

Introduction to Applied Reinforcement Learning

Shah Rukh Qasim

Department of Mathematical Modeling and Machine Learning

&&

Physik Institut

University of Zurich

shahrukh.qasim@physik.uzh.ch

25.11.2025

Today's Agenda

- We will skip the tutorial today
 - Although I will give a link to an example towards the end to play
 - Interest of time: there is a lot to learn to get started with RL
- Reinforcement Learning (RL) is hard and there is a lot to learn
 - We will cover the core concepts
- The order of the contents of this lecture is non traditional in how RL is taught: Fundamentals are discussed later
 - Expectations is that it will make it easier to understand quickly
- References in Sutton and Barto 2nd Edition
 - Freely available at: <http://incompleteideas.net/book/the-book-2nd.html>



<https://tinyurl.com/AppliedRLNotebook>

https://colab.research.google.com/drive/1suKXuHlf6M0N2yh1K_OAq-qJwpMe4ytM?usp=sharing

Why Reinforcement Learning?

- Playing chess
 - Input: state of the board
 - Output: the next move
- Supervised learning:
 - Collect a whole bunch of samples with the next best move and then train the NN on it
- Reinforcement learning:
 - Let the agent make decisions
 - ... to maximize the reward function
 - It's the job of the agent to collect data and take the best decision at every point



Reinforcement Learning



s_t



a_t



s_{t+1}



a_{t+1}



$s_{t+2} = s_T$

$$r_{t+1} = 0$$

$$r_{t+2} = r_T = 1$$

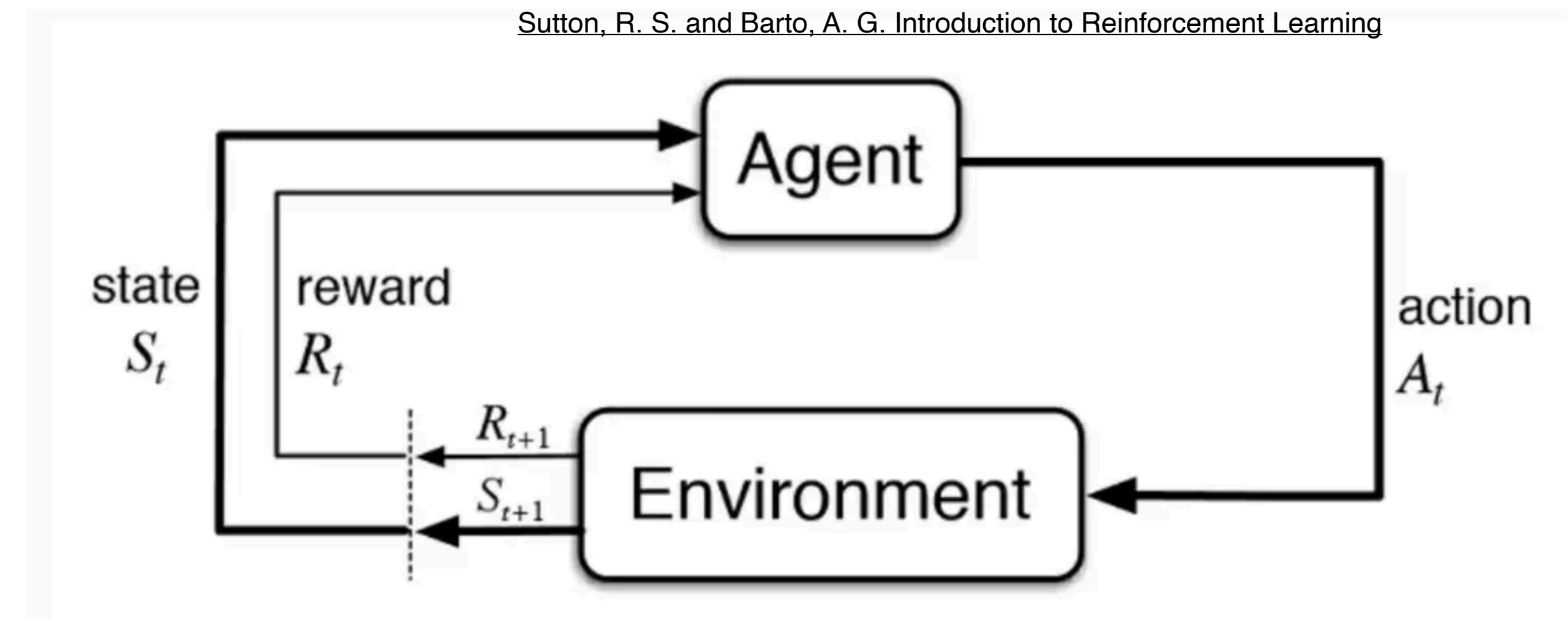
- RL agent gets a state s_t
- Takes an action a_t
- Gets a reward r_{t+1}
- The state gets updated s_{t+1}

Remember: At every time step, an agent makes a decision — **ONLY** based on the current state!

If the history is important, append it to the state!

Reinforcement Learning

- Capital letters represent random variables: not exact, we blur the boundaries
- An episode is then:
 - $(s_0, a_0, r_1, s_1, a_1, r_2, s_2, \dots, a_{T-1}, r_T, s_T)$
- Maximize:
 - $G_t = R_{t+1} + R_{t+2} + \dots + R_T$
 - (incomplete)
 - Cumulative reward
 - Also called return
 - G_0 is episode return



Agent's Goal: Maximize Return G_t at every step, not R_{t+1}

Discounted Returns

- We need to add a discount factor
 - $G_t = R_{t+1} + \gamma R_{t+2} + \gamma^2 R_{t+3} + \dots + \gamma^{T-t-1} R_T$
 - $\gamma \leq 1$, immediate rewards matter more
 - You can invest money now.
 - There is inflation.
 - There is uncertainty about the future.

