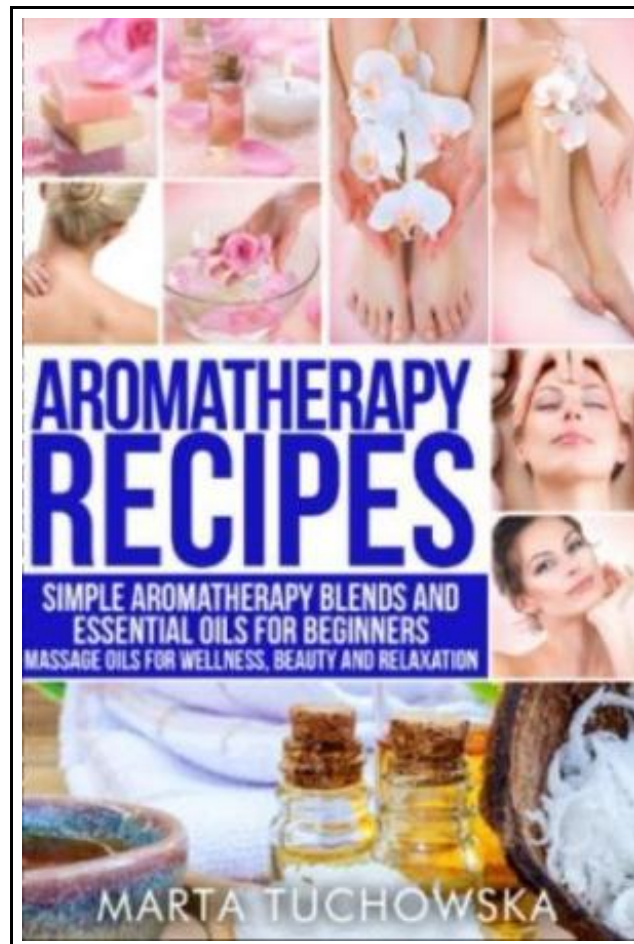


Aromatherapy Recipes: Simple Aromatherapy Blends and Essential Oils for Beginners. Massage Oils for Wellness, Beauty and Relaxation



Filesize: 7.11 MB



Reviews

A really wonderful book with lucid and perfect reasons. This can be for all who statte there was not a worth reading through. You are going to like how the author write this book.
(Dr. Grady Jacobi DDS)

AROMATHERAPY RECIPES: SIMPLE AROMATHERAPY BLENDS AND ESSENTIAL OILS FOR BEGINNERS. MASSAGE OILS FOR WELLNESS, BEAUTY AND RELAXATION



Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Discover an endless aromatherapy pleasure and create your home spa with custom made massage oils. The rituals of aromatherapy and therapeutic essential oils are waiting for you. Join my Aromatherapy Spa Lovers Club and let aromatherapy blends work for your health, balance, beauty, wellbeing and relaxation! ***If everyone treated themselves to an aromatherapy treatment daily, the world would be a better, peaceful place. *** However, aromatherapy is not only about aromas or pleasant rituals for relaxation. The essential oils have been known and used for their therapeutic and healing properties for ages. As a massage therapist I specialize in aromatherapy massage. I just find it really fascinating that depending on a way you blend the oils you can customize the treatment and adapt to clients needs. Over the years I have developed a practical, intuitive approach that I would like to teach you. I have created this book to share some of my favorite aromatherapy recipe blends that you can get started on immediately so as to improve your quality of life and wellbeing. The multi functionality of the essential oils offer us the possibility to create a myriad of treatments quite inexpensively. Something that many luxurious spa would charge you a great amount of money and keep their secrets to themselves. Here's what my book is going to teach you: *The difference between the essential oils and the vegetable oils *General preview of different schools of aromatherapy: The British School of Aromatherapy vs The French School of Aromatherapy *What is Aromatology? How does it differ from Aromatherapy? *The basic precautions and contraindications *How to make sure that you use only pure, 100 organic essential oils...

 **[Read Aromatherapy Recipes: Simple Aromatherapy Blends and Essential Oils for Beginners. Massage Oils for Wellness, Beauty and Relaxation Online](#)**
 **[Download PDF Aromatherapy Recipes: Simple Aromatherapy Blends and Essential Oils for Beginners. Massage Oils for Wellness, Beauty and Relaxation](#)**

Other PDFs



No Friends?: How to Make Friends Fast and Keep Them

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Do You Have NO Friends ? Are you tired of not having any...

[Read ePub »](#)



Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Getting Your FREE Bonus Download this book, read it to the end and...

[Read ePub »](#)



Goodparents.com: What Every Good Parent Should Know About the Internet (Hardback)

Prometheus Books, United States, 2000. Hardback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book. The Internet may now be the most powerful, single source of information in the world, and...

[Read ePub »](#)



Fox Tales for Kids: Fifteen Fairy Stories about Foxes for Children

Createspace, United States, 2012. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Fifteen short stories about foxes are selected from several books of fairy tales...

[Read ePub »](#)



The Village Watch-Tower (Dodo Press)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author...

[Read ePub »](#)