



## Vegan Freak: Being a Vegan in a Non-Vegan World

By Bob Torres, Jenna Torres

PM Press, United States, 2010. Paperback. Book Condition: New. 2nd Revised edition. 213 x 137 mm. Language: English . Brand New Book. Two seasoned vegans offer tips and advice for thriving without animal by-products. Readers will find out how to go vegan by employing a cold tofu method , learn how to convince family, friends, and others that there is no such thing as a vegan cult and learn to survive restaurants, grocery stores, and meals with omnivores.



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-- **Prof. Evans Balistreri DDS**

*Completely essential go through book. This is for all who state there had not been a worthy of reading through. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- **Lydia Legros**

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