



## Great Teeth for Life: The Secret to a Lifetime of Good Dental Health

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By Bds Lds Rcs Brian Halvorsen

iUniverse, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Good teeth are vital in so many ways, but only fifty percent of the population in the United Kingdom visit the dentist on a regular basis and most rank dental care low on a list of spending priorities. In Great Teeth for Life: The Secret to a Lifetime of Good Dental Health, a holistic dentist shares a comprehensive approach to preventive dentistry that makes the whole person healthier, ultimately creating great teeth. Dr. Brian Halvorsen has been a holistic dental practitioner in Buckinghamshire, England, for over thirty years and explains a holistic approach to dental care that focuses on nutrition and healthy eating that will help remove toxins from the body, decrease thinning enamel, and ensure the dental health of the next generation. Dr. Halvorsen specifically teaches others how to: Recognize the signs of gum disease Brush and floss teeth properly Identify the stressors that cause disease Plan a healthy diet Choose supplements that will improve gum health Great Teeth for Life: The Secret to a Lifetime of Good Dental Health provides practical information for dental patients who...



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