



PRESENT PERFECT CONTINUOUS

WHEN TO USE?

We use the **Present Perfect Continuous** to talk about actions happening over a period of time. We use it to:

- * Actions that started in the past and are still continuing.
- * Actions that have recently stopped, but the result is still relevant.
- * Actions that have been happening repeatedly over a period of time.

EXAMPLES

- * **ONGOING ACTION:** She has been studying for two hours.
- * **RECENT ACTION:** They have been painting the house recently.
- * **REPEATED ACTION:** He has been training every day this week.

FORMATION:

I
You have been eating
We
They

He
She has been eating lunch.
It

NEGATIVE FORM:

I

You

We

They

haven't

been

eating

He

She

It

hasn't

been

eating lunch.

INTERROGATIVE FORM:

Have I
You
We
They
been eating?

Has He
She
It
been eating lunch?