

CPR

MOUTH-TO-MOUTH RESUSCITATION

1

Emergency Breathing For Victim With Failed Respiration

1 UNCONSCIOUS OR NOT?

Jiggle/Shout/Slap



2 SHOUT FOR HELP

Send bystander (if any) for ambulance



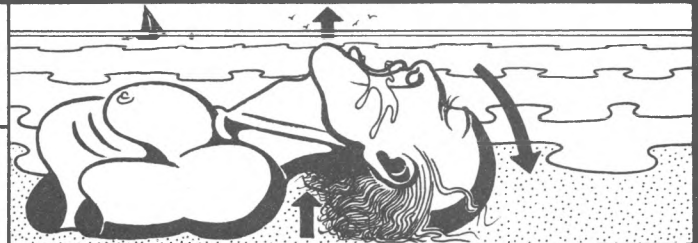
3 ROLL VICTIM ONTO BACK

Note victim must be on hard surface for heart massage



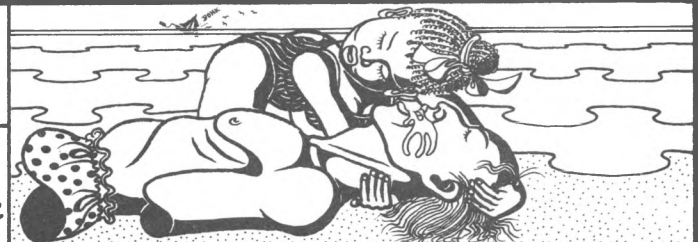
4 OPEN AIRWAY

Lift back of neck, tilt head back, pull chin up, check throat, clear



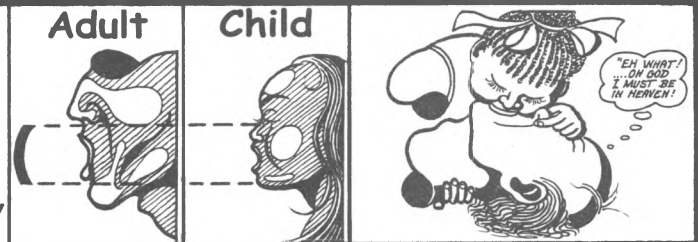
5 BREATHING OR NOT?

Listen close, feel for breath on your cheek, watch for chest move



6 GIVE 4 QUICK BREATHS (WATCH CHEST RISE)

Adult: mouth to mouth, pinch nose with fingers
Child: mouth to nose & mouth & gently



7 PULSE BEAT OR NOT?

Check with fingers here whilst continuing mouth-to-mouth at normal rate.



IF NOT, TURN OVER

