

$$\frac{d}{dx} \sin x = \cos x \quad \frac{d}{dx} \cos x = -\sin x$$

$$\frac{d}{dx} \tan x = \sec^2 x \quad \frac{d}{dx} \cot x = -\csc^2 x$$

$$\frac{d}{dx} \sec x = \sec x \tan x \quad \frac{d}{dx} \csc x = -\csc x \cot x$$

Pythagorean  $\sin^2 x + \cos^2 x = 1$  etc. ..

Double angle formulas:  $\cos 2x = \cos^2 x - \sin^2 x$

$$\cos 2x = 2\cos^2 x - 1 \quad (1)$$

$$\cos 2x = 1 - 2\sin^2 x \quad (2)$$

Power Reduction formulas

(1) Solve for  $\cos^2 x$   $\cos^2 x = \frac{1 + \cos 2x}{2}$  ←

(2) Solve for  $\sin^2 x$   $\sin^2 x = \frac{1 - \cos 2x}{2}$

Simple example: Evaluate

$$\int \sin^4 x \cos x \, dx \quad = du$$

$$u = \sin x \quad du = \cos x \, dx$$

$$\int u^4 \, du = \frac{1}{5} u^5 + C$$

$$\int \sin^4 x \cos x \, dx = \frac{1}{5} \sin^5 x + C$$

**CHAPTER 6. TECHNIQUES OF INTEGRATION.**  
**Section 6.2. Trigonometric Integrals and Substitutions..**

• **Trigonometric Integrals.**

1. Integrals of the form  $\int \sin^m x \cos^n x \, dx$  where  $m$  and  $n$  are positive integers.

Consider the following example:  $\int \sin^6 x \cos^3 x \, dx$ . We can write  $\cos^3 x = \cos^2 x \cos x$ . We also know that  $\cos^2 x = 1 - \sin^2 x$ . So, the above integral can be written as

$$\int \sin^6 x \cos x \, dx$$

Then we can make the simple  $u$  substitution  $u = \sin x$  and  $du = \cos x \, dx$ . The resulting integral is the integral of a polynomial. So,

$$\int \sin^6 x \cos^3 x \, dx = \int \sin^5 x \cos^2 x \cos x \, dx = \int u^5 (1 - u^2)^2 du$$

What conjecture can be made?

- If the power of cosine is *odd*, isolate a factor of cosine, use  $\sin^2 x + \cos^2 x = 1$ , and substitute  $u = \sin x$ .
- If the power of sine is *odd*, isolate a factor of sine, use  $\sin^2 x + \cos^2 x = 1$ , and substitute  $u = \cos x$ .
- If the power of both cosine and sine is *odd*, we can isolate either a factor of cosine or sine, use  $\sin^2 x + \cos^2 x = 1$ , and substitute  $u = \sin x$  or  $u = \cos x$ .
- If the power of both cosine and sine is *even*, here we have to use the half angle identities

$$\sin^2 x = \frac{1 - \cos 2x}{2}, \quad \cos^2 x = \frac{1 + \cos 2x}{2}$$

as shown in the next example.

**Example:** Evaluate  $\int \sin^2 x \cos^2 x \, dx$

$$\int \sin^6 x \cos^3 x dx = \int \sin^6 x \underbrace{\cos^2 x}_{1 - \sin^2 x} \underbrace{\cos x dx}$$

$$= \int \underbrace{\sin^6 x (1 - \sin^2 x)}_{f(\sin x)} \underbrace{\cos x dx}_{d(\sin x)}$$

$$\text{Let } u = \sin x \quad du = \cos x dx$$

$$\int u^6 (1 - u^2) du = \int (u^6 - u^8) du = \frac{1}{7} u^7 - \frac{1}{9} u^9 + C$$

