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## Mind Energy: The Power of Me!

By Timothy M Ferris

iUniverse, United States, 2010. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Mind Energy: The Power of ME!

illustrates a revolutionary new process for achieving your dreams and taking all aspects of your life-personal, professional, emotional, financial, and relational-to the next level. Prepare for success by learning time-tested principles used by the most successful and brilliant people in the world and throughout history. Recognize and break through what has been called the silent killer of dreams-procrastination. Then, follow author Tim Ferris's step-by-step system, supported with practical exercises, for achieving success that begins with helping you discover what's important to you. With Ferris's explosive new goal setting techniques, you will be able to design and achieve powerful goals. He uses the word POWERFUL as an acronym to aid in memorization of his groundbreaking techniques. It also serves as a mantra for setting powerful goals designed to support your life's purpose and move you in the direction of your ultimate destiny! Knowledge is only potential power; true power arises by taking immediate action. Who you are today is a direct result of your past thoughts and actions....



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