- Or infinitely long episodes:

$$G_t = \sum_{k=0}^{\infty} \gamma^k R_{t+k+1}$$

Policy

- What is a policy?
 - A rule or strategy that tells an agent how to act in each situation.
 - **State:** A customer asks to return an item (with or without receipt)
 - **Policy:** "If the customer has a receipt, accept the return; otherwise, decline"

- In RL:

- A policy can be **deterministic**
 - $a_t = \pi(s_t)$
 - $\pi : \mathcal{S} \rightarrow \mathcal{A}$
- A policy can be **stochastic**
 - $\pi(a \mid s) = \Pr(A_t = a \mid S_t = s)$
 - $\pi : \mathcal{S} \times \mathcal{A} \rightarrow [0,1]$

Why stochastic?

- A deterministic policy can cause a vacuum robot to loop forever by repeating the same action in the same state, while a stochastic policy can break the loop.
- When several actions are equally good, a stochastic policy represents this better than forcing one arbitrary choice.
- Stochasticity enables learning (discussed later)

Policy Gradient: REINFORCE

- The NN is
 - π_θ : It produces output logits — same as a normal classification task
 - It can also be a continuous output
- Sample full episodes
- Compute returns
- Change policies to make actions more likely which led to higher returns
 - Proof: 13.3 in Sutton and Barto
- Wait till the end of episode: **Monte Carlo** learning

Algorithm 1 REINFORCE (Monte Carlo Policy Gradient) with Sampled Trajectories

Require: learning rate α , discount factor γ , initial parameters θ

```
1: for episodes  $n = 1, 2, \dots$  do
2:   Generate a trajectory  $(s_0, a_0, r_1, s_1, \dots, s_T)$  using policy  $\pi_\theta(a_t | s_t)$ :
3:   for  $t = 0$  to  $T - 1$  do
4:     Sample action  $a_t \sim \pi_\theta(\cdot | s_t)$ 
5:     Environment produces reward  $r_{t+1}$  and next state  $s_{t+1}$ 
6:   end for
7:   Compute returns  $G_t$  for  $t = T - 1, \dots, 0$ :
8:   for  $t = T - 1$  down to  $0$  do
9:      $G_t \leftarrow r_{t+1} + \gamma G_{t+1}$  (with  $G_T \leftarrow 0$ )
10:  end for
11:  Compute policy gradient estimate:
12:  Update parameters:
13: end for
```

$$g \leftarrow \sum_{t=0}^{T-1} G_t \nabla_{\theta} \log \pi_{\theta}(a_t | s_t)$$

$$\theta \leftarrow \theta + \alpha g$$

Value function

- An agent can predict how promising each situation (state) is in the long run.
 - Done through state-value function:
 - $V^\pi(s) = \mathbb{E}_\pi [G_t \mid S_t = s]$
 - The state-value function tells us how good it is to be in a given state when the agent follows a particular policy π
 - It is the expected return starting from state s and acting according to π thereafter
 - Or Q function
 - $Q^\pi(s, a) = \mathbb{E}_\pi [G_t \mid S_t = s, A_t = a]$

REINFORCE with baseline

- Why does it help?
 - Without a baseline: grading students on raw scores
 - Baseline: grading relative to class average
- Reduces the variance
- This is an **Actor–Critic** algorithm
 - the policy network acts by selecting actions, while the value network critiques those actions by estimating their expected returns and providing the advantage signal for learning
- Unfortunately, REINFORCE is **not** the foundation of modern RL algorithms

Algorithm 2 REINFORCE with Learned Baseline (Monte Carlo Actor–Critic)

Require: learning rate α for policy, learning rate β for value network, discount factor γ

Require: initial policy parameters θ , initial value network parameters ϕ

```
1: for episodes  $n = 1, 2, \dots$  do
2:   Generate a trajectory  $(s_0, a_0, r_1, s_1, \dots, s_T)$  using the policy network  $\pi_\theta(a_t | s_t)$  (and record baseline estimates  $V_\phi(s_t)$  along the way):
3:   for  $t = 0$  to  $T - 1$  do
4:     Sample action  $a_t \sim \pi_\theta(\cdot | s_t)$ 
5:     Evaluate baseline  $V_\phi(s_t)$ 
6:     Environment produces reward  $r_{t+1}$  and next state  $s_{t+1}$ 
7:   end for
8:   Compute returns  $G_t$  for  $t = T - 1, \dots, 0$ :
9:   for  $t = T - 1$  down to  $0$  do
10:     $G_t \leftarrow r_{t+1} + \gamma G_{t+1}$ 
11:  end for
12:  Compute advantages:
```

$$A_t \leftarrow G_t - V_\phi(s_t)$$

```
13: Update the value network:
```

$$\phi \leftarrow \phi - \beta \sum_{t=0}^{T-1} \nabla_\phi (G_t - V_\phi(s_t))^2$$

```
14: Update the policy network:
```

$$\theta \leftarrow \theta + \alpha \sum_{t=0}^{T-1} A_t \nabla_\theta \log \pi_\theta(a_t | s_t)$$

