Report against upstairs neighbours (in number 14)

We are experiencing a serious noise problem from the flat above us (number 14). They often make loud noises such as banging and stomping after midnight, which disturbs our sleep and causes us a lot of stress. We have reported this issue to WDH who passed us onto the Environmental Health agency and we are collecting audio evidence for our case.

Tonight, we went to bed around 12:15am and we were woken up by them before it even got to 1am. I got up to record some of the noises they were making. This has been going on for months, ever since we moved in here. The noise is so bad that some of our family and friends don't want to visit us anymore, including my brother & sister. at one point my brother walked home at around 2am one time because he was at collage later that day and couldn't sleep

We have tried to communicate with them politely via a letter and explain that my partner has two heart conditions that require a calm and quiet environment, so she cannot be stressed or scared. However, they have ignored our request and continued to make our lives here miserable.

We've also attempted to talk to them directly in the past at their door on multiple occasions when they're being very loud, playing music between 1am – 6am. However, they never answer the door, on one occasion there was 2 of them looking at us through a window and just completely ignored us, and we've been extremely parent throughout this. We can't even sleep anymore without taking 50mg Amitriptyline tablets for the stress, another example of how there noise has caused us problems in the past would be that I was meant to be getting a job at Airedale Computers after over 10 years volunteering, but because I was being kept awake all night I was unable to get in on time and so the job I was working towards was given to someone else.

After an hour of enduring lots of random stomps and bangs, and trying not to let my partner get too stressed I banged back, it was after they did 3 huge bangs that literally shook the flat followed by walking and another huge bang, I just got overloaded with stress and punched the celling, they banged back and so did I, next thing the guy upstairs was stomping down stairs, punching and banging on our door threatening, kicking it, throwing a chair at it, trying to brake an entry into our flat to beat me up whilst shouting lots of random abuse.. as you can imagen due to the amount of stress I was already in, I shouted "f**k off at him, and sent some abuse back, responding unprofessionally myself.

This is because he was keeping us up already banging, again, and then punching at our door, kicking it, shoulder barging it, trying to break an entry threatening us and damaging our property. All whilst my partner could have literally had a heart attack.

My partner advised me not to open the door or confront him. So, I waited until he left and then called 101

Noted Damages:

- *1x Green Garden Chair, valued at £25, smashed up trying to force it through the door
- *some black Insulation strip stuff inside the door frame has come loose and the whole door frame is now unstable compared to how it was