



Differences in Approach to Work

E&D

Workplace Values Across Generations



**Co-funded by
the European Union**

Partners



This work is licensed under CC BY-SA 4.0. To view a copy of this license, visit
<https://creativecommons.org/licenses/by-sa/4.0/>



Workplace Values Across Generations

Introduction

Values, in this context, can be defined as core beliefs regarding what matters in the workplace — such as respect, independence, security, recognition, balance, and innovation. Various generations may place different levels of importance on these values. When values conflict, either overtly or subtly, it can negatively impact teamwork, employee retention, and overall satisfaction. However, by acknowledging these differences, organizations can tailor their job design, culture, and expectations to better accommodate diverse value systems.

Content

Workplace values represent the guiding principles and priorities that influence how individuals make choices, engage with peers, and assess the organizational culture. They affect employees' views on fairness, authority, recognition, and collaboration. When values are aligned, teams typically experience enhanced trust, unity, and productivity; however, when values conflict, misunderstandings and disputes may occur. This is especially relevant in environments where multiple generations work together, each shaped by distinct historical and cultural backgrounds.

Baby Boomers, born between 1946 and 1964, entered the job market during a time of post-war recovery, economic expansion, and social change. Many developed a profound sense of loyalty and duty to their employers, viewing long-term commitment as a sign of personal integrity. For Boomers, work often became intricately tied to their identity and legacy. They generally prioritize respect for authority and acknowledgment of experience, often preferring structured organizations with well-defined responsibilities. While some stereotypes paint Boomers as resistant to change or technology, studies reveal they are more adaptable than commonly believed, especially when provided with proper training. They flourish in environments where their contributions receive formal recognition, their expertise is appreciated, and their roles remain significant in shaping their organizations' futures.

Generation X, born from 1965 to 1980, came of age during periods of economic uncertainty, corporate layoffs, and evolving family structures, including an increase in dual-income households. Consequently, they often adopted a self-reliant and practical attitude toward work. In contrast to Boomers, who may associate commitment with long hours or job security, Gen X tends to define loyalty in terms of equitable and sustainable working conditions. They emphasize independence, flexibility, and work-life balance, feeling comfortable in more informal workplace settings. Having seen institutions fail, they often harbour scepticism toward authority and place greater emphasis on competence and accountability. Gen X workers transition smoothly to technological advances, as they experienced the shift from analogue to digital. Contrary to being labelled disengaged, as they are sometimes characterized, many Gen X professionals serve as stabilizers and mediators



between older and younger co-workers, leveraging their adaptability and independence to reconcile differing work cultures.

Millennials, also known as Generation Y, are those born from 1981 to 1996 and grew up amid globalization, swift technological progress, and an increase in higher education. Their values prominently feature a commitment to inclusion, individual growth, and purposeful work. Millennials are frequently described as desiring meaningful careers; they seek employment with organizations that resonate with their personal and social principles, such as diversity, sustainability, and ethical integrity. They expect ongoing learning opportunities and clear pathways for career advancement. In contrast to Baby Boomers, who often hold traditional hierarchies in esteem, Millennials favour flatter organizational structures and collaborative settings where their opinions are recognized. They appreciate feedback and acknowledgment but prefer constructive guidance and motivation over strict performance assessments. Their adaptability and team-oriented nature have transformed many workplaces, leading to the adoption of hybrid work models, flexible work hours, and missions based on core values. Although they sometimes face accusations of being disloyal or prone to job-hopping, studies indicate that Millennials remain dedicated when their aspirations for growth and purpose are fulfilled.

