

# Initiation – “Path of I AM”

# Planetary Consciousness

# Daily Alignment Guide

July 2020 – August 2023  
(New links from 2024 update)



With Matias De Stefano

- 6<sup>th</sup> Edition / February 2024 -

by Ami Godsgate

Dear Friends of Alignment Network,

I hope this guidebook helps you quickly and easily locate the blogs and YouTube videos that Matias kindly provided to us and you wish to review. Just click the link of the Blog Subject of your choice for a website post or the Statement for a video; it will take you straight to the page (- no more forever clicking and searching ☺).

I first started gathering the materials for my own curiosity and better understandings of somewhat complicated but wonderful contents. I wasn't sure why I was so intrigued by collecting and organizing the information so meticulously on my computer, but it must have been a call from the Universe! I am very happy and grateful that I could put this guidebook together and make it available for you and all other network members who want to travel back on our journey that started at the end of July 2020 or to start the new journey here and now.

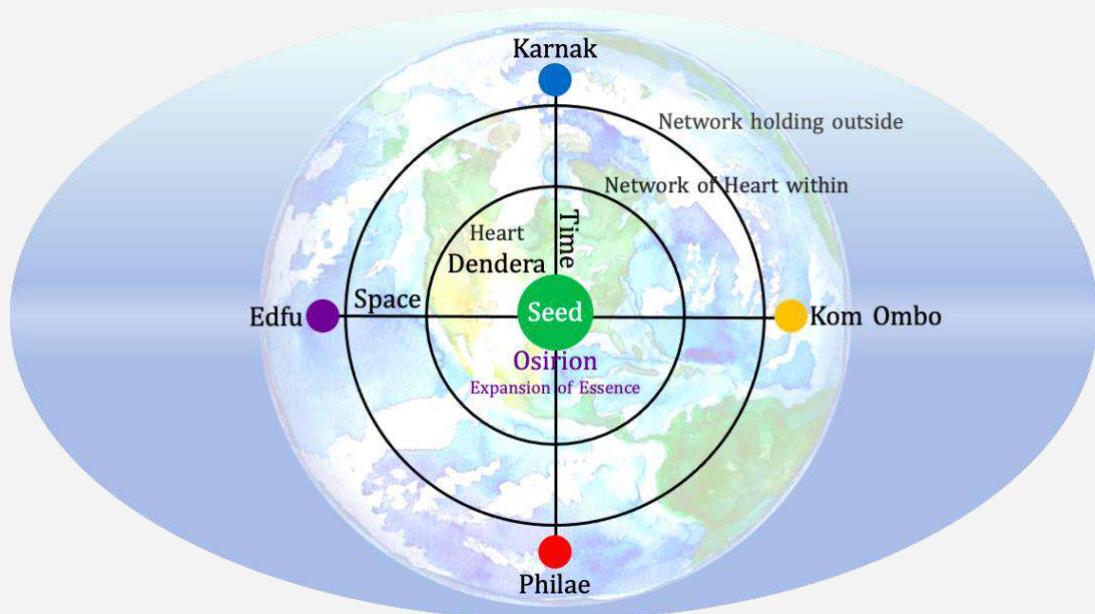
Please also find the additional video links in the bonus section at the end of this guide.

Thank you, Matias and Fundación Arsayian, for guiding us to be a part of this great experience towards consciousness and weaving the planetary networks.

With Love and Gratitude.

Ami

(It's "a-mi." It's Japanese. I sound like having a lot of questions to "I Am" ...)



## Tips for when you do the alignment

It is best to be physically aligned with the planetary nodes and energy grids of the Earth while you do the alignment. As one of the options, you may go to a nearby church or temple as they are normally built along the energy grid. Otherwise, please choose any spot that works for you.

Please refer to [this map](#) to find out which nodes and grids are nearest you.

If you cannot be close to those locations, do not worry. Just face the direction towards the closest node or grid located from where you are. Your intention is the most important.

Let's get started!

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### Out of Time

| <u>Soul</u>                      | <u>Spirit</u>                     | <u>Body</u>                    |
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| <b><i>LEO - I Can</i></b>        | <b><i>SAGITTARIUS - I See</i></b> | <b><i>ARIES - I Am</i></b>     |
| <b><i>VIRGO - I Analyze</i></b>  | <b><i>CAPRICORN - I Use</i></b>   | <b><i>TAURUS - I Have</i></b>  |
| <b><i>LIBRA - I Balance</i></b>  | <b><i>AQUARIUS - I Know</i></b>   | <b><i>GEMINI - I Think</i></b> |
| <b><i>SCORPIO - I Desire</i></b> | <b><i>PISCES - I Believe</i></b>  | <b><i>CANCER - I Feel</i></b>  |

### "Path to II:II" - 22 Short Alignments

### Sounds & Themes for Alignment

### Bonus Materials

\*\*\* [Please click here](#) to hear updates or leave comments.

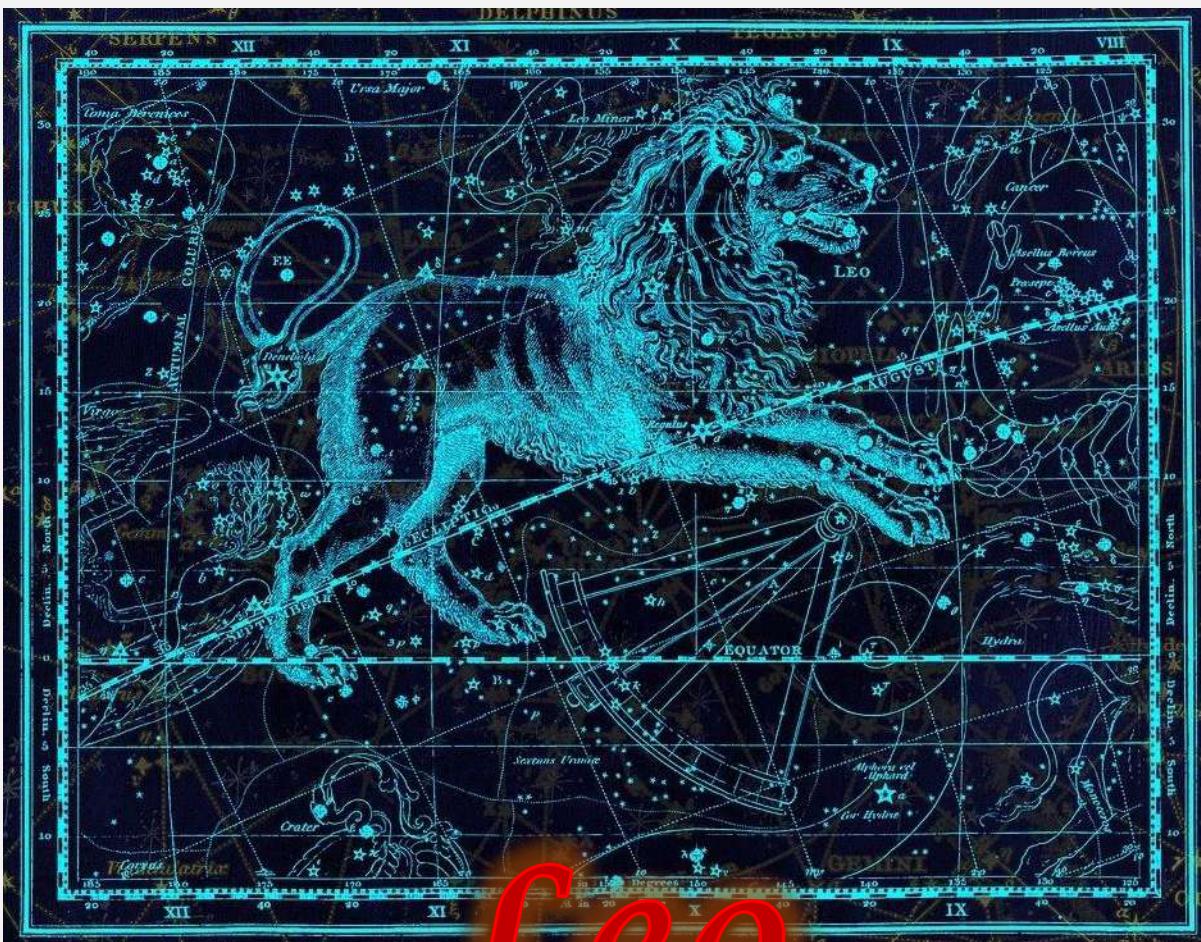
# Out of Time

Five days of celebration before the new year: We are freed from 360 days of the annual cycle, which gives us a chance to reset ourselves for the evolution. It is time to prepare ourselves how we want to live this coming year.

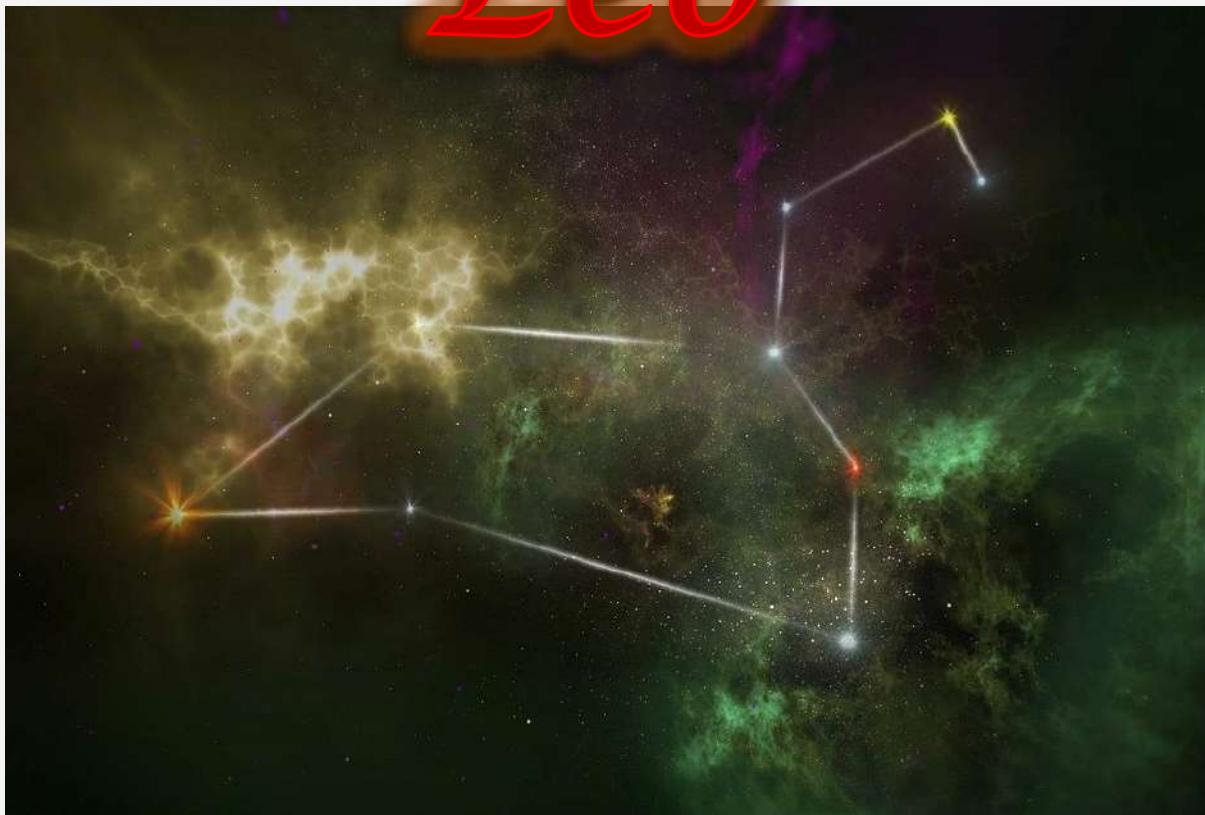
Preparation: **5 DAYS OUT OF TIME**

~ Element, Mantra, Intent, and Position for each alignment.

|                    | <u>Blog Subject</u>             | <u>Vibration</u>  | <u>Statement &amp; Video Link</u>         |
|--------------------|---------------------------------|---|---|
| <b><u>2020</u></b> |                                 |   |   |
| Jul 30 '20         | I Am the TETRAHEDRON            | Fire  | I Am Fire, Integration & Light            |
| Jul 31 '20         | I Am the CUBE                   | Earth   | I Am Earth, Experience & Reality          |
| Aug 01 '20         | I Am the OCTAHEDRON             | Ether   | I Am Ether, Contemplation & Essence       |
| Aug 02 '20         | I Am the DODECAHEDRON           | Water   | I Am Water, Expression & Vibration        |
| Aug 03 '20         | I Am the ICOSAHEDRON            | Air   | I Am Air, Transcendence & Resonance       |
| <b><u>2021</u></b> |                                 |   |   |
| Jul 30 '21         | FIRE                            | -   | I Am Fire                                 |
| Jul 31 '21         | EARTH                           | -   | I Am Earth                                |
| Aug 01 '21         | ETHER                           | -   | I Am Ether & Eternal                      |
| Aug 02 '21         | WATER                           | -   | I Am Water                                |
| Aug 03 '21         | AIR                             | -   | I Am Air                                  |
| <b><u>2022</u></b> |                                 |   |   |
| Jul 30 '22         | FIRE - Aries, Leo, Sagittarius  | I Am Fire, the Divine spark, Sacred flame, Light of the world.            |   |
| Jul 31 '22         | EARTH-Taurus, Virgo, Capricorn  | I Am Mother Earth. I Am Earth.  |   |
| Aug 01 '22         | ETHER                           | I Am the Seed of the cosmic tree, inner potential of becoming a Universe. |   |
| Aug 02 '22         | WATER - Cancer, Scorpio, Pisces | I Am the Eternal Life, for I Am Water.                                    |   |
| Aug 03 '22         | AIR - Gemini, Libra, Aquarius   | I Am Air, Truth of my voice, Network, Freedom of spirits.                 |   |
| <b><u>2023</u></b> |                                 |   |   |
| Jul 30 '23         | TETRAHEDRON                     | Fire  | I Am Fire. I Am Spark.                    |
| Jul 31 '23         | HEXAHEDRON                      | Earth   | I Am Earth. I Am Life.                    |
| Aug 01 '23         | OCTAHEDRON                      | Ether   | I Am Ether. I Am the Seed, Tree, Essence. |
| Aug 02 '23         | DODECAHEDRON                    | Water   | I Am Water. I Am Memory.                  |
| Aug 03 '23         | ICOSAHEDRON                     | Air   | I Am Air. I Am Divine Voice, Inspiration. |



