



Breaking Busy: How to Find Peace and Purpose in a World of Crazy

By Alli Worthington

Zondervan on Brilliance Audio, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 170 x 132 mm. Language: English . Brand New. Have you ever felt like a fraud or failure as you struggle to find balance in life? Do you find yourself juggling everything in mediocrity and feeling like you re succeeding at very little? In her no-nonsense way, Alli Worthington tackles the big questions about finding happiness and one s God-given purpose. Breaking Busy marries popular secular research from the fields of social and positive psychology with solid biblical principles, instilling listeners with the confidence that they, too, can move from crazy busy to confident calm. With refreshing candor, uproarious true stories, and a Christian worldview, Alli delivers truths that dismantle common happiness myths. Then she empowers listeners to get unstuck, to let go of the good to make way for the great, to know themselves and their Creator, and ultimately to find peace and purpose in this world of crazy. Learn how to stop chasing what leaves you empty and start doing what you were created to do. Identify the common lies you believe and how to strip their power from your life. Recognize how what you say...



READ ONLINE
[7.72 MB]

Reviews

These kinds of publication is the greatest pdf available. Better then never, though i am quite late in start reading this one. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Lorena Streich**

It becomes an awesome pdf that I have actually read through. It really is full of knowledge and wisdom You may like how the writer compose this book.

-- **Amanda Gleichner**

See Also



[Electronic Dreams: How 1980s Britain Learned to Love the Computer](#)

Audible Studios on Brilliance, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 170 x 135 mm. Language: English . Brand New. Remember the ZX Spectrum? Ever have a go at programming with its stretchy rubber keys? Did you marvel at the immense...



[Bringing Elizabeth Home: A Journey of Faith and Hope](#)

BRILLIANCE AUDIO, United States, 2015. CD-Audio. Book Condition: New. Unabridged. 170 x 133 mm. Language: English . Brand New. At 3:58 in the morning of June 5, 2002, Ed and Lois Smart awoke to the sound of their nine-year-old daughter Mary Katherine...



[THE Key to My Children Series: Evan s Eyebrows Say Yes](#)

AUTHORHOUSE, United States, 2006. Paperback. Book Condition: New. 274 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.THE KEY TO MY CHILDREN SERIES: EVAN S EYEBROWS SAY YES is about a three year old little boy who...



[And You Know You Should Be Glad](#)

HarperCollins Publishers Inc, United States, 2014. Paperback. Book Condition: New. Reprint. 201 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****.A highly personal and moving true story of friend-ship and remembrance from the New York Times bestselling...



[The Mystery at Big Ben](#)

Gallopade International, United States, 2005. Paperback. Book Condition: New. 188 x 132 mm. Language: English . Brand New Book. Mimi and Papa speed away to London, England in their little red and white airplane, The Mystery Girl. Tagging along are grandchildren Christina,...



[Spectrum Reading for Theme and Details in Literature, Grade 4](#)

Spectrum, United States, 2015. Paperback. Book Condition: New. 269 x 208 mm. Language: English . Brand New Book. Spectrum(R) Reading for Theme and Details in Literature teaches and reinforces the essential reading comprehension skills your fourth graders are learning in the classroom....