Generation Z, born between 1997 and 2012, represents the first cohort of genuine digital natives. For them, technology is seamlessly integrated into everyday life rather than merely an additional tool, and they anticipate that their workplaces mirror this integration. Their perspective has been influenced by economic downturns, discussions about climate change, social movements, and the COVID-19 pandemic. These factors have fostered values that prioritize adaptability, honesty, and mental health. Gen Z expects flexibility in how, where, and when they work, viewing it as an essential right rather than a luxury. They are realistic about job stability but still seek opportunities for advancement and equity. They are deeply concerned with personal values, sustainability, and ethical considerations, often opting for employers whose values align with their own. While stereotypes may depict them as entitled or excessively dependent on digital tools, research reveals they possess resilience, hold innovative viewpoints, and have a strong desire to learn. They respond particularly well to transparent leadership, open channels of communication, and chances for mentorship.

Despite the varying priorities of each generation, there are noteworthy overlaps. Respect is a consistently valued principle across all groups, though it manifests differently. Collaboration is universally recognized as essential, albeit with varying preferred approaches across generations. Supportive settings where individuals feel valued, trusted, and capable of growth remain universally significant. Misinterpretations often stem from differences in emphasis rather than fundamentally conflicting values. For example, a Baby Boomer might perceive loyalty as enduring service to a single company, while a Millennial might interpret it as commitment to meaningful endeavours, regardless of the employer. Both viewpoints demonstrate commitment but are expressed differently.



For organizations, these insights have serious consequences. Without recognizing generational values, leaders may misread behaviours and perpetuate stereotypes. For instance, a younger employee's request for flexible work hours might be mistakenly seen as a lack of commitment rather than a pursuit of sustainable productivity. On the other hand, an older employee's preference for formal communication might be misconstrued as inflexibility instead of professionalism. To bridge these divides, leaders should foster open communication, create policies that honour both tradition and innovation, and promote practices such as intergenerational mentoring, where expertise and fresh ideas work together.

In conclusion, workplace values are influenced by generational identities and life stages. Baby Boomers underscore loyalty and acknowledgment, Generation X focuses on independence and justice, Millennials emphasize development and meaning, while Generation Z highlights transparency and wellness. Nevertheless, all generations share a common need for respect, teamwork, and nurturing environments. By acknowledging these shared values while respecting differences, organizations can build stronger, more resilient teams that leverage diverse values as a powerful source of success.

Summary description of each generation's values from our research and from external sources

Generation	Core Work Values / Priorities
Baby Boomers (approx. born 1946–1964)	Dedication, stability in employment, appreciation for the chain of command, acknowledgment of expertise, responsibility, honour/status, and the intrinsic joy found in contributing to work. Members of the Boomer generation typically hold traditional values, favour organized settings, and prefer well-defined lines of authority. They might perceive their job as a crucial part of their identity. External incentives and acknowledgment, such as titles and status, carry significant importance for them.
Generation X (born ~1965–1980)	Freedom, adaptability, and maintaining a balance between work and personal life. Comfortable with transformation, for instance, observed advancements in technology. Appreciate independence, a



	casual approach, and self-sufficiency. Generally doubtful of “company loyalty” yet anticipate fairness. Additionally, cherish stability, but may prioritize sustainable working environments over job security.
Millennials (Gen Y) (born ~1981–1996)	Expansion, open to constructive criticism, and a feeling of purpose and significance. A longing for ongoing education and personal growth. Appreciate diversity, inclusivity, and adaptability. Seek employment that resonates with individual values. Favour less hierarchical structures. Appreciate acknowledgment, a nurturing atmosphere, and effective leadership. They might anticipate more regular feedback and show less patience for strict hierarchies.
Generation Z (born ~1997–2012)	Digital natives prioritize the integration of technology, as well as flexibility in their work schedules and locations. They value autonomy, continuous learning, and quick results. They strongly emphasize purpose and ethical considerations. Many seek regular feedback and appreciate transparency. Additionally, numerous Gen Z individuals express worries about job security due to economic unpredictability, mental health, and maintaining a work-life balance. They tend to prioritize their personal values and sustainability more than previous generations.



Generational Cards



Differences in Approach to Work

Workplace Values Across Generations

Generation: **Gen Z**

The Stereotype

Gen Z is often depicted as restless, fixated on technology, and hesitant to adhere to traditional workplace standards. They face criticism for insisting on excessive flexibility and exhibiting a lack of resilience. This characterization fails to recognize their practicality, capacity for adaptation, and deep commitment to equity, openness, and personal wellbeing in their work environments.