$$\int \sin^6 x \cos^3 x dx = \frac{1}{7} \sin^7 x - \frac{1}{9} \sin^9 x + C$$

$$\int \sin^2 x \cos^2 x dx = \int \left( \frac{1 - \cos 2x}{2} \right) \left( \frac{1 + \cos 2x}{2} \right) dx$$

$$= \frac{1}{4} \int (1 - \cos^2 2x) dx = \frac{1}{4} \int \sin^2 2x dx$$

$$\sin^2 \theta = \frac{1 - \cos 2\theta}{2}$$

$$= \frac{1}{4} \int \frac{1 - \cos 4x}{2} dx$$

$$= \frac{1}{8} \int (1 - \cos 4x) dx$$

$$= \frac{1}{8} \left[ x - \frac{\sin(4x)}{4} \right] + C$$

**Exercise:** Evaluate ~~the integral~~

2. Integrals of the form  $\int \tan^m x \sec^n x \, dx$  where  $m$  and  $n$  are positive integers.

- If the power of secant is *even*, isolate a factor of  $\sec^2 x$ , use  $\sec^2 x = 1 + \tan^2 x$ , and substitute  $u = \tan x$ .
- If the power of tangent is *odd*, isolate a factor of  $\tan x \sec x$ , use  $\tan^2 x = \sec^2 x - 1$ , and substitute  $u = \sec x$ .

**Exercises:** Evaluate the integral.

$$\begin{aligned}
 \text{(a)} \quad \int_0^{\pi/4} \sec^4 \theta \tan^4 \theta \, d\theta &= \int_0^{\pi/4} \underbrace{\sec^2 \theta}_{1+\tan^2 \theta} \tan^4 \theta \underbrace{\sec^2 \theta \, d\theta}_{d(\tan \theta)} \\
 &= \int_0^{\pi/4} (1+\tan^2 \theta) \tan^4 \theta \sec^2 \theta \, d\theta \\
 &\quad u = \tan \theta \quad du = \sec^2 \theta \, d\theta \\
 &\quad \theta = 0 \quad u = 0 \\
 &\quad \theta = \pi/4 \quad u = 1 \\
 &= \int_0^1 (1+u^2) u^4 \, du = \int_0^1 (u^4 + u^6) \, du \\
 &= \left. \frac{u^5}{5} + \frac{u^7}{7} \right|_0^1 = \frac{1}{5} + \frac{1}{7} = \frac{12}{35}
 \end{aligned}$$

$$\begin{aligned}
 (b) \int \cot^3 \theta \, d\theta &= \int \underbrace{\cot^2 \theta}_{\csc^2 \theta - 1} \cot \theta \, d\theta = \int (\csc^2 \theta - 1) \cot \theta \, d\theta \\
 &= \int \csc^2 \theta \underbrace{\cot \theta}_u \, d\theta - \int \cot \theta \, d\theta \\
 &\quad u \cot \theta \, du = -\csc^2 \theta \, d\theta \\
 &= -\int u \, du = -\frac{1}{2} u^2 \\
 &\rightarrow -\frac{1}{2} \cot^2 \theta - \int \cot \theta \, d\theta
 \end{aligned}$$

$$\begin{aligned}
 &\int \frac{\cos \theta}{\sin \theta} \, du \\
 &u = \sin \theta \\
 &du = \cos \theta \, d\theta \\
 &\int \frac{1}{u} \, du \\
 &= \ln |u| \\
 &= \ln |\sin \theta|
 \end{aligned}$$

$$\text{Answer: } -\frac{1}{2} \cot^2 \theta - \ln |\sin \theta| + C$$

$$\begin{aligned}
 &-\frac{1}{2} \left[ \cot^2 \theta + \ln |\csc \theta| + C \right. \\
 &\quad \left. \xrightarrow{\text{green}} \csc^2 \theta \right] \\
 &-\frac{1}{2} \csc^2 \theta + \ln |\csc \theta| + C
 \end{aligned}$$

$$(c) \int \sec^3 x \, dx = \int \sec x \cdot \sec^2 x \, dx$$

Integration by parts:

