



TherapIA

Full Name: Ricardo Freitas

Date of Birth: 2025-02-22

Occupation: Student

Nationality: PT

General Evaluation: The client appears to be deeply saddened and overwhelmed but shows moments of resilience and hope. Their capacity to find joy, even when faced with significant grief, indicates an underlying strength despite feeling emotionally burdened.

Last Update: 1740268869759

Big Five Personality Traits

Neuroticism: 85 - The client's high neuroticism score reflects the turmoil and sadness they are currently experiencing after significant losses, illustrating an elevated level of emotional instability.

Extraversion: 30 - The client's level of extraversion is low, as indicated by their current emotional state and minimal social interaction, suggesting that they may be withdrawing from social situations in response to their grief.

Openness: 40 - The client displays moderate openness, as they are beginning to explore their emotions and attachments, such as finding joy in new relationships, although they are still grappling with heavier feelings.

Agreeableness: 70 - The client exhibits a high level of agreeableness, as shown by their openness to discuss emotions with their psychologist and the empathic response they received, reflecting their inclination towards seeking harmony despite distress.

Conscientiousness: 60 - The client appears reasonably conscientious, indicating a level of responsibility in processing their feelings and seeking support, even during difficult times.

Enneagram Type

Type: The Individualist

Description: The client displays characteristics of 'The Individualist' as evidenced by their deep emotional experiences and the ability to reflect on their feelings, particularly during times of loss.

The recent discovery of joy with the new dog suggests a nuanced understanding of their emotional landscape, while also hinting at influences from 'The Peacemaker' type, focusing on seeking sce

and connection in times of chaos.