Leo



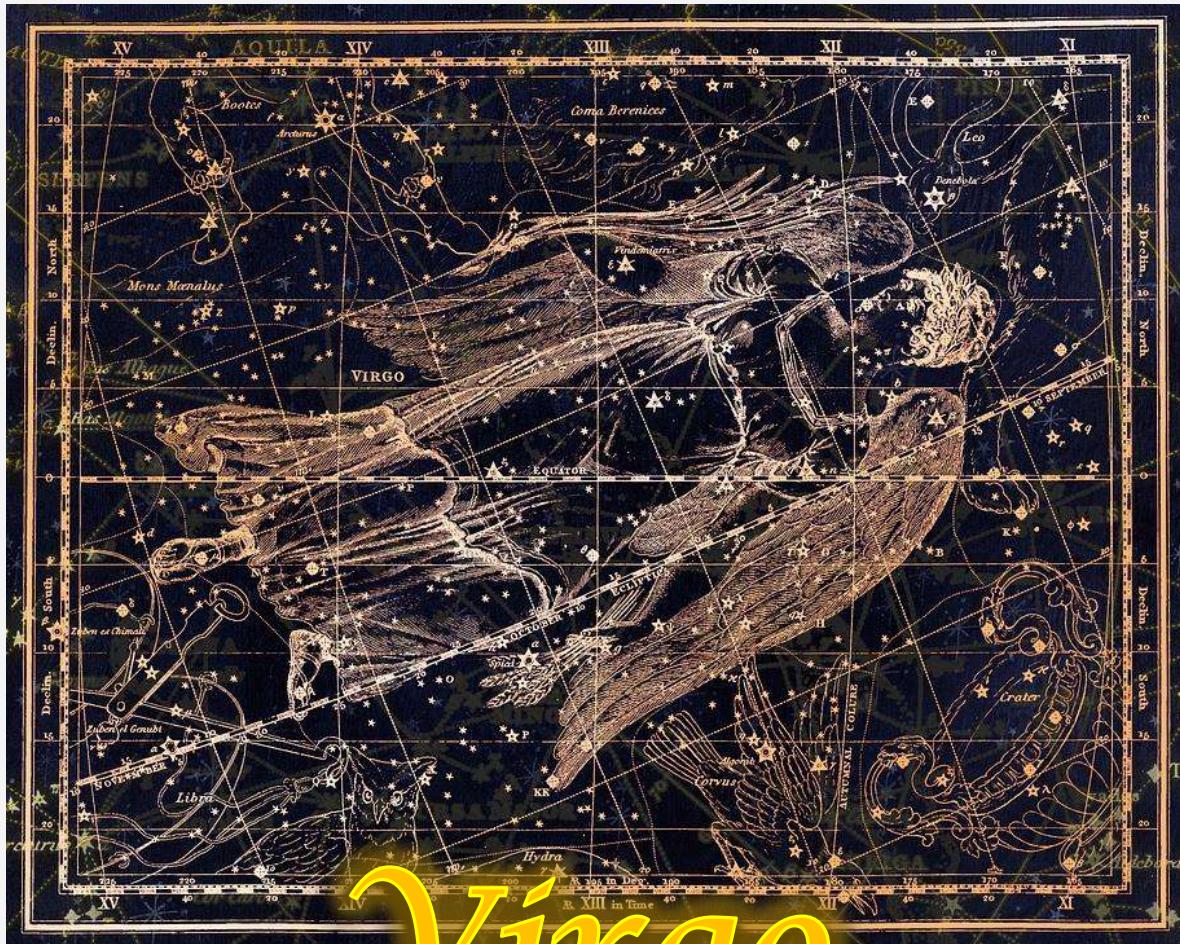


## Month of LEO

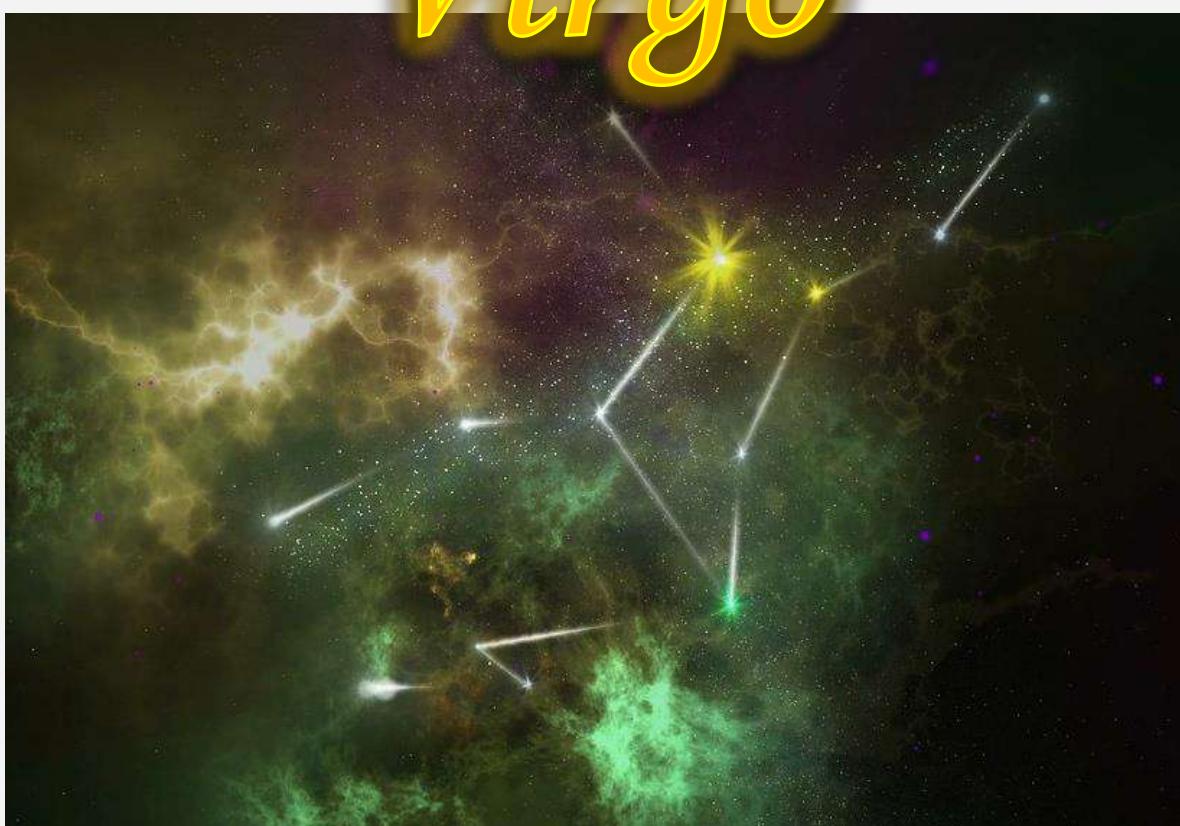
Mantra: "I Can"

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|            | Blog Subject          | Chakra    | Vibration | Statement & Video Link            |
|------------|-----------------------|-----------|-----------|-----------------------------------|
|            | MIND                  | 'PORTAL'  |           |                                   |
| Aug 04 '20 | I Am the Tree of Life | Crown     | Ma        | I am the Portal of Spiritual Mind |
| Aug 05 '20 | I Am Power            | Third Eye | Mae       | I am the Portal of Consciousness  |
| Aug 06 '20 | I Am True             | Throat    | Me        | I am the Portal of Truth          |
| Aug 07 '20 | I Am the Pulse        | Heart     | Mi        | I am the Portal of Heart          |
| Aug 08 '20 | I Am the Centre       | Plexus    | Mi        | I am the Portal of Being          |
| Aug 09 '20 | I Am the Matrix       | Sacral    | My        | I am the Portal of Creation       |
| Aug 10 '20 | I Am Vitality         | Root      | Mo        | I am the Portal of Life           |
| Aug 11 '20 | I Am the Tree         | Knees     | Mu        | I am the Portal to the Path       |
| Aug 12 '20 | I Am the Path         | Ankles    | Mü        | I am the Portal to Depth          |
| Aug 13 '20 | I Am Mind             | Toroid    | Mh        | I am the Portal to Eternal        |
|            | EMOTION               | 'LIFE'    |           |                                   |
| Aug 14 '20 | Projections           | Crown     | Ha        | I am the Spiritual Life           |
| Aug 15 '20 | Expectations          | Third Eye | Hae       | I am the Life of Thoughts         |
| Aug 16 '20 | Coherence             | Throat    | He        | I am the Life in Coherence        |
| Aug 17 '20 | Love                  | Heart     | Hi        | I am the Life in Balance          |
| Aug 18 '20 | Ego                   | Plexus    | Hi        | I am the Life in All Things       |
| Aug 19 '20 | Darkness              | Sacral    | Hy        | I am the Generating Life          |
| Aug 20 '20 | Fear                  | Root      | Ho        | I am the Life in Production       |
| Aug 21 '20 | Ancestors             | Knees     | Hu        | I am the Life Creates Path        |
| Aug 22 '20 | Ways                  | Ankles    | Hü        | I am the Life Manifesting Ideas   |
| Aug 23 '20 | Emotional Shield      | Toroid    | Hh        | I am the Eternal Life             |
|            | BODY                  | 'PATH'    |           |                                   |
| Aug 24 '20 | Head                  | Crown     | Sa        | I am the Path of the Spirit       |
| Aug 25 '20 | Vision                | Third Eye | Sae       | I am the Path of Consciousness    |
| Aug 26 '20 | Development           | Throat    | Se        | I am the Path to Truth            |
| Aug 27 '20 | Defense               | Heart     | Si        | I am the Path to Balance          |
| Aug 28 '20 | Want                  | Plexus    | Si        | I am the Path to the Centre       |
| Aug 29 '20 | Will                  | Sacral    | Sy        | I am the Path to the Creator      |
| Aug 30 '20 | Sexuality             | Root      | So        | I am the Path to Life             |
| Aug 31 '20 | Blame/Guilt           | Knees     | Su        | I am the Path of My Ancestors     |
| Sep 01 '20 | Constancy             | Ankles    | Sü        | I am the Path of Learning         |
| Sep 02 '20 | Fullness              | Toroid    | Sh        | I am the Eternal Path             |