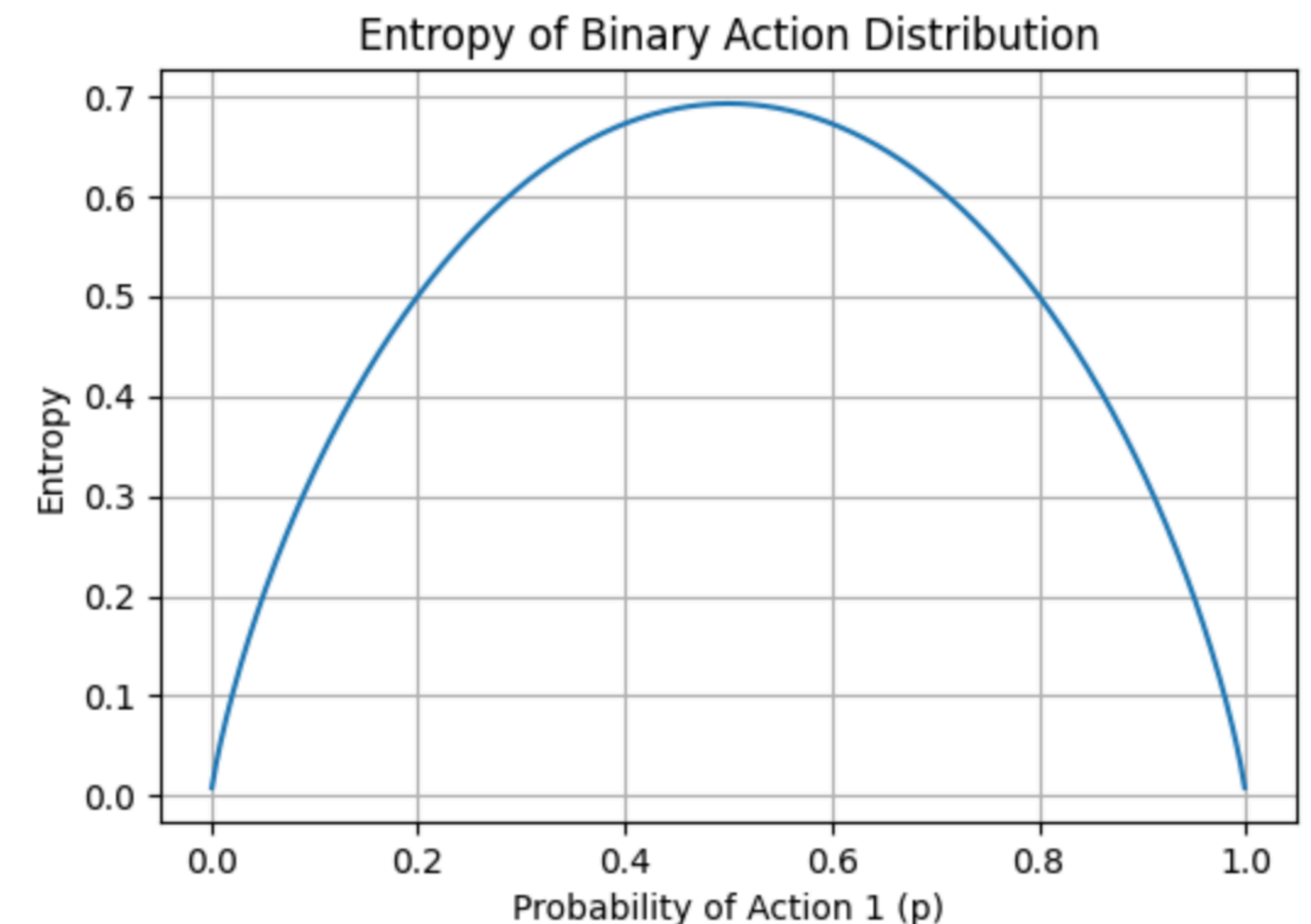
```
15: end for    10
```

Value based control

- Control = Simply Learning (a policy or otherwise)
- Instead of policy gradient [$a_t \sim \pi_\theta(\cdot \mid s_t)$]
 - We can also do value based learning with the Q function. Here we only have $Q(s, a)$ defined as a NN and action selection has to be added externally
 - $a_t = \begin{cases} \text{a random action from } \mathcal{A}(s_t), & \text{with probability } \varepsilon, \\ \arg \max_a Q(s_t, a), & \text{with probability } 1 - \varepsilon. \end{cases}$
 - $Q^\pi(s, a) = \mathbb{E}_\pi \left[G_t \mid S_t = s, A_t = a \right]$
- Exploration vs exploitation
 - Why we don't have ϵ greedy in policy gradient?
 - We can add entropy:

$$H(\pi(\cdot \mid s)) = - \sum_a \pi(a \mid s) \log \pi(a \mid s)$$

Example if you have only two actions



Temporal Difference Learning

- Foundation of RL: Temporal Difference Learning
- Let's first explain with a real world example:
 - What happens if I move the queen to the red star?
 - Do I need to wait for the game to finish?
 - What happens if I take a wrong turn and end up on the opposite end of the highway?
 - Do I need to wait for an accident to happen?
- Also called **bootstrapping**
- Why is this better?



