



## Reiki (Mixed media product)

By Christina Moore

Haldane Mason Ltd, United Kingdom, 2015. Mixed media product. Book Condition: New. New edition. 203 x 152 mm. Language: English . Brand New Book. In the twenty-first century, many of us are searching for natural methods of treating ailments and promoting a more healthy lifestyle. Reiki is the perfect solution ? a wonderfully simple and effective form of hands-on healing that applies universal energies to treat the mind, body and spirit. Using a simple and clear approach, the enclosed book Reiki explains the guiding principles behind this healing art. With sections on chakras, reiki hand positions, what to expect in a reiki session, and how to become a reiki healer, this is the perfect introduction to a fascinating and increasingly popular therapy.



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