# Virgo





## Month of **VIRGO**

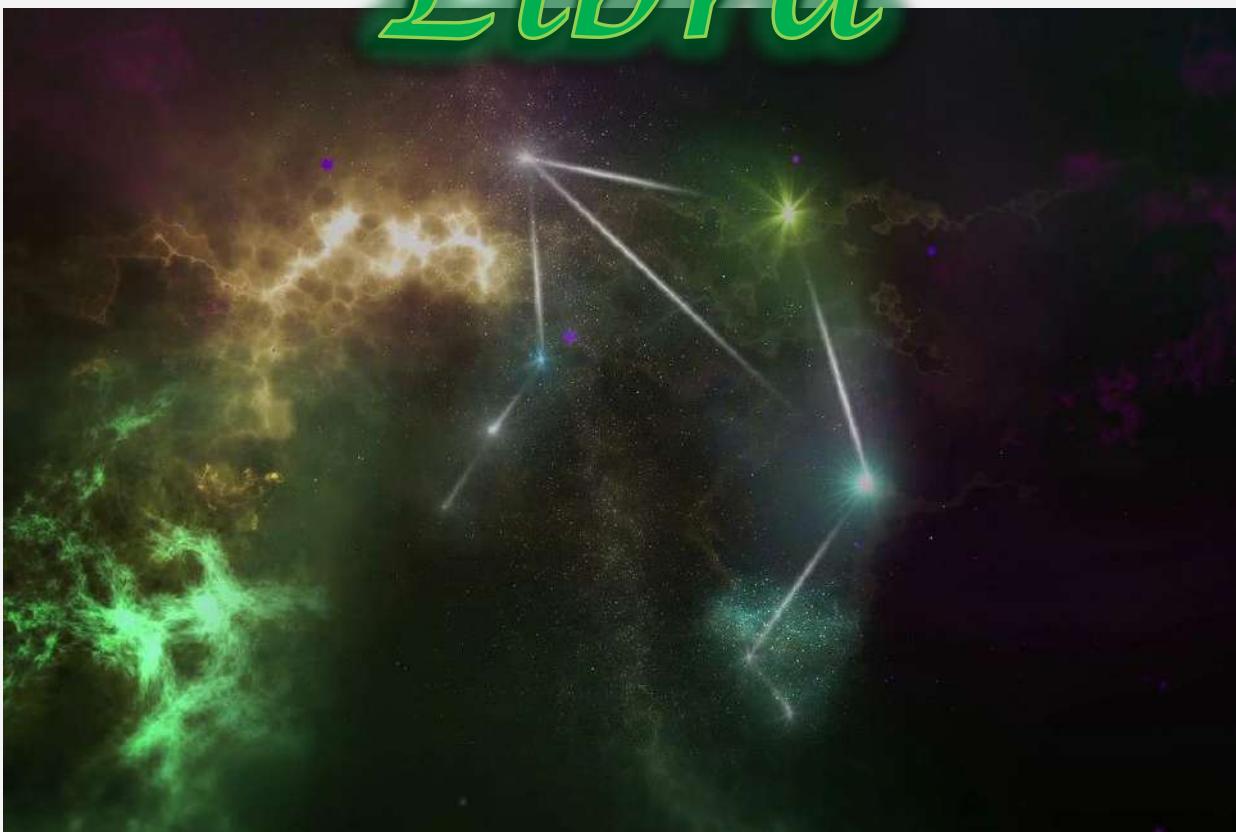
**Mantra: "I Analyze"**

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|  | <u>Blog Subject</u> | <u>Chakra</u> | <u>Vibration</u> | <u>Statement &amp; Video Link</u>    |
|--|---------------------|---------------|------------------|--------------------------------------|
|  |                     | MIND          |                  | 'EMISSARY'                           |
| Sep 03 '20<br>Sep 04 '20<br>Sep 05 '20<br>Sep 06 '20<br>Sep 07 '20<br>Sep 08 '20<br>Sep 09 '20<br>Sep 10 '20<br>Sep 11 '20<br>Sep 12 '20 | Beliefs             | Crown         | Na               | I am Emissary of Heaven              |
|  | Qualities           | Third Eye     | Nae              | I am Emissary of Consciousness       |
|  | Truths              | Throat        | Ne               | I am Emissary of Truth               |
|  | Utility             | Heart         | Ni               | I am Emissary of the Heart           |
|  | Attachments         | Plexus        | Nī               | I am Emissary of the Unit            |
|  | Creations           | Sacral        | Ny               | I am Emissary of Creation            |
|  | Attributes          | Root          | No               | I am Emissary of the World           |
|  | Advance             | Knees         | Nu               | I am Emissary of Wise Men            |
|  | Destination         | Ankles        | Nü               | I am Emissary of Masters             |
|  | Acceptance          | Toroid        | Nh               | I am Emissary of Eternity            |
|  |                     |               |                  |                                      |
|  |                     |               |                  |                                      |
| Sep 13 '20<br>Sep 14 '20<br>Sep 15 '20<br>Sep 16 '20<br>Sep 17 '20<br>Sep 18 '20<br>Sep 19 '20<br>Sep 20 '20<br>Sep 21 '20<br>Sep 22 '20 | EMOTION             |               | 'SPARK'          |                                      |
|  | Emotions            | Crown         | PHa              | I am the Divine Spark                |
|  | Pulse               | Third Eye     | PHae             | I am the Spark of Vision             |
|  | Express             | Throat        | PHe              | I am the Spark of Clarity            |
|  | Feel                | Heart         | PHi              | I am the Spark of Soul               |
|  | Ties                | Plexus        | PHī              | I am the Spark of Being              |
|  | Manipulate          | Sacral        | PHy              | I am the Spark of Creation           |
|  | Denial              | Root          | PHo              | I am the Spark that Ignites the Body |
|  | Identify            | Knees         | PHu              | I am the Spark that Propels          |
|  | Search              | Ankles        | PHü              | I am the Spark that Guides           |
|  | Order               | Toroid        | PHh              | I am the Eternal Spark               |
|  |                     |               |                  |                                      |
| Sep 23 '20<br>Sep 24 '20<br>Sep 25 '20<br>Sep 26 '20<br>Sep 27 '20<br>Sep 28 '20<br>Sep 29 '20<br>Sep 30 '20<br>Oct 01 '20<br>Oct 02 '20 | BODY                |               | 'GRID'           |                                      |
|  | Be Born             | Crown         | SSa              | I am the Grid of Ideas               |
|  | Context             | Third Eye     | SSae             | I am the Grid of Thoughts            |
|  | Apprehend           | Throat        | SSe              | I am the Grid of Vibrations          |
|  | Impulse             | Heart         | SSI              | I am the Grid of Heartbeats          |
|  | Fall in Love        | Plexus        | SSi              | I am the Grid of Entities            |
|  | Process             | Sacral        | SSy              | I am the Grid of Creators            |
|  | Traumas             | Root          | SSo              | I am the Grid of Creations           |
|  | Pillars             | Knees         | SSu              | I am the Grid of Paths               |
|  | Decision            | Ankles        | SSü              | I am the Grid of Experiences         |
|  | Service             | Toroid        | SSH              | I am the Eternal Grid                |
|  |                     |               |                  |                                      |



# Libra



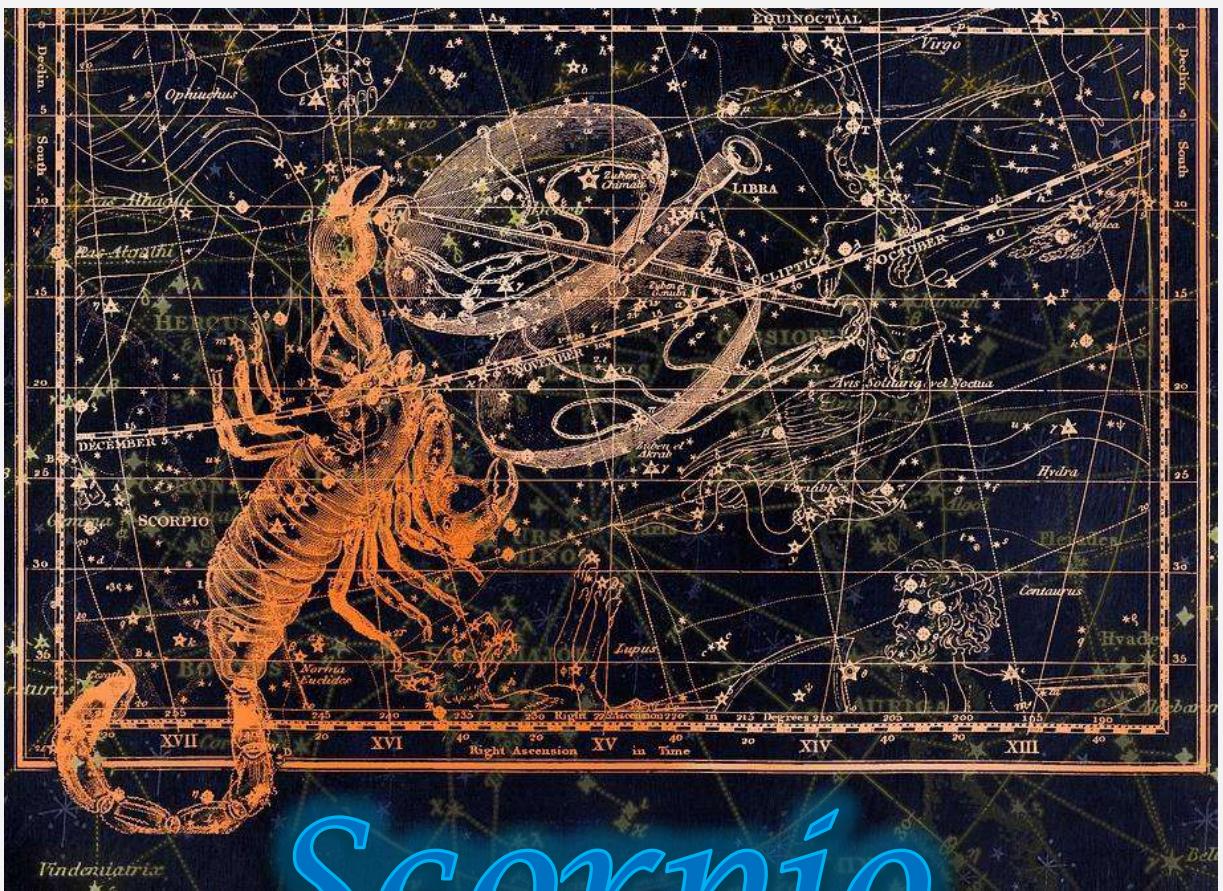


## Month of LIBRA

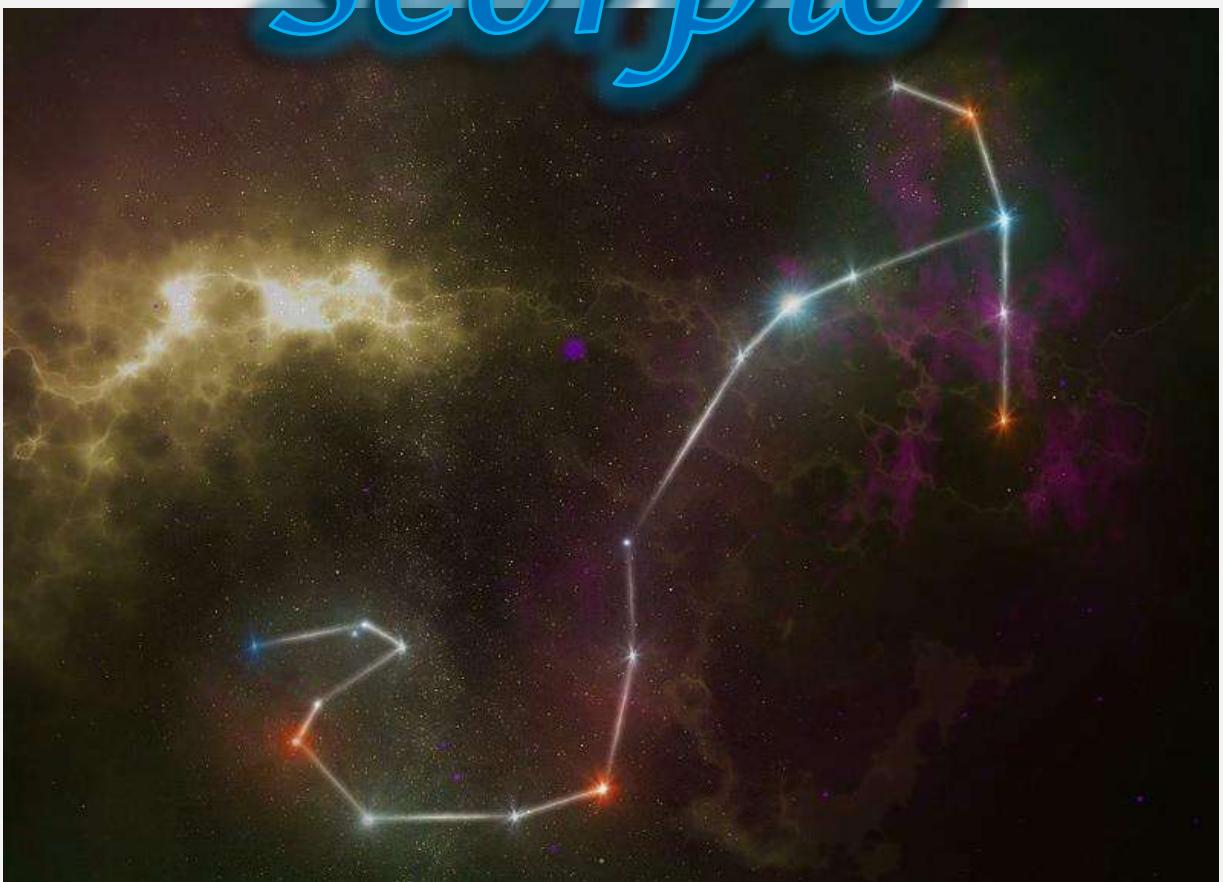
Mantra: "I Balance"

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| <u>Ω</u>       | <u>Blog Subject</u>         | <u>Chakra</u> | <u>Vibration</u> | <u>Statement &amp; Video Link</u>     |
|----------------|-----------------------------|---------------|------------------|---------------------------------------|
| <b>MIND</b>    |                             |               |                  | <b>'DESTINY'</b>                      |
| Oct 03 '20     | Eternal & Finite            | Crown         | NHa              | I Am Destiny of All Divinity          |
| Oct 04 '20     | Light & Darkness            | Third Eye     | NHae             | I Am Destiny of All Perspective       |
| Oct 05 '20     | Truth & Lies                | Throat        | NHe              | I Am Destiny of All Truth             |
| Oct 06 '20     | Love & Hate                 | Heart         | NHi              | I Am Destiny of Feelings              |
| Oct 07 '20     | Personality & Essence       | Plexus        | NHi              | I Am Destiny of Integration           |
| Oct 08 '20     | Creation & Destruction      | Sacral        | NHy              | I Am Destiny of All Creators          |
| Oct 09 '20     | Good & Bad                  | Root          | NHo              | I Am Destiny of All Fruits            |
| Oct 10 '20     | Matrix & Pattern            | Knees         | NHu              | I Am Destiny of All Purposes          |
| Oct 11 '20     | Sense & Nonsense            | Ankles        | NHü              | I Am Destiny of All Tests             |
| Oct 12 '20     | Everything & Nothing        | Toroid        | NHh              | I Am Destiny of Eternity              |
| <b>EMOTION</b> |                             |               |                  | <b>'FLUX'</b>                         |
| Oct 13 '20     | Doubt & Certainty           | Crown         | Fa               | I Am the Spiritual Flux               |
| Oct 14 '20     | Remember & Forget           | Third Eye     | Fae              | I Am the Flux of Thoughts             |
| Oct 15 '20     | Cognition & Ignorance       | Throat        | Fe               | I Am the Flux of Truth                |
| Oct 16 '20     | Extroversion & Introversion | Heart         | Fi               | I Am the Flux of Love                 |
| Oct 17 '20     | Egoism & Egocentrism        | Plexus        | Fī               | I Am the Flux in Connections          |
| Oct 18 '20     | Female & Male               | Sacral        | Fy               | I Am the Flux in All Emotions         |
| Oct 19 '20     | Attraction & Manifestation  | Root          | Fo               | I Am the Flux of Life                 |
| Oct 20 '20     | Mom & Dad                   | Knees         | Fu               | I Am the Flux of Time                 |
| Oct 21 '20     | Mission & Purpose           | Ankles        | Fü               | I Am the Flux of Space                |
| Oct 22 '20     | Balance & Imbalance         | Toroid        | Fh               | I Am the Eternal Flux                 |
| <b>BODY</b>    |                             |               |                  | <b>'EVOLUTION'</b>                    |
| Oct 23 '20     | Logical & Illogical         | Crown         | SHa              | I Am Spiritual Evolution              |
| Oct 24 '20     | Reality & Mirage            | Third Eye     | SHae             | I Am Conscious Evolution              |
| Oct 25 '20     | Silence & Sound             | Throat        | SHe              | I Am Coherent Evolution               |
| Oct 26 '20     | Save & Spend                | Heart         | SHi              | I Am Centered Evolution               |
| Oct 27 '20     | Fasting & Food              | Plexus        | SHi              | I Am Evolution of the Being           |
| Oct 28 '20     | Health & Sickness           | Sacral        | SHy              | I Am Evolution in Constant Expansion  |
| Oct 29 '20     | Sex & Sensuality            | Root          | SHo              | I Am Fruit of Evolution               |
| Oct 30 '20     | Life & Death                | Knees         | SHu              | I Am the Path of Evolution            |
| Oct 31 '20     | Center & Periphery          | Ankles        | SHü              | I Am Evolution in Constant Adaptation |
| Nov 01 '20     | Here & Now                  | Toroid        | SHh              | I Am Eternal Evolution                |