$$u = \sec x \quad dv = \sec^2 x \, dx$$

$$du = \sec x \tan x \, dx \quad v = \tan x$$

$$\int \sec^3 x \, dx = \sec x \tan x - \int \sec x \underbrace{\tan^2 x}_{\sec^2 x - 1} \, dx$$

$$\int \sec^3 x \, dx = \sec x \tan x - \int (\sec^2 x - 1) \sec x \, dx$$

$$\int \sec^3 x \, dx = \sec x \tan x - \int \sec^3 x \, dx + \int \sec x \, dx$$

$$2 \int \sec^3 x \, dx = \sec x \tan x + \int \sec x \, dx = \ln|\sec x + \tan x|$$

$$\int \sec^3 x \, dx = \frac{1}{2} \left[ \sec x \tan x + \ln|\sec x + \tan x| \right] + C$$

↑  
Table of integrals

3. Integrals of the form  $\int \sin Ax \cos Bx \, dx$ ,  $\int \sin Ax \sin Bx \, dx$ , and  $\int \cos Ax \cos Bx \, dx$

For these type of integrals, we use product-to-sum identities.

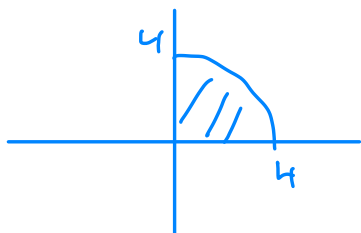
$$\begin{aligned} \rightarrow \sin A \cos B &= \frac{1}{2} [\sin(A - B) + \sin(A + B)]. \\ \sin A \sin B &= \frac{1}{2} [\cos(A - B) - \cos(A + B)]. \\ \cos A \cos B &= \frac{1}{2} [\cos(A - B) + \cos(A + B)]. \end{aligned}$$

$\sin(\alpha + \beta) = \sin \alpha \cos \beta + \sin \beta \cos \alpha$   
 $\sin(\alpha - \beta) = \sin \alpha \cos \beta - \sin \beta \cos \alpha$   
 $\sin(\alpha + \beta) + \sin(\alpha - \beta) = 2 \sin \alpha \cos \beta$

**Exercise:** Evaluate the integral.

$$\begin{aligned} \int \sin \overset{Ax}{3x} \cos \overset{Bx}{x} \, dx &= \frac{1}{2} \int (\sin(2x) + \sin(4x)) \, dx \\ &= \frac{1}{2} \left[ -\frac{\cos(2x)}{2} - \frac{\cos(4x)}{4} \right] + C \end{aligned}$$

Evaluate  $\int_0^4 \sqrt{16 - x^2} \, dx = \frac{1}{4} \pi (4)^2 = 4\pi$



$$\int \sqrt{16 - x^2} \, dx = ??$$

- **Trigonometric Substitutions.**

A trigonometric substitution may be useful when evaluating integrals whose integrand contains a radical of the form  $\sqrt{x^2 - a^2}$ ,  $\sqrt{x^2 + a^2}$ , and  $\sqrt{a^2 - x^2}$ . We can eliminate the radical and then evaluate a trigonometric integral as seen in section 6.2.

Table of Trigonometric Substitutions.

Expression	Substitution	Identity
$\sqrt{a^2 - x^2}$	$x = a \sin \theta, -\pi/2 \leq \theta \leq \pi/2$	$1 - \sin^2 \theta = \cos^2 \theta$
$\sqrt{a^2 + x^2}$	$x = a \tan \theta, -\pi/2 < \theta < \pi/2$	$1 + \tan^2 \theta = \sec^2 \theta$
$\sqrt{x^2 - a^2}$	$x = a \sec \theta, 0 \leq \theta < \pi/2 \text{ or } \pi \leq \theta < 3\pi/2$	$\sec^2 \theta - 1 = \tan^2 \theta$