SARSA

- See how we are learning at every step instead of waiting for the end?
 - That's temporal difference learning
- Reading: TD- λ :
 - Instead of doing one-step-back update, we go back further with λ decay

Algorithm 5 SARSA with Neural Network Function Approximation (Explicit Loss Form)

Require: step size α , discount factor γ , exploration parameter ε

Require: neural network $Q_\theta(s, a)$ with parameters θ

```
1: for episodes  $n = 1, 2, \dots$  do
2:   Initialize starting state  $s_0$ 
3:   Choose initial action  $a_0$  using an  $\varepsilon$ -greedy policy from  $Q_\theta(s_0, \cdot)$ 
4:   for  $t = 0, 1, 2, \dots$  until  $s_t$  is terminal do
5:     Take action  $a_t$ , observe reward  $r_{t+1}$  and next state  $s_{t+1}$ 
6:     if  $s_{t+1}$  is terminal then
7:       Set TD target:

$$\hat{q}_t = r_{t+1}$$

8:     else
9:       Choose next action  $a_{t+1}$  using an  $\varepsilon$ -greedy policy from  $Q_\theta(s_{t+1}, \cdot)$ 
10:      Set TD target:

$$\hat{q}_t = r_{t+1} + \gamma Q_\theta(s_{t+1}, a_{t+1})$$

11:    end if
12:    Compute current prediction:

$$q_t = Q_\theta(s_t, a_t)$$

13:    Define instantaneous loss:

$$\mathcal{L}_t = \frac{1}{2} (\hat{q}_t - q_t)^2$$

14:    Update network parameters by (stochastic) gradient descent:

$$\theta \leftarrow \theta - \alpha \nabla_\theta \mathcal{L}_t$$

15:    Set  $s_t \leftarrow s_{t+1}$ ;  $a_t \leftarrow a_{t+1}$  (if non-terminal)
16:  end for
17: end for
```

Markov Decision Processes

- Generally RL courses and books start with MDP formulation of the RL problem
- Remember how the agent's decisions depend only on the current state (e.g. $a_t \sim \pi_\theta(\cdot | s_t)$)?
 - That assumption — the current state contains all the relevant information — is called the Markov property
- When this holds, we say the environment is Markov, and that allows us to model it as a Markov Decision Process (MDP)
 - The RL problem is defined as MDP problem: $(\mathcal{S}, \mathcal{A}, P, R, \gamma)$
 - \mathcal{S} is the set of all possible states.
 - \mathcal{A} is the set of all the actions available to the agent
 - $P(s' | s, a)$ is **transition probability (how the environment changes)**.
 - $R(s, a)$ is the immediate reward
 - γ is the discount factor

Early RL: Tabular data

- In this lecture we directly went to the use of NNs for modeling the policy functions, value functions etc.
 - In Sutton and Barto, you will see a use of tabular objects:
 - Works if the spaces are limited
 - State-value tables (V-tables)
 - Action-value tables (Q-tables)
 - Transition matrix representing transition probabilities
- Useful for very very simple problems (like tic-tac-toe) and for understanding algorithms but modern RL usage mostly requires NNs

Reading only: Dynamic Programming and Bellman Equations

- Transition dynamics are perfectly known as a MDP
 - The algorithms to solve for the optimal policies = Dynamic Programming
- Read about the bellman equations and proofs of how value iteration converges to optimal policies in Sutton and Barto (Chapter 4 with connections to Chapter 3)

$$\bullet \quad V^{\pi}(s) = \sum_a \pi(a | s) \sum_{s', r} p(s', r | s, a) [r + \gamma V^{\pi}(s')]$$

$$\bullet \quad Q^{\pi}(s, a) = \sum_{s', r} p(s', r | s, a) \left[r + \gamma \sum_{a'} \pi(a' | s') Q^{\pi}(s', a') \right]$$

Off-policy RL

- Both SARSA and REINFORCE that we saw are on-policy
 - We are working with one episode at a time:
 - Can also work with batches for stability similar to supervised RL
- We can also keep the past experience in a buffer
 - And train the NNs again: **experience replay**
 - However, need to be careful that now you are optimizing a policy using data generated by other: off-policy reinforcement learning (RL)
- Learning online:
 - Challenging: NNs forget
 - We want them to remember but also not always

Planning in RL

- We also learn the state-transition functions
 - Think about playing chess again
 - Or any form of imagination:
 - If I do this, this will happen
 - After doing this, you can update your value function for example: this is called planning
 - You have a model of the real world:
model-based RL
- Using tabular algorithm for explanation only
- What else can you do?
- Generative Models
- Used in dreamer architectures
 - <https://arxiv.org/pdf/2301.04104>

Algorithm 6 Dyna-Q

Require: step size α , discount factor γ , exploration parameter ε

Require: number of planning steps n_{plan}

- 1: Initialize action-value estimates $Q(s, a)$ arbitrarily
- 2: Initialize learned model $\hat{P}(s' | s, a)$ and $\hat{R}(s, a)$ (e.g., empty tables)
- 3: **for** episodes $k = 1, 2, \dots$ **do**
- 4: Initialize starting state s
- 5: **for** $t = 0, 1, 2, \dots$ until s is terminal **do**
- 6: Choose action a using ε -greedy policy derived from $Q(s, \cdot)$
- 7: Take action a , observe reward r and next state s'
- 8: **(1) Direct RL Update**

$$Q(s, a) \leftarrow Q(s, a) + \alpha \left[r + \gamma \max_{a'} Q(s', a') - Q(s, a) \right]$$

- 9: **(2) Update the Model**
- 10: Store transition and reward in the model:

$$\hat{P}(s' | s, a) \leftarrow 1, \quad \hat{R}(s, a) \leftarrow r$$

- 11: **(3) Planning Updates**
- 12: **for** $i = 1, \dots, n_{\text{plan}}$ **do**
- 13: Randomly sample a previously observed state-action pair (\tilde{s}, \tilde{a})
- 14: Query the learned model to obtain:

$$\tilde{r} = \hat{R}(\tilde{s}, \tilde{a}), \quad \tilde{s}' \sim \hat{P}(\cdot | \tilde{s}, \tilde{a})$$