# Scorpio



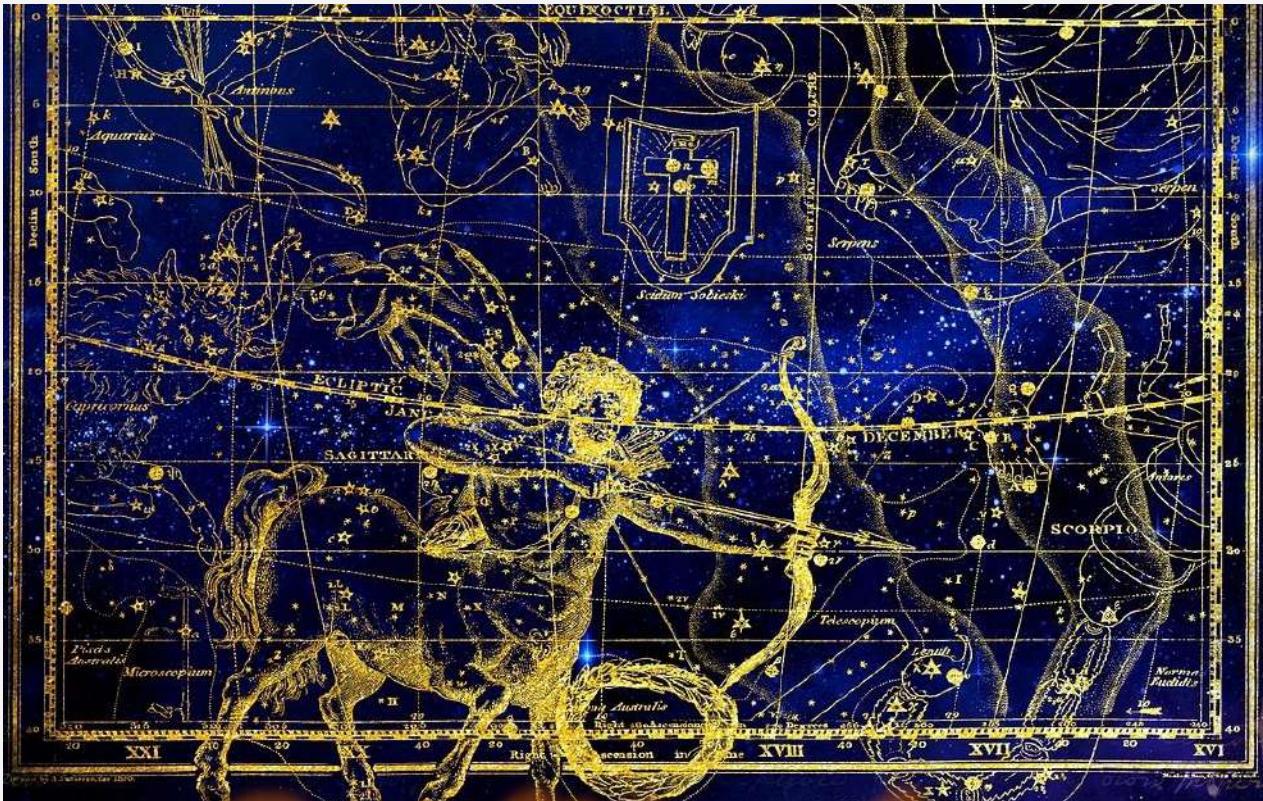


## Month of SCORPIO

Mantra: "I Desire"

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|---------------------|------------------|------------------|-----------------------------------|--------------------------------------|
| <b>MIND</b>         |                  |                  | <b>'EXPANSION'</b>                |                                      |
| Nov 02 '20          | Depth            | Crown            | Ña                                | I Am Expansion of the Mind           |
| Nov 03 '20          | Intuition        | Third Eye        | Ñae                               | I Am Expansion of Consciousness      |
| Nov 04 '20          | Conflict         | Throat           | Ñe                                | I Am Expansion of the Creative Voice |
| Nov 05 '20          | Magic            | Heart            | Ñi                                | I Am Expansion of the Heart          |
| Nov 06 '20          | Distress/Anguish | Plexus           | Ñi                                | I Am Expansion of the Being          |
| Nov 07 '20          | Confusion        | Sacral           | Ñy                                | I Am Expansion of the Matrix         |
| Nov 08 '20          | Poison           | Root             | Ño                                | I Am Expansion of the Universe       |
| Nov 09 '20          | Crisis           | Knees            | Ñu                                | I Am Expansion of Time               |
| Nov 10 '20          | Perdition        | Ankles           | Ñü                                | I Am Expansion of Every Possibility  |
| Nov 11 '20          | Reflexes         | Toroid           | Ñh                                | I Am Eternal Expansion               |
| <b>EMOTION</b>      |                  |                  | <b>'TRANSMUTATION'</b>            |                                      |
| Nov 12 '20          | Humor            | Crown            | Va                                | I Am Divine Transmutation            |
| Nov 13 '20          | Resentment       | Third Eye        | Vae                               | I Am Transmutation of Consciousness  |
| Nov 14 '20          | Arrogance        | Throat           | Ve                                | I Am Transmutation of Realities      |
| Nov 15 '20          | Panic            | Heart            | Vi                                | I Am Transmutation of Service        |
| Nov 16 '20          | Melancholy       | Plexus           | Vi                                | I Am Transmutation of Ties           |
| Nov 17 '20          | Hypocrisy        | Sacral           | Vy                                | I Am Transmutation of Patterns       |
| Nov 18 '20          | Anger (Gonna)    | Root             | Vo                                | I Am Transmutation of Purposes       |
| Nov 19 '20          | Attachment       | Knees            | Vu                                | I Am Transmutation of Paths          |
| Nov 20 '20          | Pride            | Ankles           | Vü                                | I Am Transmutation of Lessons        |
| Nov 21 '20          | Loneliness       | Toroid           | Vh                                | I Am Eternal Transmutation           |
| <b>BODY</b>         |                  |                  | <b>'EMPTINESS'</b>                |                                      |
| Nov 22 '20          | Smell            | Crown            | CHa                               | I Am the Cosmic Emptiness            |
| Nov 23 '20          | View/Sight       | Third Eye        | CHae                              | I Am the Emptiness of the Mind       |
| Nov 24 '20          | Ear/Hearing      | Throat           | CHe                               | I Am the Emptiness that Neutralizes  |
| Nov 25 '20          | Touch            | Heart            | CHi                               | I Am the Emptiness of the Heart      |
| Nov 26 '20          | Taste            | Plexus           | CHi                               | I Am the Emptiness of Being          |
| Nov 27 '20          | Depression       | Sacral           | CHy                               | I Am the Creator's Emptiness         |
| Nov 28 '20          | Pressure         | Root             | CHO                               | I Am Universal Emptiness             |
| Nov 29 '20          | Abortion         | Knees            | CHu                               | I Am the Emptiness of Time           |
| Nov 30 '20          | Shades           | Ankles           | CHü                               | I Am the Emptiness of Space          |
| Dec 01 '20          | Death            | Toroid           | CHh                               | I Am the Eternal Emptiness           |





# Month of SAGITTARIUS

**Mantra: "I See"**

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| <u>Blog Subject</u> | <u>Chakra</u>     | <u>Vibration</u> | <u>Statement &amp; Video Link</u>           |
|---------------------|-------------------|------------------|---|
| <b>MIND</b>         |                   |                  | <b>'DIMENSION'</b>                          |
| Dec 02 '20          | Resurrection      | Crown            | Ya<br>I Am the Dimension of Unity           |
| Dec 03 '20          | Sizing/Dimension  | Third Eye        | Yae<br>I Am the Dimension of Contemplation  |
| Dec 04 '20          | Wisdom            | Throat           | Ye<br>I Am the Dimension of Reality         |
| Dec 05 '20          | Hunch             | Heart            | Yi<br>I Am the Dimension of the Soul        |
| Dec 06 '20          | Compass           | Plexus           | Yī<br>I Am the Dimension of Mastery         |
| Dec 07 '20          | Adventure         | Sacral           | Yy<br>I Am the Dimension of Cosmic Design   |
| Dec 08 '20          | Determination     | Root             | Yo<br>I Am the Dimension of Materialization |
| Dec 09 '20          | Connection        | Knees            | Yu<br>I Am the Dimension of Time            |
| Dec 10 '20          | Karma             | Ankles           | Yü<br>I Am the Dimension of Whole           |
| Dec 11 '20          | Expansion         | Toroid           | Yh<br>I Am the Dimension of Eternity        |
| <b>EMOTION</b>      |                   |                  | <b>'LEGACY'</b>                             |
| Dec 12 '20          | Feeling           | Crown            | BHa<br>I Am the Universal Legacy            |
| Dec 13 '20          | Shine             | Third Eye        | BHae<br>I Am the Cosmic Legacy              |
| Dec 14 '20          | Future            | Throat           | BHe<br>I Am the Legacy of Realities         |
| Dec 15 '20          | Plethora          | Heart            | BHi<br>I Am the Legacy of the Heart         |
| Dec 16 '20          | Links             | Plexus           | BHī<br>I Am the Legacy of the One           |
| Dec 17 '20          | Fun               | Sacral           | BHy<br>I Am the Legacy of the Divine Mother |
| Dec 18 '20          | Joy/Pleasure      | Root             | BHo<br>I Am the Legacy of the Divine Father |
| Dec 19 '20          | Life              | Knees            | BHu<br>I Am the Legacy of My Ancestors      |
| Dec 20 '20          | Journey           | Ankles           | BHü<br>I Am the Legacy of My Future         |
| Dec 21 '20          | Freedom           | Toroid           | BHh<br>I Am the Eternal Legacy              |
| <b>BODY</b>         |                   |                  | <b>'CELESTIAL'</b>                          |
| Dec 22 '20          | Antarctica        | Crown            | THa<br>I Am the Celestial Spirit            |
| Dec 23 '20          | South America     | Third Eye        | THae<br>I Am the Celestial Consciousness    |
| Dec 24 '20          | North America     | Throat           | THE<br>I Am the Celestial Truth             |
| Dec 25 '20          | Europe            | Heart            | THi<br>I Am the Axis of Heaven              |
| Dec 26 '20          | Asia              | Plexus           | THī<br>I Am the Ethereal Being              |
| Dec 27 '20          | Oceania           | Sacral           | THy<br>I Am the Celestial Breeder           |
| Dec 28 '20          | Africa            | Root             | THo<br>I Am the Sky with Stars              |
| Dec 29 '20          | Centre and Middle | Knees            | THu<br>I Am the Celestial Path              |
| Dec 30 '20          | Oceans and Seas   | Ankles           | THü<br>I Am the Walker of Sky               |
| Dec 31 '20          | Axis              | Toroid           | THh<br>I Am the Eternal Celestial           |



# Capricorn





## Month of CAPRICORN

**Mantra: "I Use"**

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| Blog Subject   | Chakra       | Vibration | Statement & Video Link                  |
|--|--------------|-----------|---|
|  |              |           | 'STAIR'                                 |
| Jan 01 '21<br>Jan 02 '21<br>Jan 03 '21<br>Jan 04 '21<br>Jan 05 '21<br>Jan 06 '21<br>Jan 07 '21<br>Jan 08 '21<br>Jan 09 '21<br>Jan 10 '21 | MIND         |           |   |
|  | Crown        | LLa       | I Am the Stair to the Divine            |
|  | Third Eye    | LLae      | I Am the Stair of Conscience            |
|  | Vibration    | LLe       | I Am the Stair of the Universal Library |
|  | Rhythm       | LLi       | I Am the Stair to All Levels            |
|  | Cause Effect | LLi       | I Am the Stair of All Beings            |
|  | Polarity     | LLy       | I Am the Stairs of Evolution            |
|  | Generation   | LLo       | I Am the Stairs of Experiences          |
|  | Law          | LLu       | I Am the Branches of My Genealogic Tree |
|  | Systems      | LLü       | I Am the Stair to Heaven                |
|  | Stability    | LLh       | I Am the Stairs of Ascension            |
| Jan 11 '21<br>Jan 12 '21<br>Jan 13 '21<br>Jan 14 '21<br>Jan 15 '21<br>Jan 16 '21<br>Jan 17 '21<br>Jan 18 '21<br>Jan 19 '21<br>Jan 20 '21 | EMOTION      |           | 'HOME'                                  |
|  | Crown        | Ba        | I Am the Spirit's Home                  |
|  | Third Eye    | Bae       | I Am the Home of Conscience             |
|  | Aid          | Be        | I Am the Home of Truth                  |
|  | Relations    | Bi        | I Am the Heart's Home                   |
|  | Family       | Bi        | I Am the Home of Being                  |
|  | Frustration  | By        | I Am the Home of Matrix                 |
|  | Job/Work     | Bo        | I Am the Home of Universal Children     |
|  | Adversities  | Bu        | I Am the Home of Walkers                |
|  | Believe      | Bü        | I Am the Home of Apprentices            |
|  | Plan         | Bh        | I Am the Eternal Home                   |
| Jan 21 '21<br>Jan 22 '21<br>Jan 23 '21<br>Jan 24 '21<br>Jan 25 '21<br>Jan 26 '21<br>Jan 27 '21<br>Jan 28 '21<br>Jan 29 '21<br>Jan 30 '21 | BODY         |           | 'ESSENCE'                               |
|  | Crown        | DHa       | I Am the Divine Essence                 |
|  | Third Eye    | DHae      | I Am the Conscious Essence              |
|  | Education    | DHe       | I Am the Essence of Truth               |
|  | Economy      | DHi       | I Am the Essence of Love                |
|  | Technology   | DHi       | I Am the Essence of I am                |
|  | Culture      | DHy       | I Am the Essence of Mother Matrix       |
|  | Agriculture  | DHo       | I Am the Essence of Father Pattern      |
|  | Basics       | DHu       | I Am the Essence of the Path of Light   |
|  | Scheme       | DHü       | I Am the Essence of Profound            |
|  | Organism     | DHh       | I Am the Eternal Essence                |