Research Findings

Studies show that Gen Z values openness, adaptability, and mental well-being. As digital natives who are adept with technology, they also desire mentorship and personal connections. Although job security is important, they want it to be accompanied by flexibility and a connection to their core beliefs. They tend to lose interest when organizations do not provide transparency or equity.

Strategies and Practical Advice

In a marketing agency, Gen Z staff received support through a combination of daily communications on Slack for their tasks and weekly face-to-face mentoring sessions. This blended strategy enabled them to leverage digital tools effectively while also receiving personalized guidance, thereby enhancing both their engagement and performance.





Differences in Approach to Work

Workplace Values Across Generations

Generation: Millennials

The Stereotype

Many people characterize Millennials as entitled job-hoppers who are reluctant to commit to a single employer and are focused solely on perks or immediate rewards. They are perceived as being overly reliant on feedback and requesting excessive flexibility. This stereotype overlooks their deep dedication to pursuing meaningful work, fostering inclusion, and engaging in purpose-driven careers that resonate with their personal values.

Research Findings

Research indicates that Millennials prioritize ongoing education, diversity, and empowering leadership. They look for meaningful work and inclusivity, favoring less rigid organizational structures and teamwork-oriented environments. Studies reveal that they anticipate frequent feedback and a connection between their personal beliefs and the goals of the organization, leading to higher engagement in socially responsible companies.

Strategies and Practical Advice

Millennials excel in environments that offer chances for advancement, encouraging mentorship, and openness. Companies should promote honest communication and align corporate objectives with social or environmental missions. Providing distinct career paths, continuous learning, and inclusive environments enhances their enthusiasm and commitment.





Differences in Approach to Work

Workplace Values Across Generations

Generation: **Gen X**

The Stereotype

Generation X is often viewed as disillusioned and aloof, shying away from loyalty to their employers and favoring independent work. They are frequently characterized as doubtful of authority, reluctant to make commitments, and less involved in collaborative efforts. Although they do appreciate independence, this perception overlooks their flexibility and practical mindset in finding a balance between structure and autonomy.

Research Findings

Studies indicate that Generation X prioritizes independence, equity, and a balance between work and personal life. Due to experiencing corporate layoffs during their formative years, they are often self-sufficient and wary of making excessive commitments to employers. Nevertheless, they are capable of adjusting to both conventional structures and contemporary collaborative environments, succeeding in settings that merge autonomy with fairness and openness.

Strategies and Practical Advice

Organizations can assist Gen X by offering flexibility, acknowledging their contributions appropriately, and presenting avenues for advancement. Having clear objectives alongside independence enables them to work efficiently. They are adept at connecting different generations, as they can comprehend established norms while accepting modern collaborative and digital methods.





Differences in Approach to Work

Workplace Values Across Generations

Generation: **Babyboomers**

The Stereotype

Baby Boomers are frequently depicted as excessively committed to their jobs, associating extended hours with loyalty and showing resistance to flexibility or change. This characterization shows them as inflexible traditionalists clinging to outdated ways. In truth, Boomers have experienced swift cultural and technological transformations and have consistently demonstrated their capacity to adjust to new circumstances when provided with respectful assistance.

Research Findings

Studies indicate that Baby Boomers prioritize loyalty, respect, and acknowledgment. They perceive their work as a component of their personal identity and are driven by the desire to make significant contributions. They are inclined towards organized settings and value the trust placed in them to handle responsibilities. Research also reveals that they can adapt to digital transformation successfully, provided they receive clear instructions and adequate support systems.

Strategies and Practical Advice

To maintain the interest of Boomers, organizations ought to acknowledge their longstanding contributions and furnish structured training on new technologies. Engaging them in mentorship allows them to share their expertise and feel appreciated. Positions that highlight their institutional knowledge, strategic advisory roles, and recognition initiatives support ongoing motivation and inclusion.