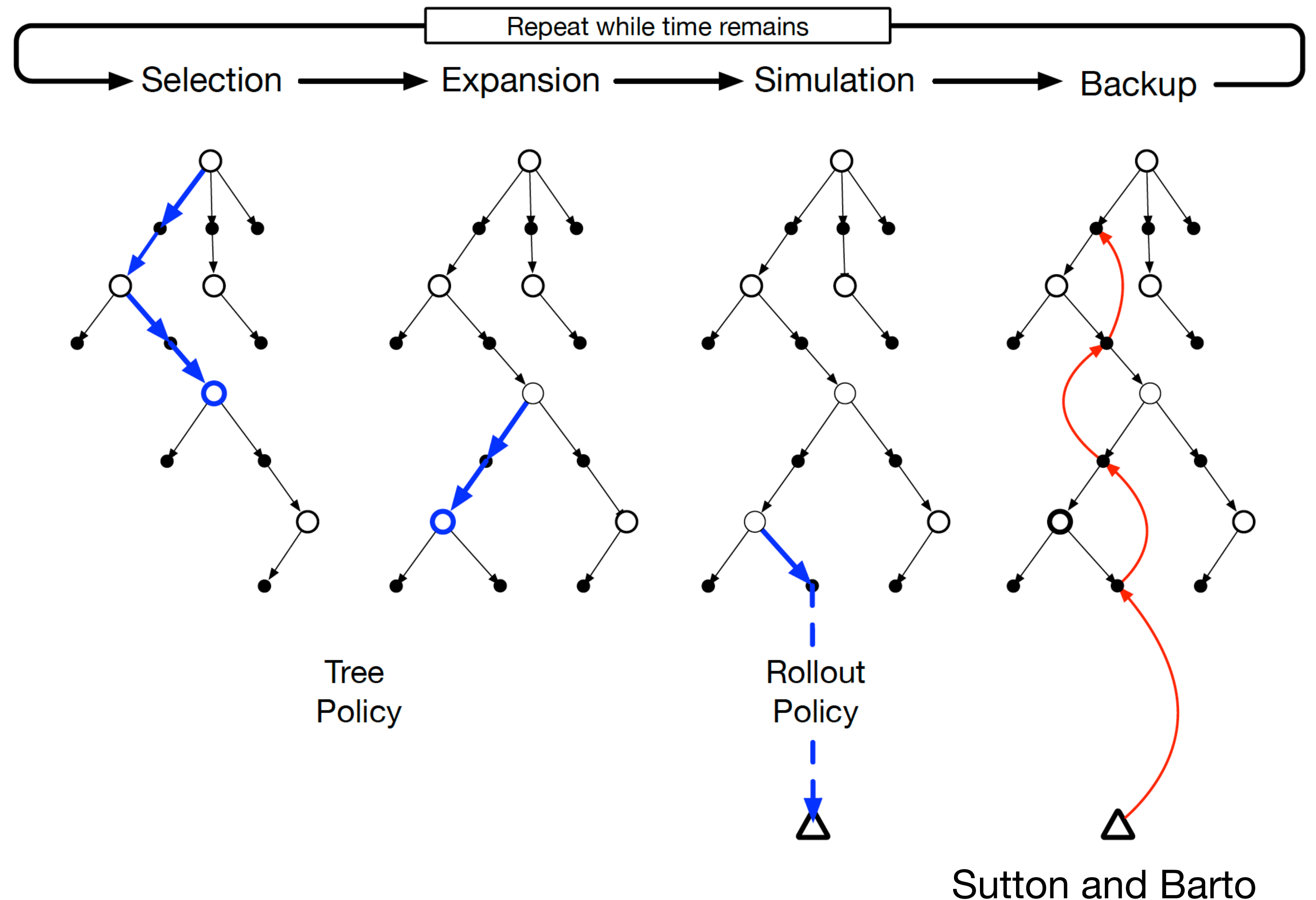
- 15: Perform a simulated Q-learning update:

$$Q(\tilde{s}, \tilde{a}) \leftarrow Q(\tilde{s}, \tilde{a}) + \alpha \left[\tilde{r} + \gamma \max_{a'} Q(\tilde{s}', a') - Q(\tilde{s}, \tilde{a}) \right]$$

- 16: **end for**
 - 17: Set $s \leftarrow s'$
 - 18: **end for**
 - 19: **end for**
-

Planning: Monte Carlo Tree Search

- Start with the current state, which becomes the root node of the search tree.
- Selection: From the root, follow a tree policy (e.g., UCB/PUCT) down the tree until you reach a leaf.
- Expansion: If that leaf has any unexplored actions, add one or more new child nodes.
- Simulation: From the leaf (or new child), run a rollout to the end of the episode using a simple policy.
- Backup: Take the return from the rollout and propagate it back up the tree, updating value estimates on all edges used during selection.
- Action choice: After many iterations, pick the action from the root with the highest visit count—this is treated as the best move.



AlphaGo's Victory (2016)

- First AI to defeat a world champion Lee Sedol in Go on March 15, 2016, a game long considered intractable for classical search.
- Foundation: Monte Carlo Tree Search (MCTS) but with reinforcement learning, and deep neural networks
- Learned from both expert human games and self-play reinforcement learning.
- Used policy networks to propose promising moves and a value network to estimate win probability.