# Aquarius



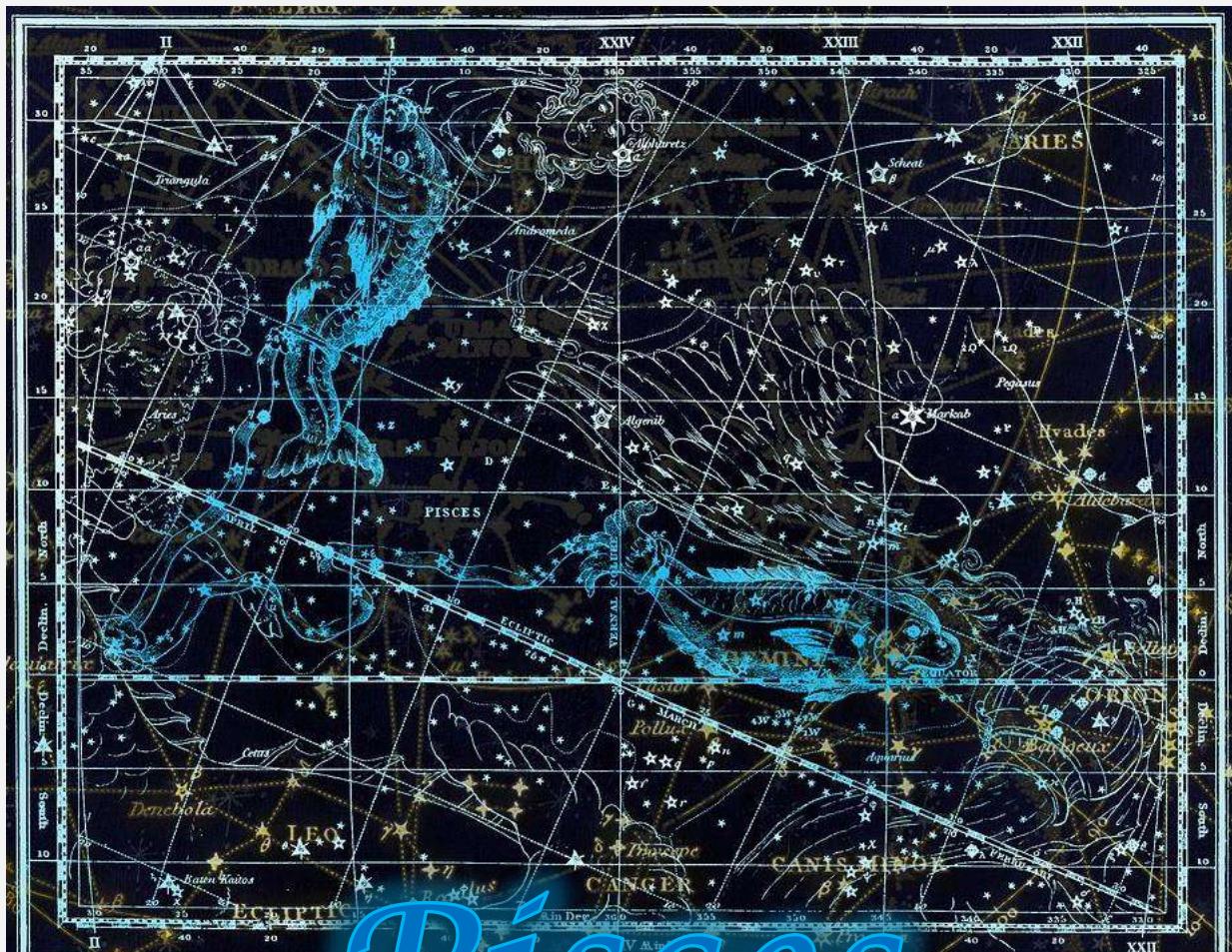


## Month of AQUARIUS

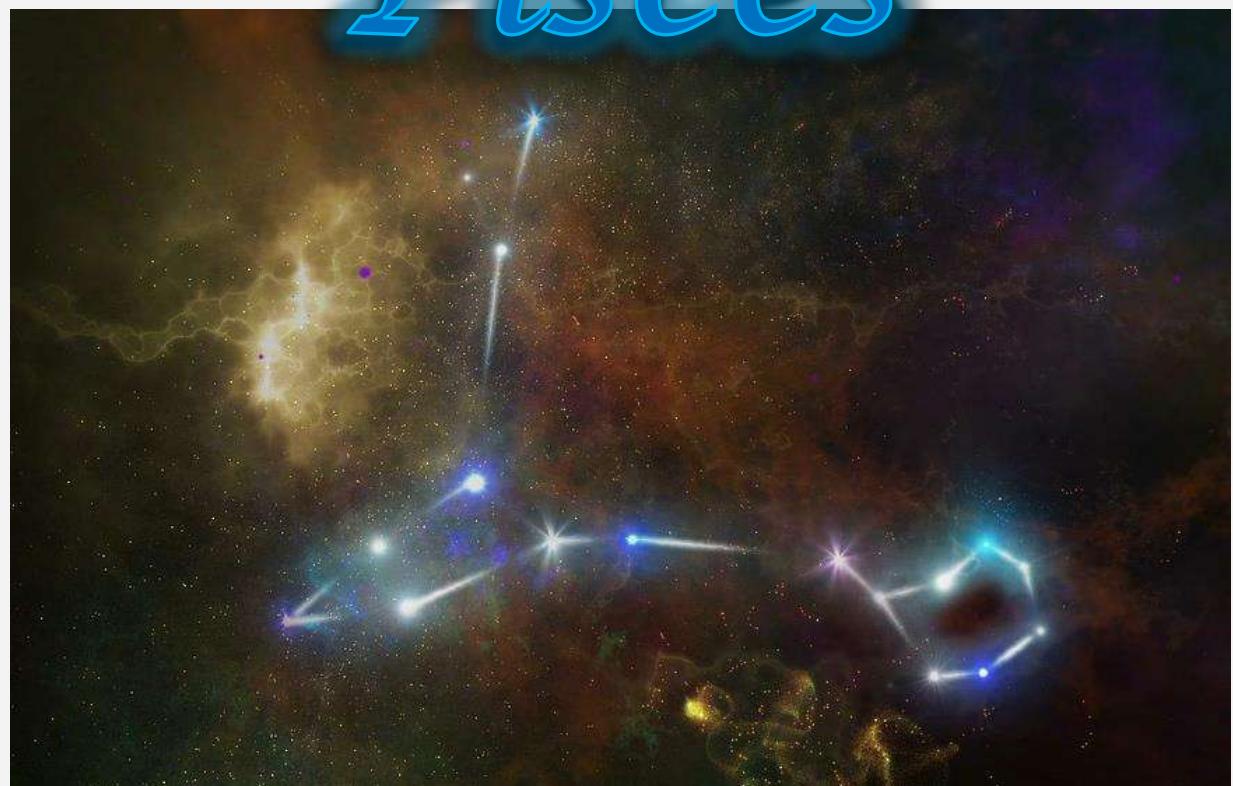
Mantra: "I Know"

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| <u>Blog Subject</u> | <u>Chakra</u>         | <u>Vibration</u> | <u>Statement &amp; Video Link</u> |
|---------------------|-----------------------|------------------|-----------------------------------|
| <b>MIND</b>         |                       |                  | <b>'WORD'</b>                     |
| Jan 31 '21          | Polaris               | Crown            | I Am the Divine Word              |
| Feb 01 '21          | Cepheus               | Third Eye        | I Am the Word of Clarity          |
| Feb 02 '21          | Cygnus                | Throat           | I Am the Word of Truth            |
| Feb 03 '21          | Lyra                  | Heart            | I Am the Word of Balance          |
| Feb 04 '21          | Canis                 | Plexus           | I Am the Word of Order            |
| Feb 05 '21          | Orion                 | Sacral           | I Am the Word of Creation         |
| Feb 06 '21          | Phoenix               | Root             | I Am the Word in Expansion        |
| Feb 07 '21          | Argo Navis            | Knees            | I Am the Word that Guides         |
| Feb 08 '21          | Hercules              | Ankles           | I Am the Word that Educates       |
| Feb 09 '21          | Draco                 | Toroid           | I Am the Eternal Word             |
| <b>EMOTION</b>      |                       |                  | <b>'NOURISHMENT'</b>              |
| Feb 10 '21          | Aquarius              | Crown            | I Am Spiritual Nourishment        |
| Feb 11 '21          | Libra                 | Third Eye        | I Am Intellectual Nourishment     |
| Feb 12 '21          | Gemini                | Throat           | I Am Nourishment of Truth         |
| Feb 13 '21          | Pisces                | Heart            | I Am Nourishment to the Heart     |
| Feb 14 '21          | Cancer                | Plexus           | I Am Nourishment of the Being     |
| Feb 15 '21          | Scorpio               | Sacral           | I Am Emotional Nourishment        |
| Feb 16 '21          | Virgo                 | Root             | I Am Material Nourishment         |
| Feb 17 '21          | Capricorn             | Knees            | I Am Nourishment that impels      |
| Feb 18 '21          | Taurus                | Ankles           | I Am Nourishment that Nourishes   |
| Feb 19 '21          | Aries-Leo-Sagittarius | Toroid           | I Am Eternal Nourishment          |
| <b>BODY</b>         |                       |                  | <b>'BALANCE'</b>                  |
| Feb 20 '21          | Uranus                | Crown            | I Am Divine Balance               |
| Feb 21 '21          | Neptune               | Third Eye        | I Am Conscious Balance            |
| Feb 22 '21          | Mercury               | Throat           | I Am Resonant Balance             |
| Feb 23 '21          | Venus                 | Heart            | I Am the Balance of the Axis      |
| Feb 24 '21          | Moon                  | Plexus           | I Am the Balance of Being         |
| Feb 25 '21          | Pluto                 | Sacral           | I Am the Balance of Networks      |
| Feb 26 '21          | Mars                  | Root             | I Am the Balance of the World     |
| Feb 27 '21          | Saturn                | Knees            | I Am the Balance of the Path      |
| Feb 28 '21          | Jupiter               | Ankles           | I Am the Walker's Balance         |
| Mar 01 '21          | Sun                   | Toroid           | I Am Eternal Balance              |



# Pisces



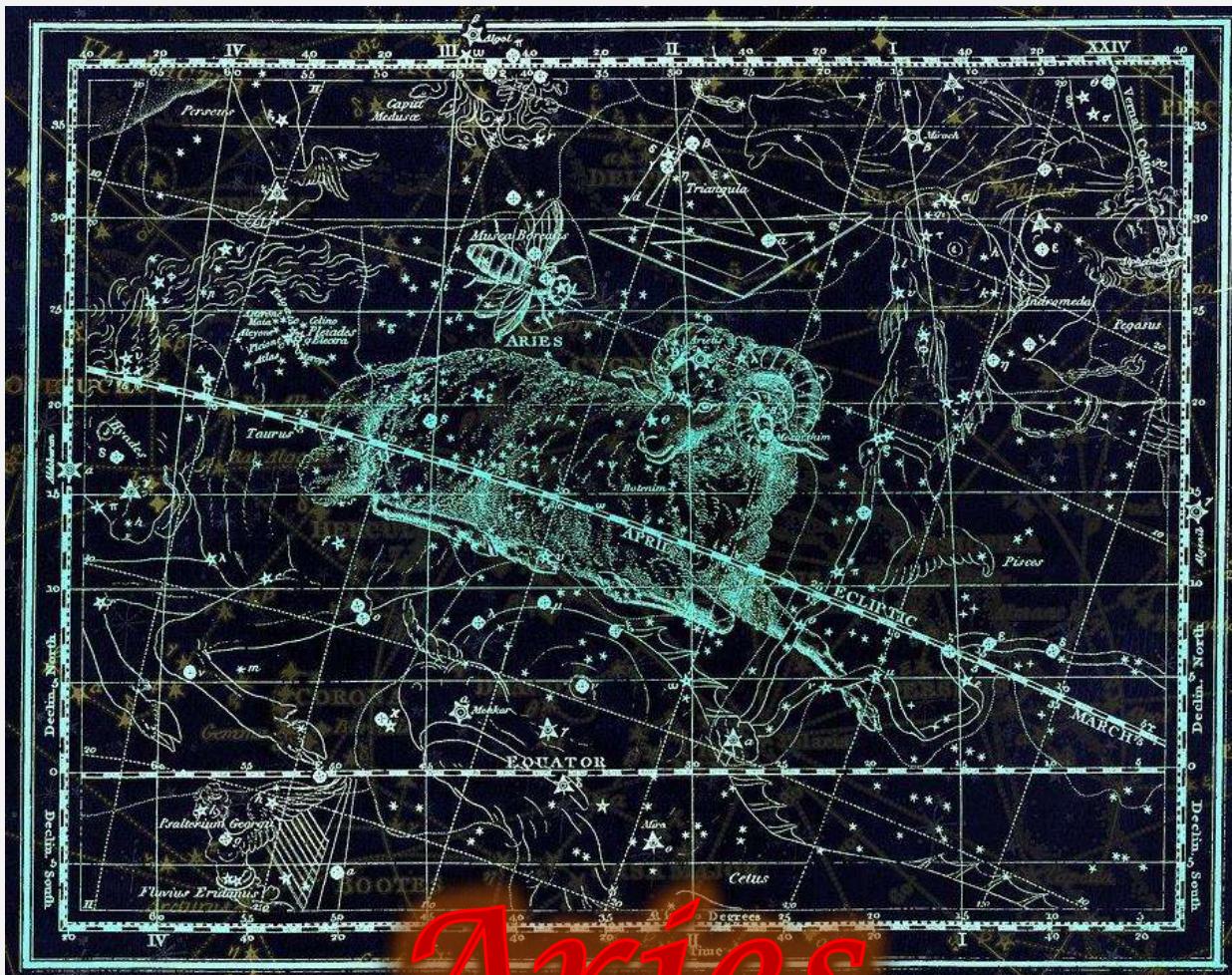


## Month of PISCES

Mantra: "I Believe"

