

# New noise log detailing everything heard as advised by WDH on the 15th

*Everything logged is heard over our TV and computers.*

## [Day 3]

### Key

- Very loud & Stressful
- noisy, stressful after extended time
- Acceptable noise

The day started with lodes of banging, stomping around and making things down here unliveable as always lately, and my brother and sister aren't going to be coming down for a bit due to the noise and are now waiting until it's resolved. towards the end of the day, it got quitter, were assumed they received their letter and we were going to start seeing improvement, however that didn't last long as detailed in the upcoming days.

Waking up in bad moods almost every day because of all the noise, always feeling stressed, not able to concentrate on anything. Going out shopping when we don't need to just to not have to listen to it, family don't want to come here anymore. None of us are happy in this flat because of them.

And when they aren't being noisy which is very rare, were stressing about them going to be banging again, because they always do every single day and there's always several people in at once.

12:30	Stomping around woke us up after not being able to sleep until 6am
12:49	Stomping around
12:55	Loud walking around
12:59	Stomping all over place shaking things
13:02	More stomping
13:03	Running
13:04	Stomping again, shaking things again
13:05	Loud walking around
13:06	Loud walking, talking
13:15	Slamming doors, stomping around
13:16	Dragging sounds
Been up just over half hour and its too stressful so were going for a big walk	
18:20	Got back from a big walk into Pontefract town centre and feeling a little less stressed, walked in and it sounds like upstairs aren't home so it's quite, however my brother and sister have talked with me earlier today and explained they don't want to come down this week because it's loud and understandably annoys them, so we're going back out to get them some shopping for the week as they come here for dinner most days, I really hope this is going to get better soon, we're missing voluntary work opportunity's, losing out on time with family, getting very little done overall and hardly sleeping, in the last 3 days all we've eaten is a meatball sub we picked up at Aldi, our emotions are all over the place. Everything seems to have gotten so bad it just feels like a long nightmare we can't wake up from.
18:30	Came stomping into the house, slammed door and walked upstairs loudly, walked around loudly
18:32	banging
18:34	Walking around
Went to supermarket to pickup some shopping for brother & sister to eat over the week.	
20:25	Came home to some peace and quiet, which is rare these days, guessing they received the letter?
20:31	Walking around
20:55	Light walking around
21:16	Walking around
21:32	Light talking & laughing
21:39	Dog walking around
21:43	Light bangs
21:50	Walking around
22:02	Talking
22:06	Dog walking around
22:35	Talking
22:37	Walking
22:50	Talking
23:13	Walking
23:15	Walking around

<b>23:19</b>	Dog walking around
<b>23:23</b>	Dog balking (20s) (Not red because not too much noise for once)
<b>23:25</b>	Light bangs
<b>23:34</b>	Dog walking, talking
<b>23:49</b>	Light bangs
<b>23:54</b>	Walking
<b>23:58</b>	Walking, light bang
<b>00:01</b>	walking
<b>00:05</b>	Dog walking around
<b>00:13</b>	Walking around
<b>00:31</b>	walking
<b>00:33</b>	Light Bang
<b>00:34</b>	Dog running around
<b>00:37</b>	Walking
<b>00:39</b>	Talking, Dog walking around
<b>00:47</b>	Talking
<b>01:01</b>	Talking
<b>01:19</b>	Talking
<b>01:48</b>	Dog walking around
<b>01:49</b>	Light bangs
<b>02:02</b>	Dog walking
<b>02:03</b>	Light banging
<b>02:24</b>	Walking around
<b>03:12</b>	Light banging, possibly the dog