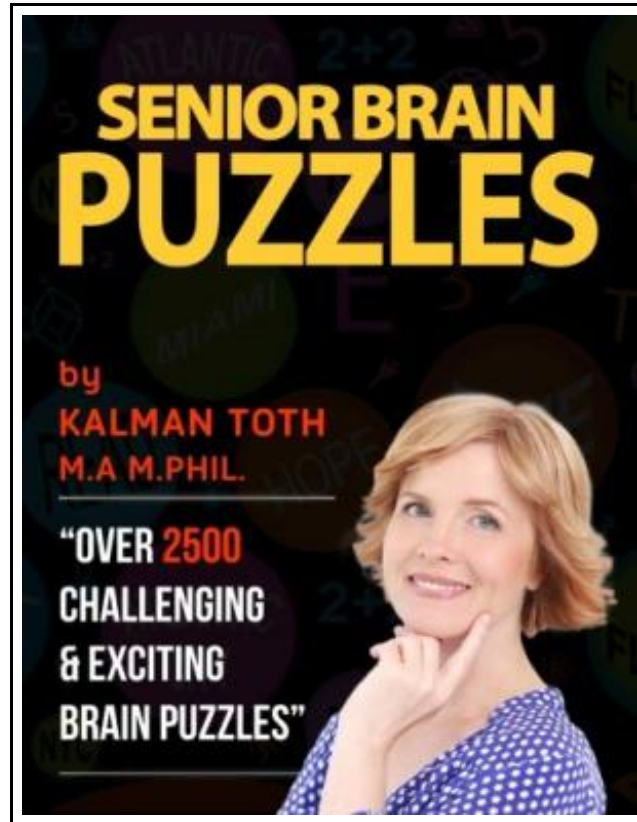


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Reviews

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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. Large Print. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.#1 bestseller puzzle book for senior adults. The entertaining puzzle book is specifically designed for active seniors to keep their brains in top operating condition. The book can also provide successful brain therapy for seniors with Alzheimer s or Parkinson s disease and stroke patients struggling with dementia. Even the person who may not have done puzzles in the past may enjoy this brain activity. The puzzles have been simplified for patient success. Early stage patients can do the harder puzzles provided in this book. There are also easier puzzles. For example, word search puzzles have a checklist. Solvers simply have to checkmark the list and circle the words. Intelligence Quotient - IQ - is a scientific assessment of an individual s intelligence. A person s IQ derives from measuring problem-solving abilities, memory, general knowledge, and spatial imagery. Alzheimer s, Parkinson s, and stroke patients use to have an effective (every day) IQ of 100-120 Now, due to brain chemistry, their effective IQ is below 100 and can be as low as 70. The goal is to keep effective IQ as high as possible in the damaged brain, and working puzzles can help. A puzzle can help stimulate brain thinking, memory, and brain activity. The variety found in this book is essential for achieving the greatest benefit from puzzle solving. Patients gain the most value from solving the first puzzle of a particular type. Once a number of the same type of puzzle is completed, the patient needs to move to a different type of puzzle. Generally, the patient will need to have assistance from a caregiver or family member. Caregivers of patients...

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