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|            | <u>Blog Subject</u> | <u>Chakra</u> | <u>Vibration</u> | <u>Statement &amp; Video Link</u> |
|------------|---------------------|---------------|------------------|-----------------------------------|
| ♓          |                     | MIND          |                  | 'LOVE'                            |
| Mar 02 '21 | 1st Dimension       | Crown         | LHa              | I Am Universal Love               |
| Mar 03 '21 | 2nd Dimension       | Third Eye     | LHae             | I Am Unconditional Love           |
| Mar 04 '21 | 3rd Dimension       | Throat        | LHe              | I Am Real Love                    |
| Mar 05 '21 | 4th Dimension       | Heart         | LHi              | I Am Love in Everyone             |
| Mar 06 '21 | 5th Dimension       | Plexus        | LHü              | I Am Love in Unity                |
| Mar 07 '21 | 6th Dimension       | Sacral        | LHy              | I Am Love in Expansion            |
| Mar 08 '21 | 7th Dimension       | Root          | LHo              | I Am Love in All Creation         |
| Mar 09 '21 | 8th Dimension       | Knees         | LHu              | I Am Love that Enlightens         |
| Mar 10 '21 | 9th Dimension       | Ankles        | LHü              | I Am Love that Nourishes          |
| Mar 11 '21 | 0 Dimension         | Toroid        | LHh              | I Am Eternal Love                 |
| ♓          |                     | EMOTION       |                  | 'WILL'                            |
| Mar 12 '21 | Empty               | Crown         | Pa               | I Am Spiritual Will               |
| Mar 13 '21 | Utopia              | Third Eye     | Pae              | I Am Will with Purpose            |
| Mar 14 '21 | Surrender           | Throat        | Pe               | I Am Will that Cocreates          |
| Mar 15 '21 | Unconditionality    | Heart         | Pi               | I Am Will that Expands            |
| Mar 16 '21 | Be                  | Plexus        | Pi               | I Am Will that Connects           |
| Mar 17 '21 | Empathy             | Sacral        | Py               | I Am Will that Creates            |
| Mar 18 '21 | Sensitivity         | Root          | Po               | I Am Will that Manifests          |
| Mar 19 '21 | Flow                | Knees         | Pu               | I Am Will that Guides             |
| Mar 20 '21 | Spirituality        | Ankles        | Pü               | I Am Will that Teaches            |
| Mar 21 '21 | Compassion          | Toroid        | Ph               | I Am Eternal Will                 |
| ♓          |                     | BODY          |                  | 'MANIFESTATION'                   |
| Mar 22 '21 | Psychology          | Crown         | Ta               | I Am Manifested Spirit            |
| Mar 23 '21 | Look                | Third Eye     | Tae              | I Am Manifested Conscience        |
| Mar 24 '21 | Smile               | Throat        | Te               | I Am Manifested Truth             |
| Mar 25 '21 | Caresses (Petting)  | Heart         | Ti               | I Am Manifested Love              |
| Mar 26 '21 | Fell in Love        | Plexus        | Tü               | I Am Manifested Essence           |
| Mar 27 '21 | Devotion            | Sacral        | Ty               | I Am Manifested Web               |
| Mar 28 '21 | Forgiveness (Sorry) | Root          | To               | I Am Manifested Universe          |
| Mar 29 '21 | Modesty             | Knees         | Tu               | I Am Manifested History           |
| Mar 30 '21 | Destination         | Ankles        | Tü               | I Am Manifested Knowledge         |
| Mar 31 '21 | Dream               | Toroid        | Th               | I Am Eternal Manifestation        |



# Aries



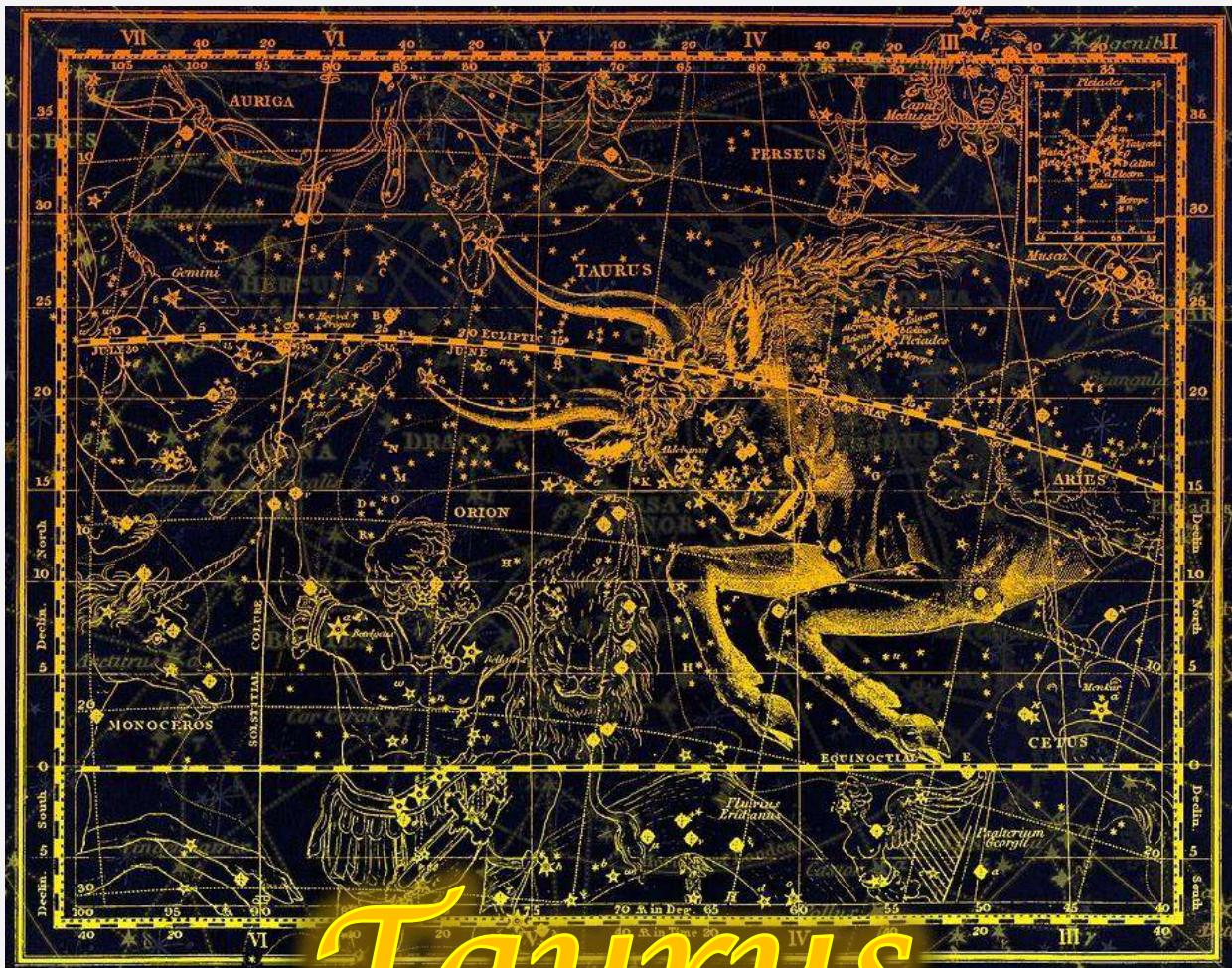


# Month of ARIES

Mantra: "I Am"

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|                | <u>Blog Subject</u>  | <u>Chakra</u> | <u>Vibration</u> | <u>Statement &amp; Video Link</u> |  |
|----------------|----------------------|---------------|------------------|-----------------------------------|--|
| <b>MIND</b>    |                      |               |                  | <b>'VISION'</b>                   |  |
| Apr 01 '21     | What? (That?)        | Crown         | Ga               | I Am the Universal Vision         |  |
| Apr 02 '21     | Why? (Because?)      | Third Eye     | Gae              | I Am the Vision that Contemplates |  |
| Apr 03 '21     | What For? (So That?) | Throat        | Ge               | I Am the Vision of Coherence      |  |
| Apr 04 '21     | Which?               | Heart         | Gi               | I Am the Heart's Vision           |  |
| Apr 05 '21     | Who?                 | Plexus        | Gi               | I Am the Vision of self           |  |
| Apr 06 '21     | How? (As?)           | Sacral        | Gy               | I Am the Creator's Vision         |  |
| Apr 07 '21     | How Much?            | Root          | Go               | I Am the Vision of Creation       |  |
| Apr 08 '21     | When?                | Knees         | Gu               | I Am the History's Vision         |  |
| Apr 09 '21     | Where?               | Ankles        | Gü               | I Am the Wisdom's Vision          |  |
| Apr 10 '21     | It's Me?/Am I?       | Toroid        | Gh               | I Am the Eternal Vision           |  |
| <b>EMOTION</b> |                      |               |                  | <b>'WISDOM'</b>                   |  |
| Apr 11 '21     | Answers              | Crown         | Ra               | I Am Spiritual Wisdom             |  |
| Apr 12 '21     | Intention            | Third Eye     | Rae              | I Am Conscious Wisdom             |  |
| Apr 13 '21     | Release              | Throat        | Re               | I Am Coherent Wisdom              |  |
| Apr 14 '21     | Momentum             | Heart         | Ri               | I Am Loving Wisdom                |  |
| Apr 15 '21     | Problem              | Plexus        | Ri               | I Am Unity's Wisdom               |  |
| Apr 16 '21     | Struggle/Fight       | Sacral        | Ry               | I Am Creative Wisdom              |  |
| Apr 17 '21     | Rage/Fury            | Root          | Ro               | I Am Wisdom in the World          |  |
| Apr 18 '21     | Independence         | Knees         | Ru               | I Am Applied Wisdom               |  |
| Apr 19 '21     | Advance              | Ankles        | Rü               | I Am Free Wisdom                  |  |
| Apr 20 '21     | Victory              | Toroid        | Rh               | I Am Eternal Wisdom               |  |
| <b>BODY</b>    |                      |               |                  | <b>'DESIGNER'</b>                 |  |
| Apr 21 '21     | Initiation           | Crown         | KHa              | I Am the Universal Designer       |  |
| Apr 22 '21     | Transcendence        | Third Eye     | KHae             | I Am the Designer of Philosophy   |  |
| Apr 23 '21     | Expressiveness       | Throat        | KHe              | I Am the Designer of Music        |  |
| Apr 24 '21     | Experimentation      | Heart         | KHi              | I Am the Designer of Emotion      |  |
| Apr 25 '21     | Integration          | Plexus        | KHü              | I Am the Designer of Networks     |  |
| Apr 26 '21     | Reproduction         | Sacral        | KHy              | I Am the Designer of Creation     |  |
| Apr 27 '21     | Growth               | Root          | KHo              | I Am the Designer of Matter       |  |
| Apr 28 '21     | Perishment           | Knees         | KHu              | I Am the Designer of Paths        |  |
| Apr 29 '21     | Birth                | Ankles        | KHü              | I Am the Designer of Energy       |  |
| Apr 30 '21     | Free Will            | Toroid        | KHh              | I Am the Eternal Designer         |  |