**Examples:** Evaluate the integral.

1.  $\int \frac{\sqrt{x^2 - a^2}}{x^4} dx$  where  $a \neq 0$

$x = a \sec \theta$

$dx = a \sec \theta \tan \theta d\theta$

$\sqrt{a^2(\sec^2 \theta - 1)} = \sqrt{a^2 \tan^2 \theta} = a \tan \theta$

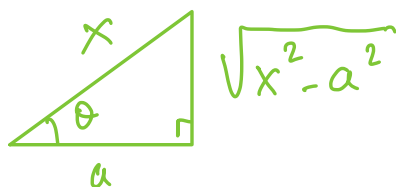
$\int \frac{\sqrt{a^2 \sec^2 \theta - a^2}}{a^4 \sec^4 \theta} a \sec \theta \tan \theta d\theta = \int \frac{a \tan \theta}{a^4 \sec^4 \theta^3} a \sec \theta \tan \theta d\theta$

$= \frac{1}{a^2} \int \frac{\tan^2 \theta}{\sec^3 \theta} d\theta = \frac{1}{a^2} \int \tan^2 \theta \cos^3 \theta d\theta = \frac{1}{a^2} \int \frac{\sin^2 \theta}{\cos^2 \theta} \cos^3 \theta d\theta$

$= \frac{1}{a^2} \int \sin^2 \theta \cos \theta d\theta, u = \sin \theta \text{ then } \cos \theta d\theta = du$   
 $(\frac{1}{a^2} \int u^2 du = \frac{1}{3a^2} u^3 + C)$

$= \frac{1}{3a^2} \sin^3 \theta + C = \frac{1}{3a^2} \left( \frac{\sqrt{x^2 - a^2}}{x} \right)^3 + C$

$\sec \theta = \frac{x}{a}$





Trigonometric substitution: ( $a > 0$ )

$$\begin{aligned} \bullet \sqrt{a^2 - x^2} \quad , \quad x &= a \sin \theta \quad , \quad -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2} \\ \sqrt{a^2 - x^2} &= \sqrt{a^2 - a^2 \sin^2 \theta} = \sqrt{a^2 (1 - \sin^2 \theta)} \\ &= a \sqrt{1 - \sin^2 \theta} \\ &= a \sqrt{\cos^2 \theta} \\ &= a \cos \theta \end{aligned}$$

$$\begin{aligned} \bullet \sqrt{a^2 + x^2} \quad , \quad x &= a \tan \theta \quad , \quad -\frac{\pi}{2} < \theta < \frac{\pi}{2} \\ \sqrt{a^2 + x^2} &= \sqrt{a^2 + a^2 \tan^2 \theta} = \sqrt{a^2 (1 + \tan^2 \theta)} \\ &= \sqrt{a^2 \sec^2 \theta} \\ &= a \sec \theta \end{aligned}$$

Evaluate the integral:

$$\int \frac{1}{x \sqrt{9-x^2}} dx \quad x = 3 \sin \theta \quad dx = 3 \cos \theta d\theta$$

$$\int \frac{1}{3 \sin \theta \underbrace{\sqrt{9-a \sin^2 \theta}}_{\sqrt{9(1-\sin^2 \theta)}}} 3 \cos \theta d\theta = \int \frac{1}{3 \sin \theta} \frac{3 \cos \theta d\theta}{3 \cos \theta}$$

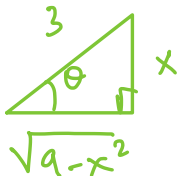
$$= \frac{1}{3} \int \frac{1}{\sin \theta} d\theta$$

$$= \frac{1}{3} \int \csc \theta d\theta$$

Integral  
#15

$$= \frac{1}{3} \ln |\csc \theta - \cot \theta| + C$$

$$\sin \theta = \frac{x}{3}$$



$$\int \frac{1}{x \sqrt{9-x^2}} dx = \frac{1}{3} \ln \left| \frac{3}{x} - \frac{\sqrt{9-x^2}}{x} \right| + C$$

