### 1 - Construction of the matrices

Each matrix represents the Jacobian matrix of an unspecified dynamical system evaluated at a feasible (i.e., where all species have positive densities) equilibrium point for the system. The feasibility of the equilibrium is postulated, as in other similar studies<sup>1-4</sup>, as unfeasible systems are clearly not ecologically interesting. Here we detail how these matrices were constructed. In all cases, the parameters are: S, number of species, C, desired level of connectance, -d, value of the diagonal coefficients (d > 0),  $\sigma$ , the standard deviation of the random variable X from which the coefficients  $M_{ij}$  take value. In the construction algorithms, we use the normal distribution case  $(X \sim N(0, \sigma^2))$  as an example. The algorithms can accommodate different distributions, such as those examined in the main text and in the section 4 of the SI.

### 1.1 - Random Matrices

In the random case, we construct the matrices in the following way: i) For each off-diagonal coefficient  $M_{ij,i\neq j}$ , we draw a random value p from a uniform distribution U[0,1]. ii) If the value is  $p \leq C$ , we set coefficient  $M_{ij}$  by sampling it from  $N(0,\sigma^2)$ . iii) Otherwise (p > C),  $M_{ij} = 0$ . iv) All diagonal terms,  $M_{ii}$ , are set to -d.

These matrices, for large S, generate a precise mixture of interaction types, with predator-prey interactions being represented twice as frequently as mutualistic or competitive ones (Table S1).

# 1.2 - Predator-Prey Matrices

In the predator-prey case, i) For each pair of interactions  $(M_{ij}, M_{ji})_{i>j}$ , we draw a random value  $p_1$  from a uniform distribution U[0,1]. ii) If  $p_1 \leq C$ , we draw a second random value  $p_2$  from U[0,1]. iii) If  $p_2 \leq 0.5$ , we draw  $M_{ij}$  from a half-normal distribution  $|N(0,\sigma^2)|$  and  $M_{ji}$  from a negative half-normal  $-|N(0,\sigma^2)|$ , while if  $p_2 > 0.5$  we do the opposite. iv) If  $p_1 > C$ , we assign 0 to both  $M_{ij}$  and  $M_{ji}$ . v) All diagonal terms,  $M_{ii}$ , are set to -d.

## 1.3 - Mixture of Competition and Mutualism Matrices

i) For each pair of interactions  $(M_{ij}, M_{ji})_{i>j}$ , we draw a random value  $p_1$  from a uniform distribution U[0,1]. ii) If  $p_1 \leq C$ , we draw a second random value  $p_2$  from U[0,1]. iii) If  $p_2 \leq 0.5$ , we draw  $M_{ij}$  and  $M_{ji}$  independently from a half-normal distribution  $|N(0,\sigma^2)|$ , while if  $p_2 > 0.5$  we draw them from a negative half normal distribution  $-|N(0,\sigma^2)|$ . iv) If  $p_1 > C$ , we assign 0 to both  $M_{ij}$  and  $M_{ji}$ . v) All diagonal terms,  $M_{ii}$ , are set to -d.

## 1.4 - Mutualistic Matrices

i) For each pair of interactions  $(M_{ij}, M_{ji})_{i>j}$ , we draw a random value p from a uniform distribution U[0,1]. ii) If  $p \leq C$ , we draw  $M_{ij}$  and  $M_{ji}$  independently from a half-normal distribution  $|N(0,\sigma^2)|$ . iii) If p > C, we assign 0 to both  $M_{ij}$  and  $M_{ji}$ . iv) All diagonal terms,  $M_{ii}$ , are set to -d.