# Taurus



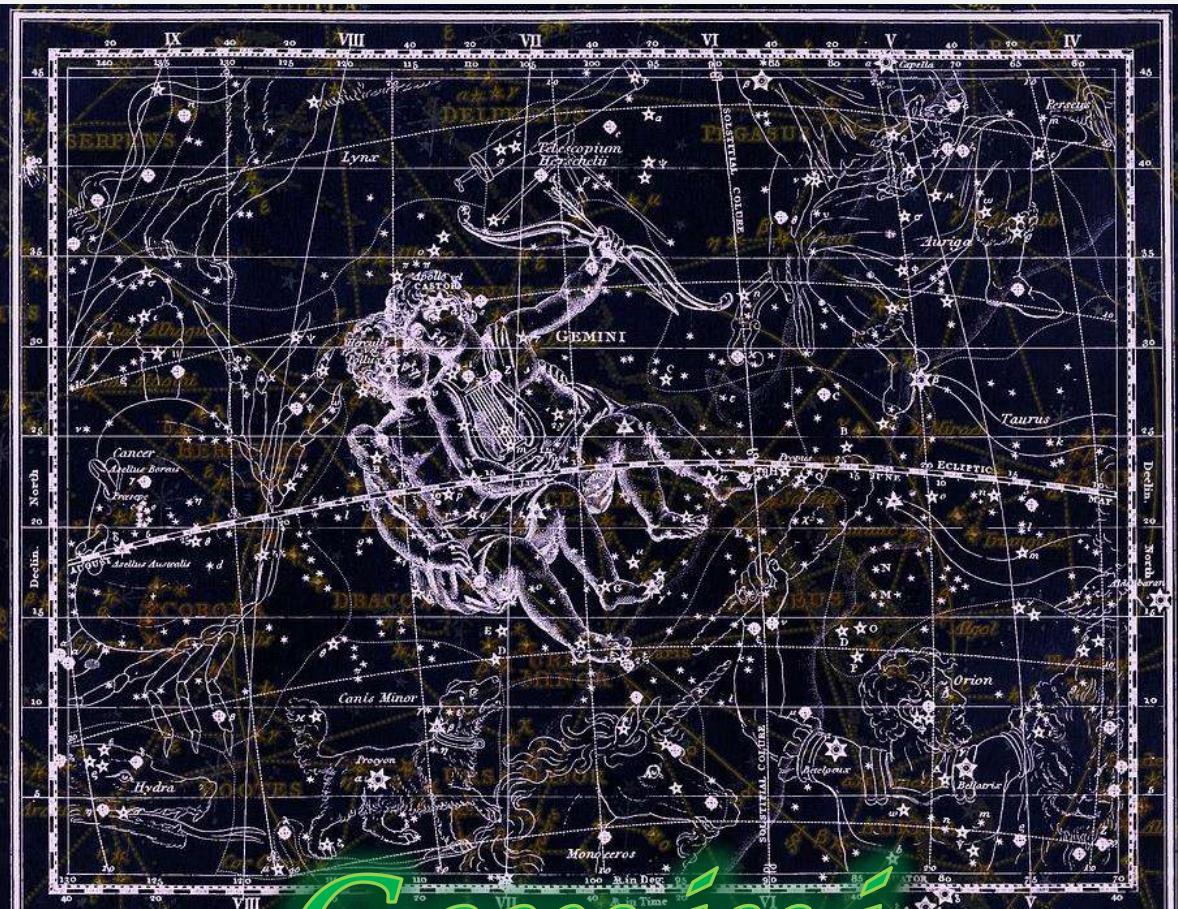


## Month of TAURUS

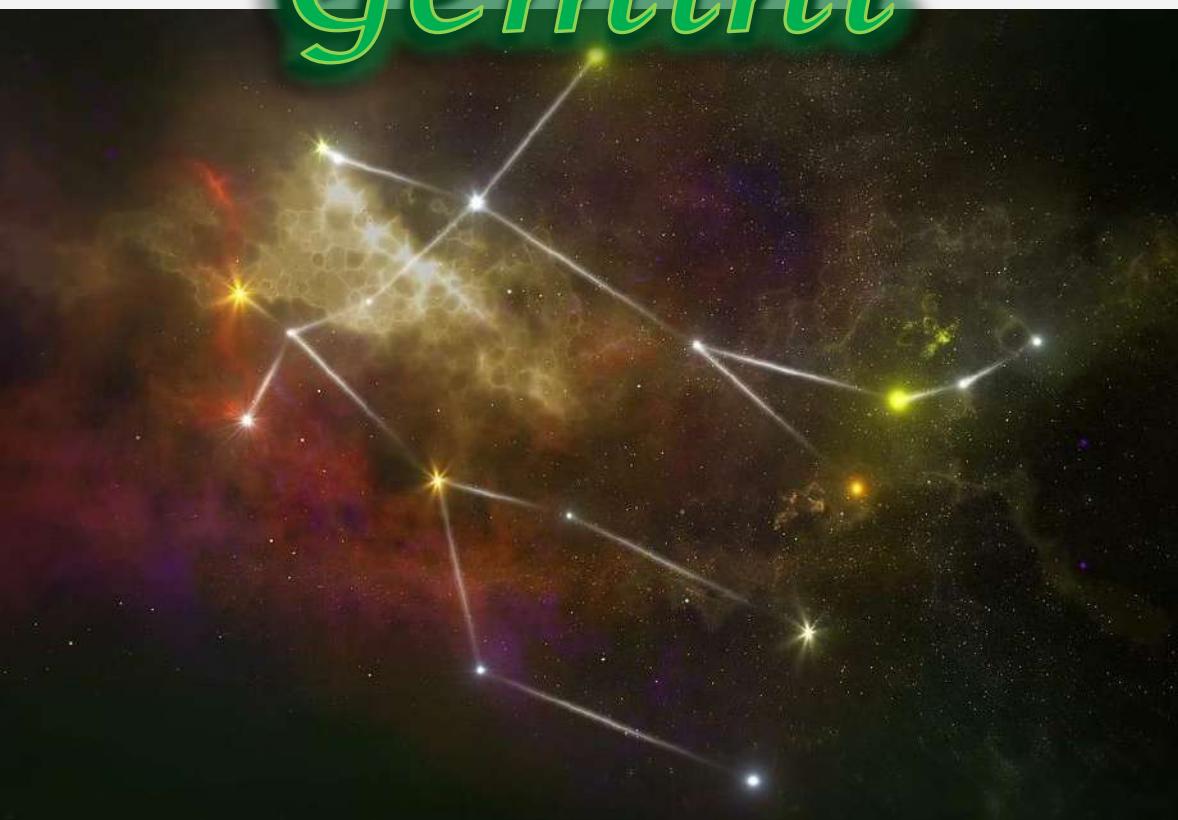
Mantra: "I Have"

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|  <u>Blog Subject</u> | <u>Chakra</u>         | <u>Vibration</u> | <u>Statement &amp; Video Link</u> |  |
|---|-----------------------|------------------|-----------------------------------|--|
| <b>MIND</b>   |                       |                  | <b>'ORIGIN'</b>                   |  |
| May 01 '21  | Fountain/Source       | Crown            | Wa                                | I Am the Universal Origin                      |
| May 02 '21  | Resonance             | Third Eye        | Wae                               | I Am the Origin of Dimensions                  |
| May 03 '21  | Energy                | Throat           | We                                | I Am the Origin of Sound                       |
| May 04 '21  | Abundance             | Heart            | Wi                                | I Am the Origin of Heartbeat                   |
| May 05 '21  | Strength              | Plexus           | Wi                                | I Am the Origin of All Entity                  |
| May 06 '21  | Subject/Matter        | Sacral           | Wy                                | I Am the Origin of Matrix                      |
| May 07 '21  | Security              | Root             | Wo                                | I Am the Origin of Every Pattern               |
| May 08 '21  | Wealth                | Knees            | Wu                                | I Am the Origin of Every Path                  |
| May 09 '21  | Comfort               | Ankles           | Wü                                | I Am the Origin of Every Destiny               |
| May 10 '21  | Welfare               | Toroid           | Wh                                | I Am the Eternal Origin                        |
|  <b>EMOTION</b>      |                       |                  | <b>'GUARDIAN'</b>                 |  |
| May 11 '21  | Home                  | Crown            | RRa                               | I Am the Guardian of the Universe              |
| May 12 '21  | Painting              | Third Eye        | RRae                              | I Am the Guardian of Conscience                |
| May 13 '21  | Music                 | Throat           | RRe                               | I Am the Guardian of Truth                     |
| May 14 '21  | Poetry                | Heart            | RRi                               | I Am the Guardian of the Heart                 |
| May 15 '21  | Literature            | Plexus           | RRi                               | I Am the Guardian of the Being                 |
| May 16 '21  | Sculpture             | Sacral           | RRy                               | I Am the Guardian of the Web                   |
| May 17 '21  | Dance                 | Root             | RRo                               | I Am the Guardian of the World                 |
| May 18 '21  | Architecture          | Knees            | RRu                               | I Am the Guardian of the Path                  |
| May 19 '21  | Cinema                | Ankles           | RRü                               | I Am the Guardian of Evolution                 |
| May 20 '21  | Art                   | Toroid           | RRh                               | I Am the Eternal Guardian                      |
|  <b>BODY</b>       |                       |                  | <b>'CHANNEL'</b>                  |  |
| May 21 '21  | Temple                | Crown            | KKa                               | I Am the Channel between Spirits               |
| May 22 '21  | Endocrine             | Third Eye        | KKae                              | I Am the Channel between Conscience            |
| May 23 '21  | Immune-Respiratory    | Throat           | KKe                               | I Am the Channel between Communication         |
| May 24 '21  | Circulatory-Lymphatic | Heart            | KKi                               | I Am the Channel between Souls                 |
| May 25 '21  | Digestive             | Plexus           | KKi                               | I Am the Channel between Beings                |
| May 26 '21  | Excretory             | Sacral           | KKy                               | I Am the Channel between Creators              |
| May 27 '21  | Reproduction - Skin   | Root             | KKo                               | I Am the Channel between Worlds                |
| May 28 '21  | Muscular              | Knees            | KKu                               | I Am the Channel between Paths                 |
| May 29 '21  | Osseous               | Ankles           | KKü                               | I Am the Channel between Masters & Apprentices |
| May 30 '21  | Nervous               | Toroid           | KKh                               | I Am the Eternal Channel                       |



# Gemini



# Month of GEMINI

Mantra: "I Think"

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## Blog Subject

## Chakra

## Vibration

## Statement & Video Link

### MIND

### 'SPIRAL'

|            |                    |           |     |                                 |
|------------|--------------------|-----------|-----|---------------------------------|
| May 31 '21 | Think - Feel       | Crown     | Xa  | I Am Divine Spiral              |
| Jun 01 '21 | Search - Deny      | Third Eye | Xae | I Am Spiral of Dimensions       |
| Jun 02 '21 | Say - Silence      | Throat    | Xe  | I Am Spiral of Sounds           |
| Jun 03 '21 | Serve - Save       | Heart     | Xi  | I Am Spiral in Expansion        |
| Jun 04 '21 | Connect - Separate | Plexus    | Xi  | I Am Spiral of Entities         |
| Jun 05 '21 | Build - Destroy    | Sacral    | Xy  | I Am Spiral of Feminine Energy  |
| Jun 06 '21 | Do - Be            | Root      | Xo  | I Am Spiral of Masculine Energy |
| Jun 07 '21 | Move - Fix         | Knees     | Xu  | I Am Spiral of History          |
| Jun 08 '21 | Go - Return        | Ankles    | Xü  | I Am Spiral of Neutralization   |
| Jun 09 '21 | Being - Not Being  | Toroid    | Xh  | I Am Eternal Spiral             |