2.  $\int_0^1 x\sqrt{x^2+4} \, dx$  . Let  $u = x^2+4$   $du = 2x \, dx$   
 $x=0 \quad u=4$   
 $x=1 \quad u=5$   
 $\frac{1}{2} \int_4^5 u^{1/2} \, du = \frac{1}{2} \cdot \frac{2}{3} u^{3/2} \Big|_4^5 = \frac{1}{3} (5\sqrt{5} - 8)$

Completing the square:

Recall that

- $(x+a)^2 = x^2 + 2ax + a^2$
- $(x-a)^2 = x^2 - 2ax + a^2$

In completing the square, we are given  $x^2 \pm 2ax$ . What must be added so that we can obtain a perfect square, i.e.  $(x \pm a)^2$ ?

Consider the following example: Complete the square for  $x^2 - 6x$ .

We have a number “?” such that  $(x \pm a)^2 = x^2 \pm 2ax + a^2$

$$x^2 - 6x + \underset{\substack{\frac{6}{2}=3 \uparrow}}{3^2} = (x - 3)^2$$

The middle term is  $6x$  which can be written as  $2(x)(3)$  (as in  $2ax$ ), therefore we need to add  $3^2$  to get a perfect square.

**Examples:** Complete the square.

(a)  $x^2 + 5x + \left(\frac{5}{2}\right)^2 = \left(x + \frac{5}{2}\right)^2$

(b)  $3x^2 - 12x + \underline{\hspace{1cm}} = 3(x - \underline{\hspace{1cm}})^2$   
 $3(x^2 - 4x + 2^2) = 3(x - 2)^2$   
 $\frac{4}{2}=2$

(c)  $x^2 + 10x - 3 = (x + \underline{\hspace{1cm}})^2 + \underline{\hspace{1cm}}$   
 $x^2 + 10x + 5^2 - 5^2 - 3 = (x + 5)^2 - 28$   
 $\frac{10}{2}=5$

Radical  
 $\sqrt{a^2 - x^2}$   
 $\sqrt{a^2 + x^2}$   
 $\sqrt{x^2 - a^2}$

Substitution  
 $x = a \sin \theta$   
 $x = a \tan \theta$   
 $x = a \sec \theta$

3.  $\int \frac{dt}{\sqrt{t^2 - 6t + 13}}$

Complete the square:  $t^2 - 6t + 13 = t^2 - 6t + 9 + 4$   
 $= (t-3)^2 + 4$   
 $= (t-3)^2 + 2^2$

$\int \frac{1}{\sqrt{(t-3)^2 + 2^2}} dt$

$u = t-3 \quad du = dt$

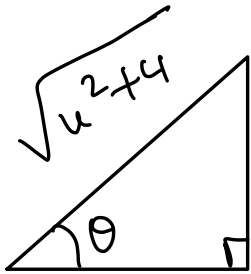
$\int \frac{1}{\sqrt{u^2 + 2^2}} du$

$u = 2 \tan \theta$

$du = 2 \sec^2 \theta d\theta$

$\int \frac{1}{\sqrt{4 \tan^2 \theta + 4}} \cdot 2 \sec^2 \theta d\theta = \int \frac{2 \sec^2 \theta}{2 \sqrt{\tan^2 \theta + 1}} d\theta$   
 $\sec^2 \theta$