More successes from MCTS

- AlphaGo Zero (2017) learned only from self-play
- AlphaZero (2017): generalization of AlphaGo Zero to other games
- AlphaFold (2020-2021):
 - Applied deep learning to protein folding, a grand challenge in biology
 - Achieved near-experimental accuracy on protein structure prediction
 - Considered one of the biggest scientific breakthroughs of the decade
- MuZero (2019):
 - General model-based RL algorithm that learns the rules of the environment itself
 - Doesn't need to know game dynamics beforehand

Using RL for your problem

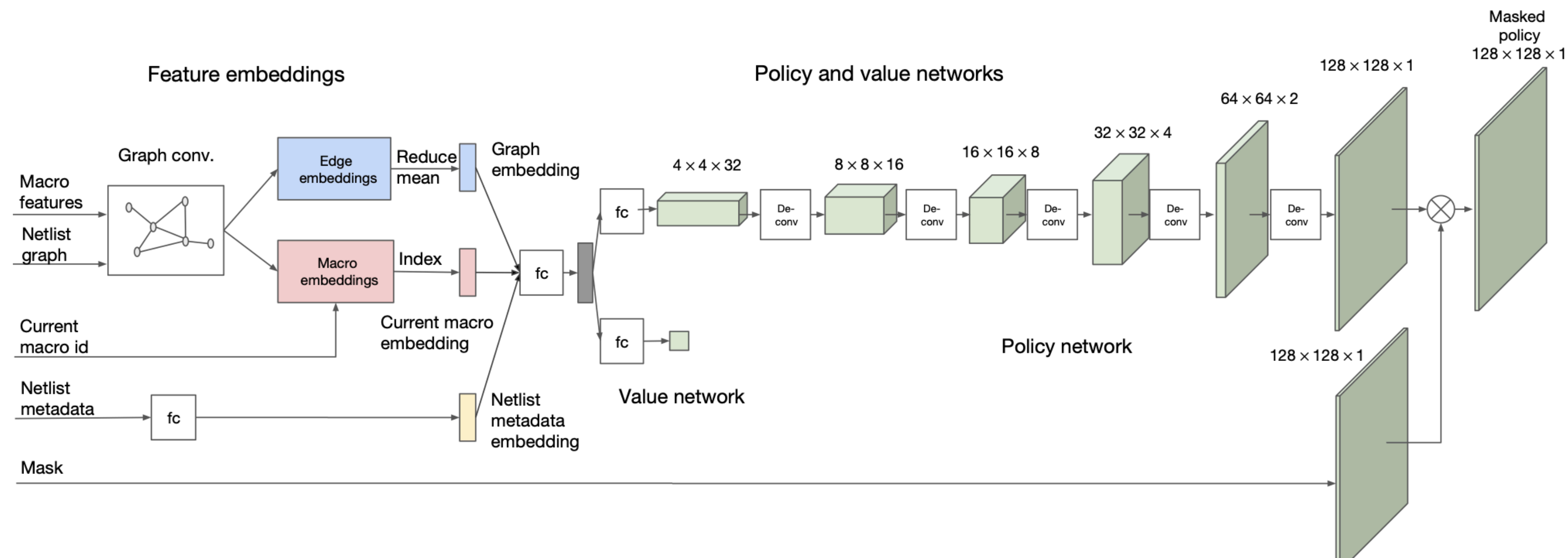
- Unfortunately, a lot of fine tuning needs to be done. Most algorithms are somewhat unstable
 - A lot of “tricks” (such as gradient clipping) need to be applied to make training works
 - Which is why it is hard to write your own algorithms from scratch: The algorithms we looked at in this lecture are for understanding mostly
 - Play with the parameters to find what works
- A RL library or your own algorithm
 - RLLib: <https://docs.ray.io/en/latest/rllib/index.html>
 - Stable baselines 3: <https://stable-baselines3.readthedocs.io/en/master/>
 - I always recommend Proximal Policy Optimization (PPO) as the first method to try depending on the problem
- Using a library, we only need two elements. What are they?
 - Defining a value network
 - Defining a policy network

```
.training(  
    train_batch_size=512,  
    minibatch_size=128,  
    num_epochs=4,  
    lr=3e-4,  
    gamma=0.995,  
    lambda_=0.95,  
    use_gae=True,  
    grad_clip=1.0,  
    entropy_coeff=0.005,  
    clip_param=0.8,  
    vf_loss_coeff=0.1,  
    vf_clip_param=1000.0,  
)
```