### EMOTION

### 'ENERGY'

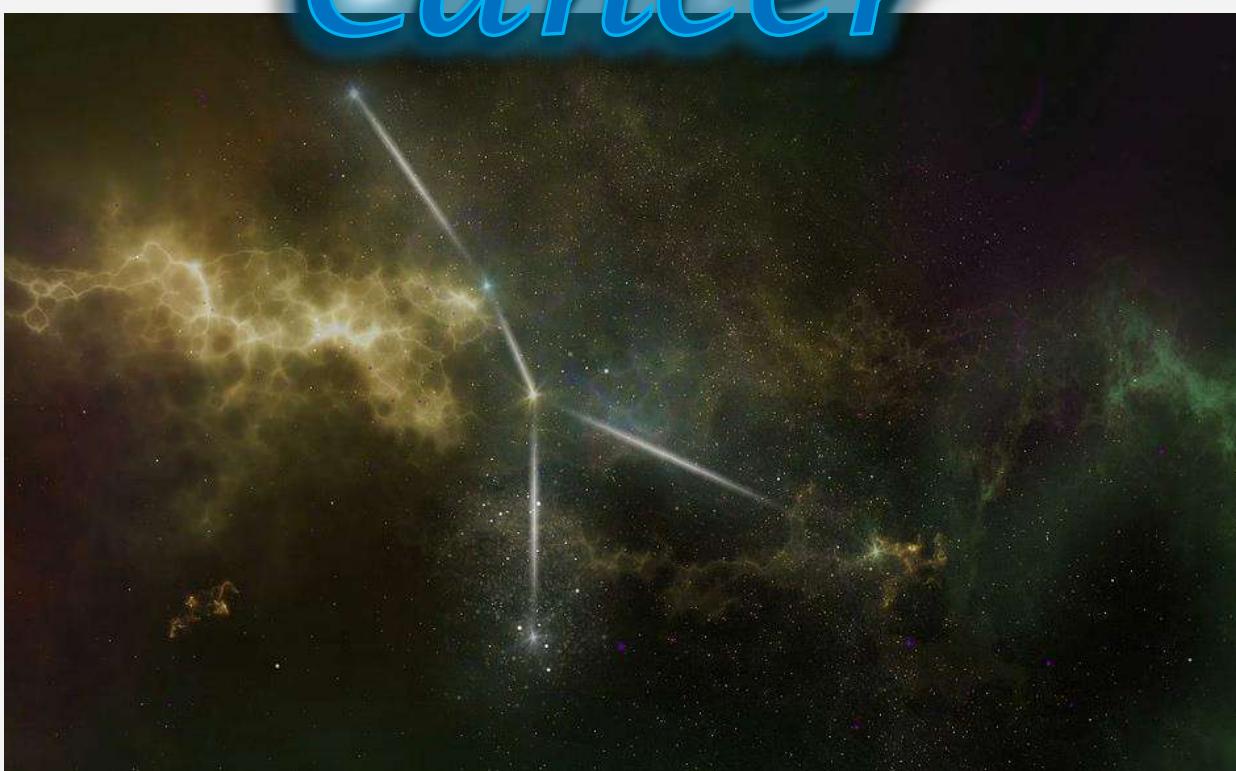
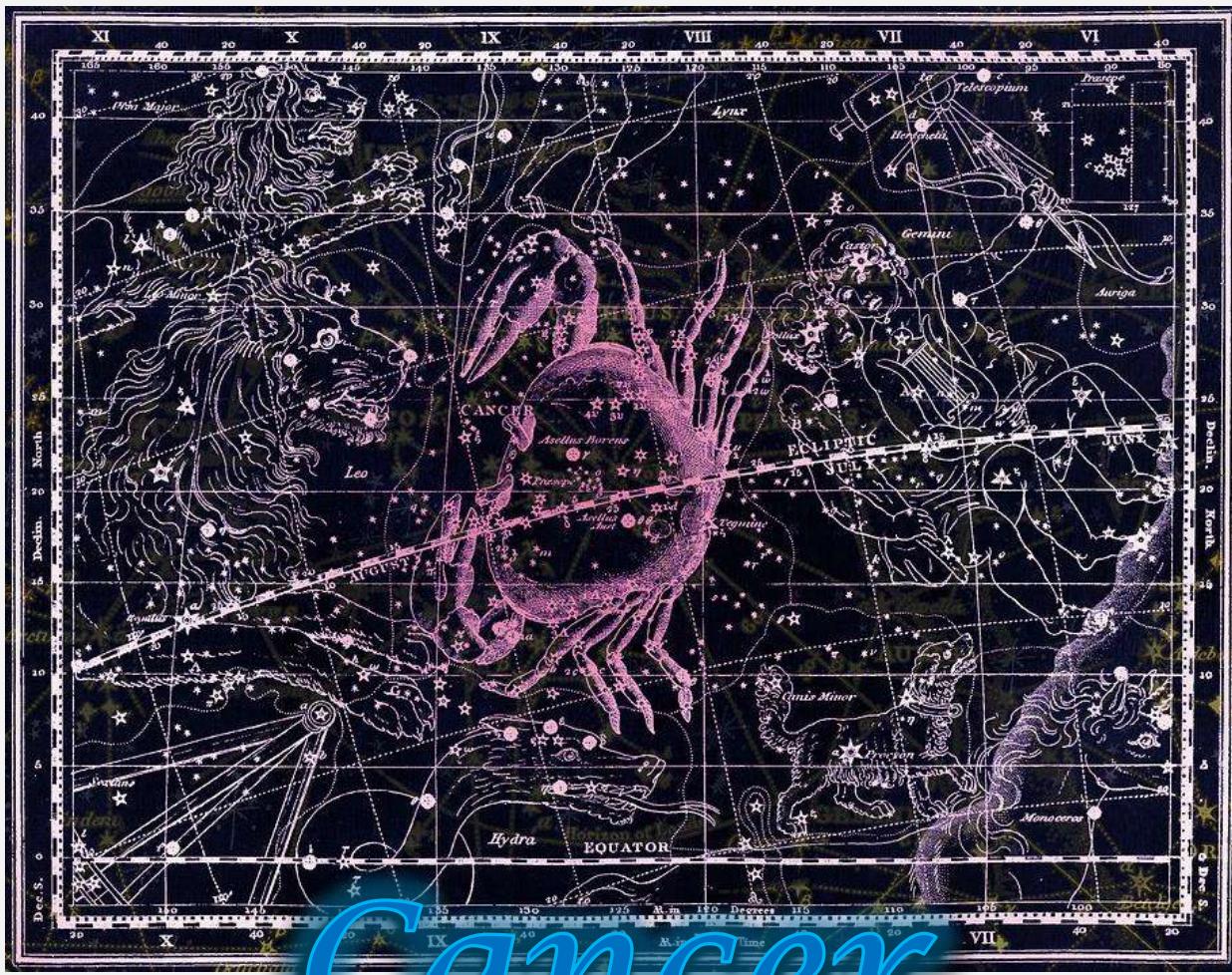
|            |                |           |      |                              |
|------------|----------------|-----------|------|------------------------------|
| Jun 10 '21 | Light & Shadow | Crown     | TZa  | I Am Spiritual Energy        |
| Jun 11 '21 | Soulmate       | Third Eye | TZae | I Am Energy of Thoughts      |
| Jun 12 '21 | Intelligence   | Throat    | TZe  | I Am Energy of Voice         |
| Jun 13 '21 | Twin Flame     | Heart     | TZi  | I Am the Heart's Energy      |
| Jun 14 '21 | Adaptability   | Plexus    | TZi  | I Am Energy of Personality   |
| Jun 15 '21 | Bipolarity     | Sacral    | TZy  | I Am Emotional Energy        |
| Jun 16 '21 | Appearances    | Root      | TZo  | I Am Sexual Energy           |
| Jun 17 '21 | Communion      | Knees     | TZu  | I Am Energy of Manifestation |
| Jun 18 '21 | Excess         | Ankles    | TZü  | I Am Energy of Impulse       |
| Jun 19 '21 | Communication  | Toroid    | TZh  | I Am Eternal Energy          |



### BODY

### 'PRODUCT'

|            |               |           |     |                                      |
|------------|---------------|-----------|-----|--------------------------------------|
| Jun 20 '21 | Ideologies    | Crown     | Ka  | I Am the Product of Mentalism        |
| Jun 21 '21 | Name          | Third Eye | Kae | I Am the Product of Correspondence   |
| Jun 22 '21 | Verb          | Throat    | Ke  | I Am the Product of Vibration        |
| Jun 23 '21 | Mitosis       | Heart     | Ki  | I Am the Product of Rhythm           |
| Jun 24 '21 | Mutations     | Plexus    | Ki  | I Am the Product of Cause and Effect |
| Jun 25 '21 | Networks      | Sacral    | Ky  | I Am the Product of Polarity         |
| Jun 26 '21 | Innovation    | Root      | Ko  | I Am the Product of Gestation        |
| Jun 27 '21 | History       | Knees     | Ku  | I Am the Product of My History       |
| Jun 28 '21 | Society       | Ankles    | Kü  | I Am the Product of My Actions       |
| Jun 29 '21 | Transmutation | Toroid    | Kh  | I Am the Product of Eternity         |





# Month of CANCER

Mantra: "I Feel"

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| <u>Blog Subject</u> | <u>Chakra</u>       | <u>Vibration</u> | <u>Statement &amp; Video Link</u> |                                       |
|---------------------|---------------------|------------------|-----------------------------------|---------------------------------------|
| <b>MIND</b>         |                     |                  | <b>'DREAMER'</b>                  |                                       |
| Jun 30 '21          | Fog                 | Crown            | RHa                               | I Am the Cosmic Dreamer               |
| Jul 01 '21          | Rain                | Third Eye        | RHae                              | I Am the Interdimensional Dreamer     |
| Jul 02 '21          | Streams             | Throat           | RHe                               | I Am the Dreamer of Sounds            |
| Jul 03 '21          | Lake                | Heart            | RHi                               | I Am the Dreamer of Love              |
| Jul 04 '21          | Rivers              | Plexus           | RHí                               | I Am the Dreamer of Dreamers          |
| Jul 05 '21          | Swamp               | Sacral           | RHy                               | I Am the Dreamer of Life              |
| Jul 06 '21          | Bay                 | Root             | RHo                               | I Am the Dreamer and Dream (no video) |
| Jul 07 '21          | Sea                 | Knees            | RHu                               | I Am the Dreamer of Possibilities     |
| Jul 08 '21          | Ocean               | Ankles           | RHü                               | I Am the Dreamer of Worlds            |
| Jul 09 '21          | Subconscious        | Toroid           | RHh                               | I Am the Infinite Dreamer             |
| <b>EMOTION</b>      |                     |                  | <b>'VIBRATION'</b>                |                                       |
| Jul 10 '21          | Seed                | Crown            | Za                                | I Am Universal Vibration              |
| Jul 11 '21          | Fruits              | Third Eye        | Zae                               | I Am Conscious Vibration              |
| Jul 12 '21          | Flower              | Throat           | Ze                                | I Am Resonant Vibration               |
| Jul 13 '21          | Leaves              | Heart            | Zi                                | I Am Heart's Vibration                |
| Jul 14 '21          | Branches            | Plexus           | Zi                                | I Am Vibration of Connections         |
| Jul 15 '21          | Trunk               | Sacral           | Zy                                | I Am Vibration of Matrix              |
| Jul 16 '21          | Roots (Estate)      | Root             | Zo                                | I Am Vibration of Creation            |
| Jul 17 '21          | Tubers              | Knees            | Zu                                | I Am History's Vibration              |
| Jul 18 '21          | Coif (Coping)       | Ankles           | Zü                                | I Am Vibration of Space               |
| Jul 19 '21          | Unconscious         | Toroid           | Zh                                | I Am Eternal Vibration                |
| <b>BODY</b>         |                     |                  | <b>'ROOT'</b>                     |                                       |
| Jul 20 '21          | Universal           | Crown            | Qa                                | I Am the Root of Spirit               |
| Jul 21 '21          | Existential         | Third Eye        | Qae                               | I Am the Root of Consciousness        |
| Jul 22 '21          | Atomic              | Throat           | Qe                                | I Am the Root of Truth                |
| Jul 23 '21          | Elementary/Elements | Heart            | Qi                                | I Am the Root of the Heart            |
| Jul 24 '21          | Mineral             | Plexus           | Qi                                | I Am the Root of Being                |
| Jul 25 '21          | Vegetable           | Sacral           | Qy                                | I Am the Root of Web                  |
| Jul 26 '21          | Animal              | Root             | Qo                                | I Am the Root of the World            |
| Jul 27 '21          | Human               | Knees            | Qu                                | I Am the Root of Time                 |
| Jul 28 '21          | Divine              | Ankles           | Qü                                | I Am the Root of Space                |
| Jul 29 '21          | Conscious (Aware)   | Toroid           | Qh                                | I Am the Eternal Root                 |

# "Path to II:II" - 22 Short Alignments

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| <u>Symbol &amp; Letter</u>   | <u>Mantra</u>                    | <u>Intention</u>   |
|--|----------------------------------|--|
| 1  O  | Root<br><a href="#">LAM</a>      | I Am the Roots that shape the Earth.   |
| 2  Y  | Sacral<br><a href="#">VAM</a>    | I Am the Flow of Water that nourishes the Creation.                                    |
| 3  Ī  | Plexus<br><a href="#">RAM</a>    | I Am the Inner Fire that ignites the Being.  |
| 4  I  | Heart<br><a href="#">YAM</a>     | I Am the Heart that connects the world.<br>(Special Broadcast Connection - in Spanish) |
| 5  E  | Throat<br><a href="#">HAM</a>    | I Am the Voice that expands all Truth.   |
| 6  Æ  | Third Eye<br><a href="#">AUM</a> | I Am the Contemplation of the Consciousness network.                                   |
| 7  A  | Crown<br><a href="#">OM</a>      | I Am the Coronation of the planetary network.  |
| <a href="#"><b>*Seven alignments all-in-one video</b></a>                              |                                  |  |
| 8     | <a href="#">MHS</a>              | I Am the Portals between all Spaces and all Times.                                     |
| 9     | <a href="#">YBHTH</a>            | I Am who goes through all Dimensions to Transcend.                                     |
| 10   | <a href="#">GRKH</a>             | I Am the Universe and the Creator Mind.  |
| 11  | <a href="#">NPHSS</a>            | I Am who takes the Breath of Faith to Jump to all Paths.                               |
| 12  | <a href="#">LLBDH</a>            | I Am who Elevates every being's Home to Eternal.                                       |
| 13  | <a href="#">WRRK</a>             | I Am the Origin of the Force of all Existing Things.                                   |
| 14  | <a href="#">NHFSH</a>            | I Am who Unconditionally Gives the Flow of Evolution.                                  |
| 15  | <a href="#">LPD</a>              | I Am the Voice that Awakens all Entities' Will.  |
| 16  | <a href="#">XTZKK</a>            | I Am the Spiral of Energy that Connects all realities.                                 |
| 17  | <a href="#">ÑVCH</a>             | I Am who Impulses the Constant Change through Creation and Destruction.                |
| 18  | <a href="#">LHPBT</a>            | I Am who Nourishes all Realities with all the divine Food.                             |
| 19  | <a href="#">RHZQ</a>             | I Am the Dreamer that Resounds in all Levels, manifesting its Dreams.                  |
| 20 Spirit  | H                                | I Am the Divine Inspiration.   |
| 21 Soul  | H                                | I Am the Cosmic Contemplation.   |
| 22 Body  | H                                | I Am the Universal Manifestation.  |

## Sounds & Themes for Alignment

| <u>Month</u> | <u>Mantra</u> | Mind |           | Emotion |               | Body |               |
|--------------|---------------|------|-----------|---------|---------------|------|---------------|
| LEO          | I Can         | M    | PORTAL    | H       | LIFE          | S    | PATH          |
| VIRGO        | I Analyze     | N    | EMISSARY  | PH      | SPARK         | SS   | GRID          |
| LIBRA        | I Balance     | NH   | DESTINY   | F       | FLUX          | SH   | EVOLUTION     |
| SCORPIO      | I Desire      | Ñ    | EXPANSION | V       | TRANSMUTATION | CH   | EMPTINESS     |
| SAGITTARIUS  | I See         | Y    | DIMENSION | BH      | LEGACY        | TH   | CELESTIAL     |
| CAPRICORN    | I Use         | LL   | STAIR     | B       | HOME          | DH   | ESSENCE       |
| AQUARIUS     | I Know        | L    | WORD      | PB      | NOURISHMENT   | D    | BALANCE       |
| PISCES       | I Believe     | LH   | LOVE      | P       | WILL          | T    | MANIFESTATION |
| ARIES        | I Am          | G    | VISION    | R       | WISDOM        | KH   | DESIGNER      |
| TAURUS       | I Have        | W    | ORIGIN    | RR      | GUARDIAN      | KK   | CHANNEL       |
| GEMINI       | I Think       | X    | SPIRAL    | TZ      | ENERGY        | K    | PRODUCT       |
| CANCER       | I Feel        | RH   | DREAMER   | Z       | VIBRATION     | Q    | ROOT          |

| Crown | Third Eye | Throat | Heart | Plexus | Sacral | Root | Knees | Ankles | Toroid |
|-------|-----------|--------|-------|--------|--------|------|-------|--------|--------|
| a     | ae        | e      | i     | ii     | y      | o    | u     | ü      | h      |

### Bonus Materials:

The 12 Organ Systems

YOSOY 22022022

We are Fundación Arsayan

YOSOY The purpose of the trip

4 KEYS ACTIVATION

FB 365 Days Yosoy Program (- transcripts plus)

FB Yosoy Meditations (- daily alignments English edition)

✿ I would love your suggestions for more materials to be added here. Thanks!

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