Key takeaways

- The values, motivations, and work styles of different generations are influenced by the social, economic, and technological environments they experienced while growing up.
- Baby Boomers offer loyalty, stability, and a wealth of experience; Generation X brings independence and practicality; Millennials focus on growth, inclusivity, and meaningful engagement; and Generation Z values transparency, flexibility, and well-being.
- Regardless of stereotypes, individuals from every generation can adapt and succeed when they are supported by environments that promote inclusivity and respect.
- Motivation tends to be highest across generations when there is recognition, fairness, opportunities for development, and open communication; conversely, demotivation can occur when contributions are overlooked, autonomy is limited, or core values are not aligned.
- Collaboration styles vary, older generations typically favour formal, structured communication, while younger generations lean towards flexible, digital, and feedback-oriented methods. When these differing preferences clash, misunderstandings can arise, but they can be addressed through open dialogue, clarity, and mutual respect.
- Strategies such as reverse mentoring, hybrid work arrangements, and multigenerational team designs are effective for closing generational gaps. These methods allow generations to gain insights from one another and turn their differences into collaborative strengths.
- Throughout all generations, shared values like respect, fairness, and teamwork remain essential. By acknowledging both the distinctions and commonalities, organizations can cultivate trust, engagement, and resilience within multigenerational teams.
- Leaders have a vital responsibility in harmonizing diverse values and preferences, ensuring that motivation and collaboration are reinforced through inclusive practices rather than being hindered by stereotypes.



Sources

- Costanza, D. P., Badger, J. M., Fraser, R. L., Severt, J. B., & Gade, P. A. (2012). Generational differences in work-related attitudes: A meta-analysis. *Journal of Business and Psychology*, 27(4), 375–394.
- Deal, J. J. (2007). *Retiring the Generation Gap: How Employees Young and Old Can Find Common Ground*. Jossey-Bass.
- Deloitte. (2023). *Global Gen Z and Millennial Survey*. Deloitte Insights.
- Harvard Business Publishing. (2020). *Unlocking the Benefits of Multigenerational Workforces*. Harvard Business Review.
- Kinger, N., & Kumar, S. (2023). Generational differences in work values in the workplace. *Folia Oeconomica Stetinensia*, 23(1), 65–83.
- Lyons, S. T., Urick, M., Kuron, L. K. J., & Schweitzer, L. (2015). Generational differences in the workplace: A review of the evidence and directions for future research. *Journal of Organizational Behavior*, 36(S1), S139–S157.
- McKinsey & Company. (2021). *Defining the future of work for Generation Z*. McKinsey Research Report.
- Ng, E. S., Lyons, S. T., & Schweitzer, L. (2017). *Managing the New Workforce: International Perspectives on the Millennial Generation*. Edward Elgar Publishing.
- Pew Research Center. (2019). *Millennials overtake Baby Boomers as America's largest generation*. Pew Research Center Report.
- Pew Research Center. (2019). *iGen: Why today's super-connected kids are growing up less rebellious*. Pew Research Center Report.
- PerformDev. (2020). *Managing and Motivating Across Generations*. Performance Development Group.
- She AWS. (2024). *What Motivates Different Generations?* She AWS Insights.
- Stiglbauer, B. (2022). Work values across generations: Development of the New Work Values Inventory. *Frontiers in Psychology*, 13, 843219.
- Twenge, J. M. (2010). A review of the empirical evidence on generational differences in work attitudes. *Journal of Business and Psychology*, 25(2), 201–210.
- Twenge, J. M. (2017). *iGen: Why Today's Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy—and Completely Unprepared for Adulthood*. Atria Books.
- “Different Motivations for Different Generations of Workers.” (2023). *Workplace Psychology Review*.
- “The Motivating Factors of a Multigenerational Workplace.” (2025). *Journal of Organizational Research*.
- “What Motivates Gen Z in the Workplace.” (2023). *Future of Work Insights*.