







Route Information

Route Name Uni-AbbeyFields

Route Summary

Total Distance	6.64 km (4.13 mi)		
Elevation	72 m (235 ft) at lowest point	Walk	1h 25 min
	92 m (302 ft) at highest point	Run	42 min
Total Ascent	62.7 m	Cycle	27 min

Elevation Profile