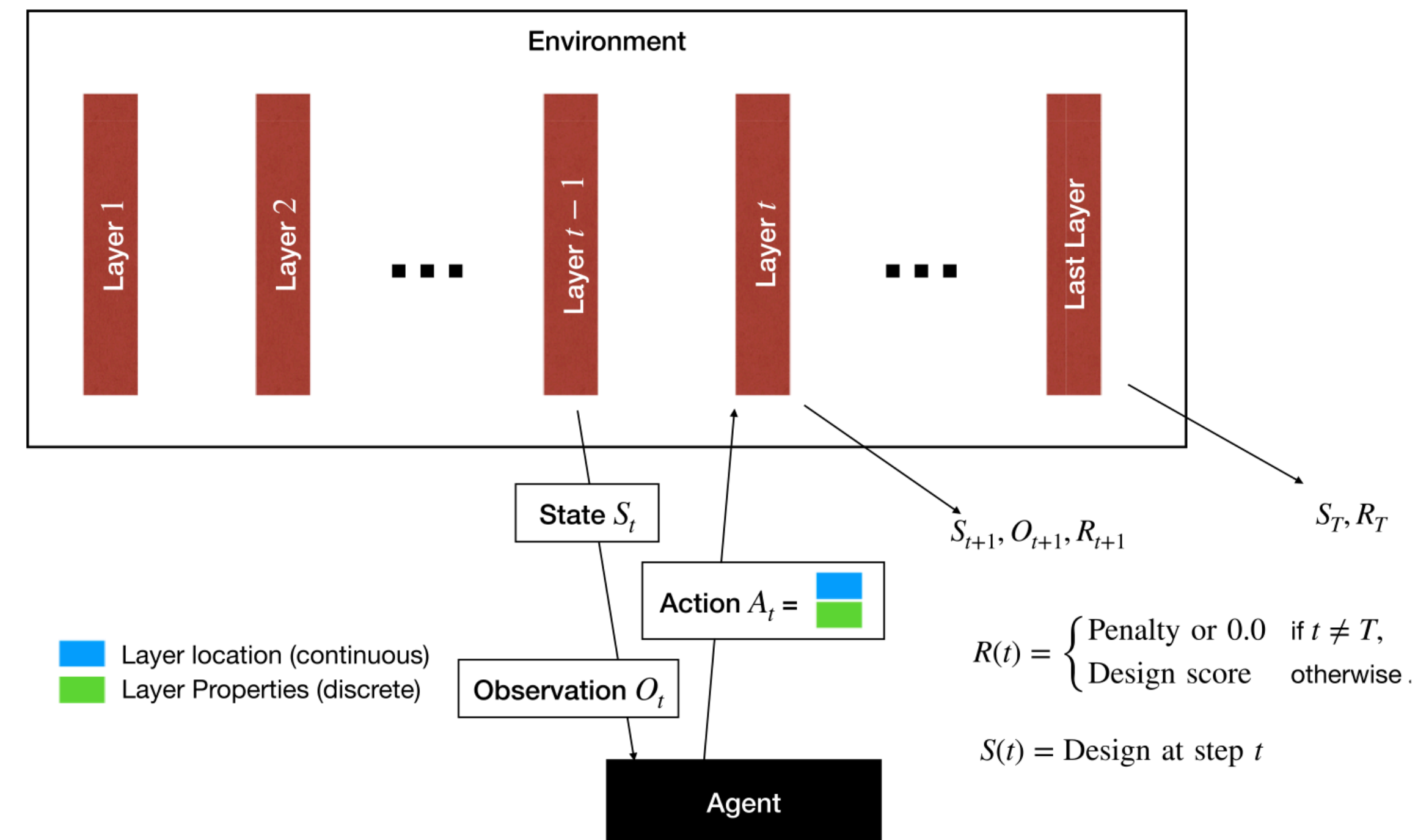
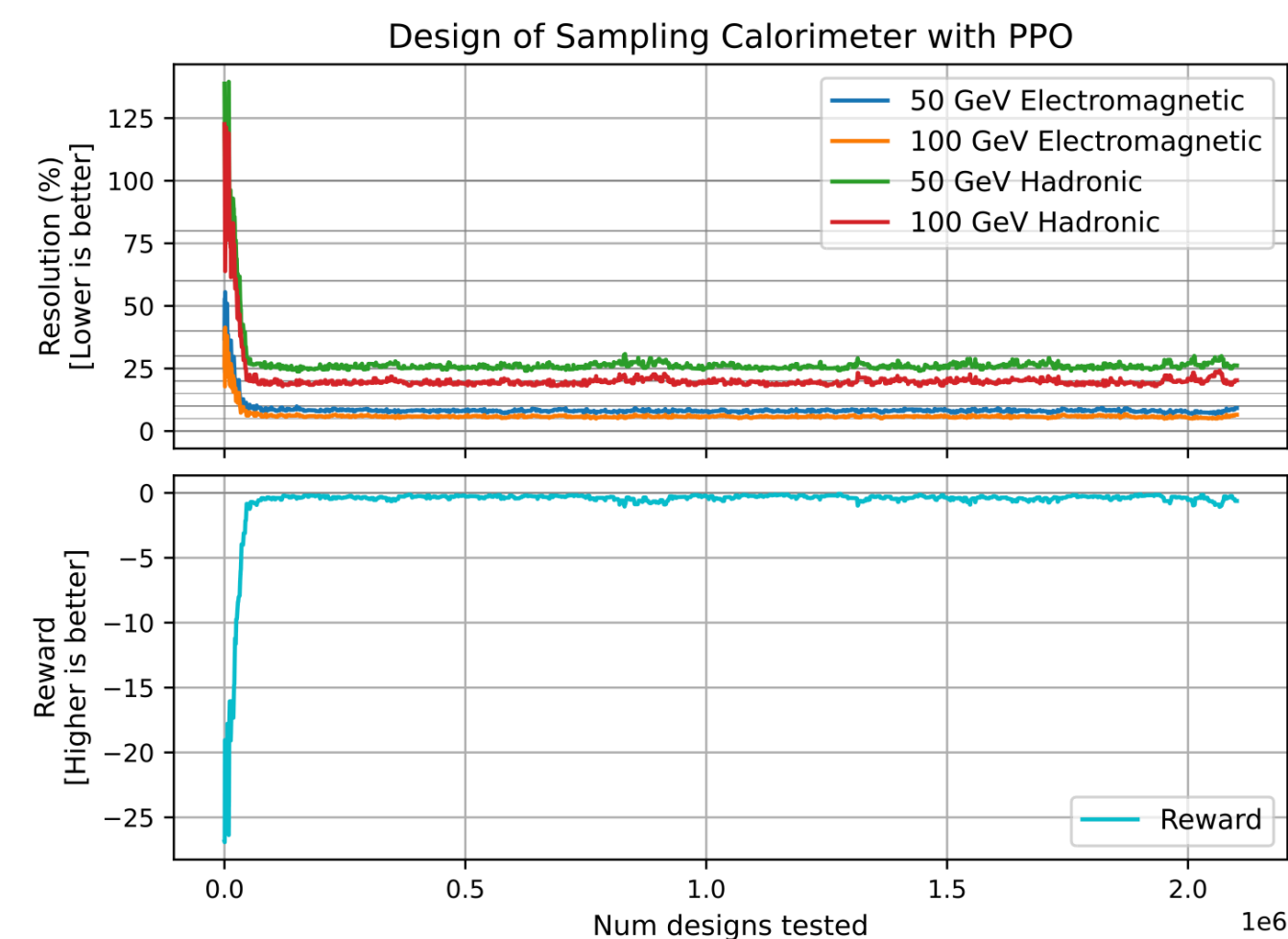
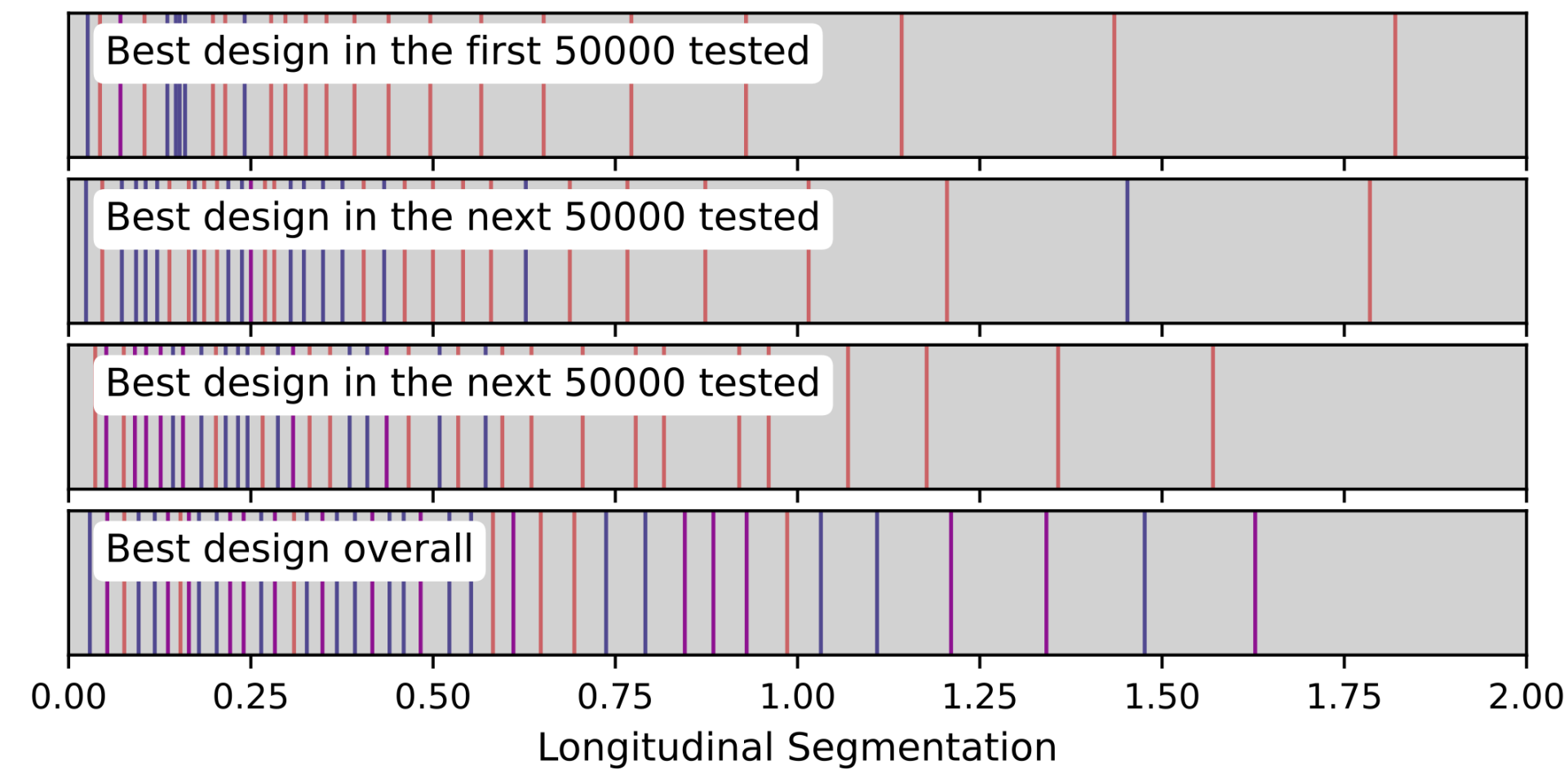
Training configuration
for PPO in RLLib

RL for Chip Placement

- Using PPO
- GNNs as value and policy network
- Achieves competitive or superior PPA (power, performance, area) compared to expert-designed or algorithmic methods, while reducing design iteration time.



RL for Instrument Design



- <https://doi.org/10.1088/2632-2153/adf7ff>
- Our group works a lot on using AI for design

Conclusion

- Reinforcement Learning is interesting
 - If you are interested in general theory of learning, look into RL not LLMs
- Already applied to a lot of problems (chess, design, optimization of many systems)
 - And we are expecting the usage to only increase in the future
- Thank you!