$\tan \theta = \frac{u}{2}$



$u = t-3$

$= \int \frac{2 \sec^2 \theta}{2 \sec \theta} d\theta$

$= \int \sec \theta d\theta$

$= \ln |\sec \theta + \tan \theta| + C$

$= \ln \left| \frac{\sqrt{(t-3)^2 + 4}}{2} + \frac{t-3}{2} \right| + C$

$$4. \int \frac{\sqrt{x^2-1}}{x} dx$$

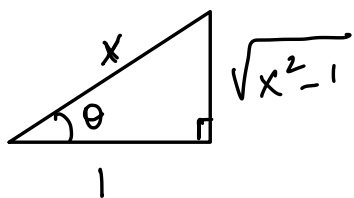
$$x = \sec \theta$$

$$dx = \sec \theta \tan \theta d\theta$$

$$\sqrt{\tan^2 \theta} = \tan \theta$$

$$\int \frac{\sqrt{\sec^2 \theta - 1}}{\sec \theta} \sec \theta \tan \theta d\theta = \int \frac{\tan \theta}{\sec \theta} \sec \theta \tan \theta d\theta$$

$$= \int \tan^2 \theta d\theta = \int (\sec^2 \theta - 1) d\theta = \tan \theta - \theta + C$$



$$\int \frac{\sqrt{x^2-1}}{x} dx = \sqrt{x^2-1} - \sec^{-1} x + C$$

$$5. \int \frac{x^2}{\sqrt{9-25x^2}} dx = \int \frac{x^2}{\sqrt{3^2-(5x)^2}} dx$$

Trigonometric substitution  $(5x = 3 \sin \theta)$   
(or  $x = \frac{3}{5} \sin \theta$ )  $dx = \frac{3}{5} \cos \theta d\theta$

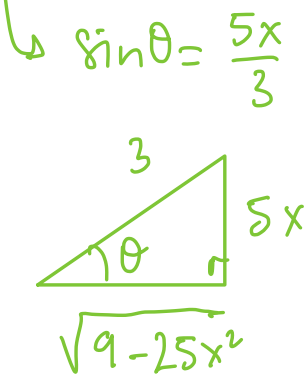
$$\int \frac{\frac{3^2}{5^2} \sin^2 \theta}{\underbrace{\sqrt{9-9\sin^2 \theta}}_{3\sqrt{1-\sin^2 \theta} = 3\sqrt{\cos^2 \theta} = 3\cos \theta}} \cdot \frac{3}{5} \cos \theta d\theta = \int \frac{\frac{3^2}{5^2} \sin^2 \theta}{\cancel{3\cos \theta}} \cdot \cancel{\frac{3}{5} \cos \theta} d\theta$$

$$= \frac{9}{125} \int \sin^2 \theta d\theta = \frac{9}{125} \int \frac{(1-\cos 2\theta)}{2} d\theta = \frac{9}{250} \int (1-\cos 2\theta) d\theta$$

$$= \frac{9}{250} \left( \theta - \frac{\sin 2\theta}{2} \right) + C$$

$$= \frac{9}{250} \left( \theta - \frac{2 \sin \theta \cos \theta}{2} \right) + C$$

$$= \frac{9}{250} \left( \sin^{-1} \left( \frac{5x}{3} \right) - \frac{5x}{3} \cdot \frac{\sqrt{9-25x^2}}{3} \right) + C$$

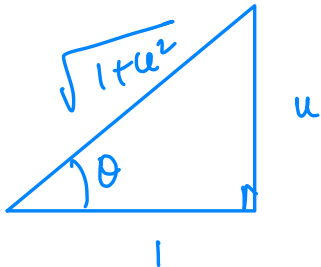


$$6. \int \frac{\cos t}{\sqrt{1 + \sin^2 t}} dt \quad \text{Let } u = \sin t \quad du = \cos t dt$$

$$\int \frac{1}{\sqrt{1+u^2}} du \quad u = \tan \theta \quad du = \sec^2 \theta d\theta$$

$$\int \frac{\sec^2 \theta}{\sqrt{1 + \tan^2 \theta}} d\theta = \int \sec \theta d\theta = \ln |\sec \theta + \tan \theta| + C$$

$$= \ln |\sqrt{1+u^2} + u| + C$$



$$\int \frac{\cos t}{\sqrt{1 + \sin^2 t}} dt = \ln |\sqrt{1 + \sin^2 t} + \